

How to Treat a Cold.

Don't stuff a cold, as the old adage advises; if you do you will have a fever to starve. A genuine cold is a shock received by the many million nerves which approach near the surface of the human body, and which control the nearly seven million pores of the skin. This shock closes the pores of the skin, is transmitted to the nerve centres and back to the mucous membrane, forcing a great amount of blood to those membranes, creating more or less irritation and consequent fever, inflammation, dryness, then watery discharge and catarrh. The shock may have its cause from a chill, from improper eating a nervous fright and various other causes which irritate the nerves of the skin and mucous membranes of the nose, throat and bronchial tubes. Excess of food in the stomach still more clogs the system and pores of the skin so that effete matter which should be carried off by the natural courses is retarded; which is ample reason for not stuffing a cold. Experimenting with a severe cold is a dangerous custom, as most persons try one remedy only until some friend suggests another "sure cure." When slight hoarseness or tightening of the nasal membranes warns one of a skin exposure or chill from whatever cause, act promptly; delays are dangerous, with children it may mean croup and strangulation; with adults, catarrh, bronchitis, perhaps pneumonia. If neglected, nothing can prevent the sneezing, red nose and we become look of a person with a cold. Scores of mothers would as soon go to bed without matches in the house, as without that old-fashioned remedy, Johnson's Anodyne Liniment, near at hand for colds and croupy children. Used with a mild laxative, as described on the wrappers or in the pamphlet which I. S. Johnson & Co., Boston, Mass., will send free to anyone. Johnson's Anodyne Liniment will cure a cold quicker than any known remedy. A mild, nutritious diet, a gentle physic to open the secretions, and a bottle of that old Anodyne from your druggist, will cure any cold.

God Save the Queen.

The absorbing topic of the day is a "Free Trip Around the World, offered by 'The Home Fascinator,' Pub. Co., to the person sending us the largest number of words constructed from letters contained in the sentence 'GOD SAVE THE QUEEN,' and found in either Webster's or Worcester's Dictionary. The publishers have arranged with the C. P. R. General Pass Agent, Mr. D. McDonald, for the trip by their new palatial steamer, leaving on its famous globe-circling excursion about March 15th next. Also the order of merit, additional prizes of:—A free trip to Florida; Silver Tea Sets, Sewing Machines, Lady's or Gent's 14k Gold Watch, etc. Every one whose list contains not less than twenty-five words will receive a prize. Enclose them 50 cents to pay for a grand Premium Catalogue, Complete Rules, and a six months' trial subscription to their beautifully illustrated family story paper. As the successful competitor may not care to make the extensive trip offered, the publishers offer the option of a thousand dollars in cash. Contest is open to any person in Canada or the United States. Address 'The Home Fascinator,' Montreal, Quebec. Jan 3 1m sat & wky

Local Notices.

See those cheap table covers at Stanley Bros. Jan 19 3i eod
Table covers selling at very low prices at Stanley Bros. Jan 18 3i eod
Table covers selling rapidly at Stanley Bros. Jan 19 3i eod
Overshoes and felt boots at Goff Bros. Jan 9tf
Gents slippers just received at Goff Bros. Jan 9 tf
Cheapest boots at Goff Bros. Jan 9 tf
Selling off—Great bargains before stock-taking. Ladies dress cloths, fancy dress goods at J B Macdonald's. Jan 14

To the Deaf.

A person cured of Deafness and noises in the head of 23 years' standing by a Simple Remedy, will send a description of it FREE to any person who applies to N. GIBSON, 177 McDougal Street, New York. Sep dy law

"The Unkindest Cut of All."

ENCORE DYES, ONLY 5 CENTS A PACKAGE.

THE BEST DYES IN THE WORLD FOR HOME DYEING.

SHERWOOD FARM, FOR SALE.

BEAUTIFULLY situated on the Royalty Road, fronting on the Malpeque Road and running back to Sherwood Cemetery. The Farm, containing about 50 acres, is in a high state of cultivation. Commodious and comfortable buildings, with a first-class orchard, make this a very desirable property. For particulars apply on the premises to SARAH STEWART, nov12—dy law 2m Administratrix.

W. C. TURNER, Queen Street, Charlottetown.

TRYON CLOTH DEPOT.

CALL and see our new patterns in Cloth. Positively the best that have ever been turned out in Domestic Tweeds. WOOL taken in exchange for Cloth. CARDING done on short notice. W. C. TURNER, Jan 6 Agent Tryon Woolen Mills

PRINCE EDWARD ISLAND RAILWAY.

1890-91. Winter Arrangement. 1890-91.

ON AND AFTER THURSDAY, DECEMBER 4th, 1890, Trains will run as follows:—

Table with 4 columns: STATIONS, No. 1, No. 3, No. 5, No. 7, No. 11, No. 2, No. 4, No. 6, No. 8, No. 12. Lists stations like Charlottetown, Tignish, Alberton, etc. with departure times.

Trains are run by Eastern Standard Time. Trains Nos. 11 and 12 will be discontinued after December 31st, 1890. J. UNSWORTH, Superintendent. Railway Office, Charlottetown, Dec. 1st, 1890—8i all pas 8i

To Harness Makers! SHOP TO LET.

INTENDING to close my Harness business at the end of the year, a good opportunity is offered to secure a well-established Harness business in one of the best trade centres on the Island. Will sell stock-in-trade, tools and good will of business at a sacrifice and on reasonable terms. J. M. AITKEN, Harness Maker. Montague Bridge, Dec. 5, 1890—wy 4i

For CRAMPS, COLIC, and all Bowel Troubles, use PERRY DAVIS' PAIN-KILLER

Used both internally and externally. It acts quickly, affording almost instant relief from the severest pain. BE SURE TO GET THE GENUINE. 25c per bottle.

MINERALS and FOOD COMBINED! THE OLEUMESION OF PURE LIVER OIL & HYPOPHOSPHITES

Increases Weight, Strengthens Lungs and Nerves. Price 50c. and \$1.00 per Bottle.

TO MOTHERS PALMO-TAR SOAP

Is indispensable for the Bath, Toilet or Nursery, for cleaning the Scalp or Skin. THE BEST BABY'S SOAP KNOWN. Price 25c.

Physicians strongly recommend Wyeth's Malt Extract, (Liquid)

To patients suffering from nervous exhaustion; to improve the Appetite, to assist Digestion, a valuable Tonic. 40 Cents per bottle.

Channing's Sarsaparilla, The most satisfactory BLOOD PURIFIER

It is a Grand HEALTH RESTORER. Will cure the worst form of skin disease; will cure Rheumatism; will cure Salt Rheum. Large Bottles, \$1.00.

ALLEN'S LUNG BALSAM FOR CONSUMPTION.

Coughs, neglected Colds, Bronchitis, Asthma and all diseases of the Lungs. In three sized bottles 25c, 50c, and \$1.00.

FOR HEADACHE AND NEURALGIA, THE MENTHOL PLASTER

For Lumbago, Sciatica, "Cicks," Tic, "stitches," Rheumatic Pains and Chronic Rheumatism. Each plaster in an air-tight tin box. 25c.

DAVIS & LAWRENCE CO. Lim., MONTREAL, Proprietors or General Agents FOR MOST OF THE POPULAR Proprietary or Pharmaceutical Medicines, Toilet Articles and Perfumery.

PIANOS, ORGANS, Sewing Machines.

THE CHEAPEST AND BEST sold low and on easy terms at MILLER BROTHERS, nov28 Queen Street, Charlottetown.

FOR SALE. THE SLOOP "PET," 9 tons, new, suitable for Lobster Smack; is decked, and has a good cabin for two; carries 14 tons. Apply to John Lowrie, Charlottetown, or to the owner, PETER STEWART, dec19—wy eow 2m Victoria.

THE B. LAURANCE Spectacles and Eye Glasses.

THE only Optical Goods in Canada which have been recommended by the President and Vice-Presidents of all the Medical and Surgical Societies in Canada and Great Britain. Far superior to any other for retaining perfect vision. Sole Agent for Charlottetown, G. G. JURY, Watchmaker, Jeweler and Optician, North Side of Queen Square, Opposite Post Office. Ch'town, Sept. 4, 1890—2aw

1891. We are sending out our Annual Statements of Accounts, and in wishing our numerous Customers a prosperous New Year we hope they will be able to make prompt payments. BEEBROS. Charlottetown, Jan. 3, 1891—eod tf

R. M. H. S. Stanley Bridge, Dec. 23, 1890.

Mrs. Ross, — Dear Madam,—Having used your "Magic Healer" Salve for scratches and cuts on horses, I have no hesitation in saying that it is the best article I have ever tried for the purpose, and would recommend farmers and dealers in horses to give it a fair trial. Yours respectfully, PATRICK WALSH, Harness Maker. Jan 3

HAVE YOU GOT THE GRIP? WHEN USE HAWKER'S TOLU AND CHERRY BALSAM. It acts like a charm. Also use Hawker's Pills with it. Price 50 cents.

HAVE YOU HAD THE GRIP? Then use HAWKER'S NERVE AND STOMACH TONIC to build up and strengthen the system. It is the best invigorator. Price 50 cents. For sale by Druggists and General Dealers. eod & wky—1sb17

Parsons' Pills

These pills were a wonderful discovery. Unlike any others, the Pills Boze. Children take them easily. The most delicate women use them. In fact all ladies can obtain very great benefit from the use of Parsons' Pills. One box sent post-paid for 25 cents, or five boxes for \$1 in stamps. 89 Pills in every box. We pay duty to Canada.



The circular around each box explains the symptoms. Also how to cure a great variety of diseases. This information alone is worth ten times the cost. A handsome illustrated pamphlet sent free contains valuable information. Send for it. Dr. I. S. Johnson & Co., 22 Custom House Street, Boston, Mass. "Best Liver Pill known."

Make New Rich Blood!

BARGAINS!

Chairs, Tables, Lounges, Sofas, Sideboards, Cheffioniers, Bookcases, Picture Framing, etc.

Looking Glasses and Mirrors, Parlor Sets, very good, cheaper than ever offered. Chamber Sets! Chamber Sets!

Everything in Household Furniture. Call and inspect. Cheapest!

JOHN NEWSON, SOUTH SIDE OF QUEEN SQUARE, OPPOSITE THE POST OFFICE. Charlottetown, Dec. 26, 1890.

WINTER, 1891.

General Hardware & Carriage Goods

Arrived—A Full and Complete Stock of Everything in Our Line.

CARRIAGE BUILDERS!—We intend clearing out our entire stock of Carriage Goods, and give up the trade for the coming season we will sell, at Specially Reduced Prices for Cash, HARDWARE and CARRIAGE GOODS. Terms Short. Prices Low for Cash.

NORTON & FENNELL, Charlottetown, Dec. 9, 1890—2aw and wy City Hardware Store.

CASTORIA

for Infants and Children. "Castoria is so well adapted to children that I recommend it as superior to any prescription known to me." H. A. AUSTIN, M. D., 111 So. Oxford St., Brooklyn, N. Y. Castoria cures Colic, Constipation, Sour Stomach, Diarrhoea, Lincolnton, Kills Worms, gives sleep, and promotes digestion. Without injurious medication. THE CENTRAL COMPANY, 77 Murray Street, N. Y.

Telephone Company of P. E. Island. TOLL LINE STATIONS.

WESTERN STATIONS. Charlottetown, Hunter River, New Glasgow, Laird's Mills, Rusticoville, North Rustico, Emerald, Tryon Mills, Crapaud, Victoria, Kensington, Clifton, Stanley, Malpeque, Summerside, Centerville, St. Eleanors.

EASTERN STATIONS. Mount Stewart, Peake's Station, Cardigan, Dundas, Grand River Bridge, Annandale, Souris, Georgetown, Lower Montague, Montague, Murray River, Murray Harbor North, Murray Harbor South, New Perth, Valleyfield, Orwell, Vernon River Bridge, Brush Wharf, Eldon.

ROB ANGUS, Manager. Charlottetown, Oct. 14, 1890.

CARD.

DR. H. D. JOHNSON, Physician and Surgeon, CHARLOTTETOWN. OFFICE: Kent Street, next door to Eldon House.

CHARES I. MORRISON, Commission Merchant

—AND— AUCTIONEER,

Agent for St John Dye Works, St. John, N.B.

General Agent for Prince Edward Island for "Ideal" Washing Machines & "Ideal" Churns 108 Queen St., Charlottetown, P. E. I. Oct 7

New Tannery.

LONG BROS., Tanners and Carriers,

—DEALERS IN— Hides, Calfskins, Sheepskins, Horse Hides, Tail-wair, etc.

Market Rates paid for Hides, etc. MALPEQUE ROAD, Opposite Ch'town Woolen Mills, oct6—3m eod

IMPERIAL CREAM TARTAR BAKING POWDER

PUREST, STRONGEST, BEST. CONTAINS NO Alum, Ammonia, Lime, Phosphate, or ANY INJURIOUS SUBSTANCE. E. W. GILLET, TORONTO, ONT. CHICAGO, ILL. MANUFACTURERS OF THE CELEBRATED ROYAL YEAST CAKE

GRATEFUL-COMFORTING EPPS'S COCOA BREAKFAST.

"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping ourselves well fortified with pure blood and a properly nourished frame."—Civil Service Gazette.

THE GREAT ENGLISH REMEDY OF PURELY VEGETABLE INGREDIENTS AND WITHOUT MERCURY, USED BY THE ENGLISH PEOPLE FOR OVER 120 YEARS, IS

Cockle's Pills

These Pills consist of a careful and peculiar selection of the best and mildest vegetable aperients and the pure extract of Flowers of Chamomile. They will be found a most efficacious remedy for derangements of the digestive organs, and for obstructions and torpid action of the liver and bowels which produce indigestion and the several varieties of bilious and liver complaints. Sold by all Chemists. WHOLESALE AGENTS: EVANS AND BONS, LIMITED, MONTREAL.

Kent Mills Flour.