



READY FOR EASTER

Here are big fashion ideas in small sizes. Miss Ann Irwin's suit has an all round pleated skirt in dress Campbell plaid (colors white, dark green, navy, lighter blue and yellow). Her white rolled brim sail-

Women

Lena Caroline McLure, Women's Editor, Phone 8508

Page 8 The Guardian Thursday, April 1, 1957

HAPPENINGS

Fashion Show Committees who did an outstanding job for the "Parade of Spring Fashions" consisted of the following ladies: Convener—Mrs. C. B. Whitenect, Assistant Convener—Mrs. Harry L. Sear, Jr., Commentary Arrangement—Mrs. L. E. Prowse, Mrs. George Fisher.

Mrs. W. A. Henry, Mrs. Myron Bell, Mrs. Richard Smith, Mrs. Lewis Turner, Mrs. Blanchard Mahon, Mrs. Robert Pitt, Mrs. Ralph Jenkins, Mrs. W. C. Auld, Mrs. Arthur Hogan, Mrs. Gordon Harvey, Mrs. Hazel Tomkins, Mrs. Rena Caldwell, New Carlisle.

LET'S EAT

Home Cooking Versus New Convenience Foods

"According to hearsay, one might think all the homemakers of the United States are using all the convenience foods all the time," observed the Chef. "But it is my opinion this is not a fact. The women of the United States are far too creative to abandon most of their fine recipes and live on foods prepared by assembly-line methods."

Popped Potatoes
Escalloped Tomato
Chiffon Cheesecake
Coffee Tea Milk
All measurements are level; recipes proportioned to serve 4-6
Tangerine-Banana Saladettes: Peel and section 3 tangerines (or use 1 can mandarin orange sections, drained). Combine with 3 sliced bananas and citrus mayonnaise to blend. Chill. Serve in nests of lettuce.
Chiffon Cheesecake: Blend 18 fine crushed graham crackers with 1 tsp. sugar, ¼ tsp. cinnamon and ½ c. room-softened butter or margarine. Reserve 1-3 c. of the crumbs. With the remainder, line a buttered or margarine square pan.
Rub 8 oz. cottage cheese and 3 oz. cream cheese through a sieve. Add 3 tsp. flour and chop with a pastry blender until thoroughly mixed.
Then sift together ¾ c. already-sifted enriched flour with ¼ tsp. baking powder, ½ tsp. salt and 2-3 c. sugar.
Add alternately to the cheese with 1 c. dairy sour cream, 1 tsp. lemon juice, 1 tsp. pure vanilla extract and 3 beaten egg yolks. Beat the egg whites stiff; fold and beat in. Transfer to the crumbed pan. Dust over the remaining crumbs.
Bake 40 min. in a moderate oven, 325 degrees to 350 degrees F., or until a pic inserted in the center comes out clean.
Turn off the heat. Let stand in the oven 20 min. to firm the filling.
Cool. Refrigerate 30 min. or more.
Serve plain, or with thawed frozen strawberries, strawberries or peaches.

"Low income families were less likely to be users of convenience foods in general. All income groups often used store or bakery bread and other baked goods. Four in 10 families use the flour mixes—such as cake, hot breads, etc.—at least once a week."
"This could indicate, the U.S.D.A. says, some return to baking 'at home.'"
SAME DOLLAR DIVISION
"Of course, a good percentage of all these families bought other goods in the convenience class, such as ground beef, luncheon meat and jams. However, the division of the household dollar in all these households is about the same as it was before so many convenience foods became available."
"I do believe, Chef, that many convenience foods will have a continuing ready market. But for taste, flavor, and budget economy, home cooking, baking and home-made entrees will always have an important place in the American cuisine."

TOMORROW'S OVEN-DINNER
Tangerine-Banana Saladettes
Fresh Vegetable Nibblers
Oven-Braised Lamb Ragout
ORWELL W.I.
The April meeting of Orwell W.I. was held at the home of Mrs. Gerald MacLeod with 6 members present. Mrs. Bill MacLeod, appointed secretary for the meeting. The meeting opened with the members repeating the collect in unison.
Minutes were read, approved and signed. Correspondence was read and Institute News was distributed. It was moved and seconded that \$2 be sent to Crippled Children's Society for Easter seals.
Two delegates were appointed to attend the District Convention meeting in Mt. Mellick School. School and sick committee remain in office another month. The quilt which lottery tickets have been sold on will be drawn for at a dance in May.
Next meeting at the home of Mrs. Leo MacDonald. Roll call to be answered with an exchange of flower seeds or plant slips. Entertainment convener to be Mrs. John Naddy. The meeting adjourned, followed by a delicious lunch served by the hostess. A gay contest followed.

Alberta—Mrs. J. H. Howes, Millet; Mrs. P. Armstrong, Calgary.
Saskatchewan—Mrs. J. W. Adams, president of the Federated Women's Institutes of Canada, Ethelton; Mrs. W. Thomson, Pense; Miss Rose Duce, women's editor of The Western Producer.

MILLVIEW W.I.
The monthly meeting of the Women's Institute was held at the home of Mrs. C. J. MacKenzie on Wednesday evening, April 3rd. With the president presiding meeting opened by repeating the Mary Stewart Collect. Minutes of last regular and special meeting were read, approved and signed. Roll call was answered by 11 members.
Sick committee reported four sick calls made and bill of \$1.40 was paid for treats. School committee had no report this month. Thank you notes were read for sick treats received. \$1.00 worth of Easter Seals were sold among members present in aid of Crippled Children's Fund, and Institute news distributed.
It was decided to invite the Southport play and concert to play in Millview Hall on April 10th., for the benefit of the Institute. Plans were made to sell sandwiches, drinks and serve lunch to cast of performers.
Date of next meeting undecided at present. Roll call to be answered by "size of shoe in pennies." Collection 60 cent. "Where Do I Live" contest was won by Mrs. Joe Smith and Mrs. George McEachern. A delicious lunch was served by the hostess, assisted by her daughter Helen and meeting adjourned.

BABY'S OWN TABLETS
I've found effective help for baby's tummy upsets
One delighted mother tells another... that's the history of Baby's Own Tablets' popularity. Cautiously tested for efficacy and safety, these sweet-tasting little tablets are truly baby's own—made just for the relief of baby's minor digestive upsets, gas, constipation, and the feverishness and fretfulness of teething time due to irregularity. Gentle but thorough in action... easy-to-take. Get Baby's Own Tablets today—used by millions of mothers.

19 Canadians Will Attend Countrywomen Of The World

VANCOUVER (CP)—Nineteen Canadian women are scheduled to leave here by air this summer to attend a conference in Colombo, Ceylon. Their trip will take them around the world.

The delegates, representing women's organizations from Quebec to British Columbia, will attend a 27-country conference of the Associated Countrywomen of the World, July 3-13.

Most of the Canadian delegates are representatives of the women's institutes across the country.

Mrs. Stella Gummow of Victoria, superintendent of the women's Institutes of B.C., is organizing travel arrangements for the Canadian delegation. The round-the-world tour, including the 10-day Ceylon conference, is expected to last more than a month.

Mrs. Gummow said it is the first time in the 28-year history of the Associated Countrywomen of the World that its conference has been held in an Asian country.

The last world meeting was held in Toronto, in 1953.

"Attention of the conference will focus on economic production and the problem of over-population," said Mrs. Gummow in an interview here.

"The organization is non-denominational and non-sectarian, so there are few taboos to restrict our discussions."

For Mrs. Gummow, a widow with a married daughter, it will be her third world conference. She has been associated with the Women's Institute in B.C. for 20 years.

Youngsters Have Meeting Place Comments On

NORTH GRANVILLE W.I. Mrs. Stafford Coles entertained the members of North Granville W.I. for their March meeting which was held Wednesday evening March 13th.

Meeting opened by singing "School Days" and repeating the Mary Stewart Collect in unison. Minutes of previous meeting were read approved and signed. Roll call was answered by 8 members.

Members present were pleased to get their program for the year. The treasurer then gave her report. Correspondence was then read and discussed. School committee then gave their report, toilet tissue needed and window shades to be repaired. It was decided to send to Eatons and Simpson-Sears for remnant.

Mrs. W. Parsons kindly invited members to her home for April meeting. Roll call, house cleaning hint. School Committee, Mrs. O. Taylor and Mrs. H. Taper, Lunch Committee, Mrs. S. Coles, Mrs. O. Taylor and Mrs. J. Taper, Entertainment Mrs. O. Taylor.

This being Education Week a very interesting discussion was taken on Education led by president.

Meeting closed by singing the "Queen". Lunch was served by hostess and committee in charge.

There were nearly 800 cases of polio in Finland in 1956, the greatest number on record.

ELLEN'S DIARY

Father And Son Attend Seasonal Livestock Show

James and his aide — or is he himself the aide in the father-son arrangement which goes on so nicely at Alderlea? In any event, the pair of them rested their farmwork this afternoon an heid themselves off to attend the seasonal livestock show in the city. The housewives hurried their departure, fetching this and that smartly to further the preparations until at this house "And now my gloves!" presently set both on their way.

We were happy to see them go, not that their absence would give us a holiday too, but because we could appreciate something of the satisfaction and delight of the outing would bring to them as farmers.

DAILY PATTERN



4756
SIZES 12-40
by Anna Adams
BASIC BEAUTY
Basic beauty—the star of your spring, summer wardrobe! Two sleeve versions of this shirt-waist dress; you'll love the flat-ness of its simple, classic lines. Have it in gay cottons, linens for daytime; a glamorous shantung or sarah silk for dressy occasions too.
Pattern 4756: Misses' Sizes 12, 14, 16, 18, 20, 40. Size 16 takes 3½ yards 35-inch fabric.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send FORTY CENTS (40 cents) in coins (stamps cannot be accepted) for this pattern. Please print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.
Send order to ANNE ADAMS, care of Charlotteville Guardian, Pattern Dept., 9 Front St., West, Toronto, Ont.

MORNING SMILE

"And now Doctor, that I've told you I'm going to marry Kathy, there's something I'd like to get off my chest."
"I understand my boy. 'What is it?'"
"A tattooed heart with the name Jane on it."

Oven-fresh and feather-light! Delicious Feather Buns

So easy to make! If you bake at home, make these delectable buns with fast-rising Best Yeast.



FEATHER BUNS

Combine ½ c. water, 3 tbs. granulated sugar, 1 tsp. salt and ¼ c. shortening; beat, stirring constantly, until sugar and salt are dissolved and shortening melted; cool to lukewarm. Measure into a large bowl ½ c. lukewarm water; crumble and add 1 cake Best Yeast—or stir in 1 tsp. granulated sugar and sprinkle with 1 envelope Best dry Yeast. Let stand 10 minutes. Add cooled sugar-shortening mixture and stir in 1 well-beaten egg and 1 tsp. lemon juice. Sift together twice 2 c. once-sifted

all-purpose flour and ¼ tsp. ground mace. Stir into yeast mixture; beat until smooth. Work in 1 c. once-sifted all-purpose flour to make a very soft dough. Grease top of dough. Cover; set in warm place, free from draft. Let rise until doubled in bulk. Punch down dough; cut out rounded spoonfuls of dough with a table-spoon; drop into greased muffin pans, filling each pan about half-full. Grease tops. Cover and let rise until doubled in bulk. Bake in a hot oven, 425°, about 20 minutes. Yield—20 medium-sized buns.

PUREX	TOILET TISSUE	8 for 98c
EASTER SPECIAL MOIRS CHOCOLATES	CHASE & SANBORNE INSTANT COFFEE	85c / 49c
ORANGES	FLORIDA GOOD SIZE	2 DOZ. 75c
BUTTER	FIRST GRADE	2 LB. 1.25

JELLO BLACK RASPBERRY GRAPE - BLACK CHERRY
3 For 29c

CRISCO	SHORTENING	Lb. 35c
SPAGHETTI	CATELLI 28 OZ.	2 For 49c
PLUMS	YORK 20 OZ.	2 for 39c
BABY CLAMS	DELICA	29c
Tomato Juice	CLARK'S 20 OZ.	2 For 35c
TOMATO JUICE	YORK 48 OZ.	39c
COOKIES	CREAM FILLED	Lb. 39c
MOLASSES	3 qts. - -	1.00

YORK PEANUT BUTTER
ICE BOX JAR 16 OZ. **39c**

FROZEN FOODS

STRAWBERRIES	KOLD PAK - PKG.	45c
BEEF PIE	SWANSON	32c
COTTAGE CHEESE	TUB	25c
WAX BEANS	ZERO PAK. PKG.	31c
PEAS	ZERO PAK. PKG.	29c
FRENCH FRIES	McCAIN PKG.	21c

SMELTS 2 Lbs. 45c
BROILERS PORK HOCKS 55c
EVISCERATED AV. 2.3 LB. 29c
SWEET PICKLED

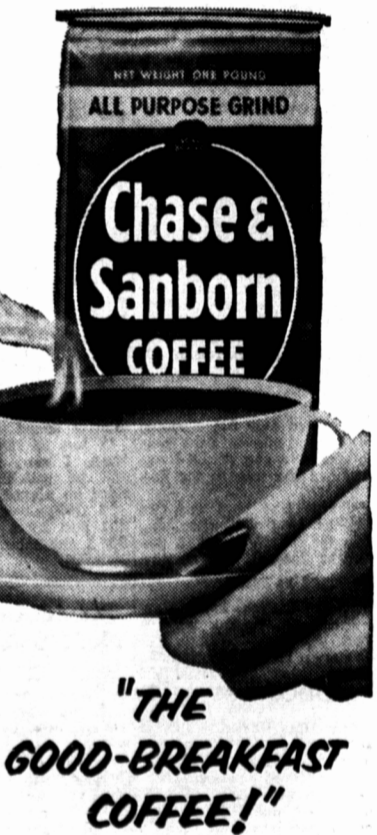
FROZEN FILLETS, Cod - - - - - lb 19c
MACKEREL, Corned or frozen - 29c
PERFECTION SPECIAL EASTER BRICK - Each - - - - - **29c**

FREE DELIVERY DIAL 8589
AJ. ZAKEM'S
THE BEST SHOP TO SHOP BEST



"Hey... what smells so good?"

He's up—pronto!—that aroma's irresistible! Glad to be up, when he tastes your wonderful coffee! Chase & Sanborn, with the most inviting aroma of all the coffees, is naturally the most delicious. Make delicious Chase & Sanborn tomorrow... for the start of a happy day!



"THE GOOD-BREAKFAST COFFEE!"