



MR. AND MRS. GEORGE PEPPARD

Mr. and Mrs. George Peppard and Ashley, pose in Hollywood yesterday after their wedding at the Bel Air Hotel. Peppard, 33, and Miss Ashley, 24, met during filming of "The Carpetbaggers." (AP Wirephoto)

MARY HAWORTH

Wholesome Family Life Molds Human Potential

DEAR MARY HAWORTH: Until a year ago I had a wonderful wife and four children. Then I came home one day and they were gone. There was a note from my wife, saying she was going to try to make a new life for herself and them.

I thought I could find her and the kids; even hired a detective; but so far, no luck. I would give anything in the world, right now, if I could have them back with me. God knows I would be the kind of husband and father I didn't have sense enough, before, to be.

The trouble is, I started running around four years ago. I really don't know why. But I had met Connie, this tall beautiful girl (my wife is beautiful too) with whom I thought I was in love. She said she loved me too.

My mind was filled with thoughts of her, and plans to see her. I took time off from my job to be with her. Also, I guess I thought, like every other fool who makes the same mistake, that I could have her and my family too. I felt pretty sure that my wife would never find out.

Since I lost my wife, I've had a year of "freedom" with Connie; also with three or four other girls. Today the very

thought of this way of life makes me sick.

I am praying my wife will read this and come to me. (She always read my column). I want to devote my life to showing my kids that their father loves them. And Lord knows I would put my wife on a pedestal. (Aside to my wife: If you read this, in God's name have mercy and come home).

L.W. DEAR L.W.: As I get the pitch of your present mood, reading on and between the lines of your letter, you are heart-sick with the classic loneliness of the sinner who has cut himself off from genuinely human relationships, which have their ground, so to speak, in the matrix of wholesome family life.

Even at best, the individual is somewhat isolated from his fellows, because of the essential incommunicability of his own selfhood, which even he cannot ever fully comprehend, much less articulate precisely.

Being, in that sense, very largely alone with himself and God, the individual's best hope of sharing himself in this vale of tears -- thus reducing the natural loneliness of "man's fate" is to establish as nearly as he can, a "total encounter" with certain cherished companions in his short time on earth.

And a total encounter certainly embodies a great deal more than simply sex surrender to a storm of physical desire.

As a matter of fact, any man who is making even faintly positive progress towards experiencing his human potential, which is distinctively different from and superior to animal nature -- that man is inevitably shamed and sickened with a sense of sinning against his own nature, when, as and if he "plays around" in the fashion you confess to.

As of now, your instinctive will-to-health impels you to get back on the beam of real human relatedness. If possible, back to that type of loyal interchange in which the participants address their energies -- of feeling, understanding and protective care -- to supporting one another's overall well being.

But the question is, are you prepared to stay on course and fight the good fight to the finish given another chance?

In all probability you were implicitly rejecting the stresses of parenthood when you jumped the traces four years ago. So, if restored to the bosom of family life, with your loneliness somewhat assuaged, would you indeed be a better man, father-wise, than you were four years ago? With God's help you can make it. Without it, you'll fail.

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

HOUSEHOLD HINTS

After using the meat grinder, run a slice of bread through it. The bread cleans the cutting-grinding edges, making it easier to clean.

When making a bed fold the top sheet well down over the blanket. You'll eliminate "itch" and the blanket will stay cleaner longer.

To skim warm broth or stock just draw a piece of paper to well across the top. The fat is picked up without waste or muss.

SHUNNED FESTIVAL

President Thomas Jefferson of the United States refused to proclaim Thanksgiving Day.



4605 SIZES 10-18

by Anne Adam

SPEDDY SEWING: Your question: How can I dress most speedily? Our answer: Slip into a slim, stylish, carefree blend. Printed Pattern 4605: Misses Sizes 10, 12, 14, 16, 18. Size 16 takes 3 yds. 35-in. FIFTY CENTS (50 cents) in coins (no stamps, please) for each pattern. Ontario residents add 3 cents sales tax. Print plainly. SIZE, NAME, ADDRESS, STYLE NUMBER. Send order to ANNE ADAMS, care of Guardian-Patriot Pattern Dept., 60 Front St. W., Toronto 1, Ont. COME ALIVE FOR SPRING! Send for our new Spring-Summer Pattern Catalog, 125 top shapes for sun, fun, dancing, dining, everyday! One free pattern -- clip coupon in Catalog. Send 50 cents.

ELLEN'S DIARY

Humus And Fertilizer Bring A Better Green

"That smell..." a recent caller to the yard remarked of a scent off the springtime fields the wind of day changed to be wafting toward the neighborhood. "I was under the impression that fertilizer mixtures were being more generally used now on farms instead of what used to be called 'barnyard manure' - humus, that is." "Here both are used," we said. "However our farmers depend most on the manure." "Smell and all?" he grinned.

ter scattered. Today, we caught signs of another seasonal chore, one which brings us a fragrance of woody spots. In the course of the wood's work, which yields us not only fuel for the homes, but also to make sticks of lumber for the farms' requirements, stakes to be used in the fencing were brought down to the yard. If peat was our fuel, there would be no such useful by-products, would there? But, the fetching thought comes, we should enjoy the fire's aroma, and at our hearth feel a certain hominess in its land across the sea, where they tell us, as on our Island fields, the sun turns the grass to green-gold. "Now who will sharpen those stakes?" said the little red hen?" we quoted with a chuckle to Peter. "Oh, that's an easy one!" he replied, smiling. "He will!" he said nodding towards his grandfather. "And I intend to come with them when they go to fence." "I'm afraid you will have to stay and tend to things at home," James twinkled. "The little pigs will be arriving then. Let's hope," he added, "they bring only warm weather with them. They surely don't like the cold."

Spreading, there has been in a first fieldwork of the farming. At times it will continue until last stalls have been cleaned away, and last field-heaps of win-

cool the wind which blew down from the fields today. Jackets more or less disregarded in the warming weather of late, were quickly returned to service. Gloves, mittens were again favored. But there was a decided green cast spreading in the shelter of the old spruces in the orchard, though the little garden beside still holds a sizable drift of snow.

"Let's have a cup of tea, Ellen!" James suggests, come in through the starry night from a late look along the pens in a piggery. "There's a chill in the air."

Until tomorrow - Diary - Good-night.

Diamond-Good Wedding Solemnized At N. Bedeque

The marriage of Ruth Carolyn Good, daughter of Mr. and Mrs. Wilbert Reeves, Freeport to Thomas Earl Diamond Winsloe was solemnized on April 6th at the North Bedeque United Church manse by the Rev. R. M. Shaw. Music was played by Mrs. R. A. Profit. The bride and groom were attended by the bride's brother and sister-in-law, Mr. and Mrs. Henry W. Reeves, Freeport. For her wedding, the bride wore a two piece dress of light blue lace over taffeta, with blue and white accessories and she carried pink roses on a white Bible. Her only attendant, Mrs. Reeves, was in a powder blue dress of lace and crepe with blue and white accessories. Her corsage was of pink roses.



TODDLER ENSEMBLE

Baby girl huggable charms are bound to be more pronounced when the little Lorelei wears this co-ordinated pale pink corduroy crawler set. Hand embroidery and cording add a dainty touch and delicate lace edges collar, cuffs and under-rim of the face - framing pool bonnet. The outfit, designed by Chandler Sportswear, launders beautifully and a boon for mothers, the snap crotch makes it easy to get baby in and out of the pants in seconds. (By Tracy Adrian)

IDA BAILEY ALLEN Ways To Make The Most Out Of A Big Pot Roast

A thicker - than - usual round bone beef roast (western cut), weighing 6 to 7 lb., can be served for three meals, each one fresh-cooked. To do: cut a boneless piece from the round end of the roast to use for meat for a stew. From The Center For the second meal, cut a chunky pot roast with the round bone included from the center. For the third meal, grind the boneless piece that is left and make meat balls, patties or the "heros" described last week. Measurements level: 1 recipe for 6 POT ROAST OF BEEF 2 tsp. cooking oil 2 tsp. flour 2 tsp. salt 3 to 4 lb. beef for pot roast 1 c. hot water 1 c. dry red wine or cranberry juice cocktail Croton dumplings (follows) Heat oil in deep roasting pan. Combine flour, salt and thyme and dust all over meat. Place

1 tsp. salt. Bring to rapid boil. Shape dumpling mixture into walnut-sized balls. Drop them into boiling water; cover and boil 8 min.; drain. Brown 2 tsp. additional butter and roll dumplings in it to coat all over. Transfer into heated serving bowl.

TOMORROW'S DINNER Grated New Cabbage Slaw with Cooked Sliced Green Beans and Radish-Onion French Dressing Pot Roast of Beef with Gravy Cooked Fresh Greens

Prune-Nut Whip or Spiced Canned Pears Coffee, Tea Milk

PRUNE-NUT WHIP 1 c. fine-chopped pitted cooked prunes 1/4 tsp. unflavored gelatin 1/4 tsp. vanilla 1/2 tsp. salt 1 1/2 tsp. sugar 3 egg whites 1-3 c. fine-chopped pecan or filbert meats 1/2 c. whipped topping 6 whole nutmeats

To prunes - stir in unflavored gelatin. Let stand 5 min. Heat-stir over hot water to melt gelatin. Add vanilla, salt and sugar. Beat egg whites stiff. Add to prune mixture. Beat steadily with rotary beater or electric mixer until light and fluffy. Fold in chopped nutmeats. Spoon into individual bowl-type dessert dishes. Refrigerate 2 hr. Garnish: whipped topping and whole nutmeats.

THE CHEF SUGGESTS To vary taste of French dressing: To 1/4 c. of dressing add 3 tsp. grated red radishes, or grated peeled raw beets, or grated raw apple.

DOCTORS INCREASE

CHICAGO (AP)—The number of physicians per capita in the United States is increasing, the American Medical Association says. A report released Saturday said that at the end of 1965, there was one physician for every 681 persons. In 1960, the report said, there was one physician for each 737 persons.

DO YOU GASP FOR BREATH, WHEEZE, COUGH?

Does asthma or chronic bronchitis keep you in misery with difficult breathing, wheezing, coughing--so it's hard to do your work, impossible to sleep? Do you sit up all night struggling to get breath through your bronchial tubes? Then here is good news! Thousands of Canadians use millions of RAZ-MAH capsules each year and get longed-for relief from their symptoms every day. Try Temptation's RAZ-MAH Capsules today--only 85c and \$1.85 at drug counters everywhere.

MOTHERS!

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Try Cow Brand in your bath!

A half pound package of Cow Brand Baking Soda in a tub of warm water is a wonderful way to enjoy a soothing, relaxing daily bath for just a few cents! It's also excellent to help relieve itching skin, sunburn and windburn. Cow Brand Baking Soda PURE BICARBONATE OF SODA

Women

6 The Guardian, Charlottetown, Tues., April 19, 1966.

The Women's Committee of the Confederation Centre Art Gallery will host a meeting on Expo. Arranged by the P. E. I. Women's Committee of Expo '67 in the lecture theatre at the Centre tonight at 8:30, when the guest speaker will be Major General, the Honorable E. C. Plow of Halifax, Director of the Atlantic Region of Expo '67. Gen. Plow will give an illustrated talk giving up to date information on the preparations being made for this outstanding centennial event to be held in Montreal in 1967. Everyone is welcome - there is no charge.

Mr. and Mrs. Clifford Peters and two daughters, Marilyn and Peggy, Rollo Bay, left recently to spend the holidays with relatives and friends in New Hampshire, Boston and vicinity.

Mrs. Chester Mullaly, Souris West, and Mrs. Anna McCormack, Souris River, are presently holidaying with relatives and friends in Boston and district.

Lloyd Stewart, Ottawa, Ont., is on a short visit to his former home town of Souris, P. E. I.

Paul Aylre Gallant, who is attending Truro Agricultural College spent the holidays at his home in Souris West.

Mr. and Mrs. Leith Robertson and daughter, Janice of East Baltic motored to New Brunswick where they will attend a reunion at the United

Tignish CWL Plans For Annual Meet

Plans for the annual meeting to be held on April 28th were made at the April meeting of the Tignish CWL held in the Dalton School recently with 12 members present. Mrs. Cormier took over in the absence of the secretary and Mrs. H. Harper read the correspondence. The treasurer

April meeting in the schoolhouse with a good number of members in attendance. Following routine business, a contest was put on by Mrs. Robert Leard and won by Mrs. Alton Jay, Mrs. Edward Jay and Mrs. Harold Jay--was drawn by Mrs. Harold Jay. Refreshments were enjoyed, with Mrs. Wallace Birt serving tea.

Mrs. Percy McDonald, North Lake, left by plane recently for New York, N. Y. where she will visit with relatives and friends.

Urban Howlett, who is engaged in teaching in Quebec, spent the recent holidays with his parents, Mr. and Mrs. Abdin Howlett, Gowan Brae.

Mr. and Mrs. Peter Rafferty and baby daughter, Moncton, N. B. spent the holiday with the latter's parents, Mr. and Mrs. Edwin Peters, Rollo Bay.

gave a satisfactory financial report. Included in the correspondence were letters from Mrs. J. W. MacKenzie, passport convenor of the Provincial Women's Committee for Expo '67, the Sacred Heart Program and the annual report for Canadian Red Cross Society. A report on the St. Patrick's play given by Mrs. L. Conway advised that proceeds went to parish and towards a new fire truck. Father Rooney gave a short talk on Holy week and on the new parish hall which is to be constructed.

ROAD CROSSES CONTINENT It is possible to drive from Hamburg, north Germany, to Basel, Switzerland, without passing a single traffic light or halt sign.

'Hot Flashes' You can get help with Lydia E. Pinkham AT ALL DRUG COUNTERS

H. BENNETT CARR Sun Life of Canada District Supervisor Insurance Consultant Charlottetown, P.E.I. Phone 4-8817 - 4-5435

Advertisement for SINGER sewing machines and floor care products. The main headline reads "the swing is to SINGER" and "how good are SINGER floor care products?". Below this, it says "as good as our sewing machines." and "WE REALLY CAN'T SAY MORE. SINGER® FLOOR CARE PRODUCTS ARE POWERFUL, DURABLE AND BACKED BY THE FAMOUS SINGER GUARANTEE, PROFESSIONAL SERVICE AND CREDIT FACILITIES." There are three images of SINGER products: a floor buffer, a rug cleaner, and a vacuum cleaner. Prices are listed as 29.95, 69.95, and 99.95. A large image of a vacuum cleaner is on the right. At the bottom, it says "SINGER CENTERS" and "164 Great George St., Ch'town Phone 894-4551 Keith Simmons, Summerside Phone 436-2522".