

**SANDWICHES**

# Perfect for noontime, snacks

**DEVILED HAM AND TUNA**

1 tin tuna, flaked  
1 tin 4 1/2 ounces deviled ham  
one-third cup diced celery  
1 hard cooked egg  
Mix lightly. Add 1 tablespoon mayonnaise. Season to taste. Spread on favorite bread.  
**MRS. VERNON MACDONALD**  
Parkdale

**SANDWICH SPREAD**

1 cup white sugar  
1/2 cup butter  
1 cup cream or milk, rich  
1 cup vinegar  
1 glass pimento, small  
3 eggs  
2 teaspoons mustard  
1 teaspoon salt  
3/4 pound cheese, 1  
2 teaspoons flour  
Put all in double boiler and stir until thick. When cool seal in jars and keep in refrigerator. twices slices of bread. Dip sandwich.  
**MRS. MAJOR YOUNG**  
East Baitte

**FRENCH TOAST SANDWICH**

2 cups ground cooked meat  
1 can cream of mushroom soup  
2 tablespoons chopped sweet pickles  
Mix ingredients and put bech in jars and keep in refrigerator. brown on both sides in a slightly greased frying pan.  
**French Toast Mixture:**  
1 beaten egg  
1/2 cup milk  
1/2 teaspoon salt  
1/2 teaspoon pepper  
**FRANCES WALSH**  
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**TUNA APPLE SANDWICH FILLING**

1 cup flaked tuna  
1 cup diced apples  
1 tablespoon lemon juice  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1/2 cup finely minced celery  
4 tablespoons mayonnaise  
To flaked tuna fish add diced apples, lemon juice, salt, pepper and celery. Mix well. Add may-

onnaise and keep in refrigerator. Yields 2 1/2 cups filling.

**MRS. W.H. BURNS**  
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**SEA TANG FILLING**

1-7 ounces can tuna  
1 tablespoon tuna oil  
1 teaspoon grated orange rind  
1 teaspoon each of orange and lemon juice  
3/4 teaspoon dry mustard  
dash of cayenne pepper  
3/4 teaspoon curry powder  
1/2 cup salad dressing  
Flake tuna mix with oil, rind with fruit juices.  
Spread between thin slices of sandwich bread or roll up for fancy sandwiches.  
**MRS. VERNON MACDONALD**  
Parkdale

**WALNUT FRANKFURTER SPREAD**

1 1/2 teaspoons prepared mustard  
1 tablespoon mayonnaise  
1 tablespoon grated cheese  
1/2 cup finely cut frankfurters, cooked and drained well  
2 tablespoons chopped walnuts  
Mix all well together. Excellent for children's lunch boxes.  
**MRS. MAJOR YOUNG**  
East Baitte

**COTTAGE CHEESE FILLING**

1 1/2 cups cottage cheese  
2 tablespoons butter  
1/2 teaspoon salt  
2 tablespoons thick cream  
Cut slices of brown bread. Rub the cheese to a smooth paste and add slowly, beating all the time, the melted butter, salt and the thick cream.  
Spread each slice thickly with this mixture.  
**FRANCES WALSH**  
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**SURPRISE SANDWICHES**

One tin sardines,  
3 hard cooked eggs  
1/2 pound cheddar cheese  
one small onion  
one pimiento  
1/4 teaspoon salt  
1/4 teaspoon paprika  
Put all ingredients through

food chopper, add oil from sardines. Let the mixture stand several hours to blend flavours.  
**MRS. VERNON MACDONALD**  
Parkdale

**EGG SALAD SANDWICH**

3 hard cooked eggs chopped  
2 tablespoons chopped green peppers  
2 tablespoons chopped celery  
5 tablespoons chopped green olives  
3 tablespoons chopped walnuts  
2 tablespoons mayonnaise  
1 tablespoon ketchup  
1/4 teaspoon salt  
Combine all ingredients and mix well.  
**MRS. MAJOR YOUNG**  
East Baitte

**HAM SANDWICH FILLING**

1 cup ham  
1 tablespoon salad oil  
1 tablespoon lemon juice  
1 tablespoon  
1/2 teaspoon prepared mustard  
Chop the ham fine and season with other ingredients. Spread on thin slices of bread.  
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**BEEF SANDWICH FILLING**

1 1/4 cups cold roast beef  
1 teaspoon salt  
1/2 tablespoon tomato catsup  
1/2 teaspoon Worcester'shire sauce  
1 tablespoon melted butter  
Mince cold meat, add other ingredients. Spread on thin slices of bread.  
**FRANCES WALSH**  
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**HOT TOAST CHICKEN SANDWICHES**

Cut some cold boiled chicken fine. Heat with a little butter in frying pan and spread between pieces of hot buttered toast.

Serve with creamed or fried potatoes.

**FRANCES WALSH**  
Elliottvale

**CHILI BEEF SANDWICH**

3/4 cup chopped celery  
3/4 cup chopped onion  
2 tablespoons butter  
1 can Chili Beef soup  
2 tablespoons water  
4 hamburger buns, split and toasted  
shredded cheddar cheese  
shredded lettuce  
In saucepan, cook celery and onion in butter until tender. Add soup and water. Heat; stir often. Serve on buns, top with cheese, then lettuce.  
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