



# The Tradewind

of the Field and Stream Club  
**CHARLOTTETOWN'S  
 MOST POPULAR DANCE SPOT**

**MON:** Blast to the Past

**TUES:** Ladies Night Win \$100 cash  
Gentlemen also welcome

**WED:** Selectrocution and  
Student Night

**THURS:** Birthday Party Night

**FRI:** Rock to the top 40

**SAT:** Rock to the top 40

**\* MON - THURS:** Happy Hour Til 10  
Timed Liquid Specials

**FRI - SAT:** Timed Liquid Specials  
Through the Evening

Lounge Opens 11:00 AM to LATE  
 189 Kent Street, Charlottetown  
 894-4291

## WHAT ARE YOU LOOKING FOR?? in a Multi Purpose Recreational Facility

### FACILITIES

\*2 INDOOR TENNIS COURTS \*4 RACQUET BALL COURTS  
 \*2 SQUASH COURTS \*HEATED POOL \*INDOOR TRACK  
 \*FREE WEIGHT ROOM \*UNIVERSAL GYMS, \*OLYMPIC  
 FREE WEIGHTS \*HYDRO FITNESS CENTER \*VIDEO  
 WORKOUT ROOM \*LOCKER ROOMS \*WHIRLPOOLS  
 \*SAUNAS \*LICENCED LOUNGE \*BABY SITTING ROOM  
 \*PRO SHOP \*MAGIC TAN SOLARIUM

### PROGRAMS & WIDE RANGE OF SERVICES

\*AEROBIC CLASSES \*FITNESS CLASSES \*SWIM CLASSES  
 \*PRIVATE INSTRUCTION \*WEIGHT TRAINING CLASSES  
 \*AQUA FITNESS \*ROUND ROBBINS \*LADDER SYSTEM  
 \*BODY MASSAGE \*FITNESS ASSESSMENTS  
 \*JR. DEVELOPMENT PROGRAMS \*KARATE \*CANTEEN  
 SERVICE



### Student rates

Fitness club  
 \$154.51

Raquet club  
 \$181.94



THE **SPA**

West Royalty Fitness Centre Ltd.

Located in the Charlottetown Mall 566-1400