

La Grippe

Have you had it? If not, be prepared, for it is here. You needn't dread the disease so much as the suffering afterwards.

Why have it? 'Tis the weak, nervous, pale and thin who suffer most.

Scott's Emulsion

corrects these conditions. It gives strength and stability and the strong throw off the disease. 'Twill lift you out of that terrible depression which follows. All druggists, 50c. and \$1.00.

1899 DIARIES.

Canadian and

American

Excelsior DIARIES

all sizes for the POCKET OFFICE

or HOME.

P. E. I. Almanac now on sale.

HASZARD & MOORE

Artificial: Teeth



DR. JOHN P. MURRAY,

Queen St., near London House.

TENDERS

Tenders will be received by the undersigned, up to and on Wednesday, the 22nd day of March, instant, for all uncollected promissory notes in favor of, and Debts to the late Allan Hunter and also for all judgments recovered by me against his debtors.

Tenders must be accompanied by cash or certified cheque amounting to ten per cent. of tender which will be returned if tender is not accepted.

A complete list of notes, debts and judgments may be inspected in the office of Mathieson & Bently, Georgetown, to whom all tenders must be addressed.

WILLIAM HUNTER, Administrator
Georgetown, March 7, '99—w2i

We have a Beautiful

line of goods to show you this season in

Diamond Rings

Gipsy Rings

Chain Bracelets

ornette Chains

Gents Chains

Brooches

etc. etc. etc

We are giving special value in Watches and Clocks until Xmas. It will give us pleasure to show them to you.

W. N. TANTON

Great George St.

FOR THE WOMEN

When to Avoid Candy.

An exchange says: Sugar is one of the best of the fat-producing foods, and for that reason is bad for a person young or old, in whom there is tendency to accumulate too much fat. The converse of this is true—it is a valuable food for those who are weak, who suffer from a lack of animal heat and who need building up. Not too much of it, though, because there are elements needed in the body which sugar will not satisfy. Sugar is exceedingly satisfying to the appetite. I know a man who was an officer of cavalry during the civil war, and on one occasion during a raid he found an opportunity to fill his haversack and both saddlebags with brown sugar. The men of his command did the same. It was four days before they were able to get a supply of rations, and during that time they lived on the sugar and were perfectly contented with the diet. This story points to one rule, which may be safely laid down for all. Candy should not be eaten immediately before meals by either child or adults, because it will destroy the appetite for foods, and that other should be taken first, because of the food element found in it and which is not found in candy. In other words the supply of sugar should be adjusted to that of other foods in a natural and common-sense way proportion.

Worry and Indigestion.

It is so remarkably easy to offer the advice to persons whose lot is not altogether cast in pleasant places, and with whom things do not go well, to refrain from worrying, but how hard it is to follow this well-meaning advice! None the less, worry is a fruitful source of many of the ills that flesh is heir to. It imprints lines on the face and seams it with furrows, and has a most depressing effect upon the stomach. The worry and anxiety which depress the brain produce a semi-paralysis of the nerves of the stomach, and the result is indigestion. Indigestion is a terrible enemy to temper, and this affects our happiness, and, of course, the health for this affects our appearance. One unmistakable sign of mental health is serenity of temper and a self-control that enables us to bear with equanimity and unruffled temper the trials and troubles of life, more particularly those arising from contact with scolding, irritating and irritable people—American Journal of Health.

Table Centers.

Table centers are requisite to the modern table and are used at all meals. They may be square, rectangular, oval or round; but the size and shape of the center-piece should accord with the size of the table upon which it is used, a long table set with many covers demanding a rectangular piece for the center. These pieces admit of more elaboration than any other accessory used in the dining room. The coloring, however, should be quiet and never obtrusive, else any elegance is impossible. Simple center-pieces are not without their admirers, and the hemstitched pieces finished with a ruffling of Valenciennes or a scroll design outlined with feather stitching in heavy Roman floss make most attractive table pieces. When the table is laid without a cloth the center-piece is always used.—Delineator.

Influence.

"It is the law of influence," says Drummond, "that we become like those whom we habitually love. There are some men and some women in whose company we are always at our

NOTICE! DEBTORS

As we have transferred our business to other parties our books must be

Closed up at once

All those indebted to us will oblige by making immediate payment at the OLD STAND.

Accounts Long Overdue if not attended to at once will be sued for.

W. A. WEEKS & CO.
26—edw & w 2m

best. While with them we cannot think mean thoughts or speak ungenerous words. Their mere presence is elevation, purification sanctity. All the best stops in our nature are drawn out by their intercourse, and we find a music in our souls that was never there before. Suppose even that influence prolonged through a month, a lifetime, and what could not life become?"

The principal art in composing a good soup is so to proportion the several ingredients that no flavor shall predominate and that all the articles of which it is compounded shall form an agreeable whole. A clear soup must be perfectly clear, and thickened soups about the consistency of cream.

If meats are eaten—a debatable question between strict hygienists and "other people"—take them at the noon-day meal, with or without vegetables, and in cold weather rather than warm.—Journal of Health.

If a piece of beefsteak is left over from breakfast it makes an excellent sandwich filling for luncheon, if chopped very fine and seasoned with pepper and salt. This arrangement is preferable to making it an unhealthy stew.



A Maiden's Dream.

Thousands of young women dream day-dreams of the youthful hero and husband that is to lead them to the altar of wed-lock—dreams that are faced never to come true because of the ill-health of the fair dreamer. Young heroes now-a-days are hard-headed rather than hard-hearted. They know from reading and hearsay that a young woman who suffers from weakness and disease in a womanly way cannot well prove a happy, helpful, amiable wife and mother.

Physicians tell young men that weakness and disease of the feminine child-beggetting organism make women sickly, nervous and dependent in spite of the best of natural dispositions. Dr. Pierce's Favorite Prescription makes these organs strong, healthy, vigorous and elastic. It fits for wifehood and motherhood. It allays inflammation, heals ulceration and soothes pain. It tones and steadies the nerves. It does away with the qualms of the period of expectancy and makes baby's advent easy and almost painless. It frees maternity of peril. It insures the new-comer's health. Dr. Pierce is an eminent and skillful physician, who, during his thirty years' experience as chief consulting physician to the great Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., has treated thousands of women. He will answer letters from women free.

Very many women who have become happy, healthy wives and mothers through the use of Dr. Pierce's Favorite Prescription have permitted their experiences, names, addresses and photographs to be printed in Dr. Pierce's Common Sense Medical Adviser. This great work used to cost \$1.50. Now it is free. It contains 1,008 pages and over 300 illustrations. Several chapters are devoted to the reproductive physiology of women. For a paper-covered copy send 31 one-cent stamps, to cover customs and mailing only, to the World's Dispensary Medical Association, Buffalo, N. Y. Cloth binding, 50 stamps.

THE Whitham Shoe

Only One Store :::

in each town sells this famous shoe for men. The greatest value ever offered

For \$3.00

Highest quality of material and workmanship. For stylish effect, retaining its shape, and filling where others fail it has no equal.

WE HAVE SOLE CONTROL.

Weeks & Warren, SUNNYSIDE

Seed Wheat.

WHITE FIFE, grown one year from imported seed—on the "Warren Farm" JOHN NEWSON
March 6—d&w1mo

Twenty-Dollars Reward

Any person giving information leading to the apprehension of the party or parties who broke into my house on North River between the dates of the 23rd and the 29th inst. will receive the above reward.
R. M. YOUNG.

UP IN WINDSOR

Mr. Cole Discovers the Power of Dodd's Kidney Pills.

Windsor, Feb. 20—The following statement, which Mr. F. H. Cole of this place requests us to publish, is worthy of attention from every victim of Rheumatism in Canada.

Mr. Cole's experience fully warrants him in making this statement.

"Words cannot describe how I suffered from Rheumatism and Kidney Complaint. I tried every cure that was recommended but got no benefit until I began using Dodd's Kidney Pills.

"Thank God I did use Dodd's Kidney Pills, for they cured me—made me sound and well, in every joint and limb."

Those who suffer the agonies of Rheumatism or Lumbago need do so no longer. Dodd's Kidney Pills will cure them.

A new Knapp roller boat will probably be constructed in Toronto during the coming season.

Keep Minard's Liniment in the House

The head offices of the Canadian Life Insurance Company are to be removed from Hamilton to Toronto on account of high taxation in Hamilton.

Dr. Chase Cures Catarrh after Operations Fail.

Toronto, March 16th, 1897. My boy aged fourteen, has been a sufferer from Catarrh, and lately we submitted him to an operation at the Central Hospital. Since then we have resorted to Dr. Chase's Catarrh Cure, and one box of this medicine has made a prompt and complete cure.

H. G. FORD, Foreman, Cowan Ave. Fire Hall.

Count Tolstoy's new book, the proceeds of which will be devoted to the Dukhobor settlements in Canada, is entitled, "The Resurrection." The novel is strong in human study, with a central problem. Experts speak of it as the most vivid piece of literature that has ever come from Tolstoy's pen.

Minard's Liniment is used by Physicians

Young Jesse James' trial for train robbery has commenced at Kansas City. Mrs. Samuels, 74 years old, mother of the James boys, was a witness on the prisoner's behalf. The woman had one arm shot off by detectives years ago in defending her sons.

To all who find themselves with health gradually slipping away, Kidneys and Liver so disorganized that they are incapable of keeping the system free from poisonous waste material, Stomach Disordered, Bowels Constipated, Head Aching, Back Painful, take Dr. Chase's Kidney-Liver Pills. The quick way they help you back to health will surprise you.

Minard's Liniment Lumberman's Friend

According to a Toronto despatch Premier Laurier has notified Mr. Spence of the Dominion Alliance that the vote in favor of prohibition did not represent such a proportion of the electorate as would justify the introduction by the government of a prohibitory law. The government decision is, it is unnecessary to say, unsatisfactory and displeasing to the friends of prohibition.

Chronic Eczema Cured.

One of the most chronic cases of Eczema ever cured is the case of Miss Gracie Ella Alton, of Hartland, N. B. On a sworn statement Mr. Alton says: I hereby certify that my daughter Gracie Ella was cured of Eczema of long standing by using four boxes of Dr. Chase's Ointment, William Thistle, druggist, of Hartland also certifies that he sold four boxes of Dr. Chase's Ointment which red Gracie Ella.

Watches

Watches in Nickel cases \$3.00 to \$10.00
" " Silver " 7.00 " 30.00
" " Gold " 10.00 " 190.00

Chains for Ladies \$1.00 to \$20.00

Ribbon Guards 25c

Gem Rings 1.00 to 50.00

Cuff studs and links 20 to 10.00

Collar Studs 05 to 2.00

Brooches 25 to 20.00

Spectacles 50 to 10.00

Silverware nearly all kinds, in good quality plate.

Also some in solid silver:

E. W. TAYLOR

Victoria Jewelry Sto

Farm For Sale

100 acres at Dundas

We offer for sale 100 acres of land at Upton, Dundas, formerly occupied by Angus McPherson.

75 acres clear and in good heart, the remainder under mixture of hard and soft wood. All excellent soil. Terms easy.

M. & D. U. McLEOD, Attorneys at Law

Charlottetown Feb. 1st 1899, Feb 2nd wklly 1mo

New Clothing

We have just opened 5 cases of CLOTHING

Men's Boys' & Children's

The goods were bought from a manufacturer for spot cash. Our prices will be found the very lowest. Come and see,

J. B. Macdonald & Co

TEETH!

Are you thinking of coming to town to have some dental work done? Is your time limited? Let us tell you what we can do.

WE can take the worst case of an aching tooth and treat and fill it in one setting.

WE can take the worst case of abscessed or ulcerated tooth and treat and fill in one setting.

WE can take any number of such teeth and make them all right in one sitting, and fully guarantee them not to ache again.

WE save teeth. Don't have a tooth extracted because you are told that it cannot be filled. We have the experience and methods for saving teeth. We do Painless Dentistry by use of the famous

BERLIN METHOD

—AND BY—

ELECTRICITY

WE make Crown and Bridge Work and put it in place same day as impression is taken.

WE make Metal Plates or Valcinate Plates and put them in place same day as impression is taken.

We have everything required, and up to date for best work, and for comfort of our patients.

Persons from out of town will see the great advantage of coming to see us, as they can have their Dental Work done without loss of time, and fully guaranteed in every respect. Our prices are low, and each branch in charge of a specialist. Examinations and advice free. Call and see specimens of Teeth without plates, etc.

BERLIN DENTAL PARLORS

CHARLOTTETOWN, P. E. I.

Supper is to Many Indispensible

And the question arises, What should we eat, drink and avoid? Supper being a late refreshment

We Should Avoid

Anything and everything that does not comply with the the following, simple Hygienic rules.

We Should Eat

That which readily assimilates, and does not overtax the digestive powers during the night.

We Should Drink

Only that which induces healthy sleep, without any reactionary depression in the morning.

BOYRIL

BOYRIL LIMITED,

30 Farringdon Street, London, England. 25 & 27 St. Peter Street, Montreal, Canada.