Women's realm

ELLEN'S DIARY

By An Island Farmer's Wife

There is, we fancy, much magic and witchery to be found in the hours of tonight. Subtle elements as these are, both may be seen, if we care to look about — and are careful to choose the exact time for it. For this is an especial night.

None other up and down the year — not even Christmas Eve, beautiful, expectant and joyous, can lay claim to a like charm. Because this is seeped in mystery; it is queer and eerie as though strange creatures of the dark, half-nice, half-fearful are about, dogging our every step out about— and even indoors in the darkness, once the gray of twilight settles into the shadows of night.

The air is different. Sounds, even those most familiar, the sudden opening and closing of a door; the sound of a dog's bark in the distance is threaded with a melancholy quality not there on other nights. And the dark is darker. And if it be moonlight, that but lends a more ghoulish background for such ghostly creatures as choose to roam.

Small boys will sense the changed quality of tonight. They will be aware of it as they move happily yet warily along street or country road. Those older will feel a sorcery and bewitchment about, something not easy to explain but, nevertheless there, as they go to their affairs of Hallowe'en. Even we, who have seen and enjoyed many of these will walk somewhat circumspectly, should we be obliged, say, to come outdoors to the cellar for some incidental to James' lunch, if it be near the midnight hour.

• • •

Right at our shoulder, his breath warm on our ear, some Prince Charming out of the young years will stand wordlessly . . . while we take something from the shelf. If we but turn we could see his face . . . quickly, of course. But who would be so daring in the mystery of the hour? Better to continue and complete one's mission with purpose — and dispatch!

Or should we, more courageous than once, linger in the yard to enjoy the enchantment of it all? "Only once a year it comes," Jamie said recently, smiling a bit wistfully over the thought. Then should we not linger a moment here in the hope of glimpsing a witch of the night?"

There in the dimness above that line of hills over which the west wind of morning marches into this valley . . . is not that indeed some darkish creature in flight? A conical-hatted, sharp-chinned, sombre-clad lady who sweeps the sky with her broom? Ay! And there on the near meadow where on the aftermath the calves grazed and sunned themselves on autumn days . . . dear, dear, is that not some ghostly figure of Hallowe'en walking there?

And almost beside us, scarcely hidden by that corner of building, what pixie or goblin laughs loudly, flinging his glee on the night breeze? And as always, we shall be intrigued, indeed "pleasantly fear-ful" as we presently return indoors.

And then going back to the young years we shall recall with certain nostalgia the names and faces of those companions of our youth who once trod with many a laugh and jest — and kindly, those well remembered Hallowe'en paths of the long ago.

Until tomorrow - - - Diary - - - Good-night. . . .

That Body Of Yours

By James W. Barton, M.D.

PREVENTING FUTURE AILMENTS IN THE ELDERLY

"It is well known by lawyers, plumbers, garage mechanics, and other purveyors of personal services that the public is more ready to make an economic sacrifice to get out of trouble than to stay out.

In medicine this vagary of human nature is demonstrated by the rather adequate remuneration for a routine appendectomy as compared with that of a diagnostic survey (complete physical examination including laboratory and other tests) which certainly takes longer and probably demands at least an equal degree of professional ability." I am quoting Dr. Benjamin V. White, Hartford, Attending Physician, Hospital for Chronic Illness, Rocky Hill, Conn., in Geriatrics.

Dr. White has in mind the importance of preparing the middle-aged and elderly to be reasonably free of preventable ailments in the days to come by giving them a thorough examination before they reach old age. As we know, most physicians are not interested in the "well" patient and it is only too true this keeps them busy enough.

"Moreover, it is essential that the medical profession as a whole develop a new attitude toward each patient — (a) as an individual with a chief complaint, and (b) as a person to be 'screened' for unsuspected chronic diseases. In his time-honored role as healer, the physician must listen intently to the chief complaint of the sufferer and take whatever steps, historical, physical or laboratory, required to arrive at a proper diagnosis."

We are all aware of the willingness of life insurance companies to give free medical examinations to their policyholders at regular intervals, not only to correct present ailments or defects but to try to detect any condition or tendency toward future ailments, especially heart, bloodvessel ,and kidney ailments. While getting ahead of preventable ailments is good business to the companies, it is even better business for the policyholder as good health is life's greatest human asset.

Finally, Dr. White states that the doctor who could be effective with elderly patients must order his day so that he can give the time which is demanded. There should be no short cuts.

Now that the average life span is soon likely to exceed 70 years of age, the great amount of work necessary to keep old folks healthy and happy is indeed great.

MacCormick-Kelly Wedding Held At Basilica

—Photo by L. F. McInnis.

Mr. and Mrs. Thomas MacCormick are shown following their wedding at the Basilica on September 4th. Mrs. MacCormick is the former Mis Clarice Kelly of this city, daughter of Mr. and Mrs. Everett Kelly, while Mr. MacCormick is the son of Mrs. Michael MacCormick of Winnipeg. With Mr. and Mrs. MacCormick are Miss Joan Cronin, bridesmaid; Mr. Russel Kelly, brother of the bride, groomsman; and Mr. Joseph Murphy and Mr. Claude Fields, ushers.

Former Islander Wed In Hamilton

Photographed after leaving St. Ann's Church, Hamilton, Ont., following their marriage, are Mr. and Mrs. Joseph Christian and their wedding attendants. From right to left are Mr. Bernard MacInnis, groomsman; the groom and the bride, the former Anna Boudreau; and Miss Irene MacInnis, bridesmaid. Mr. Christian is formerly from Vernon River, P. E. I.
—Imperial Photo.

Better English

By N. C. Williams

1. What is wrong with this sentence? "She seemed kind of surprised when I differed from her."
2. What is the correct pronunciation of "secant"?
3. Which one of these words is misspelled? Harmonica, shepherd, drunkerd, ellliptical.
4. What does the word "pagan" mean?
5. What is a word beginning with lug that means "mournful"?

ANSWERS

1. Say,"She seemed somewhat surprised when I differed with her." 2. Pronounce se-kant, e as in see, accent first syllable. 3. Drunkard. 4. Relating to the worship or false gods; heathen; as, "pagan tribes or superstitions." 5. Lugubrious.

"Hallowe'en"

Have you heard the childish laughter?
Felt the magic in the air?
Seen the grinning jack-o-lanterns?
Felt the mystery everywhere?

Have you heard the weird owls hooting?
Watched their cold unblinking eyes?
Have you seen the witches riding
On their broomsticks in the skies?

Have you met old Mother Goose?
Have you seen those sly black cats?
Have you met cruel Captain Kidd?
Have you seen strange flying bats?

Have you been a little frightened?
When you had your fortune told?
And your hand was clasped so eightly
By a Gypsy fierce and old.

Have you known the thrill of parties
'Neath dim flickering candlelight?
Have you ever danced with goblins,
Or a ghost in snowy white?

If you've shared this gay enchantment,
If these wonders you have seen,
You will feel again that magic,
For tonight is Hallowe'en.

—Constance I. Heckbert.

ASHFORD, England—(CP) — A bicycle manufacturing company in this Kent County district is providing television sets for sick employees.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

AN abrupt ending to the recent most gratifying and exhilarating state of affairs, with a sudden letdown to exciting events of home, social, business in varying phases of constructive and pleasant living. Under such a depressing about-face, it is urged that a calm and cautious attitude be insisted on, lest unhappy or retaliatory reactions, a rancorous state of mind, draw down regrettable reprisals. Meet the provoking upset, the blighting event, with philosophical deliberation, rather than forced action. Postpone decisions.

For the Birthday

Those whose birthday it is may have to face a sudden turn of events with wise consideration and philosophy, rather than getting excited and turbulent or, perhaps, being "sunk" by the suddenness and hurt of an unpredictable turn. Tomorrow is another day, and it is wise to postpone any untoward action, rather than to seek reprisals for some perhaps trivial hurt or magnified offense. Keep free of traps, snares and hypocrites by sidestepping deceptive entanglements, or treachery of peculiar enticement.

A child born on this day may have a rather peculiar leaning toward the strange, weird, even sinister. Born of a rather gloomy or sadistic view of life, its early training should give a normal cheery outlook.

Morning Smile

Chin-Wag

A much-married man from the country saw an article in a music shop, but could not understand the purpose for which it was used. "What is that thing for?" he asked the shop assistant.

"That, sir, is a chin rest", he was told; "it is used quite a lot by lady violinists."

The man from the country gave a cry of joy. "Give me one," he said. Then, after a slight pause, he added: "No, I'll take two. "We've got the wife's mother staying with us."

Short But Not Sweet

"Well, this is your first day as a salesman; how'd you make out?"

"Fine. Got two orders."

"That's great. What were they?"

"Get out and stay out."

for BABY'S TUMMY UPSETS

Give Baby's Own Tablets. Sweet, simple little tablets. Used for over 50 years to quickly help relieve minor digestive upsets, gas, constipation and teething troubles. Quickly sweeten sour stomach. No "sleepy" stuff — no dulling effect. Get a package today at your druggist. 30¢.

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How Can I ! ! !

By Anne Ashley

Q. How can I clean rugs on the floor?

A. Rugs may be cleaned very nicely on the floor if washed with soap suds applied with a brush. Use only suds, and as little liquid as possible. Wipe the rug after washing with a clean cloth.

Q. How can I easily remove egg discolorations from silverware?

A. If one drops the silver that has been used on eggs into a pan of salt water the minute they come from the table, they are less likely to be discolored.

Q. How can I fertilize house plants?

A. Cold tea poured over the house plants will prove very effective as a fertilizer.

Household Scrapbook

By Roberta Lee

Clock Cleaner

Soak a piece of cotton in kerosene and place inside the clock, at the bottom of the case. Leave it for a few days, then remove it. It will remove much of the accumulated dust.

Modern Etiquette

By Roberta Lee

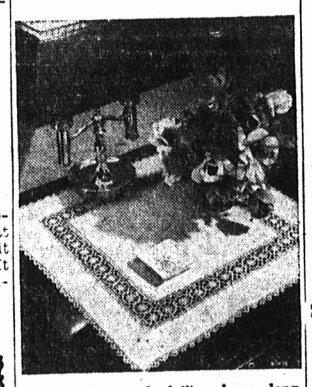
Q. If a girl has promised a specific dance to a man at a ball, and he is not in sight when the dance begins, should she seek him out?

A. Never! It is the man's duty to seek her out, and if he is late, he should apologize.

Q. What is a good rule for women to follow about dressing for various social functions?

A. When in doubt, wear the simpler dress. If you don't know whether to wear a ball dress or a dinner dress, wear the dinner dress. Or whether to wear wool or velvet, wear the wool.

19th Century Elegance For Your Home



Centerpieces and doilies have long been considered the sugar-coating of interior decoration. As any other part of a room's decor, they have changed in design with the tempo of the age. Here's a centerpiece which has been influenced by the elegant living of the 1800's. It's an ecru linen square with crocheted insert and edging. This is indeed a piece you will find simple to make and be proud to use on your favorite table. Directions for making this SHERIDAN SQUARE can be obtained by sending a self-addressed, stamped envelope to the Needlework Department of this paper requesting Leaflet No. C S-129.

Born of Sunshine

FOR RICHER FLAVOR

"I'm Mr. Sunshine . . . every plump, red-ripe Aylmer tomato gets my tender care. Straight from sunny fields to Aylmer kitchens they go . . . for that richer flavor you love in Aylmer Catsup."

Aylmer catsup

CS2-1

DOROTHY DIX'S COLUMN—

Marriage Is Not A Trial

Experimental Stage Ends At Altar

DEAR MISS DIX: Recently you said that an engagement period is a time of trial. What about marriage? Isn't that a time of trial all the way through? While I believe divorce should be avoided, if possible, there are times when it isn't human to expect a couple to live together. Yet many of them do, despite the fact that one or the other has ceased to love his or her partner.

Muriel Nissen

Years ago woemn were prone to put up with much more from their erring mates than today. With her economic independence, a woman doesn't have to put up with beatings or accept the fact that friend husband is running around with other women. I maintain that where a woman loses respect for her husband, she also loses her love for him.

IDA E.

ANSWER: Since the space allotted to this column is limited, it was necessary for me to cut quite a bit of your letter. This was regrettable since you brought out many fine points for argument. In some respects you are very right; in others equally wrong.

Marriage is not a trial! That is the purpose of an engagement. A marriage is the consummation of hopes built in courtship, the realization of plans made then, and the welding of a home and family. For that reason, I strongly advocate that young people prepare for marriage by waiting until they are of reasonable age, are quite sure of their love for each other, and ready to face the obligations of married life together. When such preparations have been made, marriage is not likely to fail.

THEY DON'T CHANGE

The wife who finds herself with a drunken, brutal, miserly, or faithless husband on her hands, can well look back to the pre-marital days and realize that the indications of his character were apparent then. An honest, upright, considerate young man does not turn into a brawling sot, but a young man who habitually frequents taverns is equally unlikely to become a model husband.

I agree with you that it is inhuman to expect a woman to live with a man who mistreats her, but, it is usually the wife herself who elects to stay. Every day my mail includes a pile of pathetic letters from women who state, "My husband is an habitual druknard, he beats me and the child, he gives me no money, but I love him and don't want to leave him!" Does that sound as though love and respect were synonymous? They should be, but I assure you, in this regard theory does not coincide with actuality.

Marriage should be contracted with the specific understanding that it is for life—in fact, that is the promise made in marriage ceremonies! If more people could acquire a thorough realization of this most salient fact, they wouldn't enter matrimony so easily. More thought given before the vows are taken, would avert most of the trouble that comes later.

Of course there are exceptions to everything, and occasionally a

Continued on page 8

Cook's Corner

PINEAPPLE PUDDING

This pudding does not set completely, like an ordinary bread custard. There is a thinnish sauce in the bottom of the dish, a share of which should be served out with each delicious serving.

Yield—6 servings.

6 slices white bread cut about ½-inch thick
Soft butter or margarine
¾ cup well-drained cut-up canned pineapple slices
2 eggs
¼ cup corn syrup
¼ cup plus 2 tablespoons fine granulated sugar
⅛ teaspoon grated nutmeg
⅛ teaspoon salt
1 teaspoon grated orange rind
2½ cups milk, scalded
1 teaspoon ground cinnamon

Trim the crust from the bread slices; spread bread lightly with soft butter or margarine. Cut 4 of the slices into cubes and place in a greased 6-cup casserole.

Add the pineapple to the bread cubes and mix lightly.

Beat eggs slightly and stir in the corn syrup, the ¼ cup granulated sugar, nutmeg, salt and orange rind; gradually stir in the scalded milk; pour over the bread and pineapple in the casserole.

Combine the remaining 2 tablespoons granulated sugar and the cinnamon and sprinkle on the remaining 2 slices of spread bread; cut into fingers and arrange carefully on top of pudding.

Place casserole in a large pan of hot water and oven-poach in a moderate oven, 350 degrees, until pudding is set on the top — about 45 minutes.

Serve warm, spooning some of the thin custard from the bottom of the dish over each serving.

Alice Brooks Designs

JIFFY SET!

Crochet this set in white with brightly colored flowers — your daughter will look as cute as she's warm! Fast work in heavy knitting worsted. Send now!

Pattern 7129: Cap-and-mitten set in easy crochet. Directions for sizes 4 to 10 included in pattern.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

Anne Adams Patterns

FOR HALF-SIZERS!

It's the most flattering collar of the season because it gives such a nice bosom line—looks so pretty across the table! Graceful, easy-walking skirt with pocket effect! Remember, this pattern is shorter-waisted, fuller, to fit your figure—no alteration problems!

Pattern 4559: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 4⅞ yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

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when the leaves
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