

WOMEN

Page 8 The Guardian Friday, August 13, 1954

CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare.)

Lying and Stealing

Part 1

You may be worried because your child lies and steals. You wonder if your training has been faulty or if he has a streak of evil in him. Such actions by your child may be a part of the business of growing up. You can guide him safely through these problems if you understand why he does these things—and then take the necessary action.

No Head for Figures—Yet!
Because it's hard for grownups to enter into the child's world, parents sometimes deal unwisely with his fancies, calling them lies. Your four-year-old tells somebody he has "hundreds and thousands of dollars" in his bank. He has heard some adult use these words so uses them, too. His ideas of amounts and quantities are vague. He'll learn to be accurate in time as he deals with real things and gains an understanding of what they mean.

Some children live in more of a fairy-tale atmosphere than others, particularly those who lack playmates. If a child hasn't plenty of interesting things to do and others to play with, and lacks lots of warm affection from his parents, he may use his daydreams to give him badly needed companionship. He may even invent a wicked character whom he blames for his bad deeds.

To meet such imaginative stories, let him know you regard it as a very good story and nothing more by such remarks as "Well, now, that's a very interesting story. But how did you tear your blouse?" Avoid making him feel you don't trust him.

You can help him gradually learn to tell the real from the unreal in many little ways. Perhaps one day while washing up for lunch he may be full of pretensions. When he finishes his talk, you can say, "That was wonderful make-believe. Now I'll tell you something I really did this morning." Then you can describe making a batch of cookies, leading him off to lunch—and the cookies. Also, when reading stories to him, point out which stories are "made up" and which are about things that actually happened.

Seek the Why's Behind the Lies
He may come home with some pretty wild yarns, or talk big to impress other children. He isn't telling lies to deceive in an adult's world. His natural desire to feel important is being denied. So he makes up startling stories to get attention. Don't neglect this appetite for attention any more than you would his need for food. Also, give him sufficient toys and playthings. He should have playmates of his own age.

If your child is a chronic liar, seek the reasons. The real prob-

lem is not with the lies but the "whys." Children are not "honest" by nature. They develop honesty by the examples you set. Remember that point whenever you have him tell a door-to-door salesman you're not in, or make a promise and don't keep it.

Avoid tempting him into lying by asking him such questions as "Did you write on the wall?" If you are sure he wrote on the wall, show him how it ruins the appearance and that you are displeased. His feeling of guilt will be punishment enough. If he persists in such action, then deprive him of his crayons, but avoid harshness.
(To be continued next week.)

That Body of Yours

By James W. Barton, M. D.

DANGER FROM STREET MANHOLES
A few years ago we reported the ill effects felt by some police officers stationed at very busy corners in Philadelphia; the fumes from the traffic sickened them. After they transferred to a different location, they gradually improved in health.

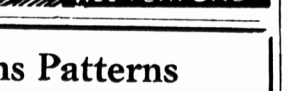
Now we read of the death of a plumbing company employee in a water main manhole in Indianapolis. "The manhole where the death occurred is located on a city street in a low, swampy area. For approximately two weeks before the death, someone had entered the manhole twice a day to turn the water on and off. The deceased workman had done this himself without any mishap on the days immediately preceding the accident. One day he went down to turn the water off and when he did not come up in the expected time, his partner called him but there was no reply. The body was removed in about 20 minutes but there was no response to oxygen and artificial respiration. The coroner reported that death was due to asphyxiation. This death, like two similar ones in a Minnesota town, seemed to have been due to lack of oxygen in the manhole."

The warning is given that "No manhole should be considered safe until in some way it has been demonstrated to contain sufficient oxygen or has, by some mechanical means, been blown out with fresh air."

Manholes, especially those in low or swampy areas are particularly dangerous with respect to lack of oxygen. There may be substances in the subsoil that consume oxygen which are not suspected.

Many of us may think that there is apparently enough air spaces in manhole covers to supply all the air and oxygen needed yet the flow of air through these covers is not always sufficient to keep the air within the manhole in balance with the air outside. Other factors which should be considered are change in seasons, frost, rainfall, traffic load, and variations in type of street surfaces.

The dangerous point about these manholes is that they may be safe one day, as shown by the fact that the above workman entered the particular manhole several days in safety, yet they may become death traps overnight if the amount of oxygen becomes too little to support human life.



DOROTHY DIX

Helping The Ailing

DEAR MISS DIX: You often advise people who are bored to get out and help others. Perhaps you'd be interested in my experiences along that line. Several years ago I joined the Massachusetts Shut-In Society, and even before that, visiting and writing to shut-ins was a hobby of mine. I spent many years at this rewarding work. Then, unexpectedly I was taken ill myself. I had a bad fall and was in and out of hospitals for three years. However, through the darkest days the love and loyalty of my friends have been my comfort. When I tell them I'll be forever in their debt they just say, "You have it coming to you!" Since I know how long hospital days can be, I am more determined than ever to continue my work for shut-ins. I want so much to do something for the marvelous friends who sustained me, but they won't let me do a thing. I can show my gratitude only by redoubling my efforts to help other sick and needy folk.
Mrs. A.

TRUE, LASTING FRIENDS

ANSWER: This letter proves that generosity isn't always its own sole reward. The friendship we build up by helping others are the truest and most lasting. Those who have known dark days of suffering and loneliness are most ready to come to the aid of those similarly afflicted. There are so many needy people in this world that anyone with compassion can readily find someone she can help. I am often asked to name specific organizations who can use volunteer aid. One's pastor is usually the best person to find the proper outlet for particular abilities. A person fond of young children could be used in the children's ward of almost any hospital. For those with sons, husbands or sweethearts overseas, or in service in this country, the Red Cross might have a special appeal. Then there are guilds to help the blind, mission groups working for those who carry the word of God all over the world, and groups banded together to visit the mentally ill, convicts, orphans, and so forth, where help from outsiders is needed.

I do hope that Mrs. A.'s experience will guide others to an equal fulfillment of charity.

DEAR MISS DIX: My husband and I were divorced three years ago—after ten years of marriage. We have four children. I have custody of the children, though he has visiting privileges. Either he comes to see them, or they go to his mother's, where he lives. When they visit him, he spends the entire time telling them things about me that aren't true. The youngsters come home upset and full of questions. The cause of our divorce was flagrant adultery on his part.

ANSWER: Take the matter up with a lawyer, and through him with the court that awarded the divorce. The father certainly has no right to tear down your character to your children, and I'm sure steps will be taken to force him to desist from such tactics.

Morning Smile

Prosecutor—Now tell the jury the truth, please! Why did you shoot your husband with a bow and arrow?
Defendant—"I didn't want to wake the children."

Better English

By D. C. Williams

1. What is wrong with this sentence? "Among all his friends, he was accredited with great honesty."
2. What is the correct pronunciation of "synod" (ecclesiastical council)?
3. Which one of these words is misspelled? Defaultation, default, pauperism, raucous.
4. What does the word "presentment" mean?
5. What is a word beginning with ri that means "a competition"?

ANSWERS
1. Say, "He was credited with great honesty." 2. Pronounce the first syllable as sin, not as sign, or as in nod, accent first syllable. 3. Defaultation. 4. A feeling that something will happen. She had no presentment that such a thing would take place. 5. Rivalry.

Modern Etiquette

By Roberta Lee

Q. When a dinner guest in a home is offered a dish that he dislikes, isn't he privileged to say, "No, thank you?"
A. Although this may be his privilege, he will reveal much better manners if he takes a small portion and at least makes a pretense of eating it.
Q. Where is the proper place for the bridegroom's mother to sit at the wedding breakfast or supper?
A. She should be seated at the right of the bride's father.
Q. When giving a bridge party, and you have several prizes to offer, should these prizes be wrapped or left open?
A. It is much nicer to have them wrapped attractively.
The Arctic area of Canada has fewer thunderstorms than any other part of the country.

Engagement Announced



Mr. and Mrs. Reginald F. MacAusland, of Bloomfield, announce the engagement of their daughter, Erma Pearl Adele, to Archibald Campbell Clark, son of Mr. and Mrs. A. C. Clark, Hazel Hill, N. S. The marriage will take place Saturday, September 4th, in Bloomfield United Church, Bloomfield, P. E. I.

ELLEN'S DIARY.

by an Island Farmer's Wife

We went raspberrying with the children this evening, to a small uncultivated piece of land not far distant, which edges a bit of woodland. These are, we remember, neither the humble nor abundant fruit of once and on these farms are much prized because of their scarcity. There was a time at Alderlea, when thrifty tangles of the canes over-run biggish woods and corners of the woodlands but through the years these areas have re-forested or been converted to crop-land. Even in some of more recent wood-cutting and lumbering, the growth has been discouraged by immediate clearing of rubbish in an effort to bring the land into earlier cultivation.

So quite gone from us there is the sight of those heavy-laden canes we used to find on berrying excursions of old, with choice fruit red, and in abundance all about, ripe for the picking. And very soon it seemed—fate passed so quickly there in the seclusion and space of those woody places, decked with sun and shade, with the August sky high-arched and blue above, and woods' melodies about, our berry-pail and dishes were heaped.

Yet how loath we were to leave when he had just happened upon the best patch of all, the fruit large and luscious! And "Isn't that always the way!" we would laugh with some regrets, faces flushed beneath our wide berrying-hats.

What marvellous wood paths there were then to lead up to the fields! Winding and curiously smoothed though only seasonally frequented by humans. Dipping into the little hollows, rising sometimes abruptly only to dip again.

Maple-clumped, ferny edged trails, scented with that fragrance of ripeness which foretold the wane of the year. And following them, we came sooner or later to look out upon the familiar scenes of the farm.

"Did you ever pick berries before there were cars?" Gage asked, searching the canes to glean any tasteful bits of the red.
"Yes, dozen of times!"
"Before there were tractors and trucks and planes, and," he glanced toward the roadside where giant modern machinery of road-building now rested, day's work at an end, "bulldozers, and maintainers and carry-alls like those; Boy, are they powerful!"
"Yes, long before." He looked at us, wonderment in his young eyes.

"And what was it like to live then?" he queried.
"Oh it was pleasant then—in some ways quite as good, even better than now. Those were the horse and buggy days," we chuckled. "And it was as satisfying to own a nice carriage or buggy then as it is to have a nice car now. Al- most forty-five years ago, your great-grandfather bought a driving-wagon with hard rubber tires. It was wonderful for those days. . . new and shining. And how proud we were of it! And it only cost, well, not as much as what farmers pay now for a good milk cow." He shook his head. "I'm glad I wasn't alive then," he offered.

But the days came then with the dawn-flush; the nights too, dim, or moonlit and sweet as now to keep watch and ward over the dewy farmlands.
Until tomorrow . . . Diary
Good-night . . .

British Women Golfers Wear Trim Outfits

By MURIEL NARRAWAY
Canadian Press Staff Writer
LONDON, (CP) Let the putts roll where they may, the eight-woman British golfing team embarking for Canada today is equipped to give an immaculate golfing fashion performance.
Tucked away with the British squad's irons and drivers are 200 slickly-tailored sports garments that the designer claims combine "heat-plus-travel" and "weather-conscious" in regarding the six-week North American visit that will include matches in Montreal, defence of the Curtis Cup at Philadelphia and play in the United States women's national championship at Allegheny, Pa.

"The heat and humidity may prove to be the team's worst enemies," said team captain Mrs. Dorothy Beck. However, the wardrobes are also designed to hold their own in the fashion-conscious North American settings.

INTERCHANGEABLE

The girls have three interchangeable outfits consisting of narrow skirts, figure-fitting jumpers and chicly-tailored jackets. The Ladies' Golf Union colors are carried out in the dark-grey and sapphire blue combination, an all-white ensemble and a third of larkspur blue.
The man responsible is Teddy Tinning, the international tennis sets designer who created the lace panties in which Gorgeous Gussy Moran rocketed across the Wimbledon scene a few years ago.
"Don't think I've made the girls (Continued on Page 9)

Cook's Corner

CASSEROLE STEAK
(This steak dish has a piquant flavor, much like the old fashioned "beef tea.")
Cut round steak into small squares. Put in a crockery bean pot. Season with salt and pepper. Add 1 medium sized onion and cover with boiling water. Bake in oven for 1 1/2 hours—350 degrees.
Add carrots and bake 1 hour longer. Thicken gravy slightly. Serve with baked potatoes.
—Mrs. John R. MacEachern, Parkdale W. I.

HOUSEHOLD SCRAPBOOK
By Roberta Lee
A Low Ceiling
An attractive way to use the border of wall paper is to run it lengthwise at the corners, two strips to each corner. This gives height to a room that has a low ceiling.
Coffee and Tea Stains
Coffee and tea stains on linen can be removed by soaking the spots in glycerine. Allow to remain for several hours, then wash in the usual manner.

COCONUT FUDGE CHIFFON CAKE
Sift into a bowl, 1 c. plus 2 tsp. once-sifted cake flour, 1 1/4 tsp. Magic Baking Powder, 1/4 tsp. salt, 1/2 c. fine granulated sugar; mix in 1/2 c. desiccated coconut. Make a well in dry ingredients and add in order given (do not stir mixture). 1/4 c. corn (salad) oil, 2 unbeaten egg yolks, 1/4 c. plus 2 tsp. water, 1 tsp. vanilla, 2 1/2 ozs. unsweetened chocolate, melted and cooled. Stir liquids a bit, then stir in dry ingredients; beat until batter is smooth. Measure into a large bowl 1/2 c. egg whites (at room temperature) and sprinkle with 1/4 tsp. cream of tartar; beat until whites are very stiff—much stiffer than for meringues, etc. Add flour mixture, about a quarter at a time, and fold after each addition until batter and egg whites are well combined. Turn batter into an ungreased 8" angel cake pan; bake in rather slow oven, 325°, about 1 hour. Immediately cake comes from oven, invert pan and suspend cake until cold.

COIN BID
North dealer.
Neither side vulnerable.
AKJ7
10954
KQ952
853
42
KQ8
62
743
N
W
E
S
4
KQ10
9763
7
AJ108
Q10962
AJ85
AJ3
AJ6
The bidding:
North East South West
1♠ 1♥ 1♣ Pass
2♣ 3♥ Dbie. Pass
3♠ 4♣ 6♣ Pass
Pass Pass

West opened the king of diamonds—not that the lead mattered much—and South went down one. Analysis quickly disclosed that the slam contract should not have been reached, and then the discussion grew warm.

North was highly critical of South for "ignoring the duplication of values in the heart suit, which North's cue bid in that suit had clearly shown." North insisted that South should have been satisfied to make a slam try by bidding five diamonds over East's four hearts.

"Then," North said, "I would have bid five spades, and you should stop—you had already shown your hand."

"This was rather a biased view! North's own cue bid, followed by his inevitable takedown of the three-heart double to three spades, could not fail to make South slam-minded, and why should South bid five diamonds over East's four hearts if there was any chance of naturally preferring to double four hearts. But even if South did bid five diamonds and North then bid only five spades, South could scarcely assume that he would find North with a wide-open diamond suit. The fact is that North should

Scalloped Squash

Three cups sliced summer squash, 1 cup sliced green pepper, 1/4 cup sliced onion, salt, pepper, 1/2 cup fine dry bread crumbs, 2 tbs. butter.
Arrange vegetables in layers in a greased casserole, sprinkling each layer with salt, pepper and bread crumbs. Dot top with butter. Cover and bake in a moderate oven, 350 degrees F., about 35 minutes.
Remove cover and bake 10 minutes longer or until crumbs are brown and squash tender. Yield: 6 servings.

Meat Loaf

1 cup stale bread crumbs OR 1/2 cup dry bread crumbs 2/3 to 1 cup milk
2 eggs
1 1/2 teaspoons salt
1/2 teaspoon pepper
2 tablespoons finely chopped onion
2 teaspoons Worcestershire sauce
Additional seasonings (see variations)
1/2 cup chopped parsley (optional)
1/4 cup chopped celery (optional)
2 pounds minced meat
Beat together crumbs, milk and eggs. Add other ingredients and mix thoroughly. Fill a loaf pan approximately 9"x5"x3" to about 1/2 inch from top. Bake in a moderate oven 350 degrees F. For 1 1/2 hours, to 1 3/4 hours.
Yield: 8 to 10 servings (4 oz. or 2 slices approximately 1 1/2 inch).
Broth, canned tomatoes, tomato juice, or a mixture of half catsup, or chili sauce and half milk or water may be used in place of milk.
Meat loaves may be topped with 1 cup chili sauce or catsup or may be served with a tomato, mushroom or barbecue sauce.

VARIATIONS:

Beef Loaf. Use 2 pounds hamburger or minced steak. Season with 1/2 teaspoon savory, or 1/4 teaspoon marjoram, or 2 teaspoons horseradish and 1 teaspoon dry mustard.
Beef and Pork Loaf. Use 1 1/2 pounds beef and 1/2 pound pork. Season with 1/4 teaspoon sage or marjoram, or 1/2 teaspoon savory.
Beef and Liver Loaf. Use 1 1/2 pounds beef, and 3/4 pound beef or pork liver. Scald liver 5 minutes, drain and grind. Use 2/3 cup liquid. Use 4 tablespoons finely chopped onion. Season with 1/2 teaspoon savoury at 1/4 teaspoon marjoram.
Beef Veal and Pork Loaf. Use 1 pound of beef, 1/2 pound veal and 1/2 pounds pork. Season with 1/2 teaspoon Savoury, or 1/4 teaspoon marjoram, sage or thyme.
Pork and Veal Loaf. Use 1 1/2 pounds pork and 3/4 pounds veal. Use 2/3 cup liquid. Season with 1/4 teaspoon sage or thyme.

Contract Bridge

By Josephine Culbertson

In most situations a cue bid of the opponents' suit must be reserved to announce substantial extra values in the hand—not merely control of the suit in question. This is simply another way of saying that North's early cue bid in the following hand was ill-advised.

North dealer.
Neither side vulnerable.
AKJ7
10954
KQ952
853
42
KQ8
62
743
N
W
E
S
4
KQ10
9763
7
AJ108
Q10962
AJ85
AJ3
AJ6
The bidding:
North East South West
1♠ 1♥ 1♣ Pass
2♣ 3♥ Dbie. Pass
3♠ 4♣ 6♣ Pass
Pass Pass

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Smart Dress



A welcome addition to any wardrobe is this nutmeg brown sheath dress. Designed in featherweight wool it is suitable for wear from early autumn through winter. The surplice wrapped bodice with winged collar, fold-over shoulder line and turn-back cuffed sleeves balances the side-button wrapped effect of the slim skirt.—(CP Photo).

The Stars Say

By Estrellita

For Tomorrow
WITH the full moon, tendencies toward emotionalism and moodiness will prevail during the morning hours so avoid situations which could cause dissension either in your home or on your job. For the time being, keep important plans to yourself rather than risk interference or criticism.
The evening hours are less restrictive and favor any activity which promotes mental stimulation and physical relaxation. You should find great pleasure in hobbies which require imagination and skill or in cultural and artistic pursuits.

For the Birthday

If tomorrow is your birthday, your horoscope indicates that during the next five months you may have to revise some of your ideas and methods in order to bring plans to a successful conclusion, but the have bid only three spades on the second round—his actual sequence of bidding announced more support than he had.
GET YOUR FREE DIGEST of the Culbertson Point-Count Method. Simply send a stamped, self-addressed envelope to the J. C. Winston Co., 1010 Arch St., Philadelphia, Pa.

Alice Brooks Designs

CHAIR-SET!
Beautiful your chairs! Crochet back and arm rests in lovely pineapple and shell stitches! Make a matching buffet set, too! Easy to make. Make several for gifts!
Pattern 7027: Easy-to-crochet directions for chair-back, 13 x 16 inches; arm rest 11 x 6 inches.
Send twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.
BRIMFUL OF IDEAS—the 1954 Alice Brooks Needlecraft Catalog. It has the most popular embroidery, crochet, sewing, color-transfer designs to send for. Plus 4 patterns printed in book. Send 25 cents for your copy. Ideas for gifts, bazaars, fashions.



Steamed Clams

(Indoors or Outdoors)

1 qt. soft-shelled clams for each person
Melted butter
Lemon Juice
Water.
SOAK clams overnight.
SCRUB, changing water several times.
PLACE clams in kettle with 1/2 cup of water for every 4 quarts of clams.
COVER and steam till shells are just open—no longer.
SERVE in shells in soup dishes with individual portions of melted butter (or margarine) and lemon juice.
BROTH should be served in cups after it has been strained.
TO EAT, dip clams in broth, then butter.

Perfection ICE CREAM CONES ALL FLAVORS

Anne Adams Patterns

WEEK'S SEW-THRIFTY
Sew your little "Indian" the newest take-off on the Squaw dress—she's sure to love it for being adored it jacketed for school. Best of all, you can make use of colorful remnants! Make one for now—vary it for later!

Pattern 4869: Child's Sizes 2, 4, 6, 8, 10. Size 6 dress 1 yard 35-inch fabric; bolero, skirt band 1 1/4 yards contrast.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
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Velvet Slippers
Velvet slippers can be cleaned by first brushing well with a stiff brush and then steaming them over a boiling kettle.

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Send order to ANNE ADAMS, care The Guardian, 60 Front Street, West, Toronto.

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