

WOMEN

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Canadian Couturiers Stage Lavish Showing of Fashions

TORONTO, Feb. 14 — An early glimpse into the fashion future for Canadian women for spring-summer of 1956 was presented on St. Valentine's Day in Toronto by members of the Association of Canadian Couturiers.

In a collection of 46 styles, entirely of Canadian-made fabrics, 17 leading Canadian designers displayed their versatility and the brilliant new fabrics from Canadian textile mills.

An audience of about 900 saw the collection in the Concert Hall of the Royal York Hotel. Specially invited were students and teachers of home economics and fashion design from schools in the Toronto area, and from the Ryerson Institute of Technology and the University of Toronto. Others invited were trade and press, retailers, buyers and clubwomen.

This was the national premiere of the collection, which will also be presented in London, Ont., on February 15th, in Montreal on February 21st and February 29th, and in Ottawa on March 1st.

Accent in the collection was on color with bright solid colors, particularly yellows, and abstract and floral prints in cottons, acetate, nylon, terylene and viscose predominating. In the more tailored suits and ensembles the designers favored lightweight tweeds, jerseys and fleeces in brown tones and worsteds in browns and deep greys. Designs ranged from stylishly colorful resort outfits to elegantly subdued late day ensembles, from casual shipboard playwear to billowing ball gowns.

LAVISH COLOR
Apart from the lavish use of color, a noticeable trend was toward the slim line. Free-falling panels of fabric made frequent appearances to add back interest to sheaths and suits.

Individual highlights in the collection were:
Raoul-Jean Foure, of Montreal, president of the couturier group. Theatre ensemble in lustrous, pale pink cotton satin. The slim empire line of the dress was repeated in the coat and emphasized by a flat bow closing. The deep collar extended in the back to the waistline.

Marie-Paul, of Montreal, vice-president: Suit in light brown worsted A panel of fabric falling free from the waist and the back and the deep collar softens the severe lines of the jacket and skirt.

D'Anjou, of Montreal: Grand ball gown of nylon lace, chiffon and acetate crystallette, in chartreuse and pale blue. Designed along "swan lines" — flat in the front with extended rounded lines at the back terminated in cascades of chiffon.

Louis Beral, of St. Catharines, Ont.: Two-piece travelling ensemble in polished bronze cotton. A very straight, bare-topped sheath at the sides of the hem. The seventh-eighths coat was also straight and topped with a wide collar of white cotton.

France Davies, of Montreal: Summer ensemble, terylene raincoat and ribbed jersey sheath. The sheath was closely fitted with a draped chignon neckline. A free panel falls from buttons at the back of the neck to the hips where it is restrained by four buttons and then falls free to the hem. The raincoat was in lightly pleated terylene, cut straight with a wide collar and painted in Mexican motif by George Feyer, well known television and magazine artist.

Federal, of Toronto: Three-piece resort ensemble of eggshell cotton. A high-collared blouse was split wide down the back and tied with four bows. Short shorts and full wraparound skirt are hand-painted in Mexican motif by George Feyer, well known television and magazine artist.

SOFT BLENDS
Germaine et Rene, of Montreal: Short evening or dancing dress in vertical panels of mauve, aqua and lime nylon tulle. The soft blend of colors of the young-looking dress was accentuated by a large purple ribbon that cut around the skirt and ended in a bold bow at the front.

Blanca Gusmaroff, of Montreal: Dark charcoal-grey worsted afternoon dress. All interest starts at the neckline with deep epaulettes of fabric covering the shoulders and a panel, gathered at the neckline in the front, caught at the waist to fall just above the hem.

Marie Antoinette, of Montreal: Slim, bare-topped cocktail sheath jacket in cocoa viscose fabric, in raw silk effect. The brief jacket covers the intricate detail work in yellow around the wide neckline of this sheath.

Marie Christine, of Calgary: Travelling ensemble in printed nylon satin and viscose worsted. The navy blue worsted coat was cut on full, straight lines and lined with the blue abstract print of the dress. The two-piece dress, in nylon, is fitted, with interest in the unusual overlapping closing of the jacket, which covers a bare-shouldered sheath.

Marie France de Paris, of Montreal: Redingote in chestnut worsted. The coat was quietly curved to a gently narrowness at the hem. Two waist-high pockets are set into panels that extend from the dropped shoulder line.

Jacques Michel, of Montreal: Afternoon dress in gay, green, purple and black cotton print. The bodice softly draped and the fullness of the skirt caught at the back with a big green cotton satin bow.

YELLOW IS POPULAR
Tibor de Nagay, of Toronto: Oyster-white lightweight tweed coatdress. Yellow chiffon at the off-centre V-neck added a splash of color. Dress was simply cut, with large pockets. Practical as a travelling dress or summer wraparound coat.

Olivia, of Hamilton: Short dancing dress in bold gold medallion print on black cotton. The bare-shouldered bodice fitted at the waist and flares out into a dramatic full skirt. In the skirt the centre of each large medallion is caught with a brilliant jewel to give a quilted effect.

Michael Pittson, of Saint John, N.B.: Walking ensemble in gunmetal cotton with silky texture. A short, side-belted jacket covers a brief sheath with a slit skirt, curved at the hem.

Frances Stewart, of Ottawa: Grey and turquoise viscose linen walking ensemble. The grey sheath, with scooped neckline and slash pockets, was covered by a narrow greise with narrow front panels from the shoulder that can be tied under the bustline.

Lore Maria Wiener, of Vancouver: Navy blue and white striped nylon cotton broadcloth easy-fitting sheath. The waistline was emphasized by a broad red sash and bow like the Japanese "obi", reflecting the Oriental influence.



Designed By Maritimer

Michael Pittson, of Saint John, N.B., newest member of the Association of Canadian Couturiers, created this walking ensemble for the spring-summer collection of the association, which was presented in Toronto, on Tuesday, February 14. The fabric is gunmetal cotton with a silky lustre. The side-belted jacket covers a brief sheath with a slit skirt, which is curved at the hem.

KEEP IN TRIM

Life Can Be An Adventure

By Ida Jean Kala

The years need not make us old. Inspiring proof is Ethel Barrymore who is 76 and has the challenging spirit to match. Miss Barrymore contends that life is just like a good play and for her the exciting and satisfying third act is just beginning.

The story of her long, full years, described in "family circle" gives her philosophy. Here are some of the highlights. She has always considered the best time of life — the moment. She is convinced that without faith, life is not worth living. And although this famous actress has had many great disappointments, she has never accepted disappointments or allowed them to prevent her from starting something new. With this mature philosophy, Miss Barrymore finds all of life a rewarding adventure.

For all of us, under normal circumstances, our present age is the best age of life, which is perhaps just another way of living this moment. Science has given us a gift of nearly 20 extra years of life. The best possible use we can make of these bonus years is to insert them into the very years we are living right now. For some 50 million people, right now is that elastic period known as middle age — from 40 to 70.

Let's do some mental push-ups. To take advantage of these bonus years, we have to keep pace in our thinking. In this enlightened day, we should not expect aches and ailments, or look upon them as normal and inevitable. Research shows they are not. The best tonic is to get out of the rut of thinking we are "getting along". Birthdays to the contrary, it is certainly true that middle age and old age are not the same time of life for everyone. It's a fact that we do not all age at the same rate. Some folks are old at 40,

Winner Is Named In Newfoundland Drama Festival

GRAND FALLS, Nfld. (C.P.) — Northcliffe Drama Club of Grand Falls was named winner of the Newfoundland regional drama festival for the fourth straight year when adjudicator Pamela Stirling picked it above three others for its presentation of "The Holdin' Ground."

Northcliffe's win carried with it the Calvert trophy, a \$100 check and the possibility of appearing in the Dominion Drama Festival. Only eight of 60 entrants in 13 regional festivals will compete in the Dominion festival.

The adjudicator said the play, a tale of Newfoundland fisherfolk by St. John's playwright Ted Russell, lacked drama but contained a "beautiful message."

Neala Griffin, director of the Northcliffe troupe who helped Mr. Russell adapt his radio play for the stage, received the award for best direction.

Clifford Allen, who as Skipper Ben played the leading role in "The Holdin' Ground," was named best actor.

The best actress award went to Joan Coughlan of the Corner Brook Playmakers Company for her leading role in George Bernard Shaw's "Arms and the Man." Playmakers took the best set award.

Denys Ferry was named best supporting actor for his role in St. John's Players presentation of J.B. Priestley's "I've Been Here Before."

The festival would wrap up with Corner Brook Amateur Players presentation of Priestley's "Dangerous Corner."

Miss Stirling called their performance "a neat production of a play difficult to produce." She said the pace was a bit too fast, with the play building up too quickly in the early stages. But she said "the whole effect was splendid."

Tips On How To Prevent Pancakes From Sticking

If you have this difficulty, simply add to your pancake batter a small quantity of melted shortening (liquid shortening or cooking oil is ideal). Add about two tablespoons of melted or liquid shortening to the standard recipe for making 14 to 16 pancakes. You'll find that it makes your pancakes easy to lift from the griddle without sticking.

And here's another tip. Don't be in too much of a hurry to turn your pancakes. If you try to turn them before they are ready, the batter will stick to your spatula and to the griddle. After bubbles have appeared on the top of the pancake, gently insert the spatula underneath. If the spatula does not move freely under the pancake, withdraw and allow the pancake to cook until it can be turned freely.

Don't scour your griddle before you make pancakes. If you have scoured your griddle, use wax paper to rub on some shortening. When the griddle is heated, this should help season it.

Another tip is heat your griddle to the right temperature — 380 degrees F. On a regular griddle you have no means of checking this temperature, but here is a test which works out very well: A drop of water poured on the heated griddle should bounce for a moment before dissolving in steam. If it turns to steam instantly the griddle is too hot. If it stays more than a second before going up in

others young at 60... and even at 76!

On the nutrition score, the protective foods furnish the living cell the nutrients needed for repair work. From the psychological angle, achieving emotional and spiritual maturing saves wear and tear on the nervous system. New ideas stretch the mind and help us to come alive. All of these factors contribute to extending the best years.

"Let us watch the style and suitability of her dress."

"Let us see how nicely she does her hair and applies makeup."

"Adora" of the Lagos Times was more blunt.

"How would a distinguished African woman, not even a queen, have landed at Ikeja airport?" she asked.

"I'll dare tell you."

"On every other finger there would be at least two gold rings."

"Around the neck would be rows and rows of gold beads."

"To crown all there would be a long gold chain almost touchin' the knees."

"That is not all."

"On the blouse there would be two large brooches, each vying with the other for place."

"On the ears would be large earrings practically tearing the ears down."

"Around the wrists there also would be one or two gold bracelets."

"In fact, the only spot that would escape this extremism would be the teeth."

LET'S EAT Eat More Citrus Fruit

By Ida Bailey Allen

"There's plenty of citrus fruit in the market," I announced. The moment I said this, a woman in the test-kitchen table explained. "It's nice to be able to eat Florida sunshine on a day like this."

"And it's nice to be able to get plenty of vitamin C to guard against infections and colds, at moderate prices," I replied.

"Here are kumquats, Madame. I'm planning to make preserves from them. These tangerines are for between meal eating, or to cut into wedges and serve with pear halves filled with jelly. Here are your favorite Temple oranges, a bag of fresh oranges for juicing and enough grapefruit for the week."

A Curtain-Raiser
"Let's have some broiled with honey for the first course at dinner," I said. "A warm citrus raiser will be just the thing on this cold day."

"Remember, Madame, when we met Miss America of 1955, the chic Mademoiselle Sharon Kay Ritchie from Denver? She was preparing broiled grapefruit, with centers filled with honey and a good dusting of cinnamon on top."

"While I tasted the grapefruit, we had a most pleasant conversation. It seems she has studied dramatics in Denver and is evidently headed for a career. I haven't a steady beau, she confided. 'But if the right man comes along, I'll go along, too. But not just as a housewife. I want to be a real homemaker.'"

"And the difference, Mademoiselle, the griddle is not hot enough."

When making your pancake batter by mixing a ready prepared pancake mix and milk, don't worry about beating all the small lumps out of the batter. Leave them in — you'll get lighter pancakes.

Many people like to add one or more eggs to the pancake batter. German people, for instance, make a special egg pancake. This is a huge pancake which fills the whole griddle. When made, it is dusted with icing sugar, spread with Lingonberry preserve (or other jam) rolled and secured with toothpicks. It makes a delicious supper treat.

Nigerian Women Jolted By Queen's Simple Grooming

IBADAN, Nigeria (AP) — The Queen's restrained grooming has jolted Nigeria's mayfair, where dusky beauties parade in kingly gold ornaments and apply their face powder with a ladle.

The royal visit has touched off a spate of lectures in fashion columns of the Nigerian press.

"All of us who are particular about fashion will have something to copy from the Queen," said a woman writer in the Ibadan Tribune.

"Let us watch the style and suitability of her dress."

"Let us see how nicely she does her hair and applies makeup."

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Bringing Up Baby

HINTS COLLECTED BY Mrs. Ben Tucker (MOTHER OF 5)

isn't it amazing how quickly little ones learn to break the spell of the sandman? If your little one starts balking at bedtime, it helps to remember that a desire for sleep can be encouraged if you keep it a happy event instead of an unpleasant duty. Babies dearly love ritual, especially if the ritual includes some fun. Lullabying, making a game of undressing, juicing goodnight to treasured toys are old tricks that stand the strain of repetition well.

Gerber Teething Biscuits can be mighty soothing to a tot in the throes of teething. They're smooth — surfaced to provide blessed relief for aching gums — extra-hard for biting satisfaction.

Gerber Teething Biscuits are mildly but pleasantly flavored, individually wrapped in cellophane.

Play Pen pointers. Because so many hours are whiled away in this little "housing development," baby's play pen should be as safe, secure and comfortable as possible.

Choose one sturdy enough to withstand shaking and gymnastics.

Finish should be non-toxic, in case baby decides to teethe on the bars.

Pad should be thick enough for comfort; warm to the touch; washable.

Teeth showing — baby growing? Time for the switch to more "growing-up" foods. Gerber Junior Foods are just the thing for high chair heroes and heroines. For they have the tender, evenly minced texture that tots with a few teeth can manage with a minimum of effort, a maximum of pleasure. True-to-nature flavors, attractive colors inspire mealtime zeal. Over 22 varieties. Gerber-Ogilvie Baby Foods Ltd., Niagara Falls, Canada.



Japanese Inspired Coat

Displayed at the spring-summer showing of the Association of Canadian Couturiers in Toronto was this coat of lacquer red nylon. It is cut along kimono lines with a low-placed inserted belt which ties like a sash. (CP Photo)

Gone already!

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- Kodak Inst. Movie Camera, 1.1.9 lens

Vows Solemnized In Toronto, Ontario

Of interest here is the marriage in Toronto, Ontario, of Miss Violet Marie Sherren, daughter of Mr. and Mrs. George Sherren, St. Catharines, and Mr. James Warren Delaney, son of Mr. Percy Delaney, North Troy, P.E.I., and the late Mrs. Delaney.

Rev. D. McCullough officiated at the ceremony in the Oakwood Presbyterian Manse.

The bride chose a two-piece suit of double-breasted, white-cotton accessories and a corsage of white carnations and Marguerites.

Miss Lois MacDonald, maid of honor, wore a suit of medium turquoise blue with black and white accessories and a corsage of pink carnations.

Mr. Duncan Murray was best man.

Following the ceremony, a reception was held at the home of the groom's brother-in-law and sister, Mr. and Mrs. Duncan Murray where a buffet luncheon was served to immediate relatives and friends. Mrs. Colin Campbell assisted the hostess.

The couple will make their home in Toronto.

HOUSEHOLD HINT

When shopping for curtains, you might keep the following pointers in mind:

Those made of glass fibers have the wash and hang advantage. They won't catch fire, wrinkle or stretch.

To make them wear longer, it's advisable to hang glass fiber curtains three-quarters of an inch from floor or sill.

Nylon curtains, which are transparent, are abrasive-resistant, easy to wash and will dry rapidly. They may, however, lose strength in a sunny window where exposure is great.

GOOD FOR US!

Some older folks are subject to loss of appetite — lack of energy and pep — general poor health.

But not us!

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