

W. S. Dickson's Group Won In Manitoba Drama

WINNIPEG (CP)—The Caravan Players of Winnipeg, under the direction of W. S. Dickson, won the best play award at the Manitoba Regional Drama Festival with their production of Pater-son Greene's *Papa Is All*. The festival closed here Friday night. Other awards made by British-born adjudicator Cecil Bellamy were: best actor, Tom McEwan who played papa in the award-winning play; best actress, Linda Stitt of the Fort William Little Theatre who played the leading role in *Bell, Book and Candle* by John van Duren; best supporting actor, Chris Paskalis of Fort Wil-



LIUTENANT AND MRS. J. BEBKO AND ATTENDANTS

Double Ring Ceremony Held At The Basilica

St. Dunstan's Basilica was scene of a double ring ceremony on Saturday, January twelfth, at ten a.m., when Rt. Rev. Monsignor McMahon united in marriage, Mary Johanna Isobelle, daughter of Mrs. Margaret MacDonald and the late J. J. MacDonald of Mt. Stewart with Frank John Bebeko Lieut. U.S. Navy retired son of Mrs. Mary Bebeko and the late John Bebeko of Erie, Penn.

The bride was attended by her sister, Mrs. Rita Ross as matron of honor. She wore a floor length gown turquoise blue gown featuring short sleeves and wore matching long nylon gloves and white satin slippers. She carried a nose gay of mixed flowers. The bride's mother looked charming in a black sheer dress and white stole. Her corsage was white carnations. Mr. J. A. MacDonald of Mount Stewart, cousin of the bride, was best man. Guests were ushered by Mr. Donald Ross nephew of bride, and Mr. Francis MacDonald. Following the Nuptial Mass a reception was held at Parkdale Hall, Parkdale. After a short visit on the island, the couple left on a honeymoon trip for Erie, Penn., where they will reside. For traveling the bride wore a suit of rust-brown with chocolate brown accessories.

MARY HAWORTH

Husband Is An Alcoholic

Dear Mary Haworth: I have been married for five years—and these have been the longest years of my life, due to my husband's excessive drinking. I knew of his condition before marriage, but we thought our love for each other at that time would overcome this obstacle. Now I no longer love him and would like to get a divorce; but this isn't the real problem, however. George hates children and thus far we've never had any—but last week I realized that I am pregnant. As yet I haven't told my husband of this discovery and would like your advice as to whether I should go ahead with divorce proceedings. The question is whether to try to raise the child in a fatherless home? Or in a home with a drinking father, a father who never could give a child the love he should have. Your immediate answer will be much appreciated. E.

TAKE LONG VIEW

Dear E.C. If you don't love your alcoholic husband, who himself hates children, your prospect of decent living with George has three strikes on it—after the baby arrives, it sounds like a nightmare setting for a child. And yet I can't say that divorce is the remedy—now or later. There are definitely two sides to the long view. On the one hand, one can't offer any downright hope that your husband will conquer his alcoholism—inasmuch as successful recovery depends upon the drinker's will to be cured. And the final urge to "dry up" (as A.A.'s say) seldom takes hold until the drunkard has crashed at the bottom of Skid Row (or its equivalent). Usually he (or she) has wrecked one or more marital ventures, meantime. However, on the other hand, it's possible that you might save everything, and find yourself years hence with a worthwhile marriage—plus a nice bonus of happiness—if you dig in, here and now, to become a sturdy responsible, persevering helpmate to George. In this endeavor you might liken yourself to a loyal gardener, laboring faithfully to make the most of a rather unpromising acreage, simply because it's in the family. IMMEDIATE WAY

At present you are coldly indifferent to George, and vacillating in your intentions, obviously because his conduct is less a dream man than you had expected. This unstable reaction labels you a shallow, selfish, fickle female. There's a chance that George is very disappointed in you too—and feels entitled to something better. The immediate way to change one's luck, or improve one's life-situation, is to improve oneself in character, personality and behavior. This upward way is open to everybody. As the individual corrects himself, growing in virtue and excellence, he has a naturally beneficial effect (without trying), upon his associates also. So, I think the first big step, in solving your problem, is to get learning how to be a well-balanced adult, and good wife and mother. Then you'll be more at ease in the midst of conjugal trials, and your child will have real sanctuary in relations to one parent at least. For guidance, try the Family Service Agency, in the town through which you write. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

HALF CENTURY CLUB

The Bedeque Women's "Half Century" club met at the home of Mrs. Ernest Johnson on Monday evening, Feb. 11. Meeting was presided over by the president, Mrs. Walter Leard. Fourteen members answered roll call with miscellaneous items. Plans were finalized for valentine supper to be held later.

COOK'S CORNER

FRUIT LOAF
1 cup sugar
3 cups flour
4 teaspoons baking powder
1/2 teaspoon salt
1 cup coconut
1/2 cup seedless raisins
1/4 cup chopped walnuts.
1 egg
1 egg
1 tablespoon butter
1 vanilla.
Sift flour, baking powder and salt. Add sugar, coconut, nuts, raisins. Mix in butter. To this mixture add milk, beaten egg, and vanilla. Bake 1 hour in moderate oven. 350 degrees.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506

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HAPPENINGS

Dr. Douglas A. C. MacDonald, son of Lieutenant Colonel W. J. and Mrs. MacDonald, has accepted a teaching position in Anesthesiology at the University Hospital, Ann Arbor, Michigan. For the past two months Dr. and Mrs. MacDonald and their children have been visiting the doctor's parents in Charlottetown. They also visited with the MacGillivray family in Sydney.

Mrs. (Dr.) Donald MacNeill entertained Friday morning at the Coffee Hour in honor of a friend,

KEEP IN TRIM

Girl Has A Secret To Help Keep Her On A Diet

By IDA JEAN KAIN

"I've got a secret," an attractive girl commented to your dieting, adding, "a secret for staying on a diet." Naturally I was eager to hear her plan. "I followed a 1200 calorie diet, but to make sure I didn't cheat, I wrote down every mouthful of food I put in my mouth. After a time I stopped doing this . . . and I stopped losing, too! So back I went to my favorite bookkeeping. I reduced 38 pounds in 5 1/2 months and changed from a size 18 to size 12. She exercised along with dieting and slimmed 13 inches off her hips, changing her hips from an outside 48 to a svele 35. Another "secret" technique was revealed in a letter from a dieter who wrote that every evening before dinner she slipped into a skirt with a tight waistband. This served the double purpose of reminding her of her once-slim waistline, and automatically restricting the amount of food she could comfortably eat. Installing a full-length mirror on the door of the dining room did the trick for another dieter. "One glance into that mirror on my way to dinner, and gone was the temptation to reach for weight making extras." The mirror acted as a potent reminder . . . and one wonderful day, it reflected a streamlined silhouette!

LET'S EAT

Grape Pie Has Flavour Like That Of Peaches

By IDA BAILEY ALLEN
The Chef and I drove north from Los Angeles through the Te-hachapi Mountains and into the lower San Joaquin Valley of California. Our destination was Delano. It is said that with sufficient irrigation from the mountains to supply water to the entire valley, this section could "feed the entire United States."

GRAPE RANCH
Evenly, we came to the 5300 acre Di. Giorgio Sierra Vista Ranch, which specializes in grapes. Seeds are planted here to provide a succession of varieties harvested from July to mid-November—Cardinal Thompson, Ribier, Almeria, Muscat, Malaga, Kandihar Tokay and Emperor. The later varieties are stored in refrigerated warehouses and sold throughout the country until the next harvest making fresh grapes available the year round. We stopped at a grape-packing

house just as the women workers were having an iced tea break. "How do you use grapes at home?" I asked. One brought grapes for her children instead of candy; another, with a beautiful complexion, confessed she didn't use grapes at home because she "nibbled them all day." And a third made deep grape pie—"the same as I make peach pie."

Deep Grape Pie—use Emperors, Ribiers or Tokays (the flavor resembles peach): Wash, halve lengthwise and seed 2 lbs. grapes. Combine and add 1/2 c. sugar, 1/4 tsp. salt, 1/4 tsp. grated lemon rind and 2 1/2 tsp. quick-cooking tapioca. Toss in 1 tsp. fresh lemon juice. Turn into a 1-qt baking dish. Dot with 1 tsp. butter or margarine. Top with 1/2 recipe American pie pastry, rolled a scant 1/4" thick. Press down over the edge of the dish. Cut 3 small slits in the top centre. Bake 30 min. in a hot oven, 425 degrees F. Serve warm in dessert dishes, with or without cream.

WIFE PRESERVERS
Short Ribs of Beef Dinner: Tossed Salad of Greens, Scallion and Pickled Beets Casserole of Short Ribs of Beef with Potatoes, Carrots, Onions Apple Pie with Crumb Topping or Fresh Grapes Coffee, tea or milk. All measurements are level. Recipes proportioned to serve 4 to 6.

Casserole of Short Ribs of Beef: Trim excess fat from 4 lbs. short ribs of beef sectioned for serving. Add 2 tsp. minced onion; brown in 2 tsp. fat. Arrange in a 3 qt. casserole. To 1 c. hot water, add 1/4 tsp. salt, 1/4 tsp. thyme, 1/4 tsp. pepper and 3 bouillon cubes. Add to the casserole with boiling water to half the depth. Cover. Bake 1 1/2 hrs. in a slow-to-medium oven, 325 degrees to 350 de-

NORTH GRANVILLE W.M.S.

The Women's Missionary Society held its regular meeting at the home of Mrs. George Dunning on Monday evening Feb. 4, with 6 members present.

The worship period was led by Mrs. Orville Taylor. The theme being "Ye do not so learn Christ." Hymn No. 73 was sung, followed by prayer by leader. Scripture readings were taken from Eph. 4: 17-32 read by Mrs. George Dunning and Eph. 5: 1-20 read by Mrs. Howatt. Questions were asked on the bible study.

Hymn No. 313 was then sung. The worship period closed with the benediction. Mrs. Horace Taper led in prayer for our adopted missionary.

Minutes of the last meeting was read, approved and signed by the President. The Overseas Quilt is completed and to be sent to which ever country that needs it the greatest.

Plans were made for the World Day of Prayer service which is to be held at the home of Mrs. Geo. Dunning, further plans to be made at March meeting. Correspondence consisted of a letter from our adopted missionary, Miss Fulton.

The W.M.S. Treasurer reported \$7.25 taken in on our Crokinole party. It was moved and seconded \$2.00 be sent to the Temperance Federation. Bills were passed in on motion ordered paid. The sick reported 8 calls, 20 cards sent.

Mrs. Walter Parsons very kindly invited members to her home for the March meeting, with Mrs. Horace Taper as Worship Leader. Mrs. Howatt is to have prayer for the missionary. Roll call to be answered with a Bible chapter beginning with the letter "M".

The president gave a very interesting report of the Presbyterial held in Summerside. The study period was carried out by the Leader assisted by Mrs. James Taper, Mrs. Horace Taper, and Mrs. Percy Howatt. Meeting closed with the Mizpah Benediction. Lunch was served by the hostess.

HOME AND SCHOOL
The South Freetown Home and School Association held their regular monthly meeting February 12th at the home of Mr. and Mrs. Elmer Gauthier, with the usual representation of parents and teacher present. The president, Mrs. Wallace Reeves, presided.

The minutes of last meeting were read by Mrs. Gauthier in absence of secretary Mrs. Thomas Drummond. Reports of different committees were heard and bills presented and paid. Correspondence—Letter from Provincial Association president was read and discussed at considerable length.

A committee was appointed to make arrangements for a guest speaker for Education, along with a short program. Meeting closed with a lively singing by the group with Mrs. Reeves at the piano. Lunch was served by the hostess, next meeting to be at the home of Mr. and Mrs. Fred Drummond.

MURRAY HARBOR W.I.
The regular meeting of the Queen Mary Women's Institute met in the hall on Feb. 5th with the President presiding. The meeting opened with the singing of the Ode followed by the Creed in unison. Roll call was answered with a Valentine verse, with eleven members and one visitor present. Minutes of the last meeting were read and approved. Correspondence F.

Top with 6 halved, small, scraped whole potatoes, 6 halved, peeled onions. Dust with salt and pepper. Replace the cover. Continue to bake 1 1/2 hrs. more or until the meat is fork-tender. Pass horseradish sauce. Trick of the Chef: Add 1/2 tsp. caraway seed when heating the vinegar in making pickled beets.

After a brief discussion it was decided at this meeting that we would have a bazaar sometime during the month of June. Committee was then appointed to prepare new programme schedule. Meeting closed with the singing of the Queen after which a lunch was served by three hostesses and a social hour enjoyed.

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The Queen Is Praised For Her Youth And Charm

By RANALD MacCLURKIN LISBON (Reuters) — Waiters in 18th-century jackets and wigs served Queen Elizabeth at a glittering state banquet here Monday night. At the end of the meal the Queen, dressed in gold brocade, paid tribute to the centuries-old friendship between Portugal and Britain.

Standing beneath the huge crystal chandeliers of the mirrored banquet hall, she told the 130 guests she could think of no other two countries with a "friendship so ancient and yet so solid."

The Queen wore a dress with fitted bodice embroidered in gold and pearls, the embroidery merging into a full skirt. In her hair sparkled a diamond tiara with emeralds, the gift of her late grandmother, Queen Mary.

Portuguese President Francisco Lopes, seated beside her, praised the Queen for "the youth and charm which you bring."

The banquet at the ancient Adjudal Palace was the climax of the first day of a four-day royal visit by Elizabeth and the Duke of Edinburgh.

During the day, Portugal gave the Queen a welcome which she told the banquet was "unforgettable."

THE EXPERTS SAY

It's A Wise Housewife Who Is Ready To Give First Aid

By CAROLYN WILLET Canadian Press Staff Writer OTTAWA (CP) — When junior scratches a knee or a paring knife slips, it's a wise housewife who knows just where she can find bandages and first-aid equipment.

A medicine chest should be kept in a safe place, out of a child's reach, and used for one purpose—holding labelled medicines and first aid dressings—says St. John Ambulance Association experts.

Margaret MacLaren, superintendent of St. John Ambulance nursing divisions, said medicine chests tend to get cluttered with old medicines and other things which should be thrown out.

LABEL POISONS
Poisons should be clearly labelled and placed on a separate shelf, she said in an interview. The safest place for bottles with the skull and cross-bones label is under lock and key.

First, a reliable thermometer, kept in a case. An assortment of first-aid dressings—adhesive dressings, a couple of two-inch gauze bandages, adhesive plaster, absorbent cotton, a couple of triangular bandages for slings, small scissors and tweezers.

When it comes to using a mild antiseptic, it's wisest to ask the family druggist or doctor to suggest one. But aromatic spirits of ammonia for use as a stimulant, rubbing alcohol, soda bicarbonate, bottle of acetylsalicylic acid (aspirin) and a hot water bottle are useful items.

OTHER CHEST ITEMS
If there are youngsters in the house, oil of cloves is a handy remedy for toothaches. Talcum powder, a graduated medicine glass or a medicine dropper, a package of tissues, wooden applicators and toothpicks and a card of safety pins are suggested miscellaneous items.

Miss MacLaren says that when it comes to medicines, they should be taken only on a doctor's prescription, and thrown out when the treatment is finished.

It's dangerous using medicine prescribed for one illness on another member of the family. An outline of what to do until the doctor arrives is well-written and illustrated in a handbook called *Fundamentals of First Aid*, prepared by St. John Ambulance and available from local St. John branches.

denance was then read and discussed and it was noted that \$20.00 be sent to the "March of Dimes" Campaign. The Secretary-treasurer reported having sent flowers to a member of our Institute, while in the Hospital.

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NEW PERTH W.I.

The monthly meeting of the New Perth Women's Institute was held at the home of Mrs. J. A. Dewar and Mrs. L.J. Dewar on February 5th with thirteen members and three visitors present.

Meeting opened with the Collect repeated in unison, followed by roll call. The minutes of previous meeting were read and approved. Five dollars for the Polio Fund and five dollars for group subscription to the Musical Festival was ordered to be paid.

Mrs. Miodowski, Mrs. Cyrus Martin and Mrs. Schellen were appointed a committee to prepare a paper on Citizenship.

Mrs. Miodowski was asked to reply to Mrs. Matheson's letter. Mrs. Callaghan, Mrs. Smith, Mrs. Cain and Mrs. Kennedy were appointed to fill in the questionnaire and contribute a paper for education week.

Plans for a concert were fully discussed. Mrs. Roy McNeill contributed a prize towards the money-making scheme. It was decided to adopt the Birthday Apron idea as a means for increasing finances. Sewing for the Red Cross was completed.

The remnants donated by merchants are being manufactured into aprons for sale. The next meeting will be held at the home of Mrs. Currie. After a delicious lunch meeting closed with the Queen.

Two-thirds of the tonnage in West Germany's new merchant marine are vessels of less than 10 years old.

Workshop Patterns

by Ruth Wyeth Spears



Tables for every need. A few ways in which this set of tables may be used are shown in the sketch. There are six large perspective sketches given on the pattern for the different styles shown above. Also the exact details for cutting out the separate pieces for each style and assembling the tables illustrated. The variations are almost endless as the lengths breadths and heights may be altered to suit the space or purpose for which a table is needed. This pattern 295 if ordered separately is 35 cents or it may be ordered with the Living Room Furniture packet of patterns for making a nice set of utility furniture that the week-end furniture builder may be proud of. The price of the packet is \$1.50 postpaid.

Charlotteville Guardian, Pattern Dept., 443 West 5th Avenue, Vancouver, B.C. Canada.

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ELLEN'S DIARY

Here's A Tribute To The Man Who Brings The Mail

"Bless the horses—it would be the queer farming we'd do without them" a guest we entertained at Alderlea over the unsettled weather of the weekend commented to James this morning, when they spoke of hitching one to attend to the hangings about . . . Our visitor was our somewhat-shy Mr. Summer. He is one to lend a hand willingly and happily then