

Woman's Realm Social and Personal Fashions Literature

Lenten Meditations
THE PEACE OF GOD
(The London-Times)

"Rejoice in the Lord alway and again I say rejoice." That message was sent out from Rome by a Christian under arrest awaiting sentence. Civilization had not yet invented the ghastly technique of the modern State trial. The prisoner had appealed to Caesar. But the Caesar was Nero, and the new religion was already beginning to be persecuted; to be a Christian was to be guilty of sabotage. He must have known what the verdict would be.

It was in this desperate extremity that St. Paul was eager to share with the believers that peace of God which passes all understanding. Many Christians in our own time, under sentence of death in Buchenwald or Singapore, have been given and verified anew that invincible joy and peace in Christ, and have borne witness to it before men.

It is a fitting prelude to Easter. For if God has entered into the life of man at this given historical time and place, that gives value and meaning to all history. The living God himself is committed to it. If his child is indeed the Son of God then it cannot be true that the course of history is a mere drift of meaningless events or the resultant of blind natural forces; it is inscribed with spiritual values. His story as the whole Bible claims, is the sphere of a divine purpose, under the sovereignty of love and righteousness.

The worst obstacle to faith in God for contemporary minds is not nature, but the apparent indifference of history alike to the lives of men and women and to their moral insights and loyalties.

Many, under the impact of experience, seem to be finding themselves driven back on the bleak creed of historical determinism.

Thus there is heard the clamour for security. Men will buy it at almost any price, and seek for it in almost any quarter except there where alone it can be found—in

Household Scrapbook
By Roberta Lee

Tired Eyes

Cup both hands for three or four minutes over the closed eyes, and it will rest them and also discourage crow's feet. The fingers should be kept tightly closed to avoid any light reaching the eyes and place them together so that they meet in the middle of the forehead, with thumbs placed just back of the ears. Hold in this position for a while, then slowly stroke the forehead with the fingers from center outward toward the temples.

The Oven

A slow oven means one with a temperature of from 250 to 300 degrees Fahrenheit; a moderate oven, one of from 300 to 350 degrees; and a hot oven is from 400 to 450 degrees.

Care of Rubber

A little glycerine rubbed over the children's rubbers before putting them away will keep the rubber free from drying out, and they will also wear much longer.

the soul guarded by the peace of God.

The dream of total security in this world of sin and death is a fond delusion. History will always be tragic and will never "make sense" by any facile formula.

The real question is whether it can be accepted, not in rebellion, nor in servile fatalism; whether as in the great Shakespearean tragedies in the final note of the vast historical drama is indeed peace and reconciliation. Does it bear the stamp of a God whom men can trust?

To that the answer of Christian faith is confident. The divine nature of Christ is written in the Resurrection. There is the ultimate answer to the mystery—the revelation in history of the God who is "reconciling the world unto himself."

Pioneer Days
In P. E. I.
By F. H. MacArthur

A very few of the early settlers to this island were accustomed to good clothes but they soon learned that fine feathers would not last long in the bush. Usually they were put away in the big chest in the attic and there were few homes that could not boast such a chest. Some of these chests were brought over from the Old Country; some belonged to dead seamen who bequeathed them to their friends or relatives at the time of their passing, and some were made by local carpenters.

These former dandies followed the custom of neighbours by making for themselves garments that would stand up under rough usage. A few persons owned sheep, but it was a problem to keep them; wild beasts were almost certain to devour them sooner or later. To solve the clothes problem, flax was planted as soon as possible. The task of caring for the flax plot usually fell to the women-folk. They dug up the weeds, pulled the matured crop, thrashed out the seeds, then spread it under water to ret. When retted, they dressed the product, dividing it into coarse strands, which they later spun into heavy linen and of this clothes were manufactured for both sexes.

During the first couple of years, before a supply of linen could be made ready, many families patched their old clothes with tanned rabbit skins and the skins of sheep that had been killed by bears. Like Robinson Crusoe, they wore odds and ends of anything that would keep out the cold of winter. Bear skins and sheep pelts also served as mats, and when properly tanned, made soft and warm floor coverings.

Many of the settlers gadded about in ragged clothing; Mary Frazer was one of these. She had

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DOROTHY DIX SAYS -

Age Of Discretion
35-Year-Old Woman Can Pick Mate For Self

DEAR MISS DIX: I read an article of yours in which you advocated marriage where it had been opposed by the girl's parents. I think this very wrong and dangerous advice. I know a case just now of a woman of 35 who is going to marry a man much her inferior against the wishes of her parents. I suppose you would say that a woman of 35 was old enough to decide for herself, and that, anyway, it was her own life. But she is sure to bring misery on herself.

MRS. BLANK

ANSWER: If you had read more of my articles you would have seen that I am very far from advising young people to marry in defiance of their parents in all cases and under all circumstances. On the contrary I think that inasmuch as father and mother have to bear the brunt of the mistakes that their children make in marriage, they have a right to a voice about whom John and Sally marry, and to stop a marriage that they see is headed for disaster if they can.

CAN'T GENERALIZE

But just how far parents are justified in interfering in their children's marriages is one of the things about which no general law can be laid down. It all depends upon the individual case. Parents are justified in doing everything possible to prevent their children

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That Body Of Yours
By James W. Barton, M.D.

CANCER OF THE STOMACH

The word cancer is not so terrifying when we remember that cancer is curable in its early stages. This statement holds true for every case of cancer. Unfortunately there are some cases of cancer in which the patient and even the physician do not discover the cancer until it is too late to save life. This is partly the patient's fault, and sometimes the fault of the physician in not investigating symptoms that are seemingly not indicative of cancer. This is particularly true of cancer of the stomach—"light indigestion" so easily may pass unnoticed.

In "The Handbook on Cancer," issued by the Canadian Medical Association, we read: "It is a well known and melancholy fact that over half the cases of cancer of the stomach, are past any hope of treatment by the time the nature of their condition has been discovered. Another 25 per cent will be on the borderline; that is, although the growth in the stomach itself can be removed, secondary growths are probably present in outlying lymphatic glands or other organs. This means that in less than 25 per cent of all cases the diagnosis made early enough to allow any chance of cure. This is certainly tragic when we know that cancer of the stomach is curable if attacked in early stages."

There would be no need for the loss of so many lives if patient and physician were more alert about stomach cancer. Unfortunately many patients and some physicians are not as "cancer conscious" in regard to stomach cancer as they are to skin, throat and uterine cancer.

The reason stomach cancer is not recognized early is that symptoms are not as definite as with cancer of the skin, breast or other organs. The common early symptoms are as follows:

1. A feeling of discomfort in the stomach, not always related to meals as with ulcer; discomfort is increased with food, and passes away at night.
2. Discomfort from belching and gas distension (which symptom can also be caused by sluggish liver and gall bladder).
3. Loss of appetite, particularly for meats.
4. A feeling of tiredness with some loss of weight and anemia.

Morning Smile
Easy Mark

"Mummy, do give me another piece of sugar," said little Audrey. "But you've had three already," her mother pointed out. "Just one more, mummy." "Well, this must be the last." "Thank you, mummy—but I must say you've got no will-power."

Big Deal

"And now, my little man, what would you like for a birthday present this year?" asked the jovial uncle of his little nephew. "A mouth organ," said his nephew promptly, "same as last year." "The uncle was very pleased to hear this. 'I'm glad I chose the right thing,' he said. 'What made you like it so much?'" "Mum gave me 50c a week not to play it," was the reply.

Modern Etiquette
By Roberta Lee

Q. Will you please enumerate the expenses of the bridegroom at a wedding?
A. Wedding present for his bride, marriage license, a personal gift to the best man and each of his ushers, the bride's bouquet, the wedding ring, clergyman's fee, and the wedding trip.

Q. Are olives placed on the dinner table before the guests are seated?
A. Yes; olives, radishes, salted nuts, or similar relishes may be placed on the table before the guests take their seats.

Q. Is the woman's place to the left of the headwaiter where she would like to sit when having dinner with a man in a hotel?
A. No; leave it to the man to tell the waiter.

Cook's Corner
TOMATO SOUP

Ingredients: one quart canned tomatoes (out in pieces); one diced green pepper; one large diced onion; one diced pimiento; three stalks of chopped celery; one pint water; two teaspoons salt. Mix and cook slowly for half an hour stirring frequently. When cooked add one-quarter teaspoon soda. Blend four tablespoons butter and four tablespoons flour and stir into the tomato mixture. Boil until thickened. Add milk to thin to a creamy consistency (about two cups). Serve with crisp crackers.

The Stars Say -
By Genevieve Kumble

For Tuesday, April 4 THE auguries are favorable for a progressive and happy state of affairs, with much incentive to reap the best of promising and gratifying contacts and understandings in both business and private relations. However, there may be risks in taking chances through obscure judgment or possibly through a youthful error, impulsivity or sentimentality. Have an eye to future welfare when making decisions.

For the Birthday Those whose birthday it is, have auspicious aspects for a progressive, pleasant and promising period, especially in securing worthwhile contacts, both business and personal, with future security and happiness in view. Important matters come up for decisions, and these could be complicated by hasty, or untenable decisions, based upon youthful ideas or sentimental urges. "Time out" to think of future happiness and security could yield worthwhile results. A child born on this day, may be affectionate, pleasure-loving and friendly and may be prone to arrive at conclusions on such stimuli.

ELLEN'S DIARY
By An Island Farmer's Wife

It is surprising—indeed amazing, we considered, hands dabbling in the wash-water this morning, how smartly the Winter passed. In anticipation it gave promise of many an hour to devote to extra pursuits but in the interests of our housework, in the leaves baked, the cleaning and washing and mending, the cold months have slipped busily away. No minute loitered, nor any day dawn that did not bring with it, its own duties to fill heart and hands to overflowing. However we shall remember of it not the insistence of our work, or the responsibility of their welfare who depended on our care. But threaded among our duties, embroidering them with a design of golden threads, we have much else to remember. We recollect how good it was when the cares of our day had weighed us, to hear James' familiar footfall on the threshold or to see Pard, our white dog, lead one or another of the family at Alderlea within sight and sound.

Some say that to better appreciate the home folks or the home town we must get away from them, and while we find that we can not censure ourselves over any lack of appreciation of either, it is nevertheless a fact that an absence does grant one a different perspective that is altogether enlightening and good for the heart. We have enjoyed granddaughter's visits too, she with the adult conversation it is often amusing to hear. To the young lad here when at play: "Now, dear," patiently, "you're only a little boy Gage. I'm older and know more about it. Cows don't go down to water in a line of them like that. Don't you know—the snow would be too deep? They have to go this way—one after the other along the path. Ours do. I've watched them!" There were as well, the bumps to kiss, complexes to bolster, tears to dry, and the laughter to cling to, to tuck away especially in memory.

We shall recollect of this Winter now past, Jamie's concentration at his lesson, sometimes in the quiet of the lighted room or it might be when the afterglow was fading and twilight was stealing into the valley shadowing its depths and dimming the hilltops. And a young merry fellow interrupting or maybe fascinated listening quietly to the story as it unfolded in Jamie's reading. We shall ever remember Rob's patience with the two, in his busy farming. Rare outings we made shall come to mind, and

-Needlecraft-
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the kindness of others. The letters received from those who keep our names in their hearts; the neighbourly interest, with Mr. A. strolling along to help amuse the lads, or perhaps take over their care for a time; the mailman's thoughtfulness in this our new abode on a market day when Rob was missing, "whitn"! Because I thought you couldn't leave the young lad alone to go down to fetch it, Ellen!" The day's mail was delivered at the door. These are the items that remain in folks' mind long after any personal toil or gain has been forgotten. All of these, and others as well, shall be ours to keep in memory.

"And what will you remember"

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Better English
By D. C. Williams

Q. How can I make a good whitewash?
A. Fill a bucket half full of lime and cover with water to depth of about 2 inches. Let it stand 24 hours to slack, or until the consistency of paste. Dip out desired portion and thin with water to required consistency. A teaspoonful of bluing to a half bucket of white wash will make it clear and white, and a half pint of salt aids in sticking.

Q. How can I remove scorch stains?
A. If a garment is scorched, rub onion juice into the stains immediately after the accident happens. This will remove the spots if they have not become too badly burned.

Q. How can I soften a used and hardened paint brush?
A. Try boiling it in vinegar. If one treatment is not satisfactory, repeat the operation.

How Can I!!!
By Anne Ashley

Q. What is wrong with this sentence? "It was his insolence that made me angry at him."
A. What is the correct pronunciation of "process"?
3. Which one of these words is misspelled? Chinchilla, vanilla, sarsaparilla, peccadillo.
4. What does the word "fidelity" mean?
5. What is a word beginning with se that means "reticent"?

ANSWERS
1. Say, "It was his insolence that made me angry with him."
2. Preferred pronunciation has the o as in on, not as in no.
3. Sarsaparilla.
4. Loyalty. "Histories are more full of examples of the fidelity of dogs than of friends." — Pope 5.
Secretive.



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