



### QUEEN VIEWS CATHEDRAL MODEL

Queen Elizabeth II inspects, in stone of the structure, which will replace the one destroyed in 1940, a model of the new cathedral being erected in Coventry. The Queen laid the foundation

### HAPPENINGS

Continued from page 8  
were in charge of the study period, and read selections from the Home Mission Digest. The April meeting is to be at the home of Mrs. L.W. Ripley. Roll call to be word "Cross".  
Mrs. John Craswell, Mrs. Fred Smith and Mrs. Don Bulman to be in charge of the study book. Lunch for April: Mrs. J.L. Lepage, Mrs. W.I. Bowman and Mrs. C.D. Montgomery. The meeting closed with the Lord's Prayer in unison.

### ST. ANDREW'S C.W.I.

The regular monthly meeting of the sub-division of the C.W.I. was held in the parish hall on March 26 with a good attendance. The president, Mrs. Geo. MacCormac, occupied the chair. The meeting opened with prayer led by Rev. Geo. MacCormac. The minutes of the last meeting were read and approved.  
Two thank-you messages were read by the secretary, Mrs. John F. MacMillan reported three card parties held in Savage Harbour and Point de Roche, which were very successful financially and



### BALLETEER

The grace of youth is portrayed in this study of a little girl performing in the "Ant Ballet" before her king and queen in Phnom Penh, Cambodia. The national corps of dancers, in glittering costumes, appeared at a state function.

### ANNE ADAMS PATTERNS



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### Wife Preservers



# WOMEN

Thurs., April 5, 1956 The Guardian, Page 9

## Former King Now A Sales Manager For Aviation Firm

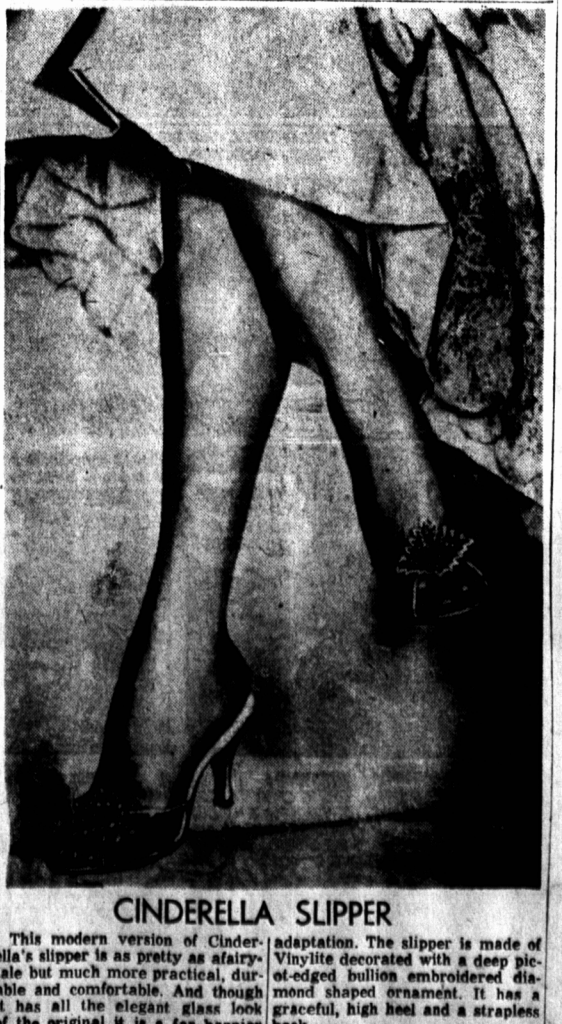
By MICHAEL GOLDSMITH  
GENEVA (AP) — A tall young man in corduroy slacks who has just started work in the hangars of Geneva airport is giving etiquette-conscious airport employees a headache: How to address an ex-king.  
The young man is 34-year-old former king Michael of Romania, an exile since a Communist coup forced him to abdicate in 1947.  
Most of the time since his abdication Michael has lived in England with his wife, Princess Anne of Bourbon-Parma, and their three daughters. At the beginning of this year he decided — despite protests from Romanian monarchist exiles — to earn his living by accepting the post of European sales manager for an American aviation equipment manufacturer.  
The manufacturer, William Lear of Santa Monica, Cal., is setting up a big assembly and maintenance plant at Geneva airport, and Michael started work in February.

"MONSIEUR MICHAEL."  
"We're having a bit of trouble over how to address him," one airport mechanic said. "He probably doesn't want people to think of him as royalty while he is working here, and I suppose 'Monsieur Michael' or something like that is the best solution."  
"Unfortunately there are some people here who make life rather embarrassing for him by calling him 'Majesty' and curtsying and things like that."  
As a child, when his picture still appeared on Romanian postage stamps, Michael was well known for his passionate interest in railroad engines, planes and all things mechanical. His interest continued beyond childhood.  
His excellent record as a pilot and his thorough understanding of modern aviation engineering made it possible for him to contribute more than just his name to the organization he has joined.  
Michael had to ignore those Romanians who protested against their king working for a living.

HUNTING FOR HOUSE  
He and his wife are staying in a hotel here while the princess — who was never queen of Romania — because she and Michael were married after his abdication — is house-hunting. The three princesses are staying with their grandmother, former queen Helen of Romania, in Florence, Italy.  
Michael says he is determined to adhere to the condition the Swis have placed on permitting him to live and work here — to abstain from all political activity. Since a gang of anti-Communist Romanian exiles invaded the Romanian legation in Bern last year and held it for two days, the Swiss have been particularly nervous, and have warned Michael against becoming too closely involved with exile groups.  
"Of course I am in touch with the Romanian leaders in exile," Michael said, "but I never meet them on Swiss territory."  
He receives news from Romania "regularly but very slowly — sometimes with a delay of six months."

REGIME HATED  
"Everything we heard shows that the regime is universally hated, but there is not very much the people can do against it."  
"How about the future?" he was asked.  
"Who can tell?" he replied. "Of course we all hope one day to be able to return. If the present regime should one day collapse, I don't believe we should impose a monarchy on the people without consulting the people themselves. Romanians have had enough suffering imposed on them to have a right to be consulted on their future."  
Michael pointed to a private two-engine plane standing in the hangar. "That was the only thing they allowed me to take with me when I left Romania," he said.

Wife Preservers  
To have run in your nylon hose, be careful how they are hung after washing. First gently press moisture from the clean hose between two thicknesses of towel. Then to dry over a towel or other smooth cloth.  
COOK'S CORNER  
SOUFFLE  
Beat the yolks of five eggs. Add 1/4 lb. cheese, grated and 1/2 tsp. dry mustard, 1/4 cup melted butter, salt, 1 can condensed mushroom soup or thick white sauce. Then fold in the beaten whites of the eggs. Bake in a 325 degree oven for 40 minutes.  
BIG DRYDOCK  
A new drydock at a shipyard in Oslo, capital of Norway, can handle any vessel up to 32,000 tons.



### CINDERELLA SLIPPER

This modern version of Cinderella's slipper is as pretty as fairy-tale but much more practical, durable and comfortable. And though it has all the elegant glass look of the original it is a far happier adaptation. The slipper is made of Vinylite decorated with a deep pleated-edged bullion embroidered diamond shaped ornament. It has a graceful, high heel and a strapless back.



### TRIM CONTRASTING COSTUME

Mrs. Gordon M. Avarad models a tuxedo-styled white coat trimmed with black in nubby boucle. Her black dress and accessories contrast with the fashion-right sweep of the coat. With her hat of sleek black straw and patent accessories she wears pearl jewelry.

### Sang Ave Maria In Prison Camp

LONDON. (CP-Austral Bureau) — Australian prima donna, sang Gounod's "Ave Maria" many times in the Italian concentration camp where she was imprisoned. It helped feed herself and her companions, because instead of applause she asked for, and was given, potatoes. She told this on arrival in London after repatriation. Last November the Nonnie Apostolico Bongiorno, Duca was a member of the audience in the shabby drawing room of her concentration camp. It was he who took initial steps to free Miss Bourne who was studying music in Italy when the war started

### From One Cook to Another

by Mary Blake  
Carnation Home Services Director

WONDERFUL WAYS WITH SOUP

THE GREATEST FUN I get out of cooking, is in taking good basic recipes — and playing 'round with interesting ways to improve them. Because soup is such a favorite, I've been using my imagination lately on how to make it more flavorful... more nourishing. And I think I've come up with an idea you'll all be thrilled with. It's a new, easy way to make cream soups smoother, richer-tasting, with better-blending Carnation Evaporated Milk. Here's all there is to it!

**RICHER FLAVORED CANNED SOUP**  
1 can of your favorite soup (green pea, vegetable, tomato, etc.)  
1/2 cup (small can) undiluted CARNATION EVAPORATED MILK  
1/4 cup water  
Combine soup, undiluted Carnation and water. Stir frequently while heating to just below boiling. Voted best by a panel of home-makers for smoother, richer soup. No other form of milk makes soup so delicious.

**PURE MONGOLE** (3 generous servings)  
1 can condensed green pea soup  
1 can condensed tomato soup  
Dash of curry powder. If desired, 1 large can undiluted CARNATION EVAPORATED MILK  
3/4 cup water  
Blend soups and curry powder. Stir in undiluted Carnation and water. Heat to just below boiling point. Frost a few thin slices of stuffed olive on top.

**UNDILUTED CARNATION PLUS CANNED SOUP** makes a wonderful shortcut sauce to use in creamed and casserole dishes. Just heat 1/2 cup (a small can) of Carnation with a can of condensed soup. Specially good with mushroom, chicken, celery or frozen shrimp.

**FAVORITE FISH CHOWDER** (Makes 4 servings)  
1 pound cubed haddock fillets  
2 cups uncooked onion potatoes  
1/2 cup chopped onion  
1 cup water  
1 teaspoon salt  
1 large can undiluted CARNATION EVAPORATED MILK  
Cook fish, potatoes and onion in water until fish and potatoes are tender (about 45 minutes). Stir in salt and Carnation. Heat to just below boiling. Serve at once.

**FROM SOUP TO COFFEE** Carnation does wonders for meals. The secret lies in Carnation's special blending qualities — qualities you won't find in any other form of milk. Top off your next meal with coffee at its best — "creamed" with Carnation, the milk that whips.

**FREE!** Mary Blake's new recipe book, "Favorite Recipes", 16 pages — color pictures. Address your request to Mary Blake, Carnation Company Limited, Dept. NF, Toronto or St. John's, Nfld.

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### MARY HAWORTH Widow Asks How To Build Vocabulary And Self-Esteem

DEAR MARY HAWORTH: I am a widow, 38. My husband died six months ago, after a lengthy illness. He was a wonderful man, 18 years my senior, and very successful in his line of work. Our son, 8, an only child, is a fine healthy youngster, with a full life, friends and a good school.  
As for myself, I feel like a has-been. I know I should buckle down and lose the 25 pounds I have gained recently; and try to meet people and make a life for myself. I am considered attractive; but I've had so little intelligent conversation in the past two years — since my husband fell ill — that I can scarcely find words to say simple things. My efforts usually end with "you know what I mean."  
I had thought this was a recent thing, but my mother says I've been lacking in expression, facially and verbally, since I married. She says my husband was so assertive and critical of others that I got into a shell and didn't really try to voice an opinion, for fear he would interrupt or criticize.  
REEM DOMINATED  
My sister agreed with mother on that score. Later, I recalled and reminded mother that my sister, five years my senior, had always been the dominant talkative one in our childhood. If we returned from a movie, she was the one who interrupted my telling about it, and gave her version instead. As a result, she grew up with the gift of gab, at my expense, and I have always been lacking in self-confidence.  
I have been in a mental muddle for months; but now I do feel much better, and would like to join social groups and meet people. But I feel I should learn the art of good conversation first. How can I do this? And what methods is there to acquire a good vocabulary to express my ideas — so that friends will perk up and really want to listen?  
S.M.  
IS BENEFICIAL  
DEAR S.M.: Some weeks ago I read through a magazine that deals with personality health. I chanced upon the following quote, which the majority of women ought to paste in their mirrors: "An aid in improving human relations is to talk less and listen more. To put it another way, always try to be more interested than interesting."  
The interested person "listens with his eyes, and hears with his heart," as a fine actress once told me. This is a graphic image of giving one's whole attention to a

### KEEP IN TRIM

## Resistance Out Of Diet

By Ida Jean Kain

The positive way to slim down is to find a reward greater than the pleasure of over-eating. It's your approach to the problem that makes all the difference. Regard diet as a personal restriction that takes all the pleasure out of life... and it will. With that attitude you'll be tempted by every fattening food that comes your way and continually struggling against fat.  
But once you look upon excess pounds as standing in your way of looking and feeling young and having fun... you will regard fattening foods in a far less favorable light. Suddenly over-eating will not be worth having to put up with speaker — letting his (or her) remark sink in.  
Much listening (so-called) is shallow indeed; it consists in waiting with bated breath for the opportune moment to break in and make oneself heard. In which case, neither party to the exchange really hears, or cares, what the other says. It is a competitive encounter, not a sharing of depths.

IS GROUP ART  
A good vocabulary is always a social asset, however, as useful for listening as for speaking. It is a hallmark of thought, of interest in learning, or respect for accuracy, and of alertness to true values. It enables a listener to grasp another's ideas more exactly, with understanding of the unsaid portions of his views.  
A handy method of building vocabulary is to read for pleasure, in fields of writing that you enjoy; make lists of new words, look up their meaning and pronunciation in a dictionary; and then use them, as necessary. My preference is Webster's Collegiate Dictionary, a medium-size book published by G. and C. Merriam Company, Springfield, Mass.

But remember, good conversation isn't an individualistic art. It is a collective accomplishment. It flows naturally where "interested" persons, whose hearts are kind, are gathered together. You might be potentially a most delightful conversationalist, yet if the company includes clods, martinets, deviously jealous persons with inferiority feelings, etc., your offerings may fall flat, or be ignored. So don't try to shoulder the whole load yourself. Take for granted that others must do their part, and be fair.

NO DELEGATIONS  
SINGAPORE (AP) — The prime minister of Canada, Australia and India have notified Chief Minister David Marshall they are unable to send parliamentary delegations to Singapore to assess the colony's fitness for independence, informed sources said Tuesday. The reasons given were that the three Parliaments are in session and parliamentarians could not be spared for the trip.

Hey There, Where Do I Get My Easter Hat? ...  
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15 Oz. Tin PEARS 2 for 33c  
Heinz TOMATO JUICE 48 Oz. Tin 35c  
ICING SUGAR pkg. 11c  
Baker's New Chocolate Drink JIFFY 1/2 lb. tin 33c  
1 lb. tin 59c

KAM tin 39c  
Perfection or Carnation MILK 2 Tins 29c  
6 Tins 79c  
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