

Cosmetic Surgery for Men: Is BIGGER really Better?

Whether a source of pride, or a source of sorrow men are very aware of their penis -- and how big it is--or isn't.

In North America the latest in cosmetic surgery for men is penile enlargement. The following information is taken from the 1-800-Surgeon web site.

Who is a candidate for this type of procedure?

Elective surgery such as penis enlargement surgery is ideally performed on healthy individuals. Surgery is not recommended on patients who are heavy smokers or diabetics. Persons with chronic heart, lung, liver, vascular, rheumatologic and immunologic disorders are also not good elective surgery candidates.

Why is the patient's own fat used?

Fat is the ideal augmentation material. It is obviously not synthetic and therefore can not be rejected by the body.

What are the benefits of the enlargement surgery?

Longer shaft, larger circumference (girth) of the shaft of the penis and a bigger head, producing the obvious esthetic and mechanical benefits.

Will the penis feel stiffer after the surgery?

The penis enlargement surgery does not change the strength or duration of your erection.

Does the surgery affect the sensation in the penis?

Due to swelling, there may be some transitory decreased skin sensation, for a few days only.

What are the risks and possible complications of having this surgery?

The surgery has no physiological effects on penis function. There are always possible risks with surgery such as bleeding, infection, and reaction to the anesthesia. The surgical risks are inherent with any procedure but occur very seldom.

Can I get an allergic reaction from the fat graft?

No. It is impossible to get an allergic reaction to one's own fat or tissue.

When can sexual activity be resumed?

After 4 weeks.

How much can the penis be augmented?

About 2"-3" Increase in circumference can be expected.

How permanent are the results?

Fat that is transplanted remains permanent only when it develops its own blood supply. This can vary in time depending on the individual. Dermal-fat grafts become more permanent than injected fat. Once the graft has "taken" it will become permanent.

What is the cost for surgeries?

Lengthening and Thickening done together is \$7,500.

Dermal-fat grafting (thickening) only is \$5,500.

Lengthening only is \$4,500.

How long does the surgery take?

Approximately 2-1/2 hours for fat grafting, and 60 minutes for fat injections.

What is the recovery time after the ligament surgery?

The pubic region remains

"sore" for up to a week. You may not take a shower until 4 days after the surgery.

Will there be any visible scars on my penis?

The advancement procedure (lengthening) requires an incision on the skin over the pubic area. That incision is approximately one inch long and becomes hidden in the pubic hair. No incision is made on the penile shaft.

Will the penis appear longer in the flaccid or erect state or both?

Both!

How much can the penis be advanced (lengthened) through surgery?

This varies with every patient and may be from 1 to 2 inches or more. The length of the advancement can not be predicted before surgery, as the length and the anatomy of the ligaments is unknown until the time of surgery.

What is the correct way to measure a penis?

The measurements are always taken when the penis is erect. Length is determined by firmly pressing a ruler on the top side of the penis against the pubic bone and measuring all the way out to the tip of the (glans) head. Uncircumcised men should retract the foreskin to get a true reading, when taking this measurement. The thickness of a penis could be measured either by the diameter or by the girth (circumference). For simplicity reasons we use the girth method. Girth is measured around the penile shaft at the base of the penis.

Statistics on Penis Sizes

The following information about penis sizes was taken from the Kinsey Institute of Sex Research. The study was performed on a group of college men.

Penis Length

All measurements were taken when the penises were erect from a point at the base of the penis where the top of the penile shaft meets the pubic area (the peno-pubic junction) to the tip of the glans ('head'). For uncircumcised men the foreskin was retracted.

Penis Girth

Girth is measured at mid-shaft around the circumference of the penis when the penis is erect.

Inches	Percentile of Men in Study	Inches	Percentile of Men in Study
3.75"	0.2%	1.50"	0.3%
4.00"	0.3%	1.75"	0.4%
4.25"	0.2%	2.00"	0.4%
4.50"	1.7%	2.25"	1.2%
4.75"	0.8%	2.50"	0.3%
5.00"	2.0%	2.75"	0.3%
5.25"	4.4%	3.00"	0.4%
5.50"	10.7%	3.25"	0.4%
5.75"	8.0%	3.50"	0.9%
6.00"	23.9%	3.75"	1.1%
6.25"	8.8%	4.00"	6.3%
6.50"	14.3%	4.25"	6.3%
6.75"	5.7%	4.50"	17.1%
7.00"	9.5%	4.75"	11.7%
7.25"	1.8%	5.00"	24.1%
7.50"	2.9%	5.25"	9.9%
7.75"	1.0%	5.50"	11.5%
8.00"	1.0%	5.75"	3.0%
8.25"	0.3%	6.00"	3.9%
8.50"	0.3%	6.25"	0.5%
8.75"	0.1%	6.50"	0.5%
9.00"	0.1%	6.75"	0.1%

This type of surgery is available in Toronto, Ontario. Some of the reasons given for the enlargement procedure are:

"To excite my wife more in bed."

"So I won't be ashamed to take off my clothes in the locker room."

"My love life is good and I'm happy with the size of my penis, but this will add a whole new dimension to our love making."