

ELLEN'S DIARY

By An Island Farmer's Wife

After an evening visit to Alderlea, James is home now to enjoy a momentary rest in the armchair. A short time ago he joined us in a bedtime lunch in the kitchen: home-made bread, we ate, from our ever-ebbing supply of the same, with pieces of cheese to provide a tasteful and tangy accompaniment. It was with some hesitancy James accepted a bit of the latter.

"I just know," he observed, "though I like it, it will give me disquieting dreams." He declares that all his dreams, in scene and substance, have to do with farming. And some are delightful while others like those he anticipates tonight bring him to an uneasy pillow. . . . Sometimes it is a comely but extremely elusive ewe or whether he all but catches as he pursues them along the mazes of that fanciful land; odd times he falls from a height of building . . . down . . . down, to awaken with a sigh of relief, to find it only a dream. The children play there in that strange place, to be rescued in desperate efforts from some impending disaster; and often some skittish young horse of the past with disturbing capers enters into his fancies.

Cake we served too, a mix of modern vintage, walnuts added to bolster the food-value; and slices of the smaller Christmas cake, product of a sunny November day We were all here—the family that was: The younger farmer with Rob and James. And it came to mind: "Why, we are back again to the old years!" It was a vain thought. Nothing is the same because Time knows no standing still. Families get . . . and give. And nothing abides.

Yet this has been a pleasant day and one in which to find treasure-trove. We discovered such this morning—or rather it was Jamie whose property this and the well-springs are. We had been conjecturing of late about the happening, our expectations fired by favorable signs and portents. James himself had mentioned its probability though sometimes in a roundabout way. Should he chance to find us indoors in a moment of leisure or suspected idleness he was sure to suggest: "You could bring them a pail of gravel from the brook, Ellen, to sharpen their appetites! And did I remember to tell you there's an abundance of clover-tips in the barnyard? And it so happens there's now a lot of chaff in the barn. And you might give them a mangel—they're a little

Household Scrapbook

By Roberta Lee

Paperhanging

When one is doing the paperhanging himself and comes to a section of the wall where the plaster is loose, paste a piece of white cotton cloth over the bad place and apply the paper over this. The wall will then be as solid as if replastered.

Phonograph Records

Remove fingerprints, grease and dirt from phonograph records by wiping the surface with a wisp of absorbent cotton that has been moistened in a weak solution of soap and water. Finally, wipe the surface with plain water.

Molasses

Before measuring molasses grease the cup lightly, or dip it full of flour, then empty it; if this is done every drop of molasses will come out of the measuring cup.

Morning Smile

No Value

Employer: "Have you any references?"
Applicant: "No, sir, I tore them up."
Employer: "That was a foolish thing to do."
Applicant: "You wouldn't think so if you had read them."

hard to get, now that the cellar is full. But if you'd flatten yourself you could crawl over the turnips to reach them. It would be good exercise, Ellen. . . . sort of a pleasant change from being confined indoors!"

An inkling of the close approach of the event was brought in at breakfast this morning. "I believe," Jamie smiled mysteriously, "we're due for a surprise very soon!"

"Yes," Gage agreed, "and let no one out about make a noise to disturb her!" He dimpled. "I don't think it's going to take very long!"

A loud, cheery cackle from the poultry-house presently brought children and housewife running. With proud decorum a chic young matron made her way down from a nest. And there left behind in a recess of straw, warm and oval, and brown for each of us to hold in turn was, miracle of miracles! — the first pullet-egg of the season!

Until tomorrow Diary Good-night

DOROTHY DIX'S COLUMN

Family Traditions

Unity Is Strengthened By Holiday Rituals

DEAR MISS DIX: My brother and I want to go to a friend's house for New Year's Eve, but my father refuses to give his permission. He says that while his parents were alive the family always stayed together on that night to see the New Year in, and he wants us to do the same. Don't you think he is wrong? I am 16 and my brother is 17.



Muriel Nissen

ANSWER: While I sympathize with you in the desire to spend this gala night in the company of young folks, your father's wish to make it an occasion for a family gathering is so commendable that I must urge you to see his side of the story. One of the trends of modern living that is greatly deplored by social and spiritual leaders is the breakdown of family life. Families, as a unit, do very few things together except sit down to meals—and even that small ceremony is often uprooted. Families do attending church together or praying together, attending church together or attending special occasions such as birthdays, anniversaries or holidays together. Obviously, a lone parent who makes a valiant stand to bring back some of these old customs in his own home is apt to play a losing game. Young people are too prone to water to four corners with their pals—and if they haven't been brought up to appreciate the sanctity of their homes, who is to blame them?

KEEP CUSTOMS ALIVE

Every family should have its traditions! Most families do have them, but it's surprising how many don't. Considering the wealth of ritual connected with many religions, the scope of tradition that ground involved in all national strains, it is indeed deplorable that fine customs have been permitted to die out as people become over-concerned with the practicality of everyday life.

Your father, Beth, is doing his best to bring you close as a family, and you should do everything to co-operate with him. Of course, since he refuses to grant permission for your party, you'll stay home anyway, but see that you do so with good grace and not just because of parental order. Wouldn't it be nice if you could contribute to the custom by suggesting something special for the evening—perhaps a particular food to be served every New Year's Eve, group singing of favorite songs, special friends to be invited, or anything that will become an integral part of "seeing the old Year out and the New Year in"?

You, your parents, and your brother, can really have a celebration to outdo, in warmth and love, any outside party. Tell your friends, proudly, why you can't attend their party, and perhaps your father's example will inspire other parents to bring the holiday spirit into the home.

I hope you and your family have a fine time, Beth, and I'd like to hear more about it.

Shea-McGuirk Wedding

St. Patrick's Church, Fort Augustus, was the scene of a pretty fall wedding on November 25th, when Catherine Eileen, daughter of Mr. and Mrs. Henry McGuirk, of Dromore, became the bride of William Patrick, son of Mr. and Mrs. John Shea, Lake Verde. The double ring ceremony and nuptial mass were celebrated by Rev. T. P. Butler.

The bride, given in marriage by her father, looked charming in a suit of navy blue with pink accessories, and carried a white prayer book. She was attended by her sister, Gladys, who wore a wine suit with blue accessories.

Mr. Charles Shea was best man for his brother. After the ceremony the bridal party motored to the home of the bride, where breakfast was served to over seventy-five guests. The toast to the bride was proposed by Rev. T. P. Butler and responded to by the groom.

The remainder of the day was spent in music and dancing, the music being furnished by MacKinnon's orchestra. The bridegroom then motored to interesting points on the island, returning in the evening to the home of the groom, where supper was served to over one hundred guests, the music for dancing again being furnished by MacKinnon's orchestra.

The groom's gift to the bride was a white prayer book, to the groomsmen a billfold. The bride's gift to the bridesmaid was a prayer book.

The many and useful gifts received show the high esteem in which the young couple are held. Out of town guests were Mr. Charles Shea, Miss Catherine Shea and Miss Pearl McGuirk of Halifax, N. S.

Mr. and Mrs. Shea will reside in Lake Verde, where the groom is a prosperous farmer.

Meeting Of St. Joseph's Sodality And Alumnae

A musical program and afternoon tea featured the November meeting of Saint Joseph's Sodality and Alumnae which was held at the convent on the 16th. Reverend Sister of the Resurrection, on behalf of the convent, welcomed the large number of guests and said she appreciated the response given to the invitations issued.

The president, Miss Anne Walsh, also welcomed the members, and then gave a resume of the work done by the Sodality and Alumnae during the past year, and outlined plans for this year's activities.

The lace-covered table, set with silver, and decorated with a centerpiece of fall flowers and lighted candles, was presided over by Mrs. Charles R. McQuaid and Mrs. Harold Bowlan. The members of the executive assisted in serving.

The musical part of the program consisted of piano selections rendered by Miss Bethany McDonald and Miss Florence Quinn, also a vocal solo by Miss Joan Murnaghan and these entertainers did their share to help make the afternoon the joyous one it proved.

Reverend Mother Superior made reference to the recent elevation of the Sodality's esteemed Chaplain, Right Reverend Monsignor Patrick McMahon and said that the corresponding secretary had, on behalf of the Sodality and Alumnae, written a letter extending congratulations and good wishes to Monsignor McMahon, to which a fitting reply had been received.

All present then proceeded to the Convent Chapel where Benediction of the Most Blessed Sacrament was given by Reverend James Smith.

West Royalty Home And School Meets

A very successful meeting of the Home and School Association was held at West Royalty school on Thursday, December 11th with the acting president, Mrs. Charles Hurry, in the chair.

After the reading of the minutes of the previous meeting it was agreed that a full slate of officers be elected to act for the following year. Mr. Barry Bugden will be the new president, Mrs. R. Simons, vice president, Mrs. John England secretary treasurer, Mrs. W. Lank, program manager, and executive are Mrs. A. Webster, Mrs. Rae Simmons for publicity. Added P. Thorne and Mr. Condon.

Following the meeting a very enjoyable program was presented by the children of the school and many thanks were extended to the teachers, Mrs. MacKinnon and Mr. Condon, for making this very enjoyable evening possible.

A meeting of vital importance to every parent in the West Royalty District will be held early in January and it is hoped that all will be there.

BRACKLEY POINT W. I.

The December meeting of Brackley Point W. I. was held at the home of Mrs. Willard McCallum on Wednesday evening December 4th.

The meeting opened in the usual manner with the new president, Mrs. George Shaw, in the chair. There was an attendance of fifteen members and one visitor. Mrs. Davi's woman reported visiting the school and finding everything in excellent order. Cards, paper towels, dinner and tea had been had and \$3.00 had been purchased. \$3.00 was voted to the National Anthem.

That Body Of Yours

By James W. Barton, M.D.

USE OF AMPHETAMINE IN REDUCING WEIGHT

Our drug manufacturers keep well up with all the advances in medicine, so that when a certain defect or disease of the human body is being investigated by research workers and a certain drug has been shown to have a definite beneficial effect upon the defect or disease, they often have the drug or combination of drugs ready, well in advance to treat the condition.

One of the drugs to which I often refer is amphetamine sulphate, which is used in alcoholism and also in obesity (excessive overweight). Amphetamine has a double action, particularly in alcoholism, as it not only decreases the desire for alcohol but also gives the alcoholic a boost physically and mentally, just when he needs it.

In the treatment of obesity, the same two effects follow the use of amphetamine, that is the desire for food is decreased and the overweight leaves the table satisfied with his food intake and with less desire to rest. As rest is as good as food in the increasing weight and maintaining it, the fact that the patient walks or exercises more

How Can I . . .

By Anne Ashley

Q. How can I make use of worn-out rubbers?

A. Cut off the heels, wash the toe parts, and hang up in some such place as the closet or cellar way. These rubber pockets are excellent for holding blacking brushes, cloths, or polishers, and cleaning mittens—anything which would soil cloth pockets.

Q. How can I clean old coins?

A. Apply powdered whiting with a damp cloth. If the coin is placed in a raw white potato and allowed to remain for about twelve hours, the original luster will be restored.

Q. How can I make a cement for broken china?

A. By mixing some plaster of Paris with the white of an egg until it is creamy. Apply this as you would any prepared cement.

Most physicians hesitate to use amphetamine, dinitrophenol and other drugs, because there are sometimes unpleasant reactions. For this reason physicians first put overweight persons on a reducing diet for 4 to 6 weeks in order to get the water balance established and find out just how effective the reducing diet is in decreasing weight.

If the reducing diet is not effective, amphetamine, dinitrophenol and other drugs, because there are sometimes unpleasant reactions. For this reason physicians first put overweight persons on a reducing diet for 4 to 6 weeks in order to get the water balance established and find out just how effective the reducing diet is in decreasing weight.

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Annual Meeting Of Baptist Auxiliary

The Ladies Auxiliary of the Charlottetown Baptist Church met in the Ladies Parlour for the annual meeting, the president, Mrs. A. K. MacPhee, presiding.

A lovely Christmas devotional service was led by the Friendship group with Mrs. Frank Thompson leading assisted by Mrs. Cecil Ward, Mrs. J. D. Davison presided at the piano.

A very successful year, both socially and financially, was reported. Mrs. T. G. Ives extended a very hearty vote of thanks to the ladies who convened the afternoon tea and bazaar so efficiently. Mrs. D. M. MacGuire, Mrs. J. M. Bell, Mrs. E. H. Cook and Mrs. C. S. MacNeill.

Then jolly old St. Nicholas appeared in their midst, presenting each member with a gift and wishing all a merry Christmas and the very best for the coming year. A dainty lunch was served by the Princess Elizabeth group.

The officers for the ensuing year are as follows: president, Mrs. A. K. MacPhee; assistant president, Mrs. R. K. Perry; secretary, Mrs. S. H. Burhoe; assistant secretary, Mrs. H. B. Willis; treasurer, Mrs. D. Douglas; assistant treasurer, Mrs. B. Lewis.

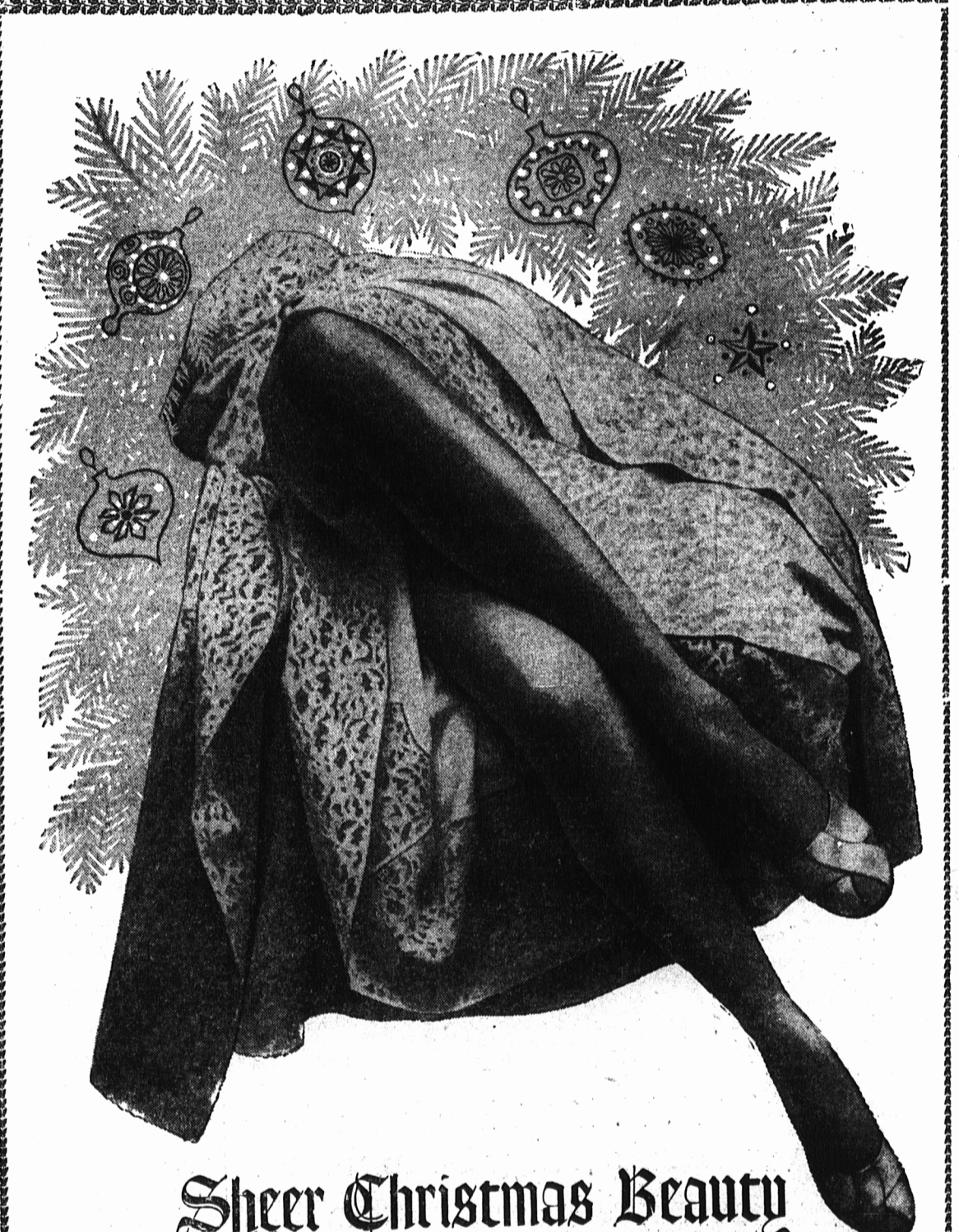
South Shore Film Council Meets

The annual meeting of South Shore Film Council was held in Central Bedouque hall Tuesday, December 9th.

President Wilfred Craig presided and reviewed briefly the activities of the council during the year. T. J. Inman, secretary-treasurer gave an account of the meetings held and finances of past year.

Mr. John Martin, Charlottetown, was present and addressed the meeting giving many helpful suggestions, and stated that the film showing the royal tour of Canada would be available for the South Shore area the latter part of January.

Officers elected for incoming year are: Lloyd Affleck, president; George Johnson, vice president; Wilfred Craig, secretary-treasurer; with five representatives to be appointed from each of the following districts: North Bedouque; Central Bedouque; Searletown; Middleton and Bedouque.



Sheer Christmas Beauty

IN HOSIERY

Featuring "VALAM" Nylons Exclusive With HOLMAN'S

Quite the loveliest compliment you can pay her feminine charms . . . our own beautifully fashioned "Valam" Hosiery! Her needs in "sheers" are many and we can help you supply them all . . . from the trim sleek sheers for daytime to the glamorous whisps for datetime! Give her one weight or mix them—she'll love them and you because they're "Valam" sheers!

Serviceable Sheers for daytime are in the 45 gauge, 30 denier weight. Obtainable in three distinctive colors—rainbow, mirage or vision with dark pencil seams and flattering panel heels.

1.35

Afternoon Sheers in 51 gauge, 15 denier weight. These are in rainbow, mirage and dream shades. The pencil seams are very fine and flattering. Available in all sizes. Fine and glamorous enough to be treasured.

1.45

The sheerest of all "Valams" in the 60 gauge, 15 denier weight are specially made for occasions! Contrasting seams and narrow panel heels are fashion features. In rainbow, mirage and spectrum shades.

1.65



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MEMO for your Gift Shopping List



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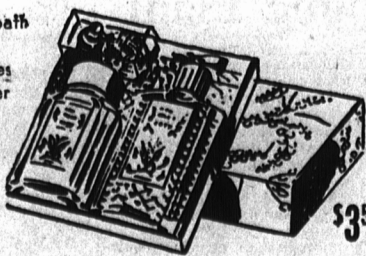
Delight her with a Coty favorite, Muguet des Bois, in Talc, the smart new solid Cologne stick and a pack of Papier Sachet.

\$175

Muguet des Bois

DEB SET

For her beauty bath ritual—famous Coty Muguet des Bois Toilet Water with atomizer and Coty Sachet.



\$950