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"The strongest memory is weaker than the weakest ink."

SATURDAY, JULY 9, 1955

Welcome R. N.

The first warship to visit Charlottetown in this Centennial summer, H. M. S. Veryan Bay, is expected in port today and is assured of a warm welcome.

Her C.O., Commander L. R. P. Lawford, R.N., D.S.C., has had an exciting career since joining the navy in 1929, having participated in evacuations in Norway and Holland, numerous engagements in the Mediterranean, the fall of Singapore and the landings in Normandy.

He and his 12 officers and ship's company of 154 are expected to remain for a stay of three days and for their own sake and as fore-runners of the United States Navy and Royal Canadian Navy vessels that will be visiting this port they are especially welcome.

Charlottetown has been host to a great many famous R. N. ships and officers through the years, although not so many in recent times. It is always a pleasure to see these trim craft and the men who man them. May their stay be a pleasant one and may they have an early return.

Space Flight

Some interesting, not to say eerie, information was given out at an international symposium on "Travel and Health" conducted recently in New York. The list of speakers included a number of medical scientists who have a special interest in outer-space flight, which is expected to become a matter of practical aviation in the reasonably near future.

Man already has flown more than twice the speed of sound, or more than 1500 miles an hour at sea level. At this speed pilots leave the sun far behind on Western travel and, consequently, watch the sun set in the East, not in the West. Even now transcontinental flights disrupt normal body functions, according to one speaker, who stated further that "as a rule, during the first two or three days after flights that involve the crossing of five or more time zones, meetings of a decisive nature should not be scheduled in the morning at the end of Eastbound travel, nor during the afternoon following Westbound trips."

There are thousands in every free country who believe that the Korean truce was a blunder and nothing more than an interlude in the Communists' aggressive designs on all Asia. No one could demonstrate with exactitude that his views are invalid or that his gloomy predictions will not come to pass. Indeed, his uncompromising stand against Communism entitles him to the respect of the entire free world.

Interspersed among the future predictions were a few matter of fact observations about the present. One of these dealt with sea sickness, the cause of which has not yet been determined. There are, however, certain synthetic drugs which, when taken in proper time, will keep the sea sick traveller from jumping over the side of the ship in his misery.

The Long View

Western diplomats make no secret of the fact that in their attempts to keep Communism from captivating the hundreds of millions of Asians and Africans who have not yet allied themselves with either of the two great power blocs they find themselves frequently at a disadvantage. One reason for this is that Communism offers—or pretends to offer—an immediate solution of economic problems, while Democracy is by nature a slow moving system, concerned chiefly with self-help techniques rather than with arbitrary edicts which are the principal instruments of any totalitarian system.

In his recent book "The Bent World", published by the Oxford University Press of New York, Dr. Casserly states flatly that "the real reason why Western civilization cannot answer the Marxist criticism effectively is this: Western civilization in its secular phase is half-Marxist already."

But for the West's virtual repudiation of

the Christian ethos in politics and business during the past 100 years or so, it isn't likely that Communism would ever have taken root; certainly it would not now be a threat to civilization. Moreover, in Dr. Casserly's opinion, we in the West are continuing to nourish Communism by our over-confidence in technological advance, and our identification of our own political beliefs with the perfect state.

The first and chief duty of the West, as Dr. Casserly sees it, is to combat the secularism which has spread into every phase of its life. That being done effectively, the world need have no fear of Communism, for it will have lost its sustaining power. It is a long term process that Dr. Casserly has in mind. But it is the nature of Christianity, as of Democracy—although, of course, the two are not identical—to look ahead; and it may be that we of the West will have to prepare for a long period of readjustment to certain fundamental values; meanwhile, in the day to day struggle against Communism, using whatever temporary expedients may appear useful.

Re-Opening Old Wounds

President Syngman Rhee of South Korea has come out in public again, after several months of near silence, to assail the Soviet Union and Communist China for their unrepentant ways and the Western nations, especially the United States, for what he calls their "appeasing habits". He made it very clear in a speech on the 5th anniversary of the outbreak of the Korean war that he has no faith whatsoever in the present flowery talk coming out of Moscow and Peiping. He reminded his listeners, among whom were 15,000 singing children, that in 1920 Lenin predicted that Russia would first seize Eastern Europe, then Asia, and finally the United States; he sees no reason to suppose that there has been any change in that long term policy.

As for the Western nations, Mr. Rhee believes that indecisiveness is their main characteristic. "We suffered from the allied psychology of appeasement," he said, "which prevented development of an armed force in South Korea in time to forestall an invasion. We suffered again from neutralist sentiment which insisted that victory in Korea must be renounced as an objective, and we are still suffering greatly from failure of the United Nations to enforce the very true terms to which they and the Communists agreed."

In these views Mr. Rhee is not alone. There are thousands in every free country who believe that the Korean truce was a blunder and nothing more than an interlude in the Communists' aggressive designs on all Asia. No one could demonstrate with exactitude that his views are invalid or that his gloomy predictions will not come to pass. Indeed, his uncompromising stand against Communism entitles him to the respect of the entire free world. For all that, and admitting that the sufferings of his people during the Korean war are grim testimony to the bad faith of their Communist neighbors, one cannot help feeling that in these days of expectancy—even though the expectancy may turn out to have been unwarranted—Mr. Rhee would be better occupied in suggesting ways and means of repairing broken international relationships than in re-opening old wounds.

EDITORIAL NOTES

The St. John's Telegram is concerned with the dilapidated condition of the naturally picturesque and delightfully named village of Quidi Vidi. Perhaps, however, it will some day look back with regret to the days before the sickness of modern development.

In Ireland they are finding out what has been known here for some time—that trout thrive on phosphates. The Irish Department of Agriculture, by adding phosphates to Lough Derrylea, has increased the size of trout from six or seven ounces to more than six pounds.

Bar maids in Sydney, Australia, are to be given a course of instruction in how to avoid mannerisms and obsequiousness. This is the cultural phase of the new school. On the practical side they are to be trained how to fill glasses with beer without making too much froth in the process. It's just wonderful the new ideas in education which are being thought up these days.

That two out of three human beings alive today are not getting enough food to maintain normal health, as stated by Health Minister Martin, is cause for concern and appeals to every humanitarian instinct. The further suggestion that such conditions lead to conflict should not enter too much into our thinking. It is never possible to make peoples friendly and contented by satisfying their needs but that is not a reason for failing to be helpful.



What We Take For Granted, Others Dream About

The I. Q. Of A Nine-Year-Old

Australian government education officers, their high IQ's shrouded by blouses, have conceded that a nine-year-old girl has made them wonder about their intelligence testing program. The case of the intelligence quotient expert and young Roslyn Bayley is making highbrows and low alike laugh and laugh. In the IQ test the examiner "backwards" the girl was "mentally backward". For one thing, while she was across the wooden blocks there was a sharp knock on the floor, and Roslyn didn't even look up. The girl's worried parents soon afterward accidentally found a report their daughter had written on the expert who had examined her. Part of it read: "Tired appearance, rubbing of eyes, taking glasses on and off. 'Not placing hand over mouth while yawning. 'Flopped into chair which should not be done (sign of bad manners). 'Book thrown from chair to desk (lazy). 'Dropping things on floor while a child was doing sums. 'While reading from card he had his hand in the drawer, looking for a rubber. Not paying attention. 'He did not have any conversation or ask any questions. Not an interested or talkable type. 'As to the knock on the door, Roslyn explained: 'I heard the knock, but it was none of my business, so I just went on with my problem.' The parents took Roslyn's report to the education officials. They agreed there was nothing backward about Roslyn, and agreed to destroy the expert's report. They didn't say what they would do with him.

Be Curious

Some interesting remarks worth considering by high school and college graduates were made by Dr. J. Martin Klotsche, president of the Wisconsin State College, on the occasion of the school's commencement exercises. Dr. Klotsche expressed the opinion that too many persons fear that curiosity will get them into trouble. "Curiosity is a trait common to all men, especially to children," Dr. Klotsche said. "But curiosity is looked on by too many of us as bothersome, something that will get us into trouble if it is pursued often and far enough." He pointed out that discoveries in the sciences and humanities had resulted from adventure and curiosity. He warned that there was danger that many persons, by their own indolence, might be converted into "mental midgets." There were temptations, the educator said, to attempt to cut corners intellectually, to oversimplify or generalize on problems or to pretend that problems don't exist. "I am less concerned about the decreasing numbers of illiterates than I am about the half-educated persons who know just enough to express opinions on all subjects without being aware of their own ignorance," Dr. Klotsche said. Dr. Klotsche told the graduates that their education should have taught them "to explore, to inquire, to criticize constructively." The story is one which seems to have to be explained to each rising generation. The completion of formal education should not mean an end of the acquisition of knowledge. Rather, should it be that the information and training gained at school and college should be used to open doors for further research. Successful men and women are those who are constantly learning something new. If there was any unity in the academic world, declared Dr. Klotsche, it was the conviction of the importance of free inquiry. He said it was the quest, not the certainty, that scholars prized the most.

The Poet's Corner

THE TRUTH Since I have seen a bird one day, His head pecked more than half away; That hopped about, with but one eye. While reading from Ready to fight again, and die— Oft-times since then their private lives Have spilt that joy their music gives. So, when I see this robin now Like a red apple on the bough, And question why he sings so strong, For love, or for the love of song; Or sings, maybe, for that sweet rill Whose silver tongue is never still— Ah, now there comes this thought unkind, Born of knowledge in my mind; He sings in triumph that last night He killed his father in a fight; And now he'll take his mother's blood— The last strong rival for his food. —W. H. Davies.

The Age Old Story

Know ye that the Lord he is God; It is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

MEETS CHURCHILL LONDON (AP)—Governor Averell Harriman of New York flew into London Friday on "a personal and unofficial" visit to Sir Winston Churchill and other old friends. Harriman and his wife are on a three-week tour of Europe and the middle east. They plan to stay eight days in Britain.

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Criticism Of The CF-100

Serious criticism of the Canadian jet fighter plane, the CF-100, deserves to be fairly considered and fully answered. A military plane, of course, should be judged by the task it is called on to perform. The CF-100 is an interceptor, and its task requires speed, ability to climb and to operate in all weather conditions. A former RCAF group captain, Alfred Wats, of Victoria, B. C., has been quoted as saying that the plane could not do the job it is supposed to do. He has accused the government of yielding to political considerations in maintaining production of the CF-100. One such reason, in Mr. Wats' view, was that NATO has asked for this plane, but the Minister of National Defense, Mr. Campney, has denied that any are going to NATO countries. A spokesman for the A. V. Roe company has promptly defended the CF-100, claiming that it is recognized throughout the world as an outstanding plane. Its function is to attack bombers by radar, whereas the Sabre jet is used primarily for swift, visual attacks on other fighter planes. Mr. Campney has also defended the CF-100, saying that he is satisfied it is "one of the finest planes being produced today." Each of the RCAF wings overseas will have a squadron of CF-100's. The public is naturally mystified by what seems to be a disagreement among experts, and it would be well for Mr. Campney to give Parliament a full explanation on all points raised by Mr. Wats.

ARCTIC CATHEDRAL

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I wish to Announce the Opening of a Private Practice in Charlottetown on July 11, 1955. Office Hours: Monday to Friday: 4-5 p.m. Daylight Time Saturday: 2-4 p.m. Daylight Time -and by appointment. 15 Rochford Street Telephone 7183 T. GENCHEFF, M.D., L.M.C.C. Orthopedic Surgeon

Medically Speaking

By Herman N. Bundeses, M. D. OLDSTERS NEED VITAMINS The basic dietary needs of the elderly are relatively simple. An expert on nutrition of the aged, W. H. Sebrell, lists the daily requirements as: One pint of milk or its equivalent. Some of this may be taken in the form of cream soups, milk toast, puddings and in other forms. One serving of tomatoes, oranges or grapefruit, or their juices. You can substitute salad greens or raw cabbage if you wish, provided your doctor does not advise against them. One serving of yellow or green vegetables, some of them raw. One serving of potatoes or other vegetable or fruit. One egg each day, or at least three or four a week. One serving of whole grain cereal, wheat or oatmeal. One serving of meat, poultry, sea food or other foods rich in proteins. Rich in Vitamins All bread or flour should be enriched or whole grain. Butter fortified with vitamin A, should be used. Peanut butter or other fats rich in vitamins are also advised. Some doctors maintain that you can get sufficient vitamins and minerals from your foods alone. But let's look at this thing realistically. You aren't going to get your proper share day in and day out, because you simply aren't going to eat what you should eat each day. As you get up in years, your need for vitamins and minerals increases. At the same time your appetite and ability to digest foods decline. Food, of course, contains unknown factors which you can get in no other way. However, you can and should get supplemental vitamins and minerals. Therapeutically, it's more important to raise the total intake of your vitamins than it is merely to supply a single vitamin which you might lack. Some vitamins, you see, act as triggers for others, thus benefiting you even more. The modern multivitamin tablet is one of the few examples in pharmacy where the "shotgun" treatment is more practical than the "rifle" treatment aimed at the precise location of trouble. If you are 50 or older, better start thinking about these vitamin and mineral supplements right away. Take it from me, you'll be glad you did.

QUESTIONS AND ANSWER

Mrs. M. M.: X-rays show that I have diverticulosis. Would this condition cause black stools? Answer: Diverticulitis of the intestine means that there are little pouches which are formed in the intestine and which become inflamed. The black stools may be due to the presence of blood. An examination by your physician would determine the exact cause and then treatment could be prescribed.

GAS KILLS FIVE

BELFAST (AP)—Five children were found dead Thursday in their gas-filled bedroom while on seaside vacation with their grandfather. The children, three girls and two boys ranging in age from 4 to 13, didn't answer their grandfather's breakfast call. The grandfather, Robert Patton, said he thought "the rest would do them good" so he didn't trouble them further.

NOTES BY THE WAY

There is a man in Philadelphia who will never get into the headlines for there are none wide enough. His name is Hubert B. Wolfeschlegelsteinhausenbergdorff Sr.,—Niagara Falls Review. The recent birth of a fatless calf on a Western Ontario farm raises a point: Is DDT really effective to warrant nature's abandonment of the trusty old bovine fly-swatter?—Ottawa Citizen. A mother down the block says she is gradually making some progress in persuading her brood that Davy Crockett washed his hands after killing that 'b' ar and before eating lunch.—Brandon Sun.

How many livery stables are there in Canada? One at least remains, according to a report from Watford, though its fate is doubtful. It is a building which served as a livery stable for half a century, then as a community shed for nearly as long. Now there is a debate as to whether it should be torn down to give room for parking or kept as a relic of the pioneer past. Probably it will go the way of London's historic water trough. —London Free Press.

Fish is not brain food, while eggs are no more nourishing than brown ones, raw meat isn't more nourishing than cooked meat, food left in open cans will not spoil and raw foods are not the best. These and other popular myths about food have been exploded by Wayne University Prof. Marquette Huyck. "These food fallacies," said Miss Huyck, "stem from the theories based on insufficient laboratory evidence and distortions of facts for personal exploitation."—The Evening Tribune.

Opposition to "Americanization" of Canada is by no means confined to the province of Quebec. It is shared by the staunchly British province of Ontario. The co-operative spirit that exists between Ontario and Quebec is a practical demonstration of the respect that each holds for the other. Some of the French culture that is so predominant in Quebec has spilled over the provincial boundary line. Ontario is not resentful of it. It is largely up to Quebec herself to oppose "Americanization" of the province, but she will find allies in opposing the disappearance of French culture from the province.—Sudbury Star.

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ATTENTION ALL WAR VETERANS

The Provincial Command of the Canadian Legion is publishing a booklet for the Provincial Convention in September. This booklet will contain a complete list of all Canadian Legion members by branches in the Province whose per capita tax has been paid for 1955. You should check at once with your Branch Secretary to make sure your name is included, or write, The Provincial Secretary, P. O. Box 274, Charlottetown, P. E. I. THE DEADLINE IS JULY 30.

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