

That Body Of Yours

By James W. Barton, M.D.

THE EMOTIONS AND SKIN DISEASES

We are familiar with the effect of the emotion upon certain organs of the body—rapid beating of the heart, rapid breathing and stomach upsets.

As we think of the matter, however, we must admit that if fright can cause the hair to stand on end, the skin to become clammy and cold sometimes, and to turn red at other times, why then cannot the emotions cause or aggravate skin ailments by affecting the nerves and blood supply of the part?

In "General Practice Clinics," Dr. A. H. Gottsman, Beverly Hills, California, states that dermatologists (skin specialists) are in general agreement that the emotions and skin changes are often related but controversy exists as to the nature of the relationship.

Dr. Gottsman and his co-workers at Menninger Clinic believe that overconcern with the question of whether the emotions are the underlying cause really interferes with the prompt treatment of the skin disease.

As a matter of fact as the patient consults the skin specialist for his skin condition, he considers the skin specialist to be in charge of the case, and so the skin specialist in addition to the local or systemic treatment, must use as much psychiatry as possible without bringing a psychiatrist into consultation.

ACNE

Acne (pimples) is one of the most distressing ailments. Send today for Dr. Barton's helpful booklet on this subject entitled "Acne—Pimples," enclosing 10 cents and a 3-cent stamp.

The Stars Say - -

By Genevieve Kemble

For Saturday, July 8

A QUITE unpredictable event, intervention or circumstance may suddenly lift the spirits, stimulate the energies, and thrill the emotions, with dynamic potency and purpose.

For the Birthday

Those whose birthday it is, are urged to maintain proper balance and wide perspective, in the advent of a dramatic climax, affecting radically all phases, purposes and plans of living.

A child born on this day, while graciously and bounteously equipped for the joys, attainments or fulfillments of a happy life, could jeopardize these by some erratic or temperamental act.

Morning Smile

An Idea

"I want a puppy, a fidgety sort of puppy."

Tough

"I've been married since I last saw you."

Be Thankful

The orderly officer entered the dining-hall and asked the men if there were any complaints.

How Can I!!!

By Anne Ashley

Q. How can I make a water filter?

A. Cut a hole in a shelf so that by inverting an ordinary lamp chimney, it will pass about halfway through the hole.

Q. How can I keep moths away from garments that are stored in wardrobes, trunks and in a chest of drawers?

A. Four a little turpentine into the corners of these containers.

Modern Etiquette

By Roberta Lee

Q. Should a young man buy an engagement ring before proposing to a girl, so that he may present it at once?

A. This is a doubtful procedure for some men to prepare for acceptance in advance, and it would depend a lot upon circumstances.

Q. Where should the attendants of the bride meet before the wedding?

A. Most usually at the home of the bride.

Household Scrapbook

By Roberta Lee

Maple Syrup Substitute

If the peelings of pears, or peaches, are covered with water, sweetened to taste, and boiled until about the consistency of syrup, it will make an excellent substitute for maple syrup, and is not expensive.

Longer Wear

Much longer wear may be obtained from laces, fine handkerchiefs, and other small dainty pieces of laundry, if they are put inside a bag when laundering.

That Burnt Taste

When vegetables, meat, or fruit have scorched, drop in a small piece of charcoal and the burnt taste will disappear.

ELLEN'S DIARY

By An Island Farmer's Wife

And there it was this morning—the very last lambkin of all, on an aldered bank in the field across the creek.

Yes, June roses were lovely this morning, and considering others of the essentials that make up our "dally bread" so varied and God-given, this was a day when steps were light about the place and faces happy.

For the rest of the family came a now weekly outing of the truck to the city to pick up the feed for the growing hogs.

"What did I bring you, Ellen?" James stammered in bewilderment over our query. In detail, he is a fine one to attend to any list.

Oh dear! Beyond the screen-door something rustles and two green eyes shine. It is Blackie, the dog, taking up entry duty there.

Few Artists Employed In Textile Designing



Already a few small firms in Canada devote themselves exclusively to the designing and hand-printing of original drapery fabrics.

Art students who look for a career in fabric designing have little chance of making a good living in Canada at present.

While beautiful and unusual designs in draperies, upholstery materials and dress prints are sought by shoppers from coast to coast, few original Canadian designers are available.

While production of more varied designs would seem to be called for, manufacturers claim that it is uneconomic to provide them, according to Mr. Rossier.

Then too, according to Mr. Rossier, at Alderlea to their rest.

Cook's Corner

CANNED CHICKEN

Cut chicken into serving-sized pieces. Soak overnight in brine made from 1 tablespoon salt to each quart water used.

Using Tin Cans

Use plain tins. Proceed as above. When cans have been filled to within 1/2 inch of the top, place the cans without lids in boiler containing about 1 to 2 inches of boiling water.

Better English

By D. C. Williams

1. What is wrong with this sentence? "Robert is over six foot tall."

ANSWERS

1. Say, "Robert is more than six feet tall." 2. Pronounce sha-po, as in ask un-stressed, o as in no, accent second syllable.

er's report, a number of Canadian companies have arrangements with American firms from whom they borrow or adapt designs.

-Needlecraft-

FOR THE HOME

FOR DOUBLE DUTY

Something different in the way of a jacket dress! The dress has a deep squared neckline and brief ruffled sleeves.

No. 2081 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24 and 26.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly.

Address Pattern Department The Charlottetown Guardian.

Name _____ Address _____ City _____ Province _____



True Success Story

By F. E. MacArthur

For today's article I have chosen a few highlights in the life of John Eliot, the Apostle to the Indians.

Of the early life of John Eliot we know all too little. He was born in England and entered Jesus Christ College, Cambridge, where he graduated at the age of nineteen.

The young preacher was warmly welcomed by the stern Puritans of Massachusetts. Throughout the first winter after his arrival in Boston he preached in one of the city churches and the following spring he settled at Roxbury.

Soon after his arrival he became deeply interested in the savage Indians whose pagan beliefs grieved him no little.

This was the beginning of a remarkable achievement. For not only did he master the redmen's language but made of it a written language into which he translated the whole Bible.

Not satisfied with what he had done Mr. Eliot founded a town for the Indians at Natick, taught them how to cultivate the soil, and helped them in many other ways so that their living standards were greatly improved.

Every second Sunday Pastor Eliot rode on horseback from Roxbury to Natick to preach the gospel of Jesus Christ to his new charges.

For nearly sixty years he carried on the great work that had become a very part of his life.

DOROTHY DIX SAYS -

"Too Nice"

Too Much Affection Bore This Girl's Fiance

DEAR MISS DIX: Did you ever hear of a girl being too nice to a young man? I have been engaged for two years to one whom I love better than life itself.

ANSWER: Yes, my dear, I have not only heard of girls being too nice to young men, I've seen them do it and lose out by so doing.

It is one of the unfortunate laws of Nature that we judge other people by ourselves and expect their reactions to be similar to our own.

POINTS TO REMEMBER

One thing that every girl should bear in mind is that love takes a man. The second is that no man wants to make love upon compulsion.

FLOWERS AND FRUIT



DESIGN NO. 576

Attractive groups of flowers and fruit may be embroidered on a luncheon cloth, towels or individual pictures.

Name _____ Address _____ City _____ Province _____

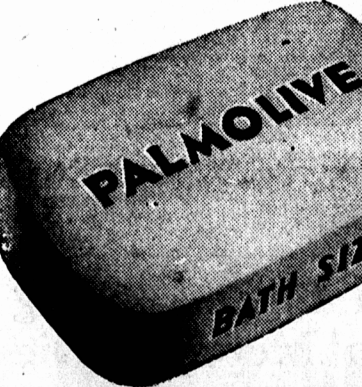
Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, gripping cathartics.

For nearly sixty years he carried on the great work that had become a very part of his life.

For Baby Too!

choose extra mild, extra soothing Bath Size PALMOLIVE



DOCTORS PROVE YOU TOO MAY WIN LOVELIER SKIN IN JUST 14 DAYS!

Start Palmolive's famous 14-day Beauty Plan today. Leading skin specialists proved the Palmolive Plan brings lovelier complexions to 2 out of 3 women regardless of age, type of skin or previous beauty care!

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For Loveliness All Over buy BATH SIZE PALMOLIVE

Advertisement for Carnation Evaporated Milk, featuring a can of milk and the text "for Better Results with Cake Mixes".

Advertisement for Needlecraft patterns, featuring a woman in a dress and the text "FOR THE HOME" and "FOR DOUBLE DUTY".

Advertisement for Palmolive soap, featuring a baby's face and the text "For Baby Too!" and "Bath Size PALMOLIVE".