



### ZONTA CLUB EXECUTIVES

The study of highway safety, participation in Red Cross Blood Donor Clinics, and providing transportation to trainees at the Sheltered Workshop for their social evenings, are just a few of the projects of the Charlottetown Zonta Club. Taking an active part in the organization are (FROM LEFT) Mrs. Julian Herring and Mrs. Evelyn Cudmore who are directors, and Mrs. Keir Costain, the acting president. The story of the Zontians appeared on page 5A in yesterday's Women's Club Edition.

### ELLEN'S DIARY

## No Animal Is Neglected In Busiest Of Seasons

"It continues mild," James observed at our bedroom window this morning. "It's unusual, this spell of weather in January, isn't it, Ellen? I should by rights clean that furnace pipe, if I can find the time today. Yes, we might not get another such day for it all winter," he said. Dawn was setting its brightening touches above the eastern hills. Above the millstream over in the house on the hill, and in that across the lane, the morning lights were on. Ours too would shine out presently from the kitchen across the snowy yards. Doors would open and close. James would step out to his day. "You farmers are fortunate," a salesman who came by today remarked. "You are having your holidays now!" "You should stop with us a while," James smiled. "You would get a different view of things. Now with the stock in, well, here it is the busiest season we have." "That's too bad," the salesman offered. "Oh, I wouldn't say that. We like it. We have no complaint. It's interesting and satisfying, when you enjoy it, and everything is going along well." "A bit wearisome, I would think?" "Sometimes," James nodded. "One can tire with the work though not with the occupation. You can be so weary at the end of a day, you fairly tumble into bed. But then in the morning, you think how well things are going - perhaps a pen of fat cattle, or sheep, or lambs are coming up to the quality or weight for market, or the fields are looking well, and you forget how tired you were last night. This is another new day. The thought is exciting. You never know what the hours ahead will bring." At Alderlea, no animal, not even the youngest kitten or a tiny runt in the piggery is neglected. "Now mind, Ellen," James will remind us when we chance to come to town together to a spell of shopping, "there's to be no dawdling over any buyings today! None of this 'looking around' - no wasting of time. I have to be home no later than... to feed the stock. So, govern yourself accordingly!" We smiled to ourself over this trait revealed in a younger generation of the name, when we went with Jamie and Elva on a similar outing the other afternoon, though it was expressed more casually, but none the less sincerely. "How much time have we?" We inquired once, "aware the hours were fast spending away." "Well, not that it could make so much difference if we were delayed, but I should like to be home by five," James said. "I always make it a point to start to feed the cattle their grain at that time." "And, he added, 'they have come to expect it, too!" The chores: the feeding, the cleaning of stables and sties, and other incidentals to these, keep our farmers pretty well occupied these nice January days. Until tomorrow - Diary - Goodnight....



### YMCA AUXILIARY OFFICERS

Some members of the YMCA Auxiliary have given over 50 years of service and the auxiliary as a whole have been given special recognition for the assistance they have provided Y groups for many years. Members of the executive shown are (FROM LEFT TO RIGHT) Mrs. Frank Jelks, president; Mrs. Fred Osborne, secretary and Mrs. W.R. Carson, vice-president. Story on the Auxiliary appeared on page 8A of the Women's Club Edition yesterday.

### HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8508

Mr. and Mrs. David Larkin of Summerside were entertained recently by relatives and friends on the occasion of their 25th wedding anniversary at the home of Mr. and Mrs. James M. Harris, Victoria Rd. The traditional anniversary cake centered the dining room table and Mr. and Mrs. Larkin (nee Amelia MacDonald) received a number of appropriate gifts to mark the happy event. Refreshments and a social evening were enjoyed.

Thomas Stubbert has returned to his residence in Belleville, Ont., after being called home due to the death of his father, the late Alfred Stubbert of Souris. On his return trip, he was accompanied by Bill Scott, who will reside in Ontario.

Melvin J. MacQuaid, MP, Souris, recently left for Ottawa, Ont., to attend his new duties. Mrs. MacQuaid and family are remaining at their home in Souris.

Mr. and Mrs. Charles Ching and daughter Connie, Red Point spent the weekend in North River, guests of Mrs. Ching's brother and sister-in-law, Mr. and Mrs. Roy Bruce.

Mr. and Mrs. Eric MacFadden, Scarborough, Ont. arrived on the Island Sunday to attend the funeral of the late Owen Younker, and to visit with relatives and friends. They were accompanied by Samuel Willis.

Mr. and Mrs. C. M. Friesan, Vancouver, B. C. left recently after spending a week at the home of their son-in-law and daughter, Mr. and Mrs. Gary Friesan and family, Kensington.

Mr. and Mrs. Eric Jessome, Margate, and Mr. and Mrs. Fenner Stewart, Kensington have returned home after spending a few days at Amherst, N. S. on a combined business and pleasure trip.

Elsie Jardine has returned to Boston, Mass., after spending some time with her mother, Mrs. James Jardine, Bothwell.

Barbara Acorn, nurse in training at the Charlottetown Hospital, spent the weekend with her parents, Mr. and Mrs. William Acorn, Souris.

Frankie MacGregor, 3rd year student at PWC spent the weekend with her parents at O'Leary.

The Darnley Women's Institute recently sponsored a successful card party at the home of Mr. and Mrs. Junior Hickey, when 20 tables were in play. The ladies' high score was won by Mrs. Lester Woodside and the gentlemen's by George Hickey, while consolation awards went to Mrs. William Silliker and William Simmons. The door prize was won by Wallace Pickering. Refreshments were served by the hostess assisted by the members of the WI.

Gail Rayner, 4th year student at PWC spent the weekend in Summerside guest of her parents, Mr. and Mrs. Ray Rayner.

Carolyn Harrington, in third year at Prince of Wales College spent the weekend at her home in Kensington.

**PUBLISH OWN REPORTS**  
New York's American Museum of Natural History publishes more than 2,000,000 words of scientific reports yearly.

The Glass Container Manufacturers' Institute reports that annually American Home-makers use more than 10 billion bottles and jars of food products ranging from cavair to catsup. And many of them go right-to-table "as is". This is part of today's simplified, casual living, also is often suitable for special gourmet meals. The beautiful glassware container has turned into a hallmark of elegance.

Many brands of salad oils and dressings, and items such as maple syrup are packaged in smart decanter-type bottles. Such condiments as chutney,

### Tons Of Supplies Shipped By USC

Since April 1965, 15,365 pounds of clothing, 225 layettes, and 200 pounds of home made soap have been shipped to Greece, Middle East and Korea by the P. E. I. Unitarian Service Committee. Shipments also included 100 hand knit cardigans as well as 300 baby shirts.

An average of 10 women, each Friday, sort, wash, mend and pack crates of clothing, averaging 85 pounds each.

Monday evenings, the church and service clubs, taking turns, send mending groups to the USC work room in the Dominion Building. Besides this, many individuals, as well as many Women's Institutes throughout the Island, work to alleviate the suffering among the refugees in 12 countries.

Money donations during the year reached an all time high, and when forwarded to Ottawa headquarters, go toward the purchase of food and medical supplies, educational and self help programmes in 12 stricken countries.

### IDA BAILEY ALLEN

**Fresh Or Canned Beans In A Salad Served Hot**

Ever since the labeling of foods and beverages in glass containers started, many fine hotels and restaurants have served directly at table from them - because they denote quality. Homemakers began to follow this trend, so manufacturers designed containers that were appropriate to use when serving family meals. Used "As Is" As a result the beautifully designed easy-open sparkling glass containers, including bottles, jars and glasses of fine foods, were often no longer emptied into a serving dish, but opened and placed "as is" on the table. The Glass Container Manufacturers' Institute reports that annually American Home-makers use more than 10 billion bottles and jars of food products ranging from cavair to catsup. And many of them go right-to-table "as is". This is part of today's simplified, casual living, also is often suitable for special gourmet meals. The beautiful glassware container has turned into a hallmark of elegance. Many brands of salad oils and dressings, and items such as maple syrup are packaged in smart decanter-type bottles. Such condiments as chutney,

# Women

6 The Guardian, Charlottetown, Wed. Jan. 26, 1966.

## Marshfield Ladies' Aid Elects Officers At Annual Meeting

Mrs. W.S. MacArthur, Union Road, was hostess to the annual meeting of the Marshfield Presbyterian Ladies Aid. The visitation committee reported sending a gift to Mrs. W. R. Godfrey who is in hospital. It was decided to purchase a memorial book for the church, also to remember Mrs. L.H. D. Foster, honorary president on her 95th birthday. The travelling apron and birthday box were opened and the proceeds were to be used for the visitation committee fund. Mrs. Hugh Lowry and Mrs. Athol MacBeath were appointed to purchase floor covering for rooms at the manse. The following officers were elected: hon. president, Mrs. L. H.D. Foster; president, Mrs. Cecil Stetson; vice-president, Dorothy MacFarlane; secretary,

Mrs. Ian MacArthur; treasurer, Mrs. A.A. MacBeath; visitation committee, Mrs. Cedric Ballew and Mrs. Hugh Lowry and card committee, Mrs. Cedric Ballew. Members were delegated to welcome Mrs. MacKinnon and Mrs. Scott MacArthur as new members. The next meeting is to be held at the home of Mrs. Cecil Stetson. The meeting closed with the Lord's Prayer after which refreshments were served by the hostess and committee in charge.

press pulp up from the bottom of the potato, put on a pat of butter and dust with paprika. Top with any of the following: **Deviled Ham Topping:** Mix the contents 1 (2% oil) can deviled ham with 1 tsp. minced green pepper and 1/4 tsp. to-mato catsup, and heat. **Sour Cream Chives Topping:** Season 1/2 c. sour cream with 3 tsp. minced fresh or frozen chives, or use freeze-dried chives; add salt and pepper to taste, and 4 drops Tabasco. **Bacon Topping:** Bake or saute 6 strips bacon until crisp. Crumble mix in 1 tsp. minced parsley.

**HOT GREEN BEAN SALAD**  
3 (5") strips bacon  
1 peeled small onion, chopped fine  
1 tsp. vinegar  
1/4 tsp. sugar  
1/4 tsp. pepper  
1/4 tsp. salt  
1/2 tsp. prepared horseradish (optional)  
1 lb. cooked fresh green beans  
or-1 (1 lb.) can  
Blue Lake beans, drained  
1-3 c. chopped fresh celery  
Cut bacon in small squares. Place in small fry-pan and saute until fat runs. Add onion and cook until yellowed. Stir in vinegar, sugar, pepper, salt, and horseradish. Add beans, and slow-heat about 10 min. Turn often with a fork. Serve with chopped celery as a garnish.

**TOMORROW'S DINNER**  
Cranberry Juice Cocktail (Poured at Table from Container)  
Sautéed Liver with Onions  
Baked White Potatoes with Choice of Toppings  
Hot Green Bean salad  
Rolled Pancakes with Whipped Cream Cheese Filling with Maple Syrup-Poured from its Glass Container  
Coffee, Tea or Milk  
Measurements level; recipes for 6

**BAKED WHITE POTATOES WITH TASTY TOPPING**  
Scrub medium-sized baking potatoes and cut out any blemishes. Rub with savory fat (this keeps the skin soft enough to eat). Bake in very hot oven, 425 degrees F., 15 min. The reduce heat to 375 degrees F., and bake until potatoes feel tender when pressed, about 30 or 40 min. longer according to size. To serve baked potatoes, cut top open in form of a cross,

**THE CHEF HURRIES UP POTATO-BAKING**  
Through each potato stick in two slender, steel spikes, end-to-end. These conduct heat quickly into the potato interiors, saving approximately 1/4 of the usual baking time.

**LIKE NEW BLADES**  
About 30 per cent of British safety-razor shavers now use stainless steel blades, compared with 50 per cent in the U.S.

### MARY HAWORTH

## Married Man Tells Wife He's Fed Up, Wants Out

DEAR MARY HAWORTH: I have been married 25 years; happy years, I thought, until my husband told me, some months ago, that he wants out. Last Spring he was on jury duty for a month and met a woman with whom he fell madly in love; he says. I noticed that he had been keeping to himself at home, with nothing to say to any of us.

He works nights and drinks a lot. He comes home from work goes straight to bed and sleeps until time to return to work. On his days off he stays in the bedroom with the door closed, watching TV. He urges me to leave, to go live with my sister, as he does not love me, is tired of being married, etc. He says he would leave but he can't afford to, as he would have to support me. He never wanted me to work, so I am dependent on him for everything.

We have three children, ages 23, 19 and 5 years. The eldest has a good job, and the second is in college. My husband says he resents the 5-year-old, says she gets on his nerves, that he never wanted her, etc. He ignores all the children since this began; acts like a stranger to all of us.

I am so confused. I wonder if I pay to be a good wife, only to be rejected finally. I've asked him if there was something I did or didn't do. He says I am a good wife and mother, he just doesn't love me any more, he has found another love. I've tried to interest him in specialist help, as people don't change like this for no reason. But he says there's nothing wrong with him, that he knows what he wants in life and is going to live as he pleases. What can I do? L.S.

DEAR L. S.: In my view, you should stay put, at night, stick to the even tenor of your home-maker routines and let your husband sort himself out of the emotional tangle he's got himself into. Ignore his urging that you go to live with your sister, etc. In 25 years' marriage you've earned the right, fully equal to his, to hang on to the premises he has provided. So, let logic and justice, rather than feeling, guide your action in this crisis. As for your concept that "people don't change like this for no reason," I agree. And the reason for your husband's change, from fidelity to flight, psychologically, is probably fairly commonplace, in the history of human nature, even though it seems overwhelmingly special to him, no doubt.

The late Dr. Edmund Bergler, Viennese-born and European educated psychoanalyst, who practised there and in New York City, spotlights the reason in his book titled "The Revolt of the Middle-Aged Man" (A. A. Wyn, publishers). On the last page of the book, in the terminal paragraph, Dr. Bergler writes: "Some day in the distant future, when women have been made familiar with the unconscious conflict embedded in man's middle age revolt, they will be prepared for it, take it for granted, and-most important-know how to handle it." "Thus," says the doctor, "a great deal of pointless and unavoidable suffering will be diminished."

He continues: "Just as it is now accepted as natural that people in their forties and fifties have their eyeglasses adjusted, to accord with physical changes taking place in the eye, so, in time to come, it will be accepted as commonplace" that middle age men go through an emotional phase of wanting to re-live their adolescence. In your husband's case, a combination of factors precipitates his mixed-up desire to turn back the clock - which can't be done. Among these factors I would list: His mounting age, the long-time social tedium of rearing a family on limited earnings, the sense of "escape" from "life as usual" that he found in a month jury duty, plus the happenstance of strong sex attraction to a woman younger, possibly from a larger background. If he refuses professional counsel, my advice is, get it for yourself, as good medicine for the soul, in coping with his asymptomatic "revolt behavior." M. H.

Mary Haworth counsels through her column not by mail or personal interview. Write her in care of The Guardian.

## Summerside Guide Assoc. Stresses Need For Leaders

The annual meeting of the Summerside Local Association of the Girl Guides of Canada was held on January 20 in the auditorium of Parkside School. The meeting opened with the reading of the guide prayer.

The District Commissioner Mrs. Orville Phillips, extended a welcome to the well attended audience of mothers of guides and brownies. She went on to explain the function of the Local Association, noting their responsibility to organize Packs and Companies and Crews and find leadership for these groups. They purchase camp equipment and give financial assistance to all guides going to camps outside the province. They provide all badges, emblems and cords earned by guides and brownies and assist guides in the purchase of uniforms. Mrs. Phillips pointed out that although assistance was given for these matters and many more, the only means of raising funds for the Association was through their Annual Tea which is to be held this year on Saturday, February 19th and called for support with this project.

Mrs. Chas. Craig read the minutes of the last annual meeting and the last executive meeting. As Mrs. Craig was retiring as secretary, she was thanked for her untiring efforts and cheerful co-operation during her years in office. The financial statement was circulated and Mrs. G. Gallant read the financial reports. A report on the work accomplished by brownies and guides was given by the badge secretary, Mrs. H.J. Magee, nine Gold Cords, the highest award in guiding had been presented during the year, together with five All Round Cords, the second highest award. It was noted that 491 various awards had been earned by the girls during the past year, 188 more than in the previous year but Mrs. Magee expressed great alarm at the prospect of packs and companies in the Republic as prime targets for so-called movements of national liberation.

The Dominican Republic, Costa Rica, Ecuador, Salvador, Haiti and Bolivia and other nations expressed support for the Peruvian proposal. The Peruvian complaint, supported by Venezuela and Colombia, was presented to the council of the Organization of American States (OAS) by Juan Bautista De Lavalle, Peru's ambassador to the OAS. Peru asked that the protest be passed on by the OAS secretary-general to UN Secretary-General U Thant with the request that it be circulated among all nations.

The complaint said statements at the recent three-continent conference in Havana by S. P. Rashidov, head of the Soviet delegation, "constitutes a flagrant violation" of a UN resolution adopted last December condemning intervention by one national in the internal affairs of another. The Havana conference mentioned Peru, Venezuela, Colombia, Guatemala and the Dominican Republic as prime targets for so-called movements of national liberation.

## Peru Hits At Russia

From AP-Reuters WASHINGTON (CP) - Peru has formally accused the Soviet Union of violating the principle of non-intervention by pledging to support subversive movements against Peru and other Latin American nations.

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**GAY HEADLINERS**  
Look smart, keep warm in fashion's choice - kerchiefs to knit in gay colors. Cozy, casual Knit a kerchief in one day. Block style - just knit, puri; the other with mohair stripes. Pattern 7394: directions. **THIRTY-FIVE CENTS** (coins) for each pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept., 60 Front St. W. Toronto 1, Ont. Ontario residents add one cent sales tax. Print plainly pattern number, name, address. **GIANT 1966's Needlecraft Catalog stars knit, crochet - many more needlecraft designs. 3 free patterns printed in-catalog Send 25 cents.** **NEW! 12 Collectors' Quilt patterns for you in color, with quilting motifs. Finest pattern ever collected from famous maesters. Send 60 cents for new Museum Quilt Book No. 1 - 12-page complete patterns. 60c.**



### BETA SIGMA PHI PRESIDENTS

Of utmost importance to the Beta Sigma Phi Sorority are study and fellowship. Presidents of the three local chapters are shown above (FROM THE LEFT) Mrs. Robert Large, Mrs. Temple Hooper and Mrs. David Boswell, who are now making plans for their annual Yellow Rose Ball being held this year on April 11. The story on the Alpha Chapters of the Sorority appeared in the Women's Club Edition yesterday on page 6A.

# For COLDS and GRIPPE...

1. Rest in bed  
2. Drink plenty of fluid  
3. Take Aspirin to reduce fever and relieve pain

## ASPIRIN WILL MAKE YOU FEEL BETTER FAST

Aspirin is the Registered Trade Mark of The Bayer Company, Limited, Aurora, Ontario