

WOMEN

Page 8 The Guardian, Tuesday, Aug. 16, 1955

ELLEN'S DIARY

By An Island Farmer's Wife

What do we find in our pillow when we choose to sleep quietly on some question? A perspective which allows one invariably to reason clearly, to select and have then no regrets.

"Morning!" Mack our first visitor of the day came in, a sturdy and quite tanned fellow to swing browned legs from his seat in the old armchair in the kitchen. "Good-morning! How are you?" we asked spreading the table with its red and white checkered breakfast-cloth.

"Oh, I'm fairly well today, though, 'with a smile.' I should have slept better."

"Then why didn't you sleep in later?"

"Well how could you with the noise about? The birds and the hens and the calves—there's just no sleeping in that. Are you going to the dentist's this morning?"

"Yes."

"Are you certain—sure?"

"Yes."

"That's good. You won't really mind it one bit. She (Granddaughter) didn't, nor Jamie. And I had my teeth all treated and, 'he chuckled' it was only 'fun'. I suppose though when people get old and weak, it's hard for them. You'll have a nice day for it anyway."

It was a nice day, so full for us of a number of things we could agree with the author who wrote: "There is only one thing about which I shall have no regrets when my life ends. I have savored to the full all the small daily joys. The bright sunshine on the breakfast table, the smell of the air at dusk; the sound of the clock ticking, the light rains that start gently after midnight; Sunday-evening tea before the fire! I have never missed one moment of beauty, not ever taken it for granted. Spring, summer, autumn, or winter, I wish I had failed as little in other ways."

Nor did we mind that final parting with a pair of ailing friends there in that city office, while from the street below came the casual sounds of the ebb and flow of traffic and we claimed for a few minutes a piece of blue sky "up yonder" for our very own. Not even a little, though as Mack had suggested grown somewhat "old and weak." Thus for us lay again the usual peace of body which has been a cherished endowment of our years.

Glims of gold in the grain-fields, emerald of aftermath in the shorn haylands; days warm and sunny, nights cool and starlit—these are now among August's nice gifts. Until tomorrow Diary—Good-night

COOK'S CORNER



STUFFED PEACH SALAD

1/2 cup milk
1 3-oz. pkg. cream cheese
1/2 cup walnuts
1/2 cup chopped white seedless raisins
2 peach halves
2 large cooked prunes, pitted
1 lb. lettuce
French dressing

Gradually add the milk to the cream cheese, blending until smooth. Add the nuts and raisins and mix well. Fill the centres of the peaches with the mixture. For each salad arrange two stuffed peach halves and two pitted prunes on lettuce. Serve with French dressing. Makes 4 servings.

MRS. GORDON MACMILLAN

A COUNTRY GARDEN

DUNE GRASS
Along the tawny dunes I saw the wild grass bending toward the sea:
I smelled the bayberry and fern; A white gull circled over me. The thunder of the water fell Upon the grooved and slanting land:
I walked upon the drifted dunes And found a gull's egg in the sand.
The sky was grey, the sea was green:
The sandpiper's sharp, sudden cry Was a small and silver arrow flung Between the dune grass and the sky.

Frances Frost many lovely grasses and heather. The Flowering Plants and Ferns of Prince Edward Island by Blythe Hurst Sr. lists many fragrant ferns, bayberry and grasses. It is a delightful walk around any of our beautiful shores and we do not wonder that so many of our visitors enjoy their holidays here on the "Island."

One garden visitor of many summers away from her native land pleased me so much when she was able to get the fragrance of the Sweet Brier tree when some distance from it as we made the tour of the garden. When it rains it is easier to detect this lovely fragrance but it was a sunny afternoon and when garden visitors are observant it is an easier and pleasant tour that we make.

Another visitor from our neighborhood to the south told me of the fragrant bouquets her Mother always made up, and that in them she always tucked a sprig of Lemon Verbena. I have looked through several catalogs hoping to find this fragrant flower but it may be listed under another name and so the garden will not be able to have this plant to make the garden more fragrant another year.

August is a fragrant month in the garden, and Honeysuckle and Roses and Pinks still bloom with the tiny bush of lavender. In annuals the Sweet Alyssum and the Sweet Peas, even the Wallflowers have a second blooming of the fragrant orange flowers. The Stocks are now coming into fragrant blooming and are spicy and aromatic in their fragrance. Since writing about the fragrant Verbena I have found that Abronia umbellata is called the sand Verbena. Continued on page 9

ANNE ADAMS PATTERNS

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RADIOACTIVE STUDS
EVREUX, France (Reuters)—Police broadcast a warning Thursday that 40 radioactive studs taken from an airfield near here might be dangerous to anyone near them. The studs had been filled with radioactive metal for use on the airport.

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Exchange Vows in Ceremony In Bristol United Church

A pretty wedding was solemnized at Bristol United Church recently when Rev. MacLeod united in marriage Constance Mary, daughter of Mr. and Mrs. Theodore Anderson of St. Peter's Harbor to Aubrey Warren Webster, son of Mr. Harold Webster of Marie and the late Mrs. Webster.

The bride, who was given in marriage by her father, was attired in a floor-length dress of white net over satin, with a lace bolero. Her finger-tip veil of embroidered net was held by a coronet of seed pearls, she carried a bouquet of Talisman roses.

The bridesmaid, Miss Louise Anderson, sister of the bride, wore a gown of lilac net over taffeta, with matching headdress and mitts, and carried a nosegay of mums.

Following the ceremony a reception was held at the home of the bride for 140 guests. After the reception the newlyweds left by car for Toronto, Niagara Falls and other points on a honeymoon trip.

For travelling the bride wore a dress of pink brocade taffeta with matching accessories, and navy blue theatre coat.

The young couple will reside at Marie.

LET'S EAT

Blueberry Pie Stars As A Summer Favorite

By Ida Bailey Allen



American Blueberries, at their best this month, make a delicious filling for a deep-dish pie. Fancy top is made with a cutter.

From plush restaurants to farm homes, the deep-dish fruit pie is a leading favorite.

Raspberry deep-dish pie is exquisite, but it has a brief run, because of the short raspberry season. Peach deep-dish pies are excellent but expensive, this year because of the short peach crop; apple deep-dish is good for all the year-round.

But this month, when the American blueberry is at its best, I nominate the deep-dish all-American blueberry pie.

Deep-Dish Blueberry Pie: In a double boiler top, combine and mix 4 c. fresh cultivated blueberries, 1¼ c. sugar, 2½ tsp. cornstarch, 1½ tsp. lemon juice, ¼ tsp. butter. Cover. Cook 45 min. over hot water; stir occasionally.

Divide among 6 (5") deep dessert dishes or throwaway aluminum foilware pie pans. Top each with a round of baked American pie pastry.

Serve plain or with 1 (3 oz.) pkg. cream cheese beaten with 1½ tbs. sweet or commercial sour cream and flavored with ¼ tsp. nutmeg.

Pastry Rounds: Make up 1 full Continued on page 9

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MacCormac-Mullen Wedding

St. Bonaventure's Church, Tracadie, was the scene of a wedding, on July 26, when Freda Theresa, youngest daughter of Mr. and Mrs. Frederick Mullen, Tracadie, became the bride of John Alexander David, son of Mr. and Mrs. Patrick MacCormac, St. Margaret's, P. E. I.

Rev. Kenneth MacMillan, P. P. performed the double-ring ceremony and celebrated the Nuptial Mass. The altar was tastefully decorated for the occasion with bouquets of mixed flowers and potted plants.

The bride, who was given in marriage by her father, was attired in a white, floor-length gown of lace and nylon net over satin, with matching bolero. The bouffant skirt was trimmed with panels of lace and nylon net ruffles. Her three-quarter length veil fell from a Juliette Cap of lace trimmed with seed pearls and sequins. She carried a bouquet of red and white carnations and maiden hair fern.

Miss Constance Egan, niece of the bride, was bridesmaid. She wore a yellow floor-length gown of lace and nylon net over taffeta with matching lace bolero and nylon mitts. She carried a bouquet of yellow and white carnations.

Mr. Leonard MacCormac, Souris, was best-man for his brother. The ushers were Messrs. Earl and Stirling Mullen, cousin and brother of the bride. For her daughter's wedding Mrs. Mullen wore a dress of teal blue crepe with white accents—a corsage of pink carnations. Mrs. MacCormac wore a dress of deep green with matching accessories and a corsage of white carnations.

Following the ceremony breakfast was served at the home of the bride for the immediate family. The toast to the bride was proposed by Rev. Mac-



Engaged

Mr. and Mrs. Lawrence Daley wish to announce the engagement of their daughter, Carmelita Bernadette, to Melvin Joseph O'Leary, son of Mr. and Mrs. Arthur O'Leary, Queensport, Guys' Co., N. S. Wedding to take place September 3, in St. Paul's Church, Sturgeon, P. E. I.

Millan and responded to by the Rev. K. C. MacPherson also offered his best wishes for the happiness of the newlyweds.

Following breakfast, the bridal party motored to several points of interest on the island, and afterwards left on a short moon. The newlyweds plan to live in Toronto, where the groom will study Mechanical engineering.

Previous to her marriage, the bride was tendered a shower in Tracadie hall, where she received many fine gifts.

Suds Make Light Work Of Household Tasks

BY ELEANOR ROSS

In the same mail that included a request for information on the care of tennis shoes, came a letter from another reader who sent along her findings. And since she is a well-known player, we know that she knows all about it.

TENNIS SHOES
She says that her soiled tennis shoes go right into the washing machine, with warm soap suds and rinses for colors and hot suds for whites. Tie the laces before washing and stuff the shoes with paper or cloth towels afterwards, to hurry drying. Don't let footwear get too soiled!

Another worried reader asks, what causes kitchen enamel ware to crack and the underlying metal to corrode? Usually, it is a rapid switch from heat to cold that is the culprit. That is why a hot enamel pot should never be put under a stream of cold water.

The same reader is a little apprehensive about the white film on aluminum and spun aluminum ware that shows up so frequently after some use. It is nothing to be worried about. An expert informs us that the white film is aluminum hydroxide and that not only is it tasteless, odorless and harmless, but it is actually recommended in emulsion for ulcer patients!

Eggs in shell, potatoes in skin, salt and soda bicarbonate corrode aluminum. Steel wool plus a cleaner removes it from cast aluminum, since that contains an alloy. NOT FOR FRYING PAN

However, they should not be used on an aluminum frying pan, as they remove the protective grease. To restore a film, coat the utensil with olive oil and heat over a burner until oil smokes. Let pan cool, wipe out and store.

Cleaning of cast iron utensils is suggested, too, since vigorous scrubbing removes that protective grease, as red during cooking, which prevents rusting and sticking of food.

CRUETS AND DECANTERS
If you have had trouble washing vinegar cruets, decanters, vacuum jugs that get such a work-out during the warm weather, here is a bit of assistance. Add some little lead pellets, like those packed in shotgun shells, to soapy water in the container. Then swirl and swish the cruet so that the pellets will act as a sort of abrasive to remove the film left by milk, soups and such.

This method is recommended for keeping baby formula bottles clean and it works fine, too, on those odd-shaped bottles that somehow seem to find themselves at home in every kitchen.

Words Of The Wise

The writings of the wise are the only riches our posterity cannot squander. —(Landon)

MORNING SMILE

Lieutenant (to soldier late for formation): "Young man, you ought to take a lesson from the busy bee."
Soldier: "I did, sir. I was out last night with my honey."

To Test Oil Processed Eggs

OTTAWA, (CP)—The agriculture department's consumer section will test oil-processed eggs here next week to ascertain whether they are as tasty as fresh ones. The processed eggs are coated with an oil preservative which seals the pores in the shell so that the eggs can be stored without deterioration. The oiled eggs usually

HOUSEHOLD HINT

Put a few drops of household liquid ammonia in a pipe connection that has become rusted tight. Allow the ammonia to penetrate for a few minutes, and the connection will loosen.

are processed in early spring and stored to meet the seasonal summer shortage and are reported selling at 15 to 20 per cent less a dozen than fresh eggs.



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