

WOMEN

Page 8 The Guardian Thursday, April 21, 1955

ELLEN'S DIARY

by an Island Farmer's Wife

A gray day this has been, with the spruces marshalled darkly along stream and valley and the clouds reaching down to rest on the hillsides—one out of April's variable quiver of days.

"That's what I like about April!" a farmwife said today, with a chuckle, "there's so much variety in the weather! We get a day like this, so dark and gloomy, one would think the sun could never shine again. Then suddenly the clouds lift and there never was such sunshine and blue sky and fresh and clean-smelling and good.

Of course, I'm partial. I'm an April child."

John Burroughs, the American Naturalist, whose writings are so interesting and good was also a child of April.

"April is my natal month and I am born again into new delight at each return of it. I have loved the feel of grass under my feet. And the sound of running streams by my side. The hum of wind in the treetops has always been good music to me, and the face of the fields has often comforted me. I am in love with the world. It has been my home."

The face of the fields is brightening now, the drab of meadows assuming touches of green. And the farmers seeing, talk of the fencing. "Do you suppose we'll have wire enough? And we should get off to the woods, the first chance we get, to cut what stakes we'll be needing. And what about lime? Should we get some this spring? And" with a nod "next thing we know the fields will be firm enough to be spread with manure."

This afternoon, all repairing done for the present, Mr. D. gathered up his tools and took his leave of Alderlea. The little truck and good friend of the farm, carried him along improving spring-roads to his home down the River. And the house settled down to an old quiet without sound of hammer or saw.

But Jamie came by then for company, noting the troubled and swollen waters of the pond, a little anxious, with the dawning of the trouting season set for tomorrow. The little lad at the House across the Lane, his angling yet unproven, has rods and bait in readiness to be up and away to it at gull-call in the morning.

Gulls we continue to have—and robins in numbers for the children to count. Song sparrows to sing to us, starlings to imitate, bluejays for color, woodpeckers to tap out spring-code. Calves too, until Mack "don't just know where we'll tie up the next one—unless it's in the parlor!" Piglets in plenty ("The luck is better when prices decline!" one of the Family chuckled today) a solitary lambkin but no kittens as yet.

No kittens . . . and not a single star over the fields of tonight. And April interesting month fast spending her days.

Until tomorrow Diary
Good-night

Miss Evelyn Hessian Engaged

Mrs. James Hessian of Charlottetown announces the engagement of her daughter Evelyn, to Herbert F. Quinn of Notre Dame de Grace, Montreal, and the late James Quinn. The marriage will take place June 4th, in the Church of St. Augustine of Canterbury. Miss Hessian graduated from St. Dunstan's College, Charlottetown, and the University of Montreal. Mr. Quinn is a graduate of Sir George William's College and McGill University. Miss Hessian is also the niece of Mr. S. S. Hessian, Q. C., Montague.

Household Hint

To keep Venetian blinds clean, dust weekly with a lamb's wool duster or vacuum cleaner attachment. Tilt the slats down and wipe with a cloth or sponge wrung almost dry from warm soapsuds. Repeat the process with the slats turned up.

When necessary, immerse the blinds in a deep washtub or bathtub full of warm soapsuds. Scrub tapes on both sides with a well-lathered brush and lift the openers up and down through suds and rinses. Drain, wipe, and let blinds hang free while drying, to prevent tapes from shrinking.

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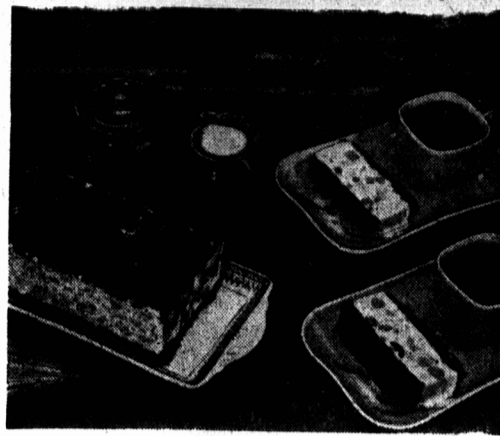
Until tomorrow Diary
Good-night

A Gingersnap Dessert For Cookie-Crumb Cooks

By Ida Bailey Allen

What I call "Crumb Cookery" started years ago when our grandmothers discovered that cracker dust or crumbs were good for coating oysters or chicken to be fried.

Along about 1930, graham cracker crumbs hit the limelight in the form of graham cracker pie crust, a favorite ever since.



GINGERSNAP CRUMBS MIXED

with butter and sugar make top and bottom crusts for a fruit and pie crust, chocolate cookie cream, and other favorites based on sweet biscuits or cookies, or cookie crumbs.

Very soon we had vanilla wafer pie crust, chocolate cookie cream, and other favorites based on sweet biscuits or cookies, or cookie crumbs.

Latest comer to this easy, luxurious cookie-crumbs cookery is a delightful dessert, Gingersnap Fruit Cream. It is especially smart served with coffee on charming oblong, pale green, simply decorated dessert plates, with matching cups.

Gingersnap Fruit Cream: Roll 22 old-fashioned gingersnaps into fine crumbs. Cream into ¼ c. softened butter with ¼ c. sugar. Reserve half crumb mixture. Pack remaining crumbs firmly into bottom of a deep refrigerator tray. Prepare and spoon in fruit cream filling. Spread remaining

crumbs over top. Freeze 3 hr., or until firm. Unmold and slice.

Fruit Cocktail Filling: Drain 1 (No. 2½) can fruit cocktail, saving juice. In a saucepan put 1½ marshmallows. Add 2 tbs. fruit cocktail juice. Cook and stir over low heat until marshmallows melt. Fold in fruit ¼ tsp. salt and

1 (3 oz.) pkg. cream cheese blended with ¼ c. heavy cream. Whip ¼ c. heavy cream (remaining in a half pint carton) and fold into fruit mixture.

SUNDAY DINNER
Tossed Green Salad Bowl
Roast Lamb
Whipped Potatoes
Onions Supreme
Gingersnap Fruit Cream
Coffee
Tea
Milk

Onions Supreme: Peel and boil 12 medium-sized mild onions in salted water to half cover. Much of liquid should evaporate. To ¼ c. of onion liquid add ¼ c. undiluted evaporated milk. Stir into 1 egg slightly beaten with ¼ tsp. flour. Stir and cook over low heat until thickened. Add to drain-

Cook's Corner



ALMOND BALLS

1 cup butter
2 cups sifted all-purpose flour
¼ cup confectioners sugar
1 cup ground almonds (2 oz.)
1 tsp. vanilla
18 candied cherries

Method: Cream butter with sugar until fluffy. Add everything else except the cherries and mix well with your hands. Take a heaping tsp. of dough and start to form it into a ball, push in a half cherry and roll again in your hands to make a perfect ball. Bake on a greased baking sheet in slow oven, 325 degrees F., for 35 minutes. While hot, roll in confectioners sugar.

ed onions. Serve dusted with ground black pepper.

TOMORROW'S DINNER

Tomato Bouillon
Fish Fillets Louisiana
Buttered Rice
Green Beans
Cole Slaw
Creamy French Dressing
Criss-Cross Rhubarb Pie
Coffee
Tea
Milk

Fish Fillets Louisiana: Use 1½ lbs. fillets fresh or thawed-frozen halibut, haddock, codfish, white fish or snapper cut 1" thick. Rub with cut section garlic. Dust with ¼ tsp. salt, 1 tsp. monosodium glutamate and ¼ tsp. pepper.

Place on well-buttered baking platter. Strew with 1 fine-minced pimiento, 1/3 c. minced celery and 1 minced peeled small onion. Sprinkle over 1 tsp. lemon juice. Top with ¼ c. coarse enriched bread crumbs mixed with 1 tbs. melted butter. Pour in ¼ c. tomato juice.

Bake 25 min. in moderate oven, 375 degrees F., or until fish flakes and crumbs are golden brown.

TRICK OF THE CHEF
Add ¼ tsp. or 1 very small pinch marjoram when cooking green beans.

KEEP IN TRIM

Willpower And Incentive

By Ida Joan Kain

A common plaint of hearty eaters is that they have no will power to resist when it comes to resisting rich, delicious foods. Do you, along with many another overweight, think of will power as a strange quality bestowed upon some lucky few persons at birth, and alas withheld from others, including yourself? Then you will be interested in some real life cases of sudden will to diet.

A complacent housewife who had gradually allowed her once slim trim figure to become buried in 50 excess pounds noted that her husband was having more than the usual number of important evening conferences. Without saying a word to him, she set about remarking her figure. After she had lost some 20 pounds, he surprised her by inviting her out for an evening.

Now the question is, did she suddenly develop more will power? No . . . the will is always there, abiding in full power . . . but it often takes a special incentive to hurdle the initial inertia to action.

The never-to-be forgotten example of tremendous will power was the case of the soldier's wife who, through worry and loneliness, gained 100 excess pounds during the years her husband was overseas. On his return, he

was aghast. Not able to bear the look in his eyes, she went at reducing with a will born of desperation. The courage she showed in getting back to normal weight rates her a medal too. To chart her progress, each day she tried on her size 42 dress. Today she wears size 14.

Often times just a chance remark will spark the will to sudden action. One girl, who had come back to the office in which she had worked before she was married, overheard her friends talking about her added weight. "That did it! She wanted to banish the bulk, and she succeeded beautifully. Afterwards she thanked her office workers."

One teenager, so tired of being teased and dubbed "Butter ball" and "Hilda Hippo," finally decided weeping into her pillow was no help. She made the important inner decision to skip all fattening snacks and, when tempted, she would call herself "Hilda Hippo." Thirty pounds lighter, she wrote to urge other fatties to show the teasers . . . then thank them.

Every one of these overweights had previously considered herself lacking in that all important quality, will power. The combined forces of interest, desire and enthusiasm give the will impelling power.

MORNING SMILE

Doctor—Have you ever had your ears pierced?
Patient—No, but I've often had 'em bored.

Words Of The Wise

When we are planning for posterity, we ought to remember that virtue is not hereditary.—(Thomas Paine).

CONSTIPATED BABY...

Give Baby's Own Tablets. Sweet, mild little tablets. Nothing better to help clear out bowels quickly—yet gently. No "sleep" stuff—no dulling effect. Used for more than 50 years.



Especially good for the restlessness and feverishness resulting from digestive upsets at teething time and other minor baby ills. Taste good and are easy to take! Get a package today at drugstore.

BABY'S OWN TABLETS



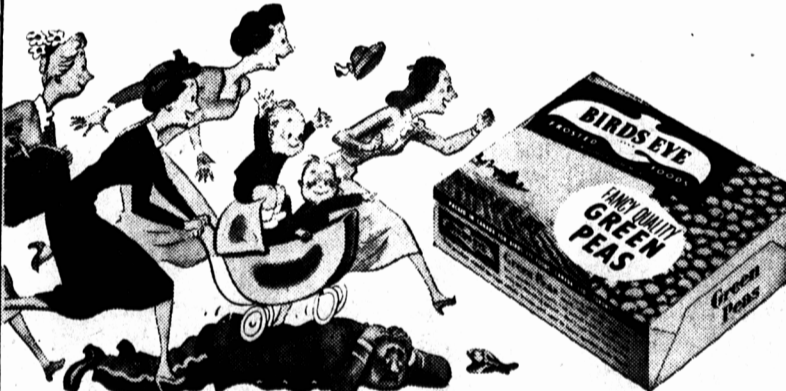
A FEW DROPS ON YOUR DUSTCLOTH PREVENTS DUST FROM SPREADING

ATTENTION LADY CURLERS

A general meeting will be held this evening, April 21st at 7:30 p.m. in the club rooms for the annual election of Skips and Mates. All members are urged to be present.

Margaret E. Worth, Secretary.

BIRDS EYE comes to Prince Edward Island



BIRDS EYE!—THE FIRST NAME— THE LAST WORD IN FROSTED FOODS!

They're here! The frosted foods of TOP QUALITY—the one and only Birds Eye Frosted Foods—Now at leading food stores all over the Island.

They're the most wonderful eating you ever ate—always highest quality, always the same!

Vegetables with such farm-fresh flavour you can almost taste the dew on 'em—sea foods you'd swear were caught within the hour—orange juice that tastes even better than just-squeezed! Fruits bursting with sun-ripened glory!

BIRDS EYE SPECIALTIES

Orange Juice
Lemonade Concentrate
French Fried Potatoes
Whipped Potatoes
Chicken Pie
Beef Pie
Chicken Fryers
Seafoods

BIRDS EYE VEGETABLES

Green Beans, French Style
Wax Beans
Lima Beans (Fordhooks)
Broccoli
Cauliflower
Cut Corn
Mixed Vegetables

Green Peas
Peas & Carrots
Spinach (Chopped)
Squash
Brussels Sprouts

BIRDS EYE FRUITS AND BERRIES
Strawberries (Sliced)
Raspberries

BIRDS EYE ORANGE JUICE - TASTES JUST-SQUEEZED!



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BRASSIERES



LIMELIGHT

Style No. 3907 — Combination strapless half-bra and waist cincher in white embroidered cotton broadcloth. Batiste elastic panels, front and back garters. Slightly padded. Sizes: A cup 32-36, B cup 32-38

NEW LOOK OFF THE SHOULDER BRA

CINDERELLA

Style No. 3307 — CINDERELLA — bandeau bra with deep-plunge separation, cups wired separately, wide-set elastic shoulder straps, semi-padded. Fine white embroidered cotton. Sizes: A cup, 32-36, B cup, 32-38

6 95

3 50



EQUALIZER SEMI-PADED

Style No. 355 — Wired strapless, interlined with foam rubber. Diamond stitched undercup, white satin. Sizes: A cup 30-36, B cup 32-38.

3 50



Style No. 372 and 395 — With floating action, circle stitched cup and action straps. White satin and broadcloth. Sizes: A cup 30-36, B cup 32-40, C cup 32-42.

2 50



EQUALIZER SEMI-PADED

Style No. 195 — White or black satin, gently padded with foam rubber, circular stitched cups. Sizes: A cup 30-36, B cup 32-38.

3 00

- FRUITS & VEGETABLES**
- Grapefruit, 6 for 39c
 - Oranges, 2 doz. 69c
 - Raspberries (frozen) 49c
 - Peas (frozen) 29c
 - Orange Juice (frozen) 19c
 - Fish Sticks (frozen) . . 49c

- Cottage Cheese 25c
- YORK DICED Carrots, 2 for 29c
- YORK DICED Beets, 2 for 29c
- Salada Tea, lb. \$1.25
- Quix Giant Soap Flakes with Free Light Bulb . . 79c

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