



1st Row, left to right: — Jean McGaughey, Norboro; Wanda MacPhee, North Lake; Miriam Lawless, Kensington; Anita Laughlin, Sherbrooke; Dorothy Smith, Kinkora; Mary Carroll, Charlottetown; Marie Sullivan, Cardigan; Bernadette Hughes, Charlottetown; Katherine Morris, Kinkora; Marjorie Roberts, Kinkora. 2nd Row, left to right: — Frances Prosper, Georgetown; Mary MacInnis, Souris; Mary Rossiter, ...

ELLEN'S DIARY

Certainly the most heartening event of this day to the family at Alderlea, was the return of Mr. C. to his house on the hill this evening, from his spell of holidaying with relatives in the land to the South. He travelled by bus and train and his visit included Boston and its suburbs and a three-day outing to New York. Although Mr. C. is now settled comfortably and is taken up busily with the affairs of the mill and his farming, he is a man who has roamed quite widely in his youth. The recent trip was no new outing for him. He had visited the States before this and also most of the Provinces of Canada. Possessing a mind which must explore details, it is amazing the wealth of facts, he has learned at first hand from his travels, which might easily pass another on the same route. Unlike James he is much intrigued by the new developments of science which contribute to the ease and comfort of mankind, and so found much to interest him during his absence.

James lends an attentive ear but is not much taken up with the like. He cares little how many stories a building, a marvel of the builders' art, extends into the heavens, nor of the quickness with which one might be whisked to its topmost floor. He cares less for historical and beautiful turnpikes, how unbelievably heavy the traffic, how orderly or fast it proceeds. He is somewhat sorry when this or that building or plant "spreads over blocks" because Island farmers are accustomed to space on their holdings. We were amused at some of James' queries, but not at all astonished. "A lovely trip — an ideal time of year to take it, everything so beautiful," Mr. C. nodded. "Tell me now," James said, filling the old pipe and tamping it down neatly with a thumb "did you visit any of their farms? Did you take notice of the growing crops? Or did you see any stock on pasture?" These are the items of living which prove ever fascinating to James. ... a grain-field rippling when caressed by a light breeze ... neat farmsteads cradling their herds and their flocks.

We recall now that not so long ago on a trip with James to the city — one all the more bewitching according to our (normal) feminine yearnings, because it was to visit us a new hat, he hurried us about our items of shopping. "Be smart now, Ellen," he advised us, gazing up at the town clock. "We've got a lot to attend to yet — feed to pick up ... and did you say I needed work-shirts? Well, we'd better not bother with those today because we should soon be off home. I have a notion there'll be another lamb shortly — and this time of year, to a long breath and preparation. And suddenly James stood stock-still by a curb-side. A woman passer-by stopped to regard him curiously a moment ... and a shortish man looked up at him, with some amazement, then continued on his way. "Look, Ellen," he nodded towards an approaching team. "See that off mare — nice isn't she? Couldn't be better made! And the neat head ... put on right, isn't it? And," with a whimsical smile, "not bad action for a heavy one, hasn't she? And a lasting color!" Then falling into brisk steps again "I saw the day, Ellen, when that pair — the other one's not bad either, would be worth quite a nice sum of money! And don't they still make a fine picture?" Items like these please James. However very pleasant it will be to see his holiday through Mr. C.'s eyes, to hear of the wonders and beauty

Murder Is Forgetful

By WILLIAM BOGART (Continued)

Voices sounded outside the house. Johnny could hear a car stop. Another arrived close behind it. Then he heard Kay's voice raised in gay laughter. He knew why it sounded gay. Irene was beginning to recognize Michael, the Great Dane. That meant she was getting better. Johnny Saxon slid his feet into beach slippers and picked up a robe. He went downstairs and out to the patio terrace by way of the conservatory. The others—big Nick Walker, Doctor Bob Clark, the sandy-haired youngster Ralph Dunkirk, and Kay were just heading across the lawn toward the swimming pool. A white robe was around the girl's trim figure. Irene looked up as Johnny hurried to join the others. Now there was no recognition in her eyes whatsoever. She looked at him as though he were a complete stranger. Wearing a light pale green dress, she was serenely beautiful. Kay saw him coming, stopped, called out. "Hurry up! Last one in is a sissy!" She dropped her beach robe. Karen, the nurse, had done likewise.

The others nodded to Johnny. Then all were running toward the pool, laughing. Someone said, "I'll race you, Kay!" Later, Johnny guessed that they all piled into the pool about the same instant. The water was cool and exhilarating, and as he moved to the surface someone splashed him. It was Kay, her pouting face framed by a white rubber swim cap. "Touch bottom!" she taunted and disappeared. He dived after her, tried to grab her, lost her and came to the surface again. He treated water and watched for her head to pop to the surface again. Two others were making a lot of noise and swimming around. Kay must have screamed the moment her head broke the surface. It was a cry that turned Johnny Saxon's stomach into a knot. He twisted around, saw her behind him, two yards away, with a look of stark horror in her wide stricken eyes. "Johnny!" she choked out. "Johnny!" She pointed downward. Again she made a queer, stricken cry.

Johnny dived, swam toward the bottom of the pool, eyes open beneath the water. He must have barely missed it the first time. The figure was lying on the bottom of the pool. It was the body of Grandpoppa Smith. Johnny grabbed the old fellow by his thick hair and brought his limp figure to the surface of the pool. Water dripping from his tall, lean-muscle form, Johnny ran to where the others were crowded around the figure lying on the grass. Doctor Clark had swiftly taken charge. But he snapped orders as though he knew what he was doing. "Quick. Roll him on his stomach. There might be a chance if we give him artificial respiration!" Everyone was talking at once. Ralph Dunkirk, Kay's young friend looked ill. "Geel!" he exclaimed. "Maybe he had a weak spell. He must have fallen in!" As Doctor Clark turned the old man's face sideways, so that they could watch for evidence of his breathing, he said, "I wish we had a pulmonator. But if we wait until they send one from the hospital, it might be too late. It'll be a whole lot safer if we go to the hospital!" Kay's young figure raced across

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DOROTHY DIX SAYS—

Baby-Sitters' Plea Mothers-For-The-Evening Deserve Consideration And Appreciation

DEAR MISS DIX: In this modern day, baby-sitters have become practically essential. My friends and I have discussed the duties expected of a sitter and wonder if other people in this job have the same problems. We are mature women who do this evening work as a supplement to our income and for the feeling that we are contributing something of ourselves to the community. We have one complaint to make, though, and this is not an exception but a recurrent happening. We find, in many cases, that we are expected to do the following, without so much as a "thank you": (1) washing dinner dishes (still standing at 8 P.M.); (2) caring for neighborhood children who drop in to visit; (3) feeding and looking after pets. Only when partaking of a meal do we feel obliged to clean the kitchen, yet we all seem to have a feeling of guilt if we leave the dishes in the sink. Our responsibility, we feel, is associated with the care of the children, that is, bathing and getting them properly settled in bed, often with a bedtime story. What about it Dorothy Dix, and all you baby-sitters—do you feel we have a genuine complaint?

FIVE BABY-SITTERS ANSWER: The fault here goes back to the very moment when you are hired by a mother. Right there the duties you are to undertake should be clearly defined, and understood by both parties. DISHES MAY BE TRAP

It is a very common occurrence, as you indicate, for mothers to pile the dishes in the sink and then hope (even though this is not part of the baby-sitter's outlined duties) that the kind soul will take pity on the harassed parent and do them. If you fall for this trick once, you're done for. Mother will expect you to take on the job permanently, so squelch the guilty feeling and leave the dishes. Visiting youngsters could be tolerated for a while, but when it is time for your own charges to be put to bed, the guests should be politely sent home.

As for the pets—here we come back to the question of an agreement at the time of hiring. During the first interview with a prospective employer, inquire if there are pets in the home, and what your duties with them are. If the care of pets is added to your other tasks, extra compensation should be given. In this modern age when few people can obtain, or afford, permanent help, baby sitters are a vital part of community life. A reliable person who can be trusted with the care of babies is a prize every mother should cherish. Kindness and patience are needed to get even the best children to bed, and some of the spoiled brats with which baby-sitters have to deal would try the patience of a saint. To add housework or other tasks to an already exacting job is a flagrant imposition, and the mother who tries it too often is going to find herself on every baby-sitter's blacklist.

DEAR DOROTHY DIX: Do you think I would be asking too much if I wanted my husband of a few months either to destroy the love letters he keeps locked up in a suitcase or explain them to me? I would at least understand why he has to keep them locked up? I look at it at the point where I could throw the suitcase out every I am getting tired of it and it definitely isn't putting anything good into our marriage—only doubts and suspicions. Or do you think it would be better to let the matter ride until such time as he sees fit to destroy or explain them himself?

ANSWER: While I do think your husband could be considerate enough of your feelings to destroy these old letters, I detect the note of practical joking here, and it might be he is hanging on to the locked suitcase just to tease you. Undoubtedly if you just pretended to ignore the whole thing and made no mention of the bag or its contents for a while, he'd get tired of the joke and throw away the evidence. No matter how fervid the letters in the suitcase might be, remember it was you he loved enough to marry, so even if the correspondence indicates a rivalry of the past, I'm sure she isn't very formidable now. Don't let jealousy get the better of you. If you let the green-eyed monster get the upper hand in the beginning of your marriage, you'll never get him out of the house. It looks to me as though your husband is testing your faith in him by this somewhat dubious method, and certainly you should show him that it will take more than a batch of old mail to get you down!

DEAR MISS DIX: Is it permissible for a girl to write to a boy overseas whose address she got from a newspaper? This boy is lonely and has no family back home to write to him. I am not hunting a husband; I just want a friendly pen pal. MIRABEL

ANSWER: Many good and reputable papers publish lists of pen pals and I see no harm in selecting the name of a lonely serviceman and writing him. Just make sure to keep your letters lively, friendly and newsy.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Household Scrapbook

Smashed Fingernail When one has smashed a fingernail badly, hold the hand up for at least an hour so that the blood will drain out of the finger. This will prevent the blood from congealing at the smashed place and causing an ugly discoloration of the nail. Honey-Flavored Ham A delicious flavor can be added to baked ham with honey. After the ham has been stuck with cloves, spread the honey over it and put back into the oven to brown.

How Can I!!!

Q. How can I wash chamolais gloves? A. Adding a few drops of olive oil to the water when washing chamolais gloves will prevent their becoming hard and stiff. The oil also helps to preserve the leather. Q. How can I destroy perspiration odor on the body? A. Bathe in a basin of warm water, to which has been added two tablespoonfuls of compound spirits of ammonia. This will leave the skin clean and fresh. Q. How can I scale fish more easily? A. Dip the fish into boiling water for about a minute. The scales will then come off much easier, nor will they scatter around so much.

That Body Of Yours

By James W. Barton, M.D.

PHYSICAL AND OUTSIDE CAUSES OF MENTAL SYMPTOMS

When a patient consults his physician because of a sore throat or his dentist about an aching tooth, physician and dentist know exactly where to start their examination and treatment. Also, when the patient complains of symptoms elsewhere in the chest or abdomen, the physician by questioning and by signs present can get a fair idea of the underlying trouble. Even when the patient's symptoms show some mental or emotional disturbance, the physician must often look to see if any body effect or disturbance is causing the mental symptoms. I have referred more than once to the superintendent of a state hospital in New Jersey who was able to cure and discharge a large percentage of his cases because their mental symptoms were cleared up by removal of various infections in the body—teeth, tonsils, gall bladder, sinus, intestine. It is possible that even with the services of dentists, nose, throat and ear specialists, abdominal specialists, gynecologists or other specialists, all cases of infection may not have been discovered. In his book "Fundamentals of Psychiatry," Dr. Edward A. Strecker, professor of psychiatry, University of Pennsylvania, in discussing physical causes of mental ailments, adds fever and exhaustion to infection that these three exciting forces are prolific of mental symptoms. "It is a common and casual happening of everyday practice to have a simple pneumonia, influenza, a streptococcal infection and a host of other illnesses by the action of rising fever and increased poisoning of the blood, suddenly show psychiatric complications, usually delirium. These mental symptoms for a time overshadow the physical symptoms and demand immediate attention." While exhaustion does not play as large a part as fever and infection, it does play an important part as exhaustion may be the final result of long continued wear and tear due to severe emotional conflicts. Fever, infection and exhaustion are what are called exogenous causes of mental symptoms, as are the industrial occupational poisons, the socially-acceptable narcotic, alcohol and many narcotic medicines like the bromides. All these exogenous poisons may be, and frequently are, "directly significant in the development of mental symptoms." While these exogenous or outside causes of mental symptoms must always be taken into consideration in diagnosis and treatment, they are not the largest nor most important cause of odd behavior. Dr. Strecker points out that the emotions are the heart of the mind; should the emotions deteriorate, then the mind dies.

The Stars Say --

By Genevieve Kumble

For Tomorrow THE indications are for an uncertain and difficult situation or combination of circumstances, caused by excess energy, enthusiasm and recklessness, precipitating quarrels, disagreeable contacts and other rash conduct. This could mean failure in major plans, loss of employment and prestige, with undesirable reactions of health and peace of mind. Refrain from tantrums.

For the Birthday Those whose birthday it is might easily fly into a wild temper or fury, by excess energy, a burst of aggressive action, or other uncontrolled acts, likely to put plans in jeopardy or offend employers or those in authority. Well manipulated, this overload of vitality or ambition could be diverted into constructive avenues, rather than offensive and unreasoning impulses. A child born on this day could profit by early discipline and direction for its wayward, perhaps belligerent impulses, energies or over-weening ambitions.

Morning Smile

Tall Story

A group of men were telling tall stories. "Well," said one, "I once drove a ball, by accident, of course, through a cottage window. The ball knocked over an oil-lamp and the place caught fire." "What did you do?" asked another. "Oh," said the man, "I tied another ball, took careful aim, and hit the fire alarm in the High Street. That brought out the fire brigade before any real damage was done."

Better English

By B. C. Williams

1. What is wrong with this sentence? "When they congregated together in the hall, the people said they didn't propose to interfere with the law." 2. What is the correct pronunciation of "autopsy"? 3. Which one of these words is misspelled? Superficial, superintendency, supercede, superfluous. 4. What does the word "precept" mean? 5. What is a word beginning with ll that means "lawless"?

Modern Etiquette

By Roberta Lee

Q. What is the proper way to prepare grapefruit for serving at the table? A. Cut the grapefruit into halves. Cut the sections free and remove the dividing skin and seeds. Then put sugar on it and allow to stand for about an hour before serving time. Q. When accompanying a woman to the dinner table, should a man sit down exactly at the same time she does? A. No. The man should draw out the chair for his partner and not seat himself until immediately after she is seated.

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Good by itself ... good with any spread, sweet or savoury ... a delicious and original canape base. MADE BY PECK FREAN'S Famous Biscuits

Cook's Corner

POTATO SALAD CUPS

6 potatoes cooked in jackets (4 cups cubed), 1 onion, chopped, 3 hard-cooked eggs, sliced, 1 cup chopped celery, 1 cucumber, diced (if available), 1 1/2 teaspoon salt, 1/4 teaspoon paprika, 1/4 cup French dressing, Mayonnaise. Combine ingredients except dressing; chill and marinate in French dressing 4 to 6 hours. Just before serving, add mayonnaise and mix carefully. If desired, add 1 teaspoon celery seed or 1 cup grated carrot. Sweet pickles may replace the cucumber, when not available. Pack in custard cups and unmold on lettuce. Garnish with devilled eggs and tomato wedges. Serves 8.

INDIVIDUAL SALADS

Individual salads placed on a lettuce leaf, either jellied or frozen, give still other varieties of the ever popular salad. For individual salads, cheese—either cream or cottage type—provides a substantial protein base and may be served along with a vegetable or fruit combination. Round out the meal with a hot soup, a hot bread such as baking powder biscuits or bran muffins, and you are assured of a satisfying luncheon. Use mayonnaise or a thick salad dressing with this type of salad. Jellied salads prepared in advance solve the mealtime problem for many a busy housewife. Refrigerated until mealtime, they are easily unmoulded on a bed of lettuce or other greens, served with a suitable dressing and whatever other accompaniments one wishes to round off the meal. Frozen salads may also be prepared ahead of

MUSTARD

Salad Dressing makes a TASTIER SALAD

French Dressing 1/4 cup salad oil 1/4 teaspoon pepper 1/4 cup vinegar 1/2 teaspoon salt 1 teaspoon salt men's Mustard Place the ingredients in a glass jar. Just before serving, shake the contents well. For free recipe book, "Culinary Art", write to Reckitt & Colman (Canada) Ltd., Station T, Montreal.



time, but one word of caution ... do not freeze too long or at too low a temperature to make the fruit or vegetable hard just long enough to chill thoroughly and for the salad to keep its shape when unmoulded.

CANBERRA, June 18—(Reuters)—Prime Minister Robert G. Menzies today said he will seek power to suppress the Communist Party in Australia by referendum if the states do not give him the power voluntarily.

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