

The Micmacs In Early Times

Excerpts from a work by Nicholas Denys, first Governor of Acadia, published in France in 1672 and translated by Dr. William F. Ganong for the Champlain Society. Continued from last Tuesday:

To distinguish the men and the women from the boys and the girls by their ornaments; the first have the hair cut below the ears. The boys wear their full-length tights of leather with the sides with cords of leather. The dainty ones have their ornamented with coloured Porcupine quills. The girls wear theirs also full length, but tie it behind with the same cords. But the belles, who wish to appear pretty, and who know how to do good work, make ornamental pieces of the size of a foot or eight inches square, all embroidered with Porcupine quills of all colours. It is made on a frame, of which the warp is threads of leather from unornamented a very delicate sort; the quills of Porcupine form the threads, which they pass through these threads, just as one makes tapestry, and it is very well made.

All around them make a fringe of the same threads, which are also encircled with these Porcupine quills in a medley of colours. In this fringe they place wampum, white and violet. They make of it also pendants for the ears, which they have pierced in two or three places. The wampum (porcelaine) is nothing else than the shells of a certain mollusc which is caught by the Indians of New England, and which was really rare among them. In those times it was valued greatly among them, though it is common at present. Each grain is the length of half the width of a finger. It was all their ornament, in every kind of work in which it was necessary to sew with a needle.

The latter was the awl of which I have already spoken, or a bodkin of bone, well pointed for making a little hole, and they passed through it a thread, which was made from the tendon of a Moose, found along the spine of the back. When this tendon is well beaten it separates into threads, as fine as one wishes. It is with these they sew all their robes, which never rip out.

Such is the ornamentation of the girls. As soon as they are married, the mother in delivering them to their husbands, cuts their hair. This is the symbol of marriage, as it is also for the husband.

The law which they observed in old times was this — to do to another only that which they wished to be done to them. They had no worship. They refused nothing to one another. If one wigwam of family had not provisions enough, the neighbours supplied them, although they had only that which was necessary for themselves. And in all other things it was the same. They lived pure lives; the wives were faithful to their husbands, and the girls were very chaste. They were not subject to diseases, and knew nothing of fever. If any accident happened to them, by falling, by burning, or in cutting wood, through lack of good axes, their being unsteady through failure to cut well, they did not consult a physician. They had knowledge of herbs, of which they made use and straightway grew well.

They were not subject to the gout, gravel, fevers, or rheumatism. Their general remedy was to make themselves sweat, something which they did every month and even oftener. I tell this for the man, for I have never had knowledge that the women made themselves sweat. For this purpose, they constructed a little round wigwam to hold as many as

Alice Brooks Designs



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How Can I!!!

By Anne Ashley

Q. How can I impart a high polish to furniture? A. Use equal parts of lemon oil and turpentine; saturate a cloth and go over the entire surface; then dampen another cloth, wring almost dry and wipe off excess oil; polish with a dry woolen cloth. Q. How can I relieve excessive perspiration? A. Sponge the affected area with one teaspoon of powdered alum to a quart of water. Allow to dry, afterward rinsing and dusting with talcum.

A Country Garden

By Mrs. Gordon MacMillan

After you have exhausted what there is in business, politics, conviviality, love and so on—and have found that none of these finally satisfy, or permanently wear—what remains? Nature remains; to bring out from their torpid recesses the affinites of a man or woman with the open air—the sun by day and the stars of heaven by night. —Walt Whitman.

A week or so ago I wrote about the humming birds in the garden and that I had never seen their nests; a reader has written me a nice letter about this and I thank her very much. She writes: "Look under the branches of your Maple, Birch, or perhaps Poplar trees for a humming-bird's nest. They build under the branch but enter from above. They lay two eggs, and when the young birds are hatched they are just the size of bumble bees, one head turned one way and vice-versa when you approach the nest. The old bird is very friendly; I have had her dip into Sweet Peas I was cutting near her nest on the Portland Open Air Sanatorium grounds in Portland, Oregon, where I was superintendent for several years. It is a rare treat to see them."

After reading this letter I do hope that I shall see them sometime. Some new Miniature Dahlias are blooming... Andries Pink is a lovely intense deep rose pink with strong wiry stems for cutting. I am very fond of these Dahlias. They are classed as Miniatures if the blooms are less than five inches in diameter and dwarf in stature and they require less attention and care than the very large varieties. Their size makes them ideal for cutting and artistic arrangements. There is a new mauve, and a bright scarlet also an extremely abundant white bloomer.

The old tulip bulbs that were dug up after blooming and heeled in sand under a tree have been gathered and sorted into paper bags for planting again in the Fall. New bulbs should be ordered now because some varieties may be in short supply.

This year more gay lilies are to be planted in the garden and October is a good month for the planting. You will find them in the catalogue under the name of Hemerocallis and they are one of the hardest perennials that we have. Many new varieties have been perfected and lovely new colors added. It is possible to have them blooming for several weeks if a large collection is made. After three years they may be divided and soon a garden can be made much better when filled with these good lilies.

The Day Lily was introduced into Britain in 1598, and the fact that its flowers can be recognized in many of the old floral pictures and embroideries proves its long and deserved popularity with British gardeners. At this time in the garden while the different perennials are still in bloom, it is a good thing to look at the garden with a critical eye, then make notes on improvements to be made next year, after all the flowers have gone it is not possible to remember.

LEISURE

What is this life if, full of care, We have no time to stand and stare? No time to stand beneath the boughs And stare as long as sheep or cows. No time to turn at Beauty's glance, And watch her feet, how they can dance, No time to wait till her mouth can Enrich that smile her eyes began. A poor life this, if full of care, We have no time to stand and stare. —W. H. Davies.

Better English

By D. C. Williams

1. What is wrong with this sentence? "Any one of these boys are capable to do the work." 2. What is the correct pronunciation of "vaudeville"? 3. Which one of these words is misspelled? Economic, eccentric, ecstasy, eczema. 4. What does the word "derogation" mean? 5. What is a word beginning with cur that means "hasty or careless"? ANSWERS: 1. Say, "Any one of these boys is capable of doing the work." 2. Pronounce vod-vil, o as in vote, 1 as in ill, accent first syllable. 3. Eccentric. 4. Detraction. "He counted it no derogation of his manhood to be seen crying." 5. Cursory.

Household Scrapbook

By Roberts Lee

Leaking Vase A leaking vase can be mended by pouring hot paraffin into it. Tip the vase from side to side to coat not only the bottom but the sides. It can be done with a new bowl or vase just by way of safeguard. To Purify a Cistern In a cistern where the water has an unpleasant odor, suspend in the water a muslin cloth containing one or more pounds of charcoal. Frying Hint Remember never to use cracker crumbs when covering food for frying. They will absorb grease, which bread crumbs will not do.

The Royal Edinburghs

By MARGARET SAVILLE

Hostesses who receive Princess Elizabeth and Prince Philip during their tour will not find them difficult to please. Neither of them like elaborate foods or extravagant entertainments nor has indeed any personal tastes that could be described as luxurious. Princess Elizabeth was very simply brought up by the Queen who has always disliked anything approaching ostentation while Prince Philip's youth, as a student at a Scottish school and later as a naval cadet, was marked by discipline and plainness too.

So the Royal Edinburghs have no food fads, eating frankly and generously. At public banquets they do not take certain things such as soup because it becomes difficult to maintain an adequate conversation while eating them and they appreciate that such occasions must be considered primarily social. At home they generally have their breakfast trays in their own rooms, Princess Elizabeth served with tea and fruit juice while Prince Philip has coffee and may be porridge to begin with. They like practically all kinds of meat and fish and vegetables. Prince Philip does not like ice-cream but Princess Elizabeth enjoys them and also likes candy and chocolate, especially peppermint creams.

Lately she has been saving a firm "No" to sugar foods. Following the birth of Princess Anne in August 1950, she put on a good deal of weight particularly round the waist so after consulting with the Court physician, she embarked on a strict diet to regain her slender figure. No sweets, no starch and very little fat were laid down, with plenty of salad and fruit of which she is fortunately fond. Now the Princess can relax and eat something like normal meals again for all her former slowness has returned and once more she measures 34 inches round the bust and 36 inches hips. Her height is 5 foot 4 inches. Prince Philip was away in Malta during the period of his wife's dieting otherwise her resolution might have been weakened by example since he lives candidly himself. Neither of the Royal Edinburghs smokes. Princess Elizabeth purged an experimental cigarette when she was eighteen and grown-up according to Royal law but decided she did not like the taste and has never smoked since. Prince Philip has sometimes smoked lightly for a few days, then even it up again. He finds it no effort, considering to do without tobacco helps him to keep in the best possible physical trim for the active games and sports he delights to play.

Prince Charles and that tran-

quill blue-eyed baby Princess Anne are not being encouraged in any diet fads either. Prince Charles gets much the same food as other British children of his age, liking fish and chicken and cheerfully consuming creamed spinach and carrots. He has ice-cream almost every day but since he often refuses to drink plain milk, some chocolate or strawberry flavoring will be used to disguise his bedtime glass. He did once throw a bowl of apple puree on the floor—he doesn't like apples at all—but generally takes his meals without any fuss. He knows that if he does flinch with his plate, it is promptly removed from the little table by Miss Lightbody without any comment.

Princess Elizabeth leaves all these training problems to the nurse's wise discretion, though she always wants to hear in full detail how her children have behaved when she pays her morning visit to the nursery suite. Miss Lightbody is highly experienced with Royal youngsters, being nurse to the Duchess of Gloucester's two sons before she came to Clarence House. Princess Elizabeth herself has carefully read some books on child welfare but does not consider herself any expert. She often discusses her family's upbringing with the Queen and with that silver-haired counsellor Queen Mary who likes to come across the road from her own home at Marlborough House to see how her two great-grandchildren are progressing. Queen Mary is never impressed when Princess Elizabeth tells her about the latest theories in the nursery. "Nowadays they call it applied psychology and in my day we called it common-sense but it seems to mean the same thing in the end," she once remarked.

The Duke of Edinburgh does not interfere in nursery matters at all, believing the children should be left to their mother to direct. But he does intend to play a personal part in teaching Prince Charles to ride and swim and follow masculine sports when he is old enough, and he wants his son eventually to do the customary period of Royal service with the Armed Forces in the navy, following his own footsteps.

When the Duke and Duchess have an evening to themselves at home they usually listen to the radio or watch the television with comedy and vaudeville programmes first favorites if there are not sports commentaries. Or they play some records from their large collection. Princess Elizabeth is fond of jazz and dance tunes and numbers from musical shows she has seen at the London theatres.

DOROTHY DIX SAYS—

Divorced Man

Good Job, Good Prospects, But Feels He Is A Social Outcast

DEAR DOROTHY DIX: Can you tell me why a man who has been divorced through no fault of his own should be considered a social outcast? This is true in my case, and I have heard others with the same story.

I am 34, considered good looking, healthy, sober, employed full time and studying law at night. I support two children by my previous marriage. I like to dance and have fun; I have met several girls between the ages of 24 and 33 who, upon learning that I have been divorced, set up a barrier. I am frank and tell them on the first date what my circumstances are. It is true I have little money to offer until I am established in law (another year or two), but I am a hard worker.

ANSWER: By no means is a divorced man a social outcast. On the contrary, in many circles he is surrounded by a aura of glamour that brings girls almost rushing on their knees to him. Your difficulty is that the girls you have met are seriously bent on acquiring a husband, and they automatically regard a man with one marital failure behind him as a poor risk for security reasons. Perhaps the fault is with you. Have you been embittered by your divorce. Continued on page 9

The Stars Say - -

By Genevieve Kemble

For Tomorrow WHILE there may be obstacles, frustrations and set-backs in relation to plans, hopes and wishes, there is no unyielding lack of support or impediment that persistent, confident and aggressive attack will not shatter. Use practical plans and practices. Although the hidden factors disconcerting, at the same time force, downright and unyielding, may overcome all obstacles and make way for future accomplishment.

For the Birthday Those whose birthday it is may be able to break down various obstacles, personal frustration, impediments and possible opposition by preparedness based on sound techniques, constructive ideas and tactics, in anticipation of just such a situation. Courage, confidence should win out against confused ideas, faulty reasoning, outside interference from high places, or perhaps other forms of undermining. A child born on this day will win against sustained odds because of its strong determination, courage and fortitude.



Cook's Corner

SOUTHERN RELISH

3 sweet red peppers 3 green peppers 2 tablespoons salt 1 tablespoon mustard seed 1 1/2 teaspoon celery seed 1/2 cup granulated sugar 2 cups cider vinegar 2 cups chopped cabbage (medium coarse) 1 cup chopped, peeled white onions 1/2 cup chopped parsley Quarter washed peppers; discard seed and chop medium coarse (about 2 cups). Heat salt and next 4 ingredients to boiling in kettle; add cabbage, peppers and onions. Bring to boil, add parsley. Pack into hot sterilized sealers, adjust sealers as for canning. Process in boiling water bath 30 minutes. Adjust seal, cool and store.

CUCUMBER, ONION AND PEPPER RELISH

12 small cucumbers (about 4") 16 cups cold water 1 cup pickling salt 2 cups sliced onions 1 sweet red pepper 3 cups cider vinegar 1/2 cup granulated sugar 2 teaspoons mustard seed 1 teaspoon turmeric Wash cucumbers. Soak overnight in water and salt. Drain, dry, pare and cut into 1/4" slices (about 6 cups). Peel onions and slice thinly. Wash and seed pepper and then chop fine. Combine all ingredients in a kettle, cover and bring to boil. Cook, uncovered, 10 minutes. Pour at once into hot sterilized jars and seal at once. Makes 3 1/2 pints.



Most recent photograph of Princess Elizabeth and the Duke of Edinburgh with their children

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That Body Of Yours

By James W. Barton, M.D.

HELPING THE ODD BEHAVIOR PATIENT TO HELP HIMSELF

Everywhere today there is a shortage of psychiatrists, specialists who treat cases of odd behavior. Fortunately, many patients with odd behavior actually notice for themselves that they are behaving "differently" than has been their habit and actually consult a psychiatrist themselves or do so on the advice of their family doctor. The psychiatrist tries to get at the underlying cause of the odd behavior and help direct the patient as to the best method of becoming his normal self again. In The Journal of Mental Science, Dr. John Rickman discusses the future of psychotherapy (treatment of the mind). "In psychotherapy, the physician interprets phenomena (changes in the patient's mental and emotional make-up) presented to him by the patient during the interview, to the end that the patient's mental pain or difficulty shall be relieved and he shall have increased understanding of the unresolved emotional conflicts in his personal past experience and a better insight into his own personality." Psychiatry used to be a limited field or specialty in medicine into which one class of troublesome people were sent when their behavior was conspicuously odd. At present, people actually seek the aid of psychiatry of their own accord because they feel at odds with themselves and believe they

Anne Adams Patterns

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no murmur or babel of voices in church prior to the service. Q. When a man is seated in a public dining room or restaurant, and a woman acquaintance bows to him, how does he respond? A. He merely makes the gesture of rising by getting up half way from his chair and at the same time, bowing. Then he sits down again. Q. Is it necessary for a hostess to provide new cards for her guests at a bridge party? A. Yes. She may use old ones only if they are spotless and shiny.

Morning Smile

Long Sleep

A boxer was coming round after being knocked out. "So my opponent is champion now?" he asked. "Not him," replied his second. "He's been beaten twice since he knocked you out."

Bad Enough Without That

1st golfer: The traps on this course are very annoying, aren't they? 2nd same: They sure are. Would you mind closing yours?

Sharp Hint

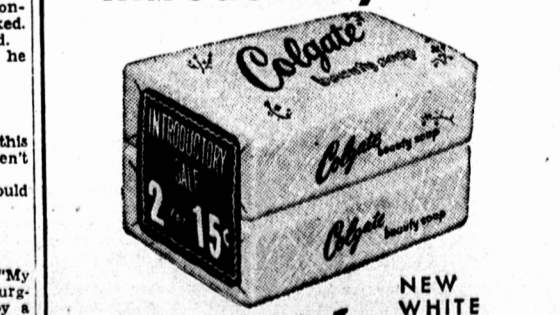
Mr. Spriggins (gently): "My dear, a man was shot at by a burglar, and his life was saved by a button on his coat which the bullet struck." Mrs. Spriggins: "Well, what of it?" "Nothing, only the button must have been on."

Modern Etiquette

By Roberts Lee

Q. Are people supposed to greet each other in church before the service has begun? A. No. Ordinarily in church, if a friend happens to catch your eye, you may perhaps smile, but never actually bow. And there should be

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