

Women

6 The Guardian, Charlottetown, Fri., Sept. 17, 1965.

Guest Speaker Reports On Saskatchewan Tour

The September meeting of Irishtown Women's Institute was held in the Community Hall with 14 members present. The thought for the month was read by Mrs. Archie Mann, and roll call was answered by a donation of cup towels and water glasses for use in the hall.

The new visiting committee is Mrs. Robert Stavert, Mrs. Don MacLeod and Mrs. E. W. Johnston. School visitor is Mrs. Archie Mann. It was approved by the meeting that a special gift accompanied by a get well card signed by the members, be given to Lowell Campbell, who is soon going to Halifax for treatment.

The guest speaker for the meeting was Julie Campbell, a pupil from Kensington Regional High School, who recently returned from a 10-day tour of Saskatchewan which she enjoyed through the 2nd year exchange of students in the Centennial project. She gave a splendid account of the tour and spoke highly of the varied entertainment and friendly hospitality extended to the students while in Yorkton.

Gladys Stavert read an interesting letter featuring Dr. Hirschmanova's work in India. The secretary, Mrs. H. B. MacLeod, read an account of the visit of the national president, Mrs. Philip Matheson to the Adelaide Hoodless home in Ontario in April, describing the lovely gifts which have been placed in it from all over the world.

The next meeting will be held at the home of Mrs. Clayton Stavert, where roll call will be something donated for a grab bag. Mrs. H. B. MacLeod gave a reading entitled "There's a Groom at the Wedding too".

Interest Rates Rate CWL Ire

JASPER, Alta. (CP) — Finance companies should state clearly the amount of interest charged on loans, the Catholic Women's League agreed Wednesday.

Delegates to the annual convention unanimously approved a resolution asking the federal government to enact legislation on the matter.

Consumers often are unaware of interest rates because of complicated terms on the loans, the resolution said.

Members also said the league should increase efforts to find foster and adoptive parents for homeless children. They said that finding such homes is a continuing problem, especially for Catholic children.

A resolution was passed urging league provincial councils to inaugurate programs—such as an adoption week—to make citizens aware of the problem.

Delegates urged federal legislation requiring manufacturers of household goods to label their products poisonous if the goods contain any substances harmful to children.

POISON CASES UP

"The number of children and adults accidentally poisoned by common household drugs or cleaning substances increases annually," the resolution said.

The league decided to send a copy of the statement to the Consumers' Association of Canada, a group which has suggested similar action.

The federal government should increase income tax exemptions for single persons to \$1,500 from \$1,000 and to \$3,000 from \$2,000 for married persons, delegates agreed.

"The cost of living has been rising steadily for the last few years but the income tax exemption has remained static," the resolution said.

Elizabeth Stevenson, daughter of Mr. and Mrs. Nelson Stevenson North Winsloe, has recently won the first J. R. Younker Annual Scholarship. Which was awarded to the student having the highest average in Grade X examinations from the North Winsloe school district.

J. R. Younker, who is the donor of the yearly scholarship, is a former pupil of this district and is now residing in Armadale, N.S. He is the son of Mr. and Mrs. Stanley Younker, of North Winsloe.

Student Wins Award At N. Winsloe

I am wondering particularly if there are any good books that might help to vanquish such fears?

I know that the solution must come, ultimately, by living through the situation which induces fear... as by walking in the dark to conquer fear of darkness. But where do we find the courage to face such fears?

There has been a church goer for years, and a pious student of the Bible. What can you tell me? V.S.

Dear V.S.: On the one hand we fight our way clear of the clutches of shadowy, infantile fears of unbearable injury to pride, self-esteem, personal safety, etc., such as throttle your vitality, by recognizing their existence in the depths of our mind, and then calling their bluff by doing what sound reason tells us to do, in orderly defiance of them.

On the other hand we must recognize, also, that life in the outer-world is lived in the midst of real dangers and risks of innumerable kinds, some foreseeable, others not. Figuratively, we live always at the mercy of lions in the streets, snakes in the trees, scorpions in the underbrush, etc.

Courage in experiencing life-as-is, therefore, consists in feeling fear, when circumstances spark it, without letting fear paralyze or stampee one's behavior. Fear, if defined as a reflex or instinctive sense of danger, isn't something you can be rid of, as you might discard a diseased appendix. As a healthy anatomy can't be rendered immune to burning by fire, neither can a healthy personality be, literally, fearless.

The essence of courage is: Acting rationally, deliberately, in a constructively self-directed way, despite the panic-potential of pressing fear.

In your lengthy letter, here condensed, you gave much space to reporting your "suspicion" that most of your associates—even those who are married, seem to have fears, latent or unadmitted, very much like yours.

I suppose the truth of the matter is that they live matter-of-factly with fears of inadequacy, as a natural ingredient of the human make-up, just as hunger, thirst, fatigue, susceptibility to illness, needs of the spirit, etc., are constituent aspects of the normal person, requiring reasonable attention but not morbidly solicitous ministry.

As I get the picture, the specific active antidote to your seclusive bias and undue preoccupation with self-disparagement is to become a faithful servant of life: a tireless doer and do-er, in the good citizen role. Enlist in neighborhood volunteer projects that directly benefit the needy. In helping others as you can, you will become more alive and self-forgetful, thus gradually throwing off the tyranny of anxious self-centeredness.

For tonic reading you might try the late Pope John's "Journal of a Soul" (McGraw-Hill, 1965, \$7.95, M.H.).

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

Some species of midge are so small that 500,000 together weigh less than an ounce.

USC Director To Arrive In Province

Dr. Lotta Hirschmanova, executive director of the Unitarian Services Committee of Canada will be arriving in the province by plane on Saturday evening, September 18 at 8:55 p.m. She will be staying at the Islander Motor Lodge until Wednesday, Sept. 22, when she will leave for Halifax on Wednesday.

While here, Dr. Hirschmanova will be guest speaker at the Charlottetown Rotary Club at noon on Monday, and a coffee party will be held for her at the YMCA on Monday, September 20th between 4 and 6 p.m. At five o'clock, during this reception, slides giving a resume of 20 years work with the USC will be shown.

On Tuesday, Dr. Hirschmanova will address the Rotary Club at Summerside and will return to Charlottetown to attend the P.E.I. branch meeting of the USC, which is being held at 6 p.m. in the parking rooms of the "post-office." She is leaving for Halifax on Wednesday.

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ELLEN'S DIARY

Scampie Scouted Along, Happy Again With Mack

Nice surprises in many a way, the September days bring us. We come to a morning lightly be-fogged. There it is in a gary ribbon of vapor marking the windings of the stream in the deep of the valley below. And then perhaps by the time we have breakfasted, and cleared the table, and James is stopping a moment in his armchair to hear the long forecast of the weather, the day clears and all is blue - skied and shining. So it was this morning, presently taking our farmers off to the affairs of the harvest. And it was a golden Friday of September, lovely month of the year.

"There's something about a Friday I like," a visitor of today commented. "I can't explain it, but it is a satisfied feeling that comes to me. It is as though by this heat of the week's work is over, and one may justifiably slacken her pace. She looks ahead. No homework this evening for the children, nor schoolday tomorrow. Week-end is coming up — a respite, a nice break."

"I like my Fridays" another farmwife smiled "because it's the one evening we are sure to come to town! And I do enjoy shopping. What if the pocketbook is fairly flat? We can window-shop can't we? And now that the autumn things — the warmer wear appears in the windows, how absorbing that is!"

"And" the first agreed, "one sees and meets so many folks in town she knows As Mrs. was saying just the other day" she chuckled. "This time we have to come to town to meet the neighbors" And isn't that becoming increasingly true with the too-busy lives we live nowadays? "Yes. And we in the

country are adopting more and more the city ways aren't we? Especially when we come to the food markets" the other commented. "We must because we don't actually farm any more — at least not like our parents did, do we? We must buy so many items now that once we grew or raised on the farm."

"That's what James contends" we chuckled. "You can't call it farming, what we on farms do nowadays" he says!

Ours harvested today.... And Mack, eldest son of the house across the lane, returned at noon from attending Fairs on the Mainland. In the near meadow, we heard a heifer low inquiringly, and stand and stare when a transport drew up at lane's end. A muffled reply came. And at once she and a following, moved down along the field to catch a closer view of the scene. What a welcoming home there was then among the cow-kind, as those returned came down the ramp and were turned to a pasture close by Scampie scouted along happily beside Mack when he at length came up the lane, back to home and family again.

"Are you tired of being a herdsman?" we questioned. "Oh no. On the contrary, I enjoy it! It's interesting, if you like working with livestock. And do you know something?" he queried smiling at a memory "wherever we were or wherever we went, the folks were friendly and kind. To be honest, I was sorry in a way, when the last Fair was over." And sorry we are now, to have reached the end of this day so gracious to us, and so lovely.

Until tomorrow — Diary — Good-night....

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The groom was attended by his brother Gerard.

A reception for 50 guests was held at the Keppoch Beach Hotel, after which the young couple left on a trip around the Cabot Trail.

For travelling, the bride chose an aqua linen ensemble with corsage of blue and white carnations. On return to the city length dresses of blush-pink they took up residence at — 69 Prince St. (Photo by C. D. MacKay)

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MR. AND MRS. WILLIAM J. PHELAN
Smallwood-Phelan Vows Solemnized At Southport

The marriage of Janet Marie, daughter of Mr. and Mrs. Sheldon Smallwood to William James, son of Mrs. Kathleen Phelan was performed at Our Lady of the Assumption Church, Southport on Aug 21st by Msgr. Pat McMahon.

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MR. AND MRS. JOHN DORAN
SEPTEMBER WEDDING

The marriage of Mr. and Mrs. John Doran was solemnized on September 1, 1965 at St. Joachim's Church, Vernon River. Rev. Urban Gillis officiated at the ceremony.

The bride is the former Elizabeth McQuaid, daughter of Mrs. Gerald McQuaid, Vernon, and the late Mr. McQuaid. The groom's parents are Mr. and Mrs. James Doran, Vernon River. The bride's only attendant was Ada MacKenna and the flower girl was Florence MacInnis. Reginald Peters attended the groom as best man and ushers were Russell McQuaid and Ernest Trainor. (Photo by L. E. Robinson)



MR. AND MRS. STERLING BAKER
WED RECENTLY

A colorful wedding was held recently at St. Andrew's Presbyterian Church, Lorne Valley, when Elaine Lillian, daughter of Mr. and Mrs. Lloyd MacDonald was united in marriage to Sterling William, son of Mr. and Mrs. Perry Baker of Monell. Rev. Basil Lowery performed the double ring ceremony. Bridal attendants were Mrs. Bennett Crane, matron of honor, and the bride's two sisters, Beryl and Eleanor, bridesmaids. The couple travelled through the Maritimes for their honeymoon and are now residing in Toronto, Ont. where the bride is employed with Imperial Life Assurance Co. and the groom is with General Motors. (Photo by Craft Studio)

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THE "GOOD L'IL ANGEL" appeals to YOU MR. EMPLOYER for Your Fair Share in the United Fund Campaign

L'il Angel: Mr. Employer, you can play a key role in our raising the \$281,876.00 we need for the 27 agencies to carry on their work.

Mr. Employer: Ahem! That so! Trying to butter me up for a fat donation eh?

L'il Angel: Not really, just your FAIR SHARE! First, show your employees (who are probably now ready to sign) that you're behind the campaign-100%. Talk to them with enthusiasm. Tell them about their FAIR SHARE—1 hour's pay per month or for simple calculation 1/4 hour's pay per week.

Mr. Employer: I'll go along with that. Certainly got to lead the way I suppose. They look to me for leadership.

L'il Angel: Right! You wouldn't want your employees doing something you wouldn't support yourself. So, from your own business—simply figure it this way—one percent of your annual income.

Mr. Employer: By George, you're a real salesman, L'il Angel. We could use you on our team.

L'il Angel: Sorry, this is my FAIR SHARE being the Good L'il Angel.

This advertisement published by a Public-Spirited Firm.

Successful Trial Lawyer Fears Male Inadequacy

Dear Mary Haworth: I have read with great interest your column about the girl who is fed up with bachelors' patronizing arguments in favor of passing affairs.

I agree wholeheartedly with your comment that bachelors, in general, who make a practise of shopping for casual conquests are "unsound psychological specimens themselves, who profoundly and validly distrust their manhood potential."

I would like to add, however, that it isn't only the Don Juan types who feel such anxiety. I am a bachelor, almost 32; a successful trial lawyer; a perfect gentleman on dates, of which I have few; and I've never tried to seduce a girl. I am no knight in shining armour but I try to give a girl a good time in my company.

I am sure that I'm considered normal by associates, and maybe I am. But I question my adequacy: as a man, and this isn't limited to my dealings with women. It includes all my relationships, so that I seldom date and avoid social contacts generally.

What is the solution? In my unhappiness I turned to psychoanalysis for answers, but whatever benefits I derived from two years' costly analysis were fleeting. I'm still unable to cast aside fear and initiate a constant dating relationship that might lead to marriage.

Have you any suggestions?

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