

KENNEDY'S WEEK-END SPECIALS

COATS

15 ONLY—Last Seasons—
Up to \$48.95—Going at

\$20.00

DRESSES

1 RACK—Prints and Plains—
Going at

\$2.98

Also: A complete line of Suits, Coats, and Shorties and Dresses in smart new Spring Styles and Colours. Going at popular prices.

KENNEDY'S LADIES' WEAR

166 Queen St. Next Door to Bus Stop



"Finest Cup of Coffee I Ever Tasted!"

You too really enjoy coffee—when it's good. With Nescafe you cut out the guess work. You can't fail to make good coffee and you can have a good cup any time you want it, instantly, and without fuss and bother. It can also be made just as easily in your coffee-server. Simply use one teaspoonful of Nescafe for each cup required then add as many cups of boiling hot water. Nescafe is made for you by coffee experts from the world's finest coffee beans. So relax with a cup of Nescafe, and you too will say, "The finest cup of coffee I ever tasted."

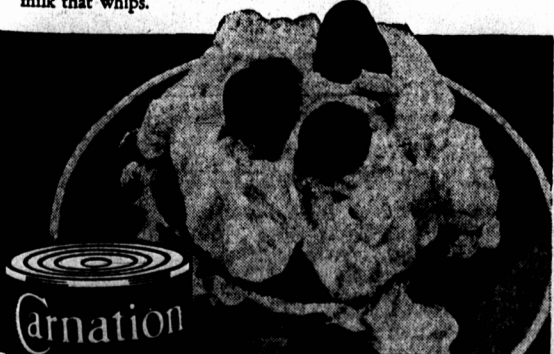


NESCAFE

*Nescafe (pronounced NES-CAFAY) is the exclusive registered trade mark of Nestlé's Milk Products (Canada) Limited to designate its soluble coffee product which is composed of equal parts of pure soluble coffee and added pure carbohydrates (dextrin, maltose and dextrose) added solely to protect the flavor.

Dress Up Your Meals with the Milk that Whips

You can serve Charlotte Russe... home-made ice cream... whipped toppings, and exciting fruit salad dressings... anytime, with Carnation Evaporated Milk. For double-rich Carnation — so thrifty and convenient — whips beautifully, tripling its volume. Try Carnation in recipes that call for whipped cream. Enjoy party dishes that are milk-rich and economical with Carnation — the milk that whips.



IT'S EASY TO WHIP CARNATION!

1. Chill undiluted Carnation in freezing tray. Or place can directly on ice over night.
2. Chill bowl and beater. Take Carnation directly from ice — or when ice crystals form around edges of freezing tray — and pour Carnation into chilled bowl.
3. Whip rapidly with chilled beater. When using as topping, to 1/4 cup Carnation allow 2 tbsps. sugar, 1 tsp. lemon juice; add when whipped.

And for All Cookings:

In all recipes that call for cream, try Carnation undiluted, as it pours from the can. And for extra-smooth, extra-delicious results in recipes that call for milk, mix Carnation half and half with water, to make up the required measure.

Barbara Brent's BUYS WHYS

A WEEKLY INFORMATION SERVICE



MONTREAL, April 26th—Wishing won't make it so, as I've discovered time and time again. When you want a cake to turn out just right, it's wise to follow the recipe. And it's the same with the things you want out of life. Haphazard wishing won't do the trick — but I've discovered that *Personal Planning* will! Yes, "me, too!" I'm a very enthusiastic *Personal Planner*! My income's the same — but now, somehow, it does a better job. That's because the *Personal Planning* system of money management — designed by the BANK OF MONTREAL — suits your individual needs and wants. Why not try it yourself? It's not too difficult — and it's far from dull! Pick up your copy of "PERSONAL PLANNING" at your neighborhood B of M branch today.

Keep It Light And Luscious! One very sure way to make a Spring morning look rosy is to serve this breakfast treat to the family... QUAKER PUFFED WHEAT. And next morning — fluffy QUAKER PUFFED RICE. Yes, both Quaker Puffed Wheat and Puffed Rice are "turnabout" treats for April breakfasting. You should try them with fresh fruit on top, smothered in milk and sprinkled with sugar — so flavourful — so nourishing — so crispy and satisfying! Treat your family tomorrow to refreshing Quaker Puffed Rice and Quaker Puffed Wheat... the best Springtime breakfast idea yet!

Here's A Treasure Trove of wonderful house-keeping tips... one hundred and fifty-one of them in a charmingly illustrated FREE BOOKLET called "A Little Bird Told Me". Put out for you by the Lin-X folks, this booklet gives you a wealth of money-saving tips on cooking, house-cleaning and clothes care. How do you get yours? Just get any one of those grand LIN-X HOME BRIGHTENERS (Paste Wax, Anti-Slip Self Polishing Wax, or No Smudge Furniture Polish) at your grocery, hardware or department store. Tear off the booklet-offer sticker and mail, with your name and address, to LIN-X, Box 489, Montreal, P.Q. Requests unaccompanied by stickers should enclose 15c in coin or postage stamps.

Wherever You Go This Summer, you'll be the "belle" if you trust to the lovely flattery of that new WOODBURY DREAM STUFF shade — SUNNY DREAM! One pat with it and it warms your skin with a soft, peach glow — gives you that wonderful golden-girl look! So if you have dances or teas — garden parties or just a successful day at the office in mind... trust to "Sunny Dream" to keep you looking your loveliest! And trust to Woodbury Dream Stuff to give you a "natural" — not powdery look! For "Dream Stuff" is not drying or greasy, but a sheer satin-textured make-up. It's a tint, foundation and powder in one... only 69c. Choose yours from five dreamy shades!

Your Hands Are Well-Groomed for a game of bridge, even after doing a big wash — when you've done that wash with DUZI! Yes, Dus gives you white, white washes without red hands! Every day I hear that more and more women who've been experimenting with some of those no-rinse chemicals are changing to Dus. For Dus does give you wonderfully white, sweet-smelling washes and truly marvelous care for your hands! You see, Dus combines great quantities of rich, real soap with two active detergents — gives you snow-white washes and leaves your hands soft and white, too! I know, once you've tried it, you'll agree that Dus does everything — beautifully!

Here's Something that will do just about every Spring Cleaning job you can think of — from washing windows to waxing floors — is that grand new C-I-L SPONGE! There's a handy size for every purpose — and it's such a "wonder" to work with! Its square shape gets into corners to get out dirt. And it's velvet-soft when wet — kind to your hands and your finest furniture. Ideal for damp dusting — and perfect for washing walls, windows and woodwork! Those are just a few of the reasons why I couldn't Spring-clean without one of those C-I-L cellulose Sponges — general, actually — to help me! Try a mop made of C-I-L sponge, too — so easy for cleaning floors and walls.

No Magician ever made a rabbit vanish faster than my Chocolate Icebox Cookies did at the youngsters' party yesterday! I make them with BAKER'S UNSWEETENED CHOCOLATE — so they have that irresistible, real chocolate flavor that everyone loves!... CHOCOLATE ICEBOX COOKIES — (75 Cookies)
2 cups sifted swans... 1 egg, unbeaten
Down Cake Flour... 2 squares Baker's Unsweetened Chocolate melted
1/2 tsp. vanilla
3/4 cup walnuts, meats, broken

Sift flour once, measure, add baking powder and salt, and sift again. Combine shortening, sugar, egg, and vanilla, beat with spoon until blended; add nuts. Add flour gradually, mixing well after each addition. Divide dough in halves; shape in rolls, 2 inches in diameter, rolling each in waxed paper. Or press dough in refrigerator until firm. Before slicing, let rolls stand at room temperature 1/2 hour or until soft enough to dent when pressed with finger. Cut in 1/8-inch slices, using sharp knife. Bake on ungreased baking sheet in moderate oven (350 deg. F.) about 30 minutes.

CHELTON W. L.
The members of the Chelton Women's Institute met at the home of Mrs. Roy Campbell, for the April meeting.
The President Mrs. Heber Schurman, opened the meeting with the Creed, repeated in unison. Roll call was responded to with a "house-cleaning hint". The minutes of last meeting were approved as read.
The correspondence was read including the April paper on "home-made mixes" from Mrs. Murdock MacGowan, a letter re immunization against Diphtheria and Whooping Cough, and District Convention dates.
Mrs. Earle Pearson was paid \$20.00, remainder still due on expenses of trip to Leadership course for district presidents, in Charlottetown.
There was no sick in district during month; a bill for a last month's treat was presented and paid. Nothing was reported needed at school.
It was decided that the Secretary write to Eaton's and Simpson's Stores for donation of remnants. After much discussion it was agreed the President and Secretary decide on a play as soon as a suitable one is advertised, the Secretary to make necessary inquiries about sponsoring it.

Waldo Gardner offered her home for another "Crockinole Party". Mrs. Helge Peterson is to make out the programme for the May meeting which will be held at the home of Mrs. Edgar Doull.
Mrs. Earle Pearson, district president is to set the date for the Executive meeting, re district convention plans.

The program consisted of a reading and two contests. Delicious refreshments were served by the Hostess.
NARROW WATERS
Okanagan Lake in British Columbia, while 69 miles long, is only 2 1/2 miles wide.

For A Spring Park-Up, I urge you to try the enchantment of that new PERFUMED DURA-GLOSS NAIL LACQUER! It's as exciting as the first April flowers — as feminine as the new Spring fashions. The ten salon shades are utterly delightful — and the perfume completely bewitching. It's evident when the lacquer is dry on your nails. Yes, for "One Touch of Spring", just treat yourself to the excitement of this lovely new Perfumed Dura-Gloss. It has that famous Dura-Gloss durability, of course... stays "put" beautifully — longer. Ask for Perfumed Dura-Gloss Nail Lacquer — just 45c — and Dura-Gloss Nail Polish — just 25c — at drug, department and chain stores everywhere!

It's "Child's Play" to clean the refrigerator with ENERGINE CLEANSING FLUID! So easy that your little girl asks to help with Spring Housecleaning, show her how easy it is with ENERGINE — she'll have a wonderful time! For Enengine makes child's play of many many household chores. It works like magic to make porcelain surfaces sparkle — refrigerators, bathtubs, sinks, tiling, wash-basins. And Enengine is "death" to grease spots... will get rid of even those deep-down stains on upholstery, drapes and rugs. Contains no caustics nor acids and will not harm fast-dyed fabrics. Just try it once, and like me, you'll know Enengine is a household "must"... saves time and cleaner's bills. At drug and department stores for as little as 25c.

A Big Hit at a tea party yesterday was this Lemon spread on the hot biscuits. I coaxed the recipe from our hostess for you... Using 3 U N I T S L E M O N S makes the flavour difference — you can taste the tangy goodness of their full-bodied juice. This recipe makes 2-3 glasses, and it will keep to use as toast and biscuit spreads, or for filling tarts and cakes.
ENGLISH LEMON SPREAD
6 eggs well beaten
1/2 cup Stunk lemon juice
2 cups sugar
1/4 cup butter
Cook over hot water until thick. Pour into sterilized glasses. Use as needed.
It's so easy — just be sure to use Stunk lemons for most flavourful results.

Good News! Did you think it was impossible to keep a slice of tomato in your refrigerator for seven days — and have it come out garden fresh? Then just wait 'til you use the amazing new Silex FRESHERATOR — the only home container that keeps food absolutely fresh! It's a glass container with an aluminum and rubber lid — easy to use, easy to clean and it never wears out. An air-tight vacuum seal keeps foods of all kinds fresh up to 14 days longer... turns leftovers into menu-makers! Ask for the Fresherator Set of four jars... available now at your favourite department, hardware, appliance and general stores. And remember, the Fresherator is made by the makers of the famous Silex Coffee Makers and Stunk Irons.

Like To Play A Trick On "Father Time"? I've discovered the most marvelous way to subtract years by coloring your hair! No — not with a dye... but with that marvelous new NESTLE COLOR-TINT! Yes, triple-strength Nestle Colorant gives grey hair with the most beautiful, deep, rich, youthful color! It's so easy — so much easier to use than a dye! What's more — it lasts through three shampoos, yet lathers out when you want it to. More than a rinse — but not a dye, Nestle Colorant comes in 10 enchanting shades — 6 capsules for 30c. Try NESTLE COLORINSE, too — to highlight the beauty of your hair! It rinses in — shampoos out — glamorizes your hair — 6 rinses — just 35c!

Whoops! What's The Hurry? Baby grows so fast during his first year, you can almost see him doing it — getting bigger and stronger every day! Particularly when you give him foods made specially for him... foods like those good Heinz Pre-Cooked Cereals — and, a little later, HEINZ STRAINED BABY FOODS. M-mmm!... those luscious strained meat products, soups, vegetables and desserts... every one of them cooked to baby's digestibility in Heinz spotless kitchens. Ask your dealer for Heinz Baby and Junior Foods. This is National Baby Week, so he'll have a special display of Heinz products, with related items used in the care and feeding of babies.

What's The Hurry? Baby grows so fast during his first year, you can almost see him doing it — getting bigger and stronger every day! Particularly when you give him foods made specially for him... foods like those good Heinz Pre-Cooked Cereals — and, a little later, HEINZ STRAINED BABY FOODS. M-mmm!... those luscious strained meat products, soups, vegetables and desserts... every one of them cooked to baby's digestibility in Heinz spotless kitchens. Ask your dealer for Heinz Baby and Junior Foods. This is National Baby Week, so he'll have a special display of Heinz products, with related items used in the care and feeding of babies.

What's The Hurry? Baby grows so fast during his first year, you can almost see him doing it — getting bigger and stronger every day! Particularly when you give him foods made specially for him... foods like those good Heinz Pre-Cooked Cereals — and, a little later, HEINZ STRAINED BABY FOODS. M-mmm!... those luscious strained meat products, soups, vegetables and desserts... every one of them cooked to baby's digestibility in Heinz spotless kitchens. Ask your dealer for Heinz Baby and Junior Foods. This is National Baby Week, so he'll have a special display of Heinz products, with related items used in the care and feeding of babies.

NEW More Vegetables Rich Beef Stock
That's why you'll say this NEW 'country-style' soup by AYLMEER is the BEST SOUP YOU EVER TASTED



AYLMEER NEW VEGETABLE SOUP
YOUR FAMILY DESERVES AYLMEER QUALITY



CAULIFLOWER

Just what the family orders as a change from the "usual" — snow-white heads of fine quality cauliflower. Deliciously good — and good for you, too, because cauliflower is a good source of vitamins B1, B2, and C.

49c

Walk through our big Produce Department today and see this year's earliest vegetable garden in full bloom all around you. What an appetizing array it is! All the young, tender fruits and vegetables you've been hungering for all winter... and all full of the delicate freshness of Spring. And at these prices, you'll gather savings every day when you pick your produce garden-fresh at CO-OP SUPER MARKET.

- Long Green CUCUMBERS, ea. 19c
- New Green CABBAGE, per lb. 12c
- Crisp Pascal CELERY, 1ge. sticks 19c
- Red Ripe TOMATOES, per lb. 29c
- New Texas CARROTS, 3 lbs. 25c
- Table Winesap APPLES, 1ge. size, doz. 49c

Reg. Price—3 Doz. for \$1.00
California New Crop
ORANGES—3 doz. for .. 89c

Values Galore	Quality Meats
Calumet—Reg. price 33c	Centre Cut—Double Loin
Baking Powder, lb. tins	Pork Chops, lb. 57c
Mayfair—12 oz. tins	Loin Ends
Spiced Beef, tin	Pork Roasts, lb. 49c
Aunt Jemima	Prime Bee
Pancake Flour, per pkg.	Shoulder Roast, lb. 67c
Planters—Quality Peanut Butter, 16 oz. jar	Prime Beef
Fluffo—The Best Shortening, lb.	Round Steak, lb. 90c
Consumers Choice—12 oz. tin Strawberry Jam, 2 for	Prime Beef
Granulated Sugar, 10 lb. bags	Rib Stew, lb. 55c
Libby's Tall Tins Milk, 2 for	Fresh
For Your Toilette Lux Soap, 2 for	Cod Fillets, lb. 35c
	Fresh and Tasty Haddock Fillets, lb. 45c

SHOP CO-OP
Super Market
FREE DELIVERY PHONE 2807-2808
"THE ONE STOP MARKET"

OUR BOARDING HOUSE Major Houple



HARD FIGHT, MOM I'LL BE RIGHT HOME