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The Family Farm

The National Planning Association, an American organization which keeps a watchful eye over all phases of the nation's economic life, has been looking into the plight of the family farm.

The report notes that "an increasing number of families cannot make an adequate living, and the situation is aggravated by increased concentration of land and capital".

What to do about small scale farming and how to encourage young farmers to stay on the land are problems in Canada as well as in the United States.

It ought to be possible to save and perpetuate the inherent values of the family farm, provided that the full co-operation of government and farm organizations, aided by modern technical resources, is brought to bear on the important need.

On The Way Out

What was the largest animal that ever lived? Most people probably would say it was the dinosaur, that frightening beast of pre-historic times which for some reason succumbed to the attacks of smaller enemies.

These interesting facts about the largest animal known to history are revealed by the National Geographic Society which says that over-hunting for oil, fertilizer and other products has thinned the whale's ranks to the point where conservationists fear it may be following the ill-fated course of the dinosaur.

Under an international treaty, each country's annual quota is regulated by law. In the season recently ended the quota apportioned among all the whaling nations was 14,500 blue-whale "units".

The large animal pushes its way through the sea at speeds up to 25 miles an hour. The Geographic's report says that one, harpooned off Alaska, towed a 90 foot whaler forward at 6 knots for more than 9 hours.

Finding The Ark

"And the ark rested in the seventh month on the seventeenth day of the month upon the mountains of Ararat". Thus does the Book of Genesis describe the ending of the great flood.

But although the location of Noah's ship has been tentatively determined from time to time, the question has never been definitely settled. A few years ago British archaeologists tried to obtain permission from the Soviet Union (Ararat borders on the Soviet Union and Turkey) to explore the area.

The Russians are not helping the expedition although they have given consent for it. The Turks, however, are doing everything they can and have promised troops if necessary to remove the thick ice.

EDITORIAL NOTES

An expert in the field says that "most persons read uninterruptedly for 6 hours without suffering fatigue". The group which provided the proof must have been hand-picked.

A dietitian attached to the Department of Northern Affairs says that polar bear steak are most palatable when served with Arctic blueberries.

A conference on education is scheduled to take place in Ottawa in February, 1958. The conference is sponsored by 19 national organizations, and has been called to focus attention on the objectives and needs of education in Canada in the next decade and to seek ways and means to meet them.

A Canadian financier says that business expansion in this country during 1956 was slightly lower than in 1955. He adds that "even so, it was still more than twice that of the United States".

During the International Geophysical Year 13 million weather reports will be sent to the Geneva headquarters of the United Nations meteorological organization. 2000 land stations and 2000 ships will report four times daily.

According to the latest Bureau of Statistics figures, since 1951 the number of Canadians under 64 has been increasing in proportion to those on retirement age. Immigration and a high birth rate are important factors.

Twenty years ago caribou were plentiful and moose scarce in Newfoundland. Now, it seems that moose are almost everywhere and caribou are so scarce that conservation officials fear they may be on the way to extinction.



ONE WAY OR ANOTHER

The Logic Of Mr. Dulles

Winnipeg Free Press

Mr. Dulles is an able lawyer as he has demonstrated once again in his speech at San Francisco on American policy towards Communist China.

Mr. Dulles' second point is that American recognition of Communist China would discourage many thousands of Chinese inside the country and overseas who are opposed to Mao Tse-Tung.

By identifying non-recognition with American resolution and recognition with American irresolution, the Secretary is storing up trouble for the future.

There is, of course, one serious difficulty. The United States has not been consistent in this view. Not long ago it recognized a Guatemalan Government, born of civil war, on the very morrow of its victory.

SECOND POINT

Tackling The Blue Nile

National Geographic Society

In Africa, Europe, and America water experts and mappers are working on the problems of the Blue Nile, a river that swirls fertility, prosperity, and controversy.

Pouring in seasonal flood from the highlands of Ethiopia, the Blue Nile winds a turbulent 1,100 miles down to Khartoum in Sudan, where it merges with the White Nile to form the Nile itself.

A team of experts from the United States Coast and Geodetic Survey is on its way to Ethiopia to compile the first modern maps of the plateau country from which the river flows.

In London, meanwhile, an "electronic brain" whirrs and flashes, checking for the Sudanese government the possible effects of several suggested systems of Nile dams.

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Mr. Dulles has said so much about the appalling consequences of recognizing the Beijing regime he has invested it with such great significance, that the United States must now anticipate repercussions if and when it is forced to admit the facts of life in the Far East.

By identifying non-recognition with American resolution and recognition with American irresolution, the Secretary is storing up trouble for the future. For the fact is that the United States by its present policies cannot direct the course of events in China.

A nation may refuse to recognize Communist China but it can not ignore her. China is, in fact, one of the largest considerations in American military policy.

Logic sometimes ends in absurdities. In the case of Mr. Dulles it may also end in grave dangers for the United States.

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

FAMOUS OPERAS

Sir, I am writing to ask if you would be good enough to permit a few lines of your paper to be used to ask if any of your readers are interested in the position relating to the Gilbert and Sullivan Operas.

In this connection a world wide petition has been organized to not only protest against mutilation of these Operas, but to ask the English Parliament to invest the copyright in some public cultural body for the purpose of protecting the beauty of Sullivan's music, and the wit and humour of Gilbert's libretto.

It is intended that this petition will be presented to Parliament in 1959 by Mr. Lawrence Turner, the Member of Parliament for the City of Oxford, and already over 350,000 signatures have been collected from Britain and other countries.

I am, Sir, etc., ERNEST F. GRUNOW, Peterborough Gilbert and Sullivan Players, Peterborough, Northants, England

SEEKING PEN PALS

Sir, We are two Australian girls and we would very much like to correspond with a boy or girl of 14-16 years in Prince Edward Island. Please could you arrange this for us.

We are, Sir, etc., HAZEL SVED, 6 Rothesay Ave, Hazelwood Park, South Australia, HELEN RICHARDS, 9 Ayre Street, South Plympton, South Australia.

CANYON

Through centuries of erosion, it has carved a rugged bed comparable to the Grand Canyon of the Colorado in the United States. As much as 4,000 feet deep in places, the canyon is a steamy, Equatorial trench teeming with crocodiles and other wildlife.

When the flood arrives at Khartoum, it is so powerful it dams up its sister river. The White Nile, usually only a few hundred yards wide, lies in a flat valley. Blue Nile water pushes back the white producing a natural reservoir about two miles wide.

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SHEEP HERDERS

The entire acreage of the Falkland Islands, crown colony in the South Atlantic, is divided into sheep farms.

How Vitamins Assist Nature

By Herman N. Bundesen, M.D. In the beginning, nature provided us with all she thought we'd need and for a long, long time it was plenty. Now, however, she needs the help of our medical laboratories.

For today, food alone isn't enough for most of us. We need more food value than we can get simply by eating our regular meals.

I wish you could come into the laboratory with me to see how wonderfully nature did provide for us.

SOME VEGETABLES Long ago I wondered why some vegetables grew above the ground and some below; why some were red, others yellow and still others green. I found the answers in the lab.

Some vegetables—fruits, too, of course—contain certain items highly important to the welfare of the human body; others contain different articles, just as valuable, but in another way.

Carrots, spinach, lettuce and tomatoes, for example, contain a high quantity of vitamin A which helps guard us against infections and eye trouble.

Beans and peas are particularly rich in the B vitamins which help keep us from tiring easily, protect our appetites and generally aid in maintaining all around good health.

Vitamin C keeps our teeth and gums healthy. It's found primarily in such foods as tangerines, oranges, lemons, grapefruit, turnips, raw cabbage, potatoes, fresh green vegetables, cantaloupe and fresh berries.

I could go on and on, but I think you get the idea. Nature gave us an appetizing variety of food from which to choose. By eating some of this and some of that, we would get some of everything we needed.

But her plans were formulated some time ago—long before the days of automobiles, mechanical farm equipment, automatic heating and cooling devices, long before so many of us spent so much of our time sitting down.

To get all the value my body needs from food alone, I'd have to consume about 5,000 calories a day. Not only would this mean I'd spend most of my time eating, but I'd soon be as big as a house.

So I get about half the nourishment I need by eating a normal amount of food—about 2,500 calories a day. And I get the remaining half of the vitamins and minerals by taking additional vitamins and minerals.

I think I have evidence that this is a pretty good system; I am still working full-time—and I haven't taken a vacation in 30 years.

Maybe you could use vitamin and mineral supplements, too. Ask your doctor.

QUESTION AND ANSWER

Mrs. A.Z.: I am 32 years old and have not had a menstruation period for over a year. Am I still in danger of becoming pregnant?

Answer: Usually in women in whom menstruation has ceased for this period of time, there is no chance of becoming pregnant.

The Age Old Story

I am the light of the world; he that followeth me shall not walk in darkness, but shall have the light of life.

EXTRAVAGANT RAIN

I have been out in a really extravagant rain. It sluiced around in a manner closed to wanton. The elm, being thirsty, too prudent to complain.

OUR YESTERDAYS

From The Guardian Files

TWENTY-FIVE YEARS AGO (July 12, 1932) Prince Edward Island is now on the air map as a regular port.

At a meeting of the Unemployed Association held in the Strand Theatre last evening, plans for securing immediate relief for the needy were discussed at considerable length. The president, Mr. Charles Carbonell, presided.

TEN YEARS AGO

Expectations that Mr. John Diefenbaker, P.C. member for Lake Centre, Sask., and Mrs. Diefenbaker would visit Charlottetown over the week-end, were disappointed last evening when Mr. Diefenbaker wired from Halifax that he had

NOTES BY THE WAY

Parents should think twice about allowing their boys to possess bows and arrows. There is no more dangerous device in the hands of an unskilled person.—St. Thomas Times-Journal

American history in slogans: Give me liberty or give me death. "Don't give up the ship." "Of the people, by the people, for the people." "Remember Pearl Harbor." "I refuse to answer."—Medicine Hat News

How discriminating is a fish? A number of people are wondering following a report a few days ago that fishermen in Scotland have discovered the ideal bait—small pieces of ordinary rubber. Skeptical Englishmen, who like to disbelieve any story that comes from north of the Tweed, nevertheless cautiously tested the theory—and found it to be true.

A town planning expert says there isn't room any more for both big cars and pedestrians in our cities. The way some motorists drive and some pedestrians jaywalk, it would appear that they agree with him.—Sherbrooke Record

Many among us when they think of government think only of a strong government as something only to "get things done." But democratic government in Canada must be much more than that.

Work at the Railway wharf by the J. P. Porter Construction Company is proceeding rapidly, with the additional buttressing which was found necessary earlier well on its way to completion.

suddenly been recalled to Ottawa.

MASONIC NOTICE

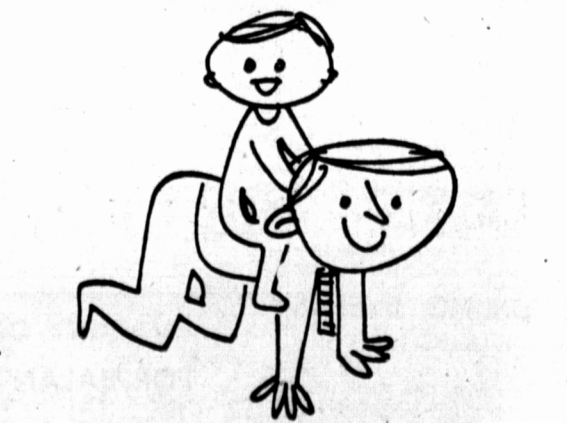
All members of Mount Moriah Lodge No. 15 A.F. & A.M. are urgently requested to meet at Cape Traverse Masonic Temple July 13 at 7:30 sharp.

By order of W. M. FRANK KOHOUT, Secretary.

NOTICE L.O.L. Celebration

Friday, July 12, 1957 at North River Rink

Normal Orange Walk at 2:30 P.M. All L.O.L. and L.O.B.A. members requested to attend. The Order needs you. You need the Order. Meals served from noon on. Will be held on Sat. if day unfit. Everyone Welcome.



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