

Woman's Realm :- Social and Personal :- Fashions :- Literature

A Morning Smile

POSERS

"Popper, why is the Government so desperately in need of money?" "Because it blew it all in."

The HOUSEWIFE and HER ACTIVITIES

FORWARD!

"We can't go back to what might have been, no matter how hard we try."

A politician's greatest asset is his lie ability.

The man who knows he is wrong is always the most stubborn.

If the meek inherit the earth they will inherit a heap of debts.

A grass window is seldom as green as the title leads you to believe.

Travel this summer will broaden many people. It will also flatten them.

Indigestion is usually what you have when you're sure you have heart trouble.

Women may be all right in their way, but so many of them would rather go out of it.

You can always tell how experienced a girl is by watching her climb into a rumble seat.

All a woman need do is point out the way for a man to make a fool of himself; he'll do the rest.

A failure is usually the fellow who can tell the successful man just how and where he is making a mistake.

PLEASURE FOR ALL

Have a number of good lights in the living room for reading and sewing purposes.

CAMOUFLAGED

Should the lining of your coat show signs of wear under the arms, make neat silk dress shields to match your lining and sew carefully over the worn parts.

THAT LITTLE BALD HEAD

When sonny's hair is just beginning to come in nicely you can give him a splendid head treatment by rubbing equal quantities of olive and castor oil slightly warmed into his scalp before shampooing.

THE SAME OLD WAY

Why it is men resent changes in the arrangement of furniture in a room? Perhaps if the economical dice were pointed out to them in regard to the wear on rugs and furniture they would comprehend more quickly the fact that a

Satisfying King Cole TEA Old English Blend

Ten Chief Reasons for Failure of Marriage Dorothy Dix Says No Judgment Is Used in Picking Mate

If You Are Contemplating Marriage Here Are Some of the Causes That Bring Unhappiness - Study Them Well Before You Make Your Decision

The ten chief reasons why marriage is so often a failure are these: First. Men and women use no judgment in selecting their mates.



love lams it for the window.

Second. They marry before they can afford it. It is sad, but true, that even marriage has to be adequately financed in order to make a go of it.

Third. They do not even try to make a success of their marriages. Most husbands and wives seem to think it is just chance the way a marriage turns out.

Fourth. They are not willing to pay the price. Marriage costs dearly in sacrifices, in adjusting oneself to another, in giving up one's old habits and amusements, and husbands and wives back at doing it.

Fifth. In-laws. Any in-laws in the house of a newly married couple is like a stick of dynamite under the doorstep.

Sixth. Selfishness. Husbands and wives each trying to get the best of everything for himself or herself, and to dominate the home.

Seventh. Children. In many families the alienation of the husband's affections begins with the advent of the first baby.

Eighth. Bad temper and bad manners. It is a curious thing that husbands and wives, even those who are fond of each other, treat each other worse than they do their deadliest enemies.

Ninth. Never trying to make life pleasant and interesting for the other. Never cultivating mutual interests, never chumming up with each other.

Tenth. Lack of appreciation. The husband never telling his wife that he loves her and thinks her the greatest woman in the world.

open spaces" of last season's gowns, swirls and cut-out manipulation. Capes of fox go on, but fashion decrees a change of style.

Table with 2 columns: Vegetable, Time (in minutes)

WAS BRIDESMAID AND BRIDE

BOURNEMOUTH, England May 12. (CP)—Within three hours Ada Dorothy Palmer now Mrs. George Hopkins—was bridesmaid and bride, bridesmaid at her brother's wedding then married in the same church later in the day by the same clergyman.

IN AWFUL PAIN!

Headaches, Backaches, Abdominal Pains... FRUIT-A-TIVES helped make disappear in very short time!

Mrs. E. Daddon, London, says—"I had a bad case of biliousness, which caused severe abdominal pains. I also had constant headaches and backaches. I became so ill I had to go to a hospital. Nothing helped until I started Fruit-a-tives. In a very short time my troubles disappeared and now I have no more headaches or backaches. Thousands have been helped by Fruit-a-tives just as Mrs. Daddon was. Fruit-a-tives, a renowned doctor's discovery, contain extracts of fruits and herbs. They not only cleanse but possess tonic effects that help give new energy."

GRAISED

Peel a pound of carrots, halve or quarter them if very old, and cut them into what would be rounds. Heat an ounce of butter in a stewpan, put in the carrots and toss them for a minute or two without browning at all. Put on the lid and cook in a moderate oven for 10 minutes. Now add a good pinch of sugar, some salt and pepper and a cup of well-flavored stock. (Even water will sometimes do the trick.) Cover and cook on gently in the oven until the carrots are tender.

VEGETABLE TIMETABLE

Time-Table for cooking vegetables. (Time is given in minutes.)

THE FAVOURITE Beauty Soap of CANADIAN BRIDES "It's perfect for my skin... this Palmolive Beauty Treatment" says MRS. L. BURPEE, beautiful Montreal bride

THE COOK'S CORNER

CHEESE IN THE MENU

At this season of the year busy housewives are checking over their recipes for meat substitutes. The primary purpose of any food which is to be used as an alternative of meat is to supply the necessary protein for the meal.

CHEESE SOUFFLE

1 1/2 cups milk 1/4 cup granulated tapocis 1 teaspoon salt 4 eggs 1 1/2 cups grated cheese 1/2 teaspoon mustard Heat milk in double boiler. Add tapocis and salt, and cook until clear, stirring occasionally.

VEGETABLE AU GRATIN

Butter a casserole and line with cooked spinach. Add a layer of cooked rice, then a layer of string beans or peas, and cover with slices of tomato or onion. Pour a generous amount of thin cheese sauce over vegetables, and bake in a moderate oven about 20 minutes.

TOMATO AND CHEESE RAREBIT

3 tablespoons butter 3 tablespoons flour 2 cups grated cheese 1 cup milk 1 teaspoon Worcestershire sauce Cook chopped onion slowly in the butter. Stir in flour. Gradually add tomatoes and seasonings, and cook until mixture thickens.

CELERY AND CHEESE CASSEROLE

3 tablespoons butter 3 tablespoons flour 1 1/2 cups milk Salt and pepper 1 cup grated cheese 1 cup cooked spaghetti 2 cups diced celery 1/2 cup buttered crumbs Melt butter, blend in flour and add milk gradually, stirring constantly. Cook until thick. Add salt, pepper and grated cheese. Beat until cheese is melted. Combine spaghetti, celery onion with sauce. Place in buttered casserole, and cover with crumbs. Bake in a moderately hot oven (375 degrees F.) until crumbs are browned—about 20 minutes.

CHEESE AND BEAN ROAST

1 No. 2 can kidney beans 1/2 lb. mild cheese 1 onion, chopped fine 1 tablespoon butter 1 cup dry bread crumbs 2 eggs, well beaten Salt, pepper, mustard Method: Drain the beans and put them through the food chopper with the cheese. Chop the onion fine and cook gently in the melted butter until it is soft, but not brown. Combine these with the beans and cheese and add the

Today's Short Wave Radio Program

WEDNESDAY, May 13 Washington 10 a. m.—U. S. Army Band W8XK Pittsburgh, 19.7 m., 15.21 meg. Also W3XAL, New York, 16.8 m., 17.78 meg. Moscow 4 p. m.—Russian History as Told in Literature: "All Power to the Soviets"—October, 1917. RNE, 50 m., 6 meg. London 6 p. m.—"Hunt the Tiger." A social comedy by Henry A. Hering. GSD, 25.5 m., 11.75 meg. GSO, 31.3 m., 9.88 meg., or GSA, 49.5 m., 6.05 meg. Rome 6 p. m.—News bulletins in English. Broadcast of a Symphonie Concert. Talk by Prof. A. De Maist on present events. Songs in dialect. ZRO, 31.1 m., 9.63 meg. Madrid 7 p. m.—Special program for English listeners. EAQ, 30.5 m., 9.87 meg. Schenectady 7 p. m.—Latin American Concert. W2XAF, 21.4 m., 9.55 meg. Paris 8 p. m.—News in English. TPA4, 25.6 m., 11.72 meg. London 9:20 p. m.—A Recital of Hebridean Songs and Scots Airs on the pianoforte by James MacPhee (tenor) and Gerald Shaw (pianoforte). GSD, 25.5 m., 11.75 meg., GSO, 31.3 m., 9.88 meg.

Spring Fashions For Home Dress-Making

Looking ahead for vacation—here's a double duty costume. It does for spectator and for active sports. Slip or your skirt—you're ready for a good game of tennis in the comfortable shirt with open neck and the brief shorts (See small view). GARDINER in all white or with the shirt in navy and navy bottoms, is especially smart. Cotton shantung, pique, besides linens and tub silks, are other favored materials. You'll find it surprisingly easy on your budget and so easily made. Style No. 893 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 4 1/2 yards of 39-inch material for the entire outfit. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.



Weak, Tired, Nervous Women Nourished Back to Health

MILBURN'S HEALTH NERVE PILLS Many women wake up in the morning feeling tired as they went to bed, and the simple household duties seem a drag and a burden. They become nervous, cross and irritable, wet and worn out, and everything in life looks dark and gloomy. Milburn's H. & N. Pills is just the remedy they need to restore them to the blessed joy of good health and the health improved the daily tasks become pleasant, not a burden. Try a few boxes. See how soon you will feel beneficial effect.

Brilliant Society Wedding in London



At the fashionable St. Margaret's received four royal gifts, including a blue enamel and silver gilt dress, and a diamond necklace, leaving the bride, after the wedding.

one that should prove becoming to practically every small child, as it forms such a soft, flattering frame for the face. This hair style can be arranged very easily by dotting mothers.

FIRMER CUSTARD

If you scald the milk before you make the custard for your pie it will be less likely to be watery.

GOOSE FLESH

"Goose flesh" (slightly pebbled) satin, offers a design of large orichids in watercolor tones.

SOMETHING NEW

The lapel watch, in leather covered case, is an ideal accessory to suit and street costumes.

HARMONIZING WRAP

A golden beige hip-length cape in rough woolen is worn over a simple brown satin evening dress.

CIRCULAR SKIRTS

Circular and gored skirts seem to take the spotlight away from pleats.

NEW LENGTH

Many of the new coats of spring suits and ensembles as well as caftans, come just above the knee.

A NICE HOUSE PLANT

Slips of English ivy will grow nicely in water and can be arranged in an ornamental bowl, making a pretty touch of green in an otherwise rather dull room.

REAL SAVINGS

Ordinary grades of oak and stained wood furniture that have become shabby can be renovated cheaply and attractively at home. Sandpaper the finish off and paint carefully white, gray, ivory or any shade you desire.

WHY WE MUST RINSE WELL

Soap combined with bluing will cause rust spots.

If the soap is not altogether pure, when combined with a starch, it will yellow the clothes.

If washing soda is used and is not thoroughly rinsed out, the fiber will be weakened when heated by an iron.

TRY THIS "CATCH"

Now for the "big push"! Place a tumbler half-full of water on the table, make a round hole like a quarter in a piece of cardboard and announce to your friends that you will push the tumbler through the hole without spilling a drop of water.

SARDINE CANAPES

For a sardine canape, split, bone and skin sardines, put on strips of toast just the size of the sardine and broil under the flame. Serve hot.

PERFUMED NOSEGAYS

A floral display was unveiled recently, when each artificial flower interpreting a perfume odor coordinated with the major trend of women's fashions for spring.

STEWED

Cut the washed and peeled carrots into fine strips about the length of a match and twice its thickness. Put them into a saucepan with an ounce of butter (these quantities are for a pound of the shredded carrots), a very little finely chopped parsley, a lump of sugar (or two), a teaspoonful of salt and half a breakfastful of stock. Bring to the boil and simmer gently for 40 minutes, when the strips ought to be ready to eat; and delicious too!

MATCHING MODES

The spring hardbag collections are completed, and there pervades in the styles carried through in fastidious, namely, the very tailored, or mannish and the feminine, which is evidenced by dressmaker details in the treatment of the leathers.

"SOLIDITY" IN FOX CAPES

Spring capes in silver, blue, red or dyed-white foxes are presenting a solidity of design. Gone are the