

Regional CWL Conference Held At Basilica Centre

St. Dunstan's Basilica parish council were hostesses for the Queen's County regional CWL Conference held at the Basilica Recreation Centre in Charlottetown on Sunday afternoon and evening. In attendance were 160 representatives of 16 of the 19 councils in Queen's County, as well as several sisters of the Congregations of Notre Dame and St. Martha.

Following the opening of the meeting with the League prayer led by Very Rev. George McCormack, provincial director of the CWL, Rt. Rev. Monsignor W. O. Simpson, director of the hostess group, conducted a Scripture Service with readings by Mrs. Raoul McCormack and Stella Smith and all present participating in the responses.

Mrs. A. F. Sullivan of Kinkora, provincial president, presided at the Conference and gave a challenging address in which she dealt with the high-

lights of the national CWL convention held in Hamilton, Ontario, the end of August, as well as the objectives of the organization, and the need of every member becoming personally involved. She urged parish councils to devote more time at the monthly meetings to educational programs, particularly the Document of Vatican II, and less in business which largely should be taken care of at the executive meetings held before the regular meeting.

A splendid demonstration of such a meeting was ably presented by the full executive of St. Dunstan's parish council, whose president is Mrs. Gerald Driscoll. This was the actual executive meeting which is usually held a week prior to the monthly meeting but was postponed from last Tuesday.

Very Rev. George McCormack dealt with the need for increasing the subscriptions to the League magazine, and recommended the practice of completing the magazine subscription with the membership fee.

Mrs. Fred A. Coyle of Charlottetown, provincial convener of social action appealed to the Parish Councils to observe, judge and act with regard to any social problems in their own communities. She also spoke of the financial assistance required to provide furnishings and defray capital expenditures so that the Alcoholic Treatment Centre can begin operations at the former St. Vincent's Orphanage.

Area executive meetings were outlined by Iphigene Arsenault who also urged the membership to take advantage of every educational opportunity and to support the National CWL Scholarship Fund which provides two scholarships of \$1,500, each every year for Social Work students.

During the social hour between the afternoon and evening sessions all enjoyed the delicious refreshments served by the hostesses.

Benediction of the Most Blessed Sacrament was given at St. Dunstan's Basilica by Rt. Rev. W. O. Simpson prior to the opening of the evening session.

Topics discussed by the members who were divided into "buzz groups" for the evening program included - combining the magazine subscription with the membership fee; support for the Alcoholic Treatment Centre; and Mrs. Len Reid of Stanley Bridge, president of St. Ann's CWL of Hope River expressed the thanks of the conference to the hostesses, St. Dunstan's CWL, for their hospitality, the demonstration meeting and scripture service; to the Recreation Centre for the facilities provided for the conference; to Mrs. Sullivan for her inspirational address; and to the provincial executive for carrying out all the details which contributed to the success of the conference.

Contest Winners In Washington

The Guardian - Patriot subscription contest winners yesterday spent their fifth day in Washington, D. C.

Following breakfast at the Ambassador Hotel, which is their home for the week, the group had a free morning in which to shop or do further exploring on their own, and then lunched at restaurants of their own choice.

In the afternoon they toured the business and residential sections of Washington on their own private bus, with a lecturer and guide to point out the embassies and legations representing many of the countries throughout the world.

Stops were made at the National Archives, the Museum of History, and Technology and other points of interest.

Then it was back to the Ambassador Hotel for dinner, and a free evening to plan as they wish.

British Making Washable Wools

LONDON - British clothing manufacturers have produced some 20 ranges of wool garments which they approve as machine-washable. Last year there were only half that number. Five years ago there were none.

The manufacturers claim the wool can now be swirled in the washing machine and spin-dried without shrinking, pilling or matting.

In the ranges now available, are clothes for men, women, children and babies, including sweaters, shirts, coats, socks, and underwear, also blankets and rugs.

A company making coats in pure wool velour for toddlers stresses washing instructions detailed on labels should be followed. No manufacturer will guarantee results if the housewife uses the wrong type of washing powder, or the wrong degree of heat.

The three "musts" are: handle it gently - rubbing may felt it; use warm water (100 degrees Fahrenheit) as over-hot water may harm colors and over-cool may fall to get out dirt; and use a mild washing product, making sure it is completely dissolved in the water.

It is safe to let the washable "buzz groups" for the evening program included - combining the magazine subscription with the membership fee; support for the Alcoholic Treatment Centre; and Mrs. Len Reid of Stanley Bridge, president of St. Ann's CWL of Hope River expressed the thanks of the conference to the hostesses, St. Dunstan's CWL, for their hospitality, the demonstration meeting and scripture service; to the Recreation Centre for the facilities provided for the conference; to Mrs. Sullivan for her inspirational address; and to the provincial executive for carrying out all the details which contributed to the success of the conference.

Cheddar cheese
1 c. diced cooked ham or chopped canned ham
1/4 tsp. butter or margarine
Additional

Cook macaroni as directed on pkg. Make a sauce as follows: Melt butter in flour; gradually stir in milk, seasonings and cheese. Cook - stir until cheese melts. Add diced ham. Combine with macaroni in buttered low 3-qt. casserole. Dot with additional butter; bake about 20 min. in hot oven 400 degrees F.

THE CHEF'S APPLESAUCE BAKE
Mendames (this dessert is new, different and "delicious").
Ingredients: 1/2 c. sugar; 1/4 c. fine graham cracker crumbs; 1 tsp. ground cinnamon; 1/2 c. chopped walnut, pecan, or flaked almonds; 1-1/2 c. melted butter or margarine; 1 tsp. grated orange rind; 3 c. applesauce, homemade or purchased; 1/2 c. heavy cream, whipped or a topping.

To Prepare: Mix together sugar, graham-cracker crumbs, cinnamon, nut-meats and melted butter; saute 2 min. stirring constantly. Put 2/3 of this mixture into well-oiled 2 - qt. heat-resistant glass dish. Add orange rind to applesauce; pour over the crumb mixture in the dish. Spread remaining crumb mixture over applesauce. Bake 30 min. in hot oven, 350 degrees F. Cool; decorate with whipped cream or topping.

SCHOOL STILL RUNS
Notre-Dame Secretarial College, Montreal, is a direct descendant of the first girls' school in Canada, opened in the 17th century.

QUEEN WORKS HARD
The queen of a honey bee colony may lay 2,000 eggs a day.

SOME BORN BARNED
Congenital malformations occur in about five of every 1,000 live-born children.

IDA BAILEY ALLEN
Macaroni's Wholesome Shaped Plain Or Fancy

price. They are staple budget-wise foods.

SUNDAY DINNER
Kidney Bean Soup Creole
Croissants - Ham-Macaroni and Cheese Escallop, Pickle, Beef, Salad - Applesauce Bake, Whipped Topping - Coffee, Tea, Milk

KIDNEY BEAN SOUP CREOLE
2 tsp. butter or meat drippings
1 good-size onion, peeled and diced
1 diced small seeded green pepper
1 large stalk celery, strings removed, diced
1/4 tsp. garlic salt
1 (1 lb.) can kidney beans (white or red)
1 bean-can water
1 c. tomato juice
Croulons
Melt butter or meat drippings in 2 - qt. heavy saucepan. Add onion, green pepper and celery; slow-saute until wilted. Add garlic salt, kidney beans and liquid, water and tomato juice. Stir to mix. Bring to boil. Simmer-boil 20 min. Serve in soup-plates or bowls. Garnish: croissants.

HAM-MACARONI AND CHEESE ESCALLOP
3/4 lb. elbow macaroni
3/4 tsp. butter or margarine
3 c. flour
4 c. milk
1 tsp. salt
1/2 tsp. pepper
1/4 tsp. dry mustard
1/4 c. coarse-grated sharp

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and after the tour, the said collection probably will be placed permanently in the Mykylo Stupis Ukrainian Museum in Saskatoon.

The student producing the thesis toward a master's degree on the contribution of the Ukrainian people toward the building of Canada will be given a \$5,000 scholarship, Mrs. Tokarek said. A booklet commemorating the 40th anniversary of the association also will be distributed next year.

The association has more than 5,000 members in 150 branches in Canada.

WALK MELTS CALORIES
A brisk walk burns up 70 calories a minute.

TAKE OVER OFFICE
Women make up 66 per cent of office workers in Canada compared with 22 per cent in 1901.

DISEASE HITS MEN
Women have only one-tenth the chance of a heart attack at the age of 50 as do men.

KEEP UP VITAMINS
Food containing vitamin should be on the table every day since vitamin C cannot stored in the body.

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MR. AND MRS. THOMAS P. VALLEY
RECENTLY WED

The marriage of Rosemary Charlotte Cain, daughter of Mr. and Mrs. Arthur Cain of Summerville to Thomas Philip Valley, son of Mr. Patrick Valley and the late Mrs. Valley of Alberry Plains took place recently at St. Joachim's Church, Vernon River. A reception was held at Lower Montague Hall, following which the couple left for a honeymoon trip to Boston. They are now residing in Alberry Plains where the groom is engaged in farming.

Photo by Barry MacGillivray

entries will travel across Canada next year.
A number of art galleries want to display the paintings during

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says Mrs. David Jardine
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October Wedding Is Held In Church At Long Creek

The United Baptist Church at Long Creek was the scene of an Autumn wedding when Rev. T. W. Howard united in marriage, Beryl Beatrice, youngest daughter of Mr. and Mrs. Melbourne MacEachern of Long Creek and Clifford Mervyn, youngest son of Mr. and Mrs. Harrison Green Kingston.

Baskets of Autumn flowers decorated the church. Mrs. Hector Currie, organist, accompanied Donna MacDonald as she sang "Oh Perfect Love" before the ceremony, and "The Wedding Hymn" during the signing of the register.

The bride, given in marriage by her father, wore a floor-length gown of white organza fashioned with Empire waist and a scooped neckline; the elbow-length sleeves and bodice were lace trimmed. A lace edged organza train fell from her shoulders. Her tiara was of blue and white pearls. She carried a cascade bouquet of red roses.

Mrs. Gage Dixon, matron of honor, wore an empire styled pink taffeta gown with lace bodice and floor length train. Her bouquet was of pink carnations.

Similarly styled gowns of turquoise taffeta and lace were worn by the two bridesmaids, Constance MacDonald, cousin of the bride, and Janet Green, sister of the groom. They carried bouquets of turquoise and white carnations.

Following the reception guests were entertained at the home of the bride's parents.

For her going away costume the bride wore a teal blue walking suit with matching accessories. Her corsage was of yellow roses.

Mr. and Mrs. Green are residing in Toronto. (Photo by R. B. Hamblin)

ried bouquets of turquoise and white carnations. Their bridesmaids were of tiered silk fluster held by matching fabric flowers.

Glydon Green was best man, and ushers were Willard Green and Clyde MacEachern.

A reception for 90 guests was held at the Kingston Legion Hall at New Haven, at which the bride's mother received in an ensemble of queen's blue with navy accessories and a corsage of pink roses. The groom's mother was attired in teal blue printed silk with black accessories and a corsage of white carnations.

Hector Currie, New Dominion was master of ceremonies. Rev. T. W. Howard offered the blessing and also proposed the toast to the bride.

Faye MacDonald Hunter River, niece of the groom, was in charge of the guest book.

Congratulatory messages were read from Mr. and Mrs. Robert Green, Mr. and Mrs. John Bida and Mr. and Mrs. Errol Green, of Toronto.

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Mr. and Mrs. Green are residing in Toronto. (Photo by R. B. Hamblin)

Women

The Guardian, Charlottetown, Fri., Nov. 4, 1966.

HAPPENINGS

Andrey Jenkins, Women's Editor, Phone 4-5385

A post nuptial shower was held last week at the home of Mr. and Mrs. William Callbeck, Central Bedoune, in honor of Mr. and Mrs. Stanley Arsenault who were recently married. The gifts were presented by L. Y. and Jennifer Callbeck, and Peter and McDonald, and were opened for the guests of honor by Marilyn McKenna and Rose Mary Webster. Ann McKenna read the cards and verses.

Mrs. Nelson Windsor (nee Beatrice Coles) and her sister, Mrs. Wm. Keyser (nee Hill & Coles) of Wynyard, Sask., are visiting friends and relatives on P. E. I. They are daughters of the late George and Mrs. Coles (nee Sara Wise) formerly of Milton. It is 22 years since Mrs. Windsor last visited here, and for Mrs. Keyser her first trip back since leaving P. E. I. as a young girl. They have been visiting at the homes of Mr. and Mrs. Albert Wise, Harrington, North River, and with the Ernest Coles family in North Milton.

Marilyn Williams who has been visiting her parents, Mr. and Mrs. Budd Williams, Ellerslie, has returned to Toronto, Ont.

Mrs. Aubin Arsenault of St. Gilbert has returned from a visit to Mexico, where she visited her sister. She also visited relatives in Ramford, Me.

Recent guests of Mr. and Mrs. Bernard Adams, Mr. and Mrs. Wesley Adams, Mr.

ELLEN'S DIARY

Twilight Comes Early As Winter Approaches

"Another weekend" Alex remarked, putting by his books and lunch-box this afternoon. "I can hardly believe the school week is gone!"

"I'm studying a new book now - the fourth, is it, Alex? In Grade 1. Let me show it to you. I like it." Peter said selecting it from his schoolbag's requirements of books.

"Dear, dear, what a number of books you have to carry!" we commented. "More" we chuckled, "than your grandmother toted when she attended college in town! And certainly you have more and prettier pencils and pens! Do you find your work difficult?"

"Oh no!" he smiled. "I like school. It's interesting. I can't decide though, whether or not I enjoy eating my lunch there" he said, his expression puzzled. . . . Being set down as a child, by Providence in an island farmhouse "just down the road from the school" we were not often privileged, as we then considered it, to carry our lunch, or join those from a distance in the pastimes there of the noon-hour. However, there were the infrequent occasions remembered as mostly enjoyable, when winter snows were deep, or the day bleak with frost, which allowed us to remain. How snow-bound some of those olden-time winters were! And down shoreward, beyond the white spread fields was the bluish white of the icy Strait.

Mack crossed the Strait today over, we think, a pleasant sea, on his trip to the Atlantic Fair. "Let me see" he said, checking off before leaving the number of items he must have with him at Journey's end, "hatters, leading reins, brushes, pails. . . ." It was a lengthy list.

"And cattle" we nodded.

"And cattle" he grinned.

"Well, so long - be good!" he smiled at parting from the members of the family gathered round. Then turning to the driver of the transport, another herdsman, he smiled infectiously. "Well, Halifax - here we come again!" he said.

"You will have plenty of time to catch your boat - you won't need to hurry" the young farmer offered.

"Drive carefully" James said as the machine prepared to move away.

"We surely will" the driver of the truck assured him soberly. Then added with a chuckle, "we both have to finish our plowing this Fall, haven't we?"

Today brought the last of the stumping - the first stirrings in the stumpland toward its cultivation and cropping.

"Now our next move is to get the stumps gathered into heaps and burnt." James said at supper. . . . Supper was slices of cold roast beef, an end of vegetables left over from dinner, a relish made from ripe tomatoes and celery and cucumbers, with

pieces of new-made apple pie for dessert. And the kitchen was lighted, as it had been for our breakfast. And again twilight was over the farmlands!

How bright our night is! And enchanting the moonrise was between two barn gables above the backdrop of eastern hill. A busy day this was, and now is the peace and quiet, - and loveliness of a perfect Fall night.

Until tomorrow - - - Diary - - - Good-night. . . .

7213

by Alice Brooks

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EASY-KNIT in one piece from neck down, including sleeve! Cobles create sunburst design. Pattern 7213: sizes 32-34; 36-38 included.

Thirty-five cents (coins) to Alice Brooks, care of The Guardian - Patriot Needlecraft Dept., 60 Front St. W., Toronto 1, Ont. Ontario residents add 2c sales tax. Print plainly PATTERN NUMBER, NAME, ADDRESS.

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Bond-Semple Wedding Held In California

Baskets of Chrysanthemums and ferns decorated the chancel of Candlelight Chapel at Long Beach, Cal., for the marriage of Myrna Grace Semple, and Charles Norman Bond on Friday, October 7, 1966. The bride is the only daughter of Mr. and Mrs. Fred Semple of Kensington, P. E. I., and the groom is a son of Mr. and Mrs. Charles E. Bond of Waltham, Mass.

The double ring ceremony was performed by the Rev. W. J. Fisher, and nuptial music was furnished by the church organist.

The bride, given in marriage by Andy Randall, wore a two-piece suit of white wool with a white mink collar. Her headpiece was a scalloped tulle veil held in place by a white satin "wedding ring", and she carried a cascade bouquet of white butterfly orchids with creamy white stephanotis and lily.

Carol Abraham, Medicine Hat and San Francisco, the bride's only attendant, wore a mauve wool suit. Her headpiece was a tiny veil held in place with matching flowers, and her cascade bouquet was of lavender baby roses.

The best man was Richard Pomeroy of Boston, Mass., and Ingelwood, Cal. Ushering the guests to seats marked with napadragon and lily-of-the-valley were Richard Eldridge and Joseph Jansen.

For her daughter's wedding, Mrs. Semple chose a two-piece dress of pink wool jersey, accessories in black and rose and a corsage of white orchids.

The groom's mother, Mrs. Bond, was attired in turquoise and silver brocade with white accessories and a corsage of white orchids.

Following a reception at the "Islander's Hotel, Ingelwood," the happy young couple left on a honeymoon trip to Big Bear Mountain Resort, Southern California. Mr. and Mrs. Bond will reside at 1827 Ingelwood Ave., Ingelwood, California. The bride's groom is a student at Northern Institute of Technology Ingelwood, and the bride is on



the staff of Centennial Hospital Ingelwood.

Out of town guests were Mrs. Fred Semple, Kensington, PEI Mr. and Mrs. Charles E. Bond, Waltham, Mass., (Mrs. Bond is the former Sophie Ramsay of Hamilton, P. E. I.), Mr. and Mrs. Earle Bond, Belmont, Mass Mr. and Mrs. Andy Randall, San Pedro, Cal., Carol Abraham, RN Debra's Maybury, RN and Elaine Thuss, RN all of San Francisco Cal., Mr. and Mrs. Clarence Houston, Temple City, Cal.