

The Micmacs In Early Times

Excerpts from a work by Nicholas Denys, first Governor of Acadia, published in France in 1672 and translated by Dr. William F. Ganong for the Champlain Society. Continued from last Wednesday.

The Indians today practise still their ancient form of burial in every respect, except that they no longer place anything in their graves, for of this they are entirely disabused. They have abandoned also those offerings, so frequent and usual, which they made as homage to their "manitou" in passing by places in which were some risk to be taken, or where indeed there had happened some misfortune or other. They did this in order to avert the like from themselves or their families.

They are also cured of other superstitions which they had, such as giving the bones to the dogs, roasting eels, and many others of that sort which are entirely abolished. This is as much through a spirit of self-interest as through any other reason; for they gave these often the most beautiful and rarest objects they had.

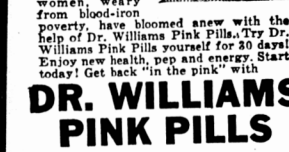
But since they cannot now obtain the things which come from us with such ease as they had in obtaining robes of Martin, of Otter, or of Beaver, or bows and arrows, and since they have realized that guns and other things were not found in their woods or in their rivers, they have become less devout. Or, it would be better to say, less superstitious since the time when their offerings cost them so much.

But they practise still all the same methods of hunting, with this difference that in place of arming their arrows and spears with the bones of animals, pointed and sharpened, they arm them today with iron, which is made expressly for sale to them. Their spears now are made of a sword fixed at the end of a shaft of seven to eight feet in length. These they use in winter, when there is snow, to spear the moose, or for fishing salmon, trout, and beaver. They are also furnished with iron harpoons, of the use of which we have spoken before.

The musket is used by them more than all other weapons, in their hunting in spring, summer, and autumn, both for animals and birds. With an arrow they killed only one wild goose; but with the shot of a gun they kill five or six of them. With the arrow it was necessary to approach an animal closely; with the gun they kill the animal from a distance with a bullet or two. The axes, the kettles, the knives, and everything that is supplied them, is much more convenient and portable than those which they had in former times, when they were obliged to go to camp near their grotesque kettles, and in place of which today they are free to go camp where they wish. One can say that in those times the immovable kettles were the chief regulators.

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Household Scrapbook

By Roberta Lee
Worn-Out Rubbers
Cut off the heels of worn-out rubbers. Wash the toe parts and hang up in some such place as a closet or cellarway. These make nice pockets for holding blacking brushes, clothes or polishers—anything which would soil cloth pockets.
Soap
Soap will last longer if it is well dried out. As soon as the soap is received the wrappers should be removed from the bars and the soap piled loosely in a dry place.

ELLEN'S DIARY

By an Island Farmer's Wife

There was the morning we talked of at breakfast—a lovely morning it was with autumn tinting brightly the creeper which twines about the front verandah and spreading its prodigal glory on hill and vale beyond. "I can't say, Ellen when you should take your holiday" James weighed the question for us.

"Since we have no potatoes to dig, wouldn't it be nice..." and here he broke into his most irresistible smile, a mixture of boyishness, endearment and mystery "If you could plan it for the mangle harvesting. With the young lad busy about the barn, I reckon I'd be at them alone. Oh, I know it's something you've never done, but really Ellen, there's nothing to it. You just draw them from the ground, twist off the tops and throw the root to the cart. There's little labour to it, I can assure you—that is, given good weather. I've just been noticing, you're a trifle wan—the exercise in the open will be just what you need!"

"Yes" he continued, seasoning with care the slice of liver on his plate "and finished of that, what would be to hinder you and me from storing the rest of that wood... the hardwood from the back field? Wouldn't it be good, Ellen to have it saved and stung before the fall rains? It burns so much better! I've been thinking well, winter may set in early this year. And then" he beamed "there's other odd jobs we might do—there's stone to be hauled from the other farm... from a field that's to be plowed. We could take the children with us in the truck. There's apples to pick and vegetables to gather and the turnips too."

We sometimes fancy that James should have lived in those days when a man's household held more than one woman. How speedily then the work about would have been done! And how handily he could have separated to various pasturages his herds and his flocks, when the season or occasion demanded it! And how to gain his smile of approval all would have rushed to attend his bidding!

"Wouldn't it be nice, if you could take a little trip now, Mrs. Ellen" Carolyn suggested later in his hearing, "off The Island, I"

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The Stars Say - -

By Genevieve Kemble

For Tomorrow

EXCELLENT opportunities for expanding and stabilizing the affairs and fortunes are in sight. Yet it is possible that the vision to recognize these excellent openings could confuse or complicate ambitions and long-range plans. Financial possessions, sound objectives could be mis-managed or frittered away.

For the Birthday

Those whose birthday it is may be disposed to complicate or mis-manage a most propitious state of affairs, by their hate, indecision or rash jumping at conclusions. Affairs of maturity, promotion, favors and endorsement from influential places and power, assured of enduring growth and security, could be jeopardized by "flash-in-the-pan" tactics. Analyze carefully all plans. A child born on this day has excellent promise of a progressive, prosperous and influential career. Such could be jeopardized by snap judgments, instability, restlessness.

Cook's Corner

MIXED VEGETABLE CURRY

(4 to 5 servings)
One-third cup butter or vegetable fat, 1 medium-size onion, sliced, 1 clove garlic, minced, 1 to 2 tablespoons curry powder, 2 cups mixed vegetables, diced and par-boiled (such as peas, broccoli, string beans, carrots, etc.) 1 tablespoon shredded coconut, 3 or 4 green chili peppers (1 small can), 1/2 cup water, salt to taste. Fry onion, garlic, and curry powder in heated fat until lightly browned. Add vegetables, coconut, and chili peppers. Stir to mix well. Add water, cover, and simmer until vegetables are tender-crisp. If mixture becomes dry, add small amounts of broth or water as needed. There should be enough liquid to serve as a sauce. Serve hot with steamed rice.

That Body Of Yours

By James W. Barton, M.D.

HELPING PARENTS DECIDE WHAT IS BEST FOR THE RETARDED CHILD

One of the difficult problems facing the parents of a backward child is just what is the wisest plan to give the child his best opportunity in life. It is true that some backward children are helped by the use of thyroid extract because the thyroid gland in these children is underactive. There are also some children who are "brightened" mentally by glutamic acid. It is only fair to say, however, that the majority of backward children need special care and instruction if they are going to be able to take a place, however humble, in the community. In the Swiss Medical Journal, Dr. Jacob Lutz (University of Zurich) states that odd behavior reactions are apt to occur with disturbances of the brain and its or-

Married In Sherbrooke



The marriage took place in St. Peter's Anglican Church, in Sherbrooke, Quebec, on Sept. 15th at 3 o'clock, of Hilda Earnshaw, daughter of Mr. and Mrs. Arthur Earnshaw, Sherbrooke, to Philip Strickland Hardy of Deep River, Ont., son of Mr. and Mrs. S. L. Hardy of Charlottetown, P.E.I. The Rev. Canon Russel F. Brown was the officiating clergyman.

Mr. Morris Austin, organist, played the wedding music and directed the choir of which the bride had been a member for some years, in the singing of the hymn "O Perfect Love" and the anthem "Love One Another". Standards of multi-colored gladioli adorned either side of the chancel steps, and vases of gladioli decorated the altar. Sweet peas tied with white satin ribbon marked the pews reserved for the guests.

There is regularly a disturbance of consciousness with disordered thinking, judgment is poor, attention span is short. The mood is variable; usually anxious, often angry, sometimes depressed.

In American Journal of Psychiatry, Dr. Reynold A. Jensen, University of Minnesota, states that the task of helping parents of a retarded or backward child is complicated. The complication arises from the mistakes parents make because of their natural anxiety. Some of these mistakes are: (1) delay in consulting their physician; (2) encouragement of parents by holding out false hopes which result in disillusionment; (3) too much direct advice or urging of one specific plan. Most parents regard mental deficiency as a stigma. In their natural anxiety they are overconcerned and overprotective of the child.

Dr. Jensen advises that the physician get a complete history of the case—his birth, his present capabilities in his everyday activities. The parents are asked: "How old would you estimate your child to be?" The accuracy with which average parents estimate their child's development is remarkable. The physician in advising parents has to keep in mind the other members of the family. The four possible solutions outlined by Dr. Jensen are: (1) The child may be kept at home. By offering this plan first it reduces resistance to other plans later. (2) An appropriate boarding home may be found. (3) The child may be placed in a church or private school for care. (4) The parents can take advantage of the facilities which the government offers by considering placement at the state school where especially trained teachers are in charge.

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A Country Garden

By Mrs. Gordon MacMillan

When summer gathers up her robes of glory, And like a dream of beauty glides away. —S. Whitman.

To ensure beauty for the coming summer the gardener is very busy these days, transplanting, dividing and changing the plantings, saving the tender bulbs and planting tulips and daffodils.

New Daylilies have been planted and hybridists have given us many lovely colors and varieties that bloom over a very long season. In height they vary from three to five feet. Hyperion is a delightfully fragrant citron-yellow, with amaryllis-like flowers. It is one of the most prolific flowering plants ever seen. The stems are gracefully thin and have exceptional substance, about forty inches tall, carrying delicately sparkling clusters of flowers, the soft color of which "carries a great distance".

Few plants surpass the beauty and vigor of a well-flowered clump of this wonderful Day Lily. Its foliage always looks well and this is very important in the garden plants. The flower buds will open in water and it will grow anywhere, blooming in July and August. The other varieties that were (Continued on Page 3)

Morning Smile

His Chance

"Where is Jones?" "He isn't here. His wife telephoned him that the baby was asleep, and he's gone home to see what it looks like."

Reminder

An absent-minded man called upon his old friend, the family doctor. After chatting for a couple of hours, the doctor saw him to the door and, as he was shaking hands, said: "Come again soon, old chap; family all well, I suppose?" "Good Heavens!" exclaimed the visitor; "that reminds me. My wife's having a fit."

Modern Etiquette

By Roberta Lee

Q. How does a man go about selecting an engagement ring for his fiancée?

A. He should consult the girl's taste. The most practical thing is for him to go and have the jeweler put aside a selection of rings at the price he wishes to pay, and then bring his fiancée into the store and let her choose from them the one she likes.

Q. Are women supposed to wear gloves to a formal dinner?

A. Yes, and they take them off at the table—entirely off. It is improper to leave them on the arm, merely turning back the hands.

Q. When an usher has shown a man and woman to their proper row of seats in a theater, who goes into the row first?

A. The woman.

How Can I!!!

By Anne Ashley

Q. How can I care for Venetian blinds properly?

A. The slats of the Venetian blinds should be washed occasionally with a mild soapuds, as dust accumulates on them very quickly. After washing, rub the slats with a cloth dampened lightly with linseed oil.

Q. How can I darken brown shoes that are too light?

A. They can be darkened by



Moira Dunbar, pretty 33-year-old defense research board employee at Ottawa, is to be the first Canadian woman to fly into the snow-bound reaches of the Arctic. Seen pointing to Arctic island on map, Miss Dunbar will be among a party of 15, which will fly over a full-scale 10-day navigation survey. Primary target of the expedition will be the north magnetic pole, constantly shifting but now situated 1,000 miles north of Churchill near the "top of the world." There the party, composed of highly qualified specialists representing the research board, R. C. A. F. and private precision instrument companies, will test new instruments in the "development stage" over the toughest navigation sector in the world.

DOROTHY DIX SAYS—

Make Peace Now

Reader Cites Case Where Regret Came Too Late

DEAR MISS DIX: Why is it that people always repent too late? I know an elderly man who recently lost his wife. He was heartbroken and can talk of nothing but how lovely she was, what a wonderful mother, etc. What he has forgotten, apparently, is that he made the poor thing's life one continuous round of misery. He was bad-tempered, profane, stumpy, even abusive. Perhaps that is why there are so many lonely old men and women in the world. In youth they were so selfish, temperamental and miserly they couldn't keep friends. Do you agree?



ANSWER: Your friend's case is, unfortunately, not unusual. Oftimes the loudest mourners at a wake are those who through ill treatment contributed most to the deceased's passing. Neglectful children can weep torrents of tears over the grave of a parent for whom they hadn't bought a gift in months and for whom they seldom had a spare moment or kind word.

No greater peace can come to a soul than to put a loved one to his eternal rest, secure in the knowledge that in life he knew no default of love or devotion.

DON'T WAIT

Why wait, readers, for regrets until it is too late to ease your own conscience? Life is uncertain; who knows when the last chance for atonement will come? Begin now to put yourself at peace with the world. Make up petty quarrels with your neighbors; be reconciled to members of your own family to whom you have not spoken perhaps for years. If the distance between you is too great for a meeting, a telephone call or letter will work wonders. Be kinder at home, look for reasons behind your mate's irritability. Illness or business troubles he doesn't want to bring home may lurk behind the scowl that greets you. Be patient with him.

Husbands, be more considerate of your wives. As full and satisfying as the job of bringing up children is, it can also become very wearying. Money for a new hat or piece of furniture, an unexpected trip to the movies, a few flowers bought just because you love her, will send the spirits of any wife soaring to the skies.

Remember the old folks at home! Don't let them get lost in the shuffle while you concentrate all efforts on the generation you are raising. In a few years you'll be in the old guard yourself. Take your charity a little farther afield from home. Don't be sparing with kindness to those about you. To be at peace with the world is a great gift, and you can bestow it upon yourself!

DEAR MISS DIX: I am 23 and have been going with a gentleman 31. He is in love with me, treats me with every consideration and is very kind. He wants to marry, but although I have been seeing him for a month, I am not in love with him. I appreciate his thoughtfulness and admire, but do not love him. Should I give him a chance to win my love by continuing to go out with him, forget him or marry him just for his good points?

ANSWER: First of all, a month is scarcely time to become acquainted much less to fall in love. Love doesn't always come at Continued on Page 13

rubbing them with a solution of milk and ammonia. Then polish with a dry cloth.

Q. How can I treat molasses which has turned to sugar?

A. Set the vessel containing the molasses in a bowl of hot water for a few minutes, and the molasses will soon be returned to its former consistency.

Lovable You

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