



MR. AND MRS. J. A. DOUCETTE

Pretty Double Wedding Solemnized At Miscouche

A pretty double wedding was solemnized by Rev. John Kelly at St. John the Baptist Church Miscouche, P.E.I., when Marie Zella, daughter of Mr. and Mrs. Emile Perry, St. Nicholas, was united in marriage with Joseph Augustin, son of Mr. and Mrs. Emery Doucette, South Ruston, and Miss Margaret Lorraine, sister of Marie Zella, became the bride of Ronald son of Mr. and Mrs. Emery Bourgeois, Moncton, N.B.



MR. AND MRS. R. BOURGEOIS

Mr. Leonard Bourgeois, brother of the groom, was best man and Mr. Anthony Perry ushered the guests to their seats. Mrs. Emile Perry, mother of the bride, wore a blue rayon crepe dress with nylon lace, with white accessories and a corsage of pink carnations. Mrs. Doucette, mother of the groom, wore a dark blue silk flowered dress. Mrs. Bourgeois wore blue rayon crepe trimmed with white. The reception for the double wedding was held at the home of the brides. Two three-tier layer wedding cakes with miniature brides and grooms centred the bride's tables. There were 100 guests. Mr. and Mrs. Doucette will spend their honeymoon touring the Cabot Trail and visiting other points of interest in Cape Breton. For travelling Mrs. Doucette chose a pale blue suit with white accessories, and a corsage of white carnations. The couple will reside in Kentville, N.S.

ELLEN'S DIARY

Gratitude For Blessings

Thanksgiving is we believe a state of mind rather than a season for if we stop to consider it, even the most commonplace day offers rare blessings for which we can hold abundant gratitude. Everywhere in our various and varied worlds about, as one said recently "even on a farm" manifold blessings abound. Perhaps, partial though we may be, it is on a farm that one is more aware of them - the given, the earned blessings, how extremely satisfying to us, strength to come to the daily round - this is James' pet wish always, and ever his most fervent prayer.

DAILY PATTERN



Four - to - the - inch cross stitch! Jiffy embroidery forms this beautiful flower panel - makes an elegant tablecloth and napkin set! Pattern 7334: Transfer of panel 7 1/2 x 36 inches; 8 motifs 1 x 2 1/2 inches. Easy, no chart needed - symbols on crosses indicate colors. Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) - Charlottetown Guardian, Household Arts Dept., 60 Front Street, West, Toronto. Print plainly NAME, ADDRESS, PATTERN NUMBER. Two free patterns - printed in the new Alice Brooks Needlecraft book for 1956. Stanning designs for yourself, for your home - just for you, our readers. Dozens of other designs to order - all easy, fascinating handwork. Send 25 cents for your copy of this wonderful book right away.

MORNING SMILE

"Yes, my husband and I always give each other sensible birthday presents - like socks and fur coats."

Wife Preservers



MARY HAWORTH

Real Friends Hard To Make

Dear Mary Haworth: Our problem may not seem so serious, but we could enjoy life so much more if it were solved. We are a very ordinary married couple in middle age - fairly nice looking, fairly intelligent, fairly well off, with two children. Our attitude to other people is open-hearted, friendly and pleasant; of that I am sure. But still we find it extremely difficult to make friends; and I mean friends - not just acquaintances. We go to church but can't manage to develop anything but a superficial (though pleasant enough) relationship with other members there. It is hard to analyze oneself objectively, but we have tried, and have come to the conclusion that there is nothing in our special make-up that would tend to keep distance between us and others. But what, then, is it? It is just bad luck? And do other people have the same experience to a great extent, so far as you know? Maybe with right guidance we could reach other couples who are in the same situation. C.L.

A LIFE WORK

Dear C.L.: People who have friends of adequate supply are people who work at making and keeping friends. They are on the job, early and late, politicking pleasantly - find appropriate ways to cultivate a response from persons they "wish to know better," or hope to include in their repertory of "exchange visitors." Thus it is said: "He who would have friends must show himself friendly." Also it is notably true, of making friends, that "nothing succeeds like success." The large one-circle of friends, the easier it is to add more; partly due to growing skill, perhaps, but also because, having many friends, one is better sustained by a sense of plenty, hence "comfortable." There is no edgy anxiety in one's attitude then. It is the strictly from-hunger approach to company that causes most people to shy away from the wistfully lonely soul. In your case, your seemingly friendless estate, at present, probably isn't so much bad luck; as it is a result of making too little effort (if, indeed, any effort) over the years, towards other people. Your address reveals that you live in a more or less upper class suburb, adjacent to a great city. And at this writing you are the middle-aged parents of two children. Which suggests that the background of your problem may be that they are now either married or off to college or other individual pursuits; and recently, for the first time, you are beginning to have leisure, and a margin for spending, that would allow you to be more hospitable and sociable than in past years - if only you knew anybody! I suspect you've just come awake to the fact that you are living in the social vacuum, after long preoccupation with raising

HOUSEHOLD HINT

HOUSEHOLD HINT

If you do your painting in an air-conditioned room, no dust will settle on the article being painted. Besides keeping dust out of the room, the air conditioner will remove the paint odor quickly. children and building a financial foundation. Looking around you see other persons apparently well stocked with friends, and you wonder how they get that way, and why can't you? Well, as I said to start, these people have always included friends in their list of present necessities; and while their enduring friends may be few, at least they've fallen in step with a crowd of sorts to which they belong. FOUR FRIENDS What to do? Friendships are found in the field of common cause, as a rule. Church attendance won't win friends, unless you go deeply into church work, serve on committees, and get to know people. Also, one doesn't make friends en masse; the process begins with genuine interest in the specific individual. And it should be a happy-hearted, self-reliant but out-giving interest, in order to attract and hold. My advice is, relax. Don't strain for friends. Now that you have friendships in mind, give yourself 10 years in which to find and be found by your own kind. Some authority has said we may count ourselves rich if we have as many as four real friends in a lifetime. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

FINE FUR

The sea otter, whose fur is highly prized, is increasing under strict protection off Alaska and the Aleutian Islands. CHANGING TREND Italy now has a lower birth rate than France, 17.7 births per thousand compared to France's 1955 rate of 18.4.

You can't go ALL-OUT

Advertisement for Dr. Williams' Pink Pills. It features a woman's face and the text: "If you feel ALL-IN... These days most people work under pressure, worry more, sleep less. This strain on body and brain makes physical fitness easier to lose - harder to regain. Today's tense living, increased resistance, overwork, worry - any of these may affect normal kidney action. When kidneys get out of order, excess acids and wastes remain in the system. Then backache, dizziness, rest, that 'tired-out' heavy-laden feeling often follows. That's the time to take Dr. Williams' Pink Pills. They stimulate the kidneys to normal action. Then you feel better - sleep better - work better. Ask for Dr. Williams' Pink Pills at any drug counter."

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506

Page 8, The Guardian Saturday, Oct. 1956

THE EXPERTS SAY

No Need to Stuff Turkey

By OLI DAUM Canadian Press Staff Writer TORONTO (CP)—The way to a man's heart may be through a turkey's stomach, says Corinne Trerice, a Toronto nutritionist. Although new products are appearing regularly on the market, older, familiar methods of preparing and serving them but the combination of the old and the new doesn't always make for the best eating. Familiar with the new developments, Miss Trerice, of Bakery Foods Foundation of Canada, has several tips for cooks who want to try new methods yet want their thanksgiving dinner to live up to the traditional, mouth-watering billing. REVISE RULE "Baker's bread stays fresh longer these days so it's wise to revise the rule about using day-old bread for poultry stuffings," she says. "Bread should be three to four days old if fine, fluffy crumbs are desired." Fresh or day-old bread should be used only if the cook plans to cube the bread slices and toast them slightly. Miss Trerice says a tasty dressing need not be made exclusively from white bread. "The addition of whole wheat, cracked wheat, brown or raisin bread crumbs in the dressing may surprise the homemaker by enhancing the texture and flavor of the stuffing," she says. The quantity of bread stuffing needed for your holiday turkey may be estimated by allowing three-quarters of a cup of bread crumbs for each pound of poultry, undrawn weight, or one cup of bread crumbs a pound, ready-to-cook weight. FOR LARGER BIRDS The quantity for birds more than 20 pounds should be estimated on the basis of 20 pounds since the size of cavities in larger birds remains constant. Dressing needn't be kept inside the turkey. There are new ideas for cooking stuffing separate from the bird: Make stuffing balls and bake them 20 to 30 minutes at 350 degrees Fahrenheit on a greased cookie sheet. Serve as a garnish on the turkey platter. Make stuffing sticks by pressing dressing into a rectangular shape about one inch thick and six inches wide on a greased baking sheet. Cool in refrigerator for an hour, cut in half lengthwise and into one-inch strips crosswise. Bake 30 minutes at 350 degrees Fahrenheit and serve criss-cross on a platter. BONES HOLD SHAPE "There's no reason why the dressing has to be placed inside the bird," Miss Trerice says. "A turkey's bones are strong enough to retain its shape while cooking." For a melt-in-the-mouth holiday turkey the experts advise that it should be uncovered and roasted slowly in a moderate oven of 325 degrees Fahrenheit. Cooking times should vary from 3 1/2 hours for a six- to eight-pound stuffed bird to 7 1/2 to nine hours for a 20- to 24-pound stuffed bird. The best method is to insert a meat thermometer between the first and second ribs of the turkey so that it penetrates to the centre of the dressing. When the temperature reaches 165 degrees—inserted in the drumstick the thermometer will register 190 to 200 degrees—the bird should be removed from the oven and let stand for 20 to 30 minutes before carving. MONTAGUE W.I. The October meeting of the Montague Women's Institute was held at the home of Mrs. Lyle Boehner Tuesday evening with the president, Mrs. A.D. MacLure, in the chair. Roll call was responded to with "What I like best about October." The minutes of the last meeting and the correspondence were read by the secretary, Mrs. George Nicholson. The correspondence included letters from the chairman of the Cancer Campaign, T.B. League, Magazine of the Air, Red Cross headquarters and Mrs. Maylea Manning, who recently resigned as Director of Women's Institutes in Prince Edward Island. Mrs. Albert Fraser and Mrs. Boehner reported that final arrangements had been made for sponsoring a motion picture at Yeo's Theatre, October 10th and 11th and committees were appointed to supervise the advance sale of tickets, solicit candy for sale at the theatre and other necessary arrangements. The financial report was read by the treasurer, Mrs. Clair Kirk. The members were sorry to learn of the illness of Mrs. Arthur Fra-

KEEP IN TRIM

Save Up Your Nibbling

By IDA JEAN KAIN Who ever heard of a streamlined cook? There is no blinking the fact that it takes a bit of doing for the homemaker-cook to cope with calories. If this is your role... use in. You work with food so much of the time... marketing, menu planning, meal preparation, serving and clearing away... temptation is ever present. You'll be interested in an eye-opening experiment which paved the way to successful reducing for a suburban Washington, D.C. homemaker. Here's her story: "Women really don't realize how much their so-called tasting and nibbling while fixing meals counts up. When my doctor recommended that I reduce, I complained of the meal getting chore. I suggested that I chew gum while preparing dinner, and put each item that I was tempted to put in my mouth into a large serving dish instead. Would you believe that I had an overflowing dish full? Perhaps this will help some of your readers—it certainly opened my eyes. "I now chew gum while getting dinner, and I am happy to report I have lost 17 pounds in two and a half months." There's a challenge, homemaker in the Kings County Memorial Hospital. On motion, it was decided to assist in financing the purchase of a cupboard to be used in connection with the Disaster Relief Campaign. Mrs. Cecil Beck and Mrs. Boehner were appointed on the nominating committee for next month. An invitation to meet at the home of Mrs. Clark in November was accepted. At the close of the meeting, Mrs. MacLure read excerpts from Mrs. M.C. McGowan's letter in the Institute News. Also taking part in the program were Mrs. Lester MacLeod, Mrs. Fraser, Mrs. Nicholson, and Mrs. "Lark" Lunch was served by the hostess, assisted by Mrs. Emery MacNeill and Mrs. B.N. Stewart. CORRAN BANN C.W.L. The regular monthly meeting of Corran Bann sub-division of the C.W.L. was held at the home of Mrs. Aeneas MacDougall on October 1st. There were twelve members and one visitor present. The meeting opened with the League by Rev. Director. Minutes of the September meeting were read, approved and signed. Correspondence read included letters from T.B. League, Annual Report and Minutes of Annual Diocesan Convention. Reports were heard from the several conveners. Several members offered subscriptions to "The Catholic Boy" magazine. Mrs. Aeneas MacDougall volunteered to look after vigil light stand for the following month. Discussion followed on the selection of topic for Regional meeting. Rev. Fr. Wood gave a very inspiring talk to those present on the mystical body of Christ. Rev. Director gave his blessing and a meeting to be held at the home of Mrs. Basil McQuaid.

CORNWALL W.M.S.

The Sept. meeting of Cornwall W.M.S. was held at the home of Mrs. Stanley Murchison recently. Mrs. Ford Wilson led the Devotional period assisted by Mrs. Watson Livingstone. Mrs. Reginald Hyde. Mrs. Patterson introduced their new study book, "Looking at South East Asia". Mrs. Herlihy was asked to write Miss Olive Shaw the missionary for special prayer. One new member was added at the meeting. The October meeting will be held at the home of Mrs. Gifford Bain when Mrs. Reta MacPhail will lead the Devotions and Mrs. Walter Boyle will conduct the study period. Roll call is to be answered with a fact about South East Asia. Program committee for October is composed of Mrs. Stuart Drake, Mrs. Reginald MacEwen and Mrs. Charles Hyde. After the close of the meeting a social hour was spent when lunch was served. about having a pantry sale at Hunter River. The roll call for November meeting is to be answered by paying membership fees; the meeting to be held at the home of Mrs. Colin and Wallace Higgins. A donation was received. The meeting was adjourned after which lunch was served by hostesses. Collector from Button Cake was \$1.00. Mrs. Omar Younker is to make cake for next meeting. PRECIOUS ANTIQUE An Egyptian bronze bowl more than 5,000 years old was among exhibits at the Antique Dealers' Fair in London this autumn. STOP COLD SYMPTOMS with just 4 Tablets Why put up with sniffles, coughs, fever, chills or sore throat due to a cold? Just 4 Dr. Chase Broad Tablets, taken as directed, must stop these miserable cold symptoms in 24 hours or your money refunded. 12's - 59c (40's - \$1.49 saves you 48c) Dr. Chase TABLETS

OYSTER BED BRIDGE W.I.

The Oyster Bed Bridge Women's Institute met at the MacPherson home for their October meeting on Tuesday evening, October 2nd. The president, being absent, Mrs. Milford, Cudmore, vice-president led the meeting. The meeting opened by singing the Ode and repeating the Mary Stewart Collect in unison. Six members answered the roll call by "My Most Stupid Mistake". There was one visitor present. The minutes of previous meeting were read, approved and signed. The treasurer reported \$86.21 on hand. Bills for fruit, for sock and articles for school were paid. Correspondence was read by the secretary and Mrs. Philip Matheson. The teacher reported nothing needed for school. The sick committee was absent. The committee reported the blinds were ordered for the school at the price of 85 cents per square foot and they were to be installed by men of the store at an early date. Members volunteered to go to school on Saturday, October 6th to clean the windows. The secretary was asked to see

CHEAP HEAT

CARDSTON, Alta. (CP)—A home owned by Fred Romer has produced watermelons, cantaloupes and honeydew melons.

at MOORE & McLEOD LTD.



And unbroken. The only thing in the world that will give you this line? A corset, by Warner's. Warner's new collection—lightweight, yet effective as a compliment—is a far cry from the old days. There are pull-ons and strapless styles, boned and unbonded, marvelous half-size versions. Why not brush up on your own lines? Hurry in and see us today. At left, Whisper-weight pull-on in light power net and satin elastic. White... \$17.95. Miraculous springlets firm and flatten, yet move as flexibly as you do! Now you can put on glamour easily and wear it comfortably as a smile—in a STA-FLAT girdle by Warner's. Try it today; see how you're fitted with utter freedom! Youthful, high-waist, two ring STA-FLAT. Front in leno and satin elastic. White, \$13.50. Bra, \$3.95.

MRS. MURIEL WARING FASHION CO-ORDINATOR OF WARNER'S will be at the Corset Department Moore & McLeod Ltd. November 1-2-3 Phone 6541 for appointment.

MOORE & McLEOD Limited