



# You Get M-O-R-E of EVERYTHING.

**QUALITY SERVICE SAVINGS**

CO-OP SUPER MARKET is the store that gives you M-O-R-E of EVERYTHING — Quality . . . Service . . . and Savings! We've all your family's favorite Famous Brand Foods . . . and, we've LOW PRICES by the hundreds 'n hundreds on every shelf and table — and in every freezer and display! You get all this plus the speediest checkouts and friendliest service possible! Just one trip will convince you that you get more when you shop our store!



**YORK PEANUT BUTTER**  
IN COLOURFUL  
**Sleeping Beauty**  
9 OZ. HEAVY BASE  
**TUMBLERS**

Save the complete set of nine designs.

**29¢ EACH**

FRESH GROUND LEAN AND TASTY

**HAMBURG** 2 lbs. 89¢

MAKE A DELICIOUS ECONOMICAL LAMB STEW  
**STEWING LAMB** lb. 35¢

**BACON** DEVON RINDLESS PICTURE PACK lb. 59¢

**LAMB CHOPS** WELL TRIMMED ISLAND SPRING LAMB lb. 69¢

**BRAISING RIBS** MOSTLY LEAN MEAT EXCELLENT STEWING lb. 29¢

FRESH ISLAND SPRING LAMB  
TENDER, TASTE TEMPTING **69¢ lb.**

SHOULDER & DUTCH  
FROM BRANDED BEEF **49¢ lb.**

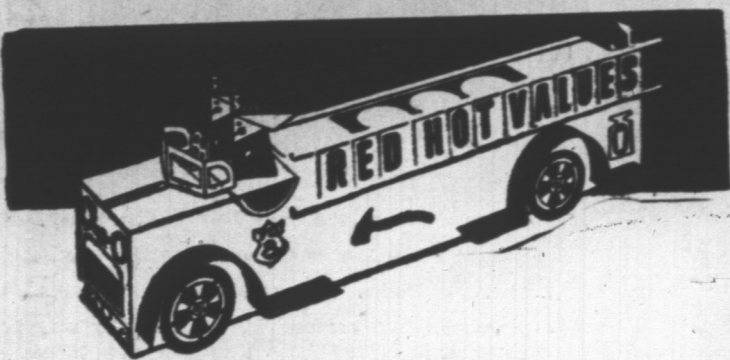
A REAL MONEY SAVER  
FRESH BRISKET **19¢ lb.**

# LEG O'LAMB ROAST BEEF STEWING BEEF

**LARD** MAPLE LEAF PURE LARD **2 lbs. 29¢**

**NABISCO SHREDDED WHEAT**  
MADE FROM WHOLE WHEAT A PREPARED CEREAL AS NUTRITIOUS AS A HOME COOKED MEAL  
**2 REG. PKG. 39¢**

**OGILVIE ENGLISH POUND CAKE MIX**  
A QUALITY PRODUCT AT A MONEY SAVING PRICE  
**2 PKGS. 49¢**



WESTMINSTER A QUALITY TISSUE  
**TOILET TISSUE** 8 rolls 89¢  
NOOK-NAPS  
**TABLE NAPKINS** 2 pkg. 35¢  
CUT-RITE  
**WAX PAPER** 100 ft. roll 29¢

## Fruits & Vegetables

JUICY SUNKIST  
**ORANGES** 2 doz. 79¢  
EATING  
**APPLES** 5 lbs. 69¢  
FOR JUICE  
**LEMONS** 6 for 29¢  
LARGE CRISP ISLAND  
**CELERY** each 17¢  
FIRM RED RIPE  
**TOMATOES** 2 lbs. 29¢  
NEW WASHED  
**CARROTS** 2 lbs. 25¢

HENRI'S WITH VITAMIN C ADDED  
**APPLE DRINK** 48 OZ. TIN 29¢  
HENRI'S HEALTHFUL AND REFRESHING  
**ORANGE DRINK** 48 OZ. TIN 33¢  
RED ROSE FANCY KETA  
**SALMON** 1/4 LB. TIN 27¢  
JUBILEE—FOR SANDWICHES OR A QUICK MEAL  
**CORNED BEEF** 12 OZ. TIN 39¢  
QUEENSWAY—CHOICE QUALITY  
**PEARS** 2 15 OZ. TINS 33¢  
GATTUSO SALAD  
**OLIVES** 12 OZ. JAR 29¢  
ISLAND SEA-LECT  
**LOBSTER COCKTAIL** 69¢  
A SUPER SAVING  
**SURF** KING SIZE 89¢

JOHNSON'S REG. PRICE 75¢  
**BABY POWDER** 69¢  
JOHNSON'S REG. PRICE 75¢  
**BABY OIL** 69¢  
JOHNSON'S REG. PRICE 3 FOR 45¢  
**BABY SOAP** 3 for 39¢  
JOHNSON'S REG. PRICE 75¢  
**COTTON BUDS** 69¢  
JOHNSON'S REG. PRICE 75¢  
**SHAMPOO** 69¢  
JOHNSON'S REG. PRICE 75¢  
**BABY LOTION** 69¢

**SILVER LASSES MOLASSES**  
FANCY QUALITY  
QUALITY AT A SAVING  
**2 53 OZ. QUARTS 49¢**

**HEINZ FOR QUALITY HEINZ BOSTON STYLE BEANS** 2 15 OZ. TINS 39¢  
**HEINZ TOMATO JUICE** 2 20 OZ. TINS 33¢

FIND OUT! WHY EVERYBODY'S CHANGING TO  
**PURITY FLOUR**  
GUARANTEED DEPENDABLE ALL PURPOSE ONE TRY WILL CONVINCE YOU  
**\$1.79** 25 LB.

LISTEN TO NEWS AND VIEWS ON GROCERIES — CFCY THURSDAY, 11 A. M.

**CO-OP SUPER MARKET**  
AN ISLAND STORE OWNED BY ISLAND PEOPLE  
BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU  
FREE DELIVERY • PHONE 3557 • FREE CUSTOMER PARKING



1 REG. CAKE FREE WITH PURCHASE OF 3 BATH SIZE

**4 for 49¢**