

Why do YOU get so tired?

What causes that tired feeling? How does mental work tire you physically? Why do you sometimes wake up tired? Do emotions affect fatigue? Can dieting cause tiredness; will frequent snacks help?

In September Reader's Digest, you'll find scientific facts about fatigue and what you can do about it. If you often feel "all in" for no clear reason, don't miss this revealing report on fatigue in September Reader's Digest. It's just one of 39 articles of lasting interest, condensed from leading magazines, current books.



A safer place would be a BofM Savings Account

Strange But True

By F. H. MacArthur If woman didn't have an enormous inferiority complex about her appearance, she wouldn't spend so much time, energy and money trying to improve or enhance it. In pioneer days there weren't many nervous wrecks. People had to work so hard to earn a living they were too tired to lie awake at night and worry.

More than a score of years have gone by since Mrs. Aud Duncan took over her husband's publishing business. Today at 80, the little woman from Winslow, Arkansas, still is going strong.

Circumstances, not choice, forced her to become editor and publisher. Mr. Duncan, her second husband, founded the Winslow American Newspaper in 1908. He was a newspaperman and she a registered pharmacist.

In 1918 Mr. Duncan died. After writing his obituary, his wife became editor, publisher, printer, newsboy, and circulation and advertising manager. Today her Winslow American has a circulation of 500.

Her pint-sized print shop is high on the top of the Ozarks, the highest mountain range between the Alleghenies and the Rockies. She still runs the ancient, foot-pedaled job press on which the 4 to 6 page tabloid is printed.

Mrs. Duncan has thought of giving up her paper. But people in Winslow tell her they need the paper. So she goes, writing about events of her community. She and her paper have become quite a tourist attraction.

Above the gleaming white pillars at the front of the post office in Stony Brook, Long Island, New York, is the emblem of the United States, the American bald eagle. What makes this carved wooden image of the bird unusual is that it flaps its wings. The gold-painted eagle moves its wings precisely at the moment a siren in the cupola announces the noon hour.

It is a common sight to see visitors and village folk gather shortly before noon in front of the post office to watch the wooden eagle spread its wings over the facade.

The building itself, with its gracious lines and characteristic cupola, is the most impressive structure of the community shopping center near the village green.

BEATS OFF BANDITS

GALT, Ont. (CP)—An attempted hold-up of a service station south of the city failed Monday night when Doug Parker, 60-year-old proprietor, put up a battle. Two masked men with drawn guns told Parker it was a stick-up. He grabbed one of the pair and held him. The other hold-up man noticed Mrs. Parker and chased her but she ran out. The thugs then became frightened and left.

IN MEMORIAM

In loving memory of MRS. WILLIAM ROBERTSON, Kensington who departed this life August 25th, 1944.

Eight years ago we had to part With one we loved with all our hearts. We loved her then, we love her still, Forger her no we never will. Lovingly Remembered by Husband, Son and Daughter.

Card Of Thanks

We wish to extend our sincere thanks to all those who assisted us during our fire, also to the collectors and those who contributed in any way we extend our deep appreciation.

Mr. and Mrs. John Gillespie and Family, Clyde River.

IN MEMORIAM

In loving memory of MRS. RICHARD STEAD, who passed away August 26, 1951. Ever Remembered by Husband and Family.

CITY AND DISTRICT

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RECONDITIONED refrigerators from \$50.00 up. Storey Electric. SPECIAL Lace trimmed nylon slips \$2.98 and \$3.98. Sunter's Ladies Wear.

SCHOOL BOOKS - We have all Grades at greatly reduced prices. Charlottetown Exchange Store, 93 Richmond Street.

SPECIAL OUTSIDE WHITE PAINT, \$3.75 gallon. Douglas Bros. & Jones Ltd.

FRESH STOCKS, cod liver oil, cod oil capsules. Giggey's Pharmacy.

WINSLOW W. M. S. rally today 2:30 Standard Time. Don't miss Miss Winnifred Goodwin, native of India as guest speaker.

ANNUAL MEETING Catholic Girls' Scholarship Association, St. Dunstan's College, Friday, August 27th, 2 o'clock Standard.

RECEIVED SAD NEWS - Word was received of the death yesterday in Chicago of Mrs. Earl E. Bradley. Mr. Bradley is the son of Mrs. P. S. Bradley, Charlottetown.

25TH WEDDING ANNIVERSARY - It was a happy occasion when on August 14, 1954, Mr. and Mrs. Claude Carroll, St. Peter's Road, celebrated their 25th wedding anniversary. After a family dinner at the Queen Hotel they returned home to be pleasantly surprised to find a gathering of neighbours and friends from many parts of the Island had assembled to offer congratulations and present many gifts. Amongst the lovely gifts was a beautiful armchair from the children. After a delightful evening, refreshments were served by their two lovely daughters Misses Mary and June Carroll.

Personals

The Misses Vivian and Eileen Wood of Toronto, who have been spending their holidays with their parents, Mr. and Mrs. W. T. Wood, Charlottetown, returned August 20.

Sister Mary James of Sacred Heart Home, and Sister Agatha of St. Dunstan's College, returned home this week. After spending a pleasant vacation with friends in Halifax and Annsbury, N. S.

Mr. and Mrs. L. E. Brawders, who are visiting P. E. I., for the first time in 36 years, Mrs. Don Brawders of Inglewood, California and Mr. J. A. Brawders of South Braintree, Mass., are visiting with Mrs. P. S. Brawders, Charlottetown.

Mr. and Mrs. Herman Larter, Woodville, Mass., returned to their home after visiting Mr. Larter's sister, Mrs. Alex Ford, Douglas Street and two brothers, Edward and George, Chestnut Street. Mr. Larter was accompanied on his trip by his daughter, Mrs. Doris Smith, and her children, Beverly and Barry.

Mr. and Mrs. Leonard Ford, Fredericton, N. B., left Monday for their home after spending a couple of weeks with their parents, Mr. and Mrs. Alex Ford, Douglas Street, and Mrs. James Lappin, Queen Street. While here they attended the wedding of Mrs. Ford's sister, Adele.

KEROSENE, Electric and Propane Gas, Refrigerators. Bryenton and MacKay.

BURN OIL - Quaker oil burning Kitchen Ranges and Floor Furnaces. Bryenton & MacKay.

THE OFFICE of Allison M. Gillis, barrister and solicitor will be closed from August 24 to September 6 inclusive.

ISLAND GRILL, Queen Street Dial 5228. Serving full course dinners. Specializing Chinese dish.

HAND KNITTING DONE - It interested write Box C. D. care Guardian.

SPECIALS AT HELEN'S - All Summer Dresses 1/2 price. New address 125 Kent.

CHARLOTTETOWN KINDERGARTEN under the direction of Mrs. Ira Clark, assisted by Mrs. Lemuel McDougall, will re-open September 7th. For further information call Mrs. Clark 4694.

NS Reports 26 Polio Cases This Year

HALIFAX, (CP) The health department said today 26 polio cases have been reported in Nova Scotia this year. There were four deaths. Eighteen cases are being treated in the polio clinic of the Victoria General Hospital here and four others are in St. Martha's clinic at Antigonish.

The department, meanwhile, appealed to doctors to report promptly on communicable diseases in their areas.

Dr. J. S. Robertson, deputy health minister, said it is "a common lack of practice" on the part of doctors to report such cases. "We could have an epidemic before we know it," he said.

Mining Co. Announces New Mineral Find

COPENHAGEN, (AP) - The Nordic Mining Company, Ltd., has announced discovery of lead and zinc minerals worth an estimated 100,000,000 kroner, \$15,000,000, at Mestervig, Greenland.

Processing of the newly found minerals is expected to start in spring of 1956, the first shipments are scheduled to leave the Danish colony in the Arctic that autumn, president of the company, P. Kampmann said Tuesday.

The Nordic Mining Co. was founded in 1952. Shareholders are Professor of Toronto, the Swedish mining companies Boliden and Stora Kopparberg, the Danish government and various Danish enterprises with shares worth a total of 15,000,000 kroner, \$2,200,000, the statement said.

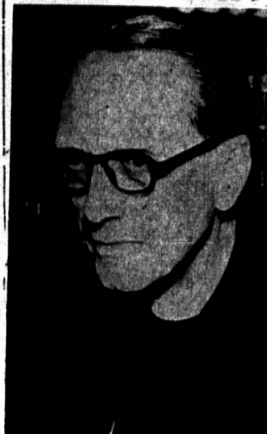
University to Hear Trade Minister Howe

ANTIGONISH, N. S. (CP) - Trade Minister Howe will be special speaker Sept. 1 when St. Francis Xavier University installs Dr. H. J. Somers as president, it was announced yesterday.

Later, Mr. Howe will accept the honorary degree of doctor of science and honorary doctor of laws degrees will be conferred on Msgr. R. C. MacGillivray of Sydney, principal chaplain to the Canadian Army during the Second World War, and Mr. Justice L. D. Currie of Halifax, former Nova Scotia attorney general and now a member of the Supreme Court of the province.

Sir James Dunn will preside at a dinner for some 300 guests, including representatives from Maritime universities, federal and provincial governments, the Supreme Court, and prominent clergy.

To Visit Here



The Rev. William J. Platt, one of the General Secretaries of the British and Foreign Bible Society, London, England who will visit Charlottetown, Friday, Sept. 24th. His visit will mark the 150th birthday of the Society and the 50th anniversary of the Society in Canada.

Before his appointment to the staff of the Bible Society in 1930, the Rev. Mr. Platt served in West Africa with the Methodist Missionary Society for 14 years, first as a pioneer missionary and later as General Superintendent of the Society's work in French West Africa. He discovered and followed up the work of Prophet Harris of the Ivory Coast, when nearly 40,000 people were gathered into the Methodist Church.

Mr. Platt has served the Bible Society successively as Secretary for Equatorial Africa, Youth Secretary, Home Secretary and, since 1949, as one of its General Secretaries. These posts have taken him on visits in the Society's interests to Australia, New Zealand, the Far East, the United States and South Africa, and few men are better qualified to speak of the worldwide work of the Society. Mr. Platt is also the Author of several books - "From Fetish to Faith" "An African Prophet", and "Whose World?"

Progress of Blight Slowed Considerably

The recent period of clear weather and drying winds had slowed the progress of potato late blight, and has given the grower the opportunity to spray or dust his plantings, states the weekly potato bulletin of the Science Service Laboratory. A good spraying or dusting now will prolong the life of the plants should another wet period move in.

Some digging is now being done. Unless the tops are dead, there is a very definite danger in digging the crop. The tubers are liable to be inoculated with the fungus spores and rot will develop in storage or in transit to market. The tops should be killed by spraying them with a chemical vine killer about two weeks before the crop is to be harvested.

Many fields of Irish Cobbler seed potatoes have attained sufficient growth. If blight is a problem in these fields, the tubers should be protected by killing down the vines. Flea beetle and aphid populations in most areas are quite light so that it will not be necessary to include DDT in sprays or dusts unless noticeable injury is occurring.

RENNIE'S ROAD W. I.

The regular meeting of the Rennie's Road W. I. was held at the home of Mrs. Jackie Bernard on Aug. 4. The president, Mrs. Harold Mac-

Address and Presentation

On Wednesday evening, August 4, friends and neighbours gathered at the home of Mr. Everett Trainor, South Melville, to bid farewell to his daughter, Jeanette, who, on August 8, left for Montreal, P.Q. to enter Congregation of Notre Dame.

The evening was spent pleasantly in dancing and singing. Music for the occasion was furnished by Mr. Stephen Toole and Miss Marion Toole.

Address was read by one of Jeanette's girl friends, Miss Frances Gorman while presentation was made by Miss Marion Toole.

It is with mixed feelings of pride and humility that we are gathered here tonight to bid you farewell, ere you embark on your chosen profession as a postulant in the Congregation of Notre Dame at Montreal.

We are proud and privileged to honor you among the many young men and women of St. Joseph's parish. Kelly's Cross who have been called by Almighty God to work as a labourer in His vineyard, where especially today the harvest is ripe.

The life of a sister undoubtedly calls for unfailing stamina, courage and humility, abandonment of worldly desires and pleasures, but we who have known of your unselfishness to your family and to others as well, your integrity and devotion to duty as a teacher in Pleasant Grove and last year at Notre Dame Academy, your ready cheerfulness and good common sense, can fully appreciate the special vacation to which you have been called and why the Mother of God has elected you as one of her co-workers. May your noble aspirations serve to inspire the youth of your acquaintance with lofty ideals.

In conclusion may we ask you to accept this small token as an expression of our esteem and best wishes.

That the Blessed Mother, during this Marian Year, dedicated to her immaculate Conception and upon you her choicest blessings and graces, is the sincere parting wish of all of us here tonight. Signed on behalf of those present.

Donald presided. Roll call was answered by paying one cent each for size of waist. Seven members and two visitors answered roll call.

Mrs. Don Bulman and Mrs. John Craswell were appointed to see school trustees about having a well dug and purchasing a pump for the school. Mrs. Fred Smith gave a report of the annual convention held in Charlottetown.

The following committees were appointed for next month: Program, Mrs. Eblemer MacDonald; Lunch, Mrs. Harry Smith and Mrs. Eblemer MacDonald.

Roll call for next meeting to be the name of your first school teacher. Next place of meeting is the home of Mrs. Don Bulman.

Pope Pius Remaining At Summer Palace Until Fall

(By Patrick Cross) CASTEL GRANDOLFO, Italy, (Reuters)—Pope Pius is expected to remain until late autumn at his summer palace in this hilltop village which looks down on the city of Rome.

The normal simplicity of life in the summer palace is accentuated this year by the rarity of papal audiences.

Since he was stricken in January by a gastric illness, the 78-year-old pontiff has been obliged to give up his custom of the last 15 years of granting thousands of audiences every year.

Now he gives private or special audiences only to high prelates and to outstanding visitors to Rome, although he continues to receive groups of pilgrims in the courtyard of the palace, blessing them from a second-floor balcony.

All the splendid ceremonial of the papal court has been left behind in the apostolic palace in the Vatican. Here the pontifical family consists only of three prelates, two men servants, one of whom also acts as chauffeur, six throne-bearers, a company of Swiss guards and three nuns who look after the Pope's clothes, his bedroom and his food.

The solitude in which the Pope normally lives is a little relaxed at the summer palace. In the evening, after his daily walk in the lovely gardens, the pontiff sometimes chats informally with the prelates in attendance or with the Jesuit astronomers who live on the third floor of the palace.

But the tradition of solitary meals is still maintained. Equally strict is the Pope's solitude during his walk.

A man of rigid habit, Pope Pius always takes his walk along the same 500-yard stretch of the 10 miles of paths in the palace gardens.

In his white robe, with a white shoulder cape and a white skull cap or sometimes a scarlet felt hat, he strides briskly back and forth three times, walking about two miles.

During most of the morning, after his devotions and after examining the mail, the pontiff works in a little pavilion in the gardens.

This year the pavilion, originally built by the great renaissance architect, Carlo Maderno, initiator of the baroque style in Rome, has been embellished. A washroom and a small kitchen have been added, to enable the Pope to remain there all day if he wishes.

The Pope sleeps in a big brass bed in a magnificent baroque room, whose four windows give views over the rolling Roman countryside with the Apennines in the background, and down to the dark blue depths of the volcanic lake of Albano, 500 feet immediately below the palace.

His presence here means work and brief prosperity for the citizens. Thousands of tourists flock into the village square while waiting to be admitted to the palace courtyard for the mass audiences.

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Slides off Runway At Gander Airport

GANDER, Nfld. (CP)—An Air France Constellation slid off the runway as it landed at Gander airport early yesterday but its 58 passengers and nine crew members were not injured.

Inbound from Europe, the Constellation landed on its main landing gear but the nose wheel buckled.

The pilot couldn't stop the slide and the plane straddled a 10-foot deep drainage ditch, battering its nose and pushing the landing gear into the fuselage.

Air France officials at Gander declined comment. The accident occurred at about 4:30 a. m. NDT.

EASILY IDENTIFIED

WINNIPEG, (CP)—How the illiterate portion of the electorate in India casts its vote was explained here by Rev. K. I. Koshy, Anglican missionary. For the Congress party they put their vote in a yellow box; for the socialists pink, and for the Communists red.

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ORANGES, 2 doz. 75c GRAPES, 2 lbs. 45c GRAPEFRUIT, 3 for 29c

GROCERIES

Clark's (Fancy) TOMATO JUICE, 2 for 29c Clark's Large Size DEVILLED HAM, tin 31c Shinola FLOOR WAX, tin 39c Libby's 20 oz. PORK & BEANS, 2 tins 45c Light Halves—Shelled WALNUTS, 1/4 lb. 22c

Pickling Supplies

Pickling ONIONS, 10 lbs. 49c Silver Skin ONIONS, lb. 29c Heinz VINEGAR, gal. 95c Large Snow White CAULIFLOWER, each 29c Long Green CUKES, 2 for 19c

PRESERVING SUPPLIES

Mason Pints FRUIT JARS, doz. 1.49 Mason Quarts FRUIT JARS, doz. 1.69 JAR RINGS, 2 pkgs. 25c

CERTO, bottle 29c PAROWAX, lb. 19c Memba SEALS, 2 pkgs. 29c

Fresh Sair Bulk Dates, 5 lbs. 73c

Smoked Shankless Picnics, lb. 53c Breakfast Sliced Bacon, lb. 69c

Fresh Roasting PORK, lb. 43c PORK HOCKS, lb. 19c

Half Size COTTAGE ROLLS, lb. 59c Maple Leaf BOLOGNA, lb. 29c

Broken Pekoe Tea, lb. 83c

Graves Choice Peas, 2 tins 29c Fine White Sugar, 10 lbs. 79c

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A SHORT WHILE YET

LADIES' DEPT.

25 SHORTIES regular price to 24.50 8.00 Extra special 15.00 20.00 25.00 LONG COATS regular 49.50. Grouped to clear 15.00 20.00 25.00 SUITS regular to 29.50 Special 15.00

CHILDREN'S

JEANS AND CORDUROY overalls—Special 1.00 to 1.49 GIRLS COATS and All weather coats Size 4 to 14 6.95 and up

MEN'S DEPT.

110 SPORT COATS to 29.50 - Special 8.00 13.00 17.00 550 MENS DRESS PANTS reg. to 14.95 - Special 4.00 5.00 7.00 SPORT SHIRTS regular to 5.95 - Special 1.00 1.49 2.00 BOYS' Boys Long pants and Jackets to 6.95 -Special 2.88 Boys T Shirts and Plaid Sport Shirts 66c & 88c

We invite you to come in and look over our complete line of fall Dresses, Suits, Hats, Skirts etc. To stimulate early buying we are giving 10% off all our new Fall Coats. Select yours today.

Use our lay-away plan. A deposit will hold any garment until needed.

THE STORE FOR VALUES GREENDAL'S

Advertisement for 'Believe It or Not!' featuring 'Daisy Rose Pollen' and 'Patricia McGloskey'.

Advertisement for 'CLEAN CLOTHES WEAR LONGER' by RITE-WAY.

Advertisement for 'Wife Preserver'.