

Woman's Realm Social and Personal Fashions Literature

Living & Leisure

— THE WOMAN'S REALM —

Pioneer Days In P. E. I.

By F. E. MacArthur

From the sickle and cradle to the modern threshing and cutting combine covers a period of more than one hundred years, a period of steady progress in agricultural methods of doing things — and all for the better.

No doubt the young island farmers of this generation would think it a hopeless task if they were called upon to harvest their grain fields with old-fashioned gadgets, but farmers of those days thought little of it.

When the fields were ripe, all hands joined in helping to harvest the golden wheat, the oats and the barley. With their left hand, the farmers grasped a handful of straw; then, with a quick swing of the right hand, the reaping hook descended to sever the stalks near their roots. Each handful was laid down in a neat row for those who followed to do the raking and binding.

A few years later, came the cradle, a wooden framework which raked the grain together. Our great-grandfathers fastened the cradle to a scythe and started scything. This was a great improvement over the sickle in that it was able to cut a swath from four to six feet wide, thus enabling the farmer to cut down his field in much less time. An expert cradler could cut as much as three acres in one day, providing the grain stood straight and clean.

Once the menfolk got under way, the women and children raked the grain into sheaves by using large wooden hand-rakes. (Some of these old rakes still may be seen lying about the farms of our older farmers.)

When the sheaves had been raked into bundles, the binders twisted a neat band of straw which they used for tying up the sheaves. "Rakers and binders" followed each other across the field in a long line, while behind them came the children whose duty was to set the sheaves up in "stooks," the same as farmers do nowadays when they cut their grain fields with a binder. The combine, however, cuts and threshes the grain all in one operation, saving valuable time and labor.

When the grain was sufficiently dry, the stooks were loaded on a home-made sled and hauled to the threshing floor, where the grains were pounded from the stock by means of a flail, a laborious task, to say the least. Just as soon as a given quantity of grain had been flailed out, the farmer piled it to one side to await a favorable breeze to separate the chaff from the seed.

How precious must have been (Continued on Page 3)

Lenten Meditations

LOVING GOD (The London-Times)

What is really meant by loving God? English Christianity is ethical rather than dogmatic or liturgical — which is both its strength and its limitation — and most English Christians are strangers to the heights and depths of mystical religion. To them such a phrase as "loving God" is frightening because it suggests an emotional experience by which they are to a large extent unvisited, and they therefore conclude that the knowledge of God is barred to them, and is open only to men of a special temperament.

Christianity is not one special department of experience but an attitude to experience as a whole. It cannot be true that the first and great commandment is conditional on a psychological make-up which some apparently have and not others; and in any case emotional reactions are the least important element in religion. What matters is the commitment of the will and the consecration of the mind. This is important not only for religion. There are trends to-day both in thought and politics which belittle submission to objective standards and erect emotional states into absolutes.

The first lesson that has to be learnt from life is that the world is not so ruled or constituted as to serve man's immediate convenience. Both thought and conduct must submit to laws which man did not make and cannot alter. The farmer, the thinker, the statesman and the moralist — all alike must first learn obedience — by faithful observance of the laws of nature, by "sitting down patiently" before the "fittings" of the imperatives of conscience. That is the foundation of religion; and that is what loving God means to start with, even though men are not consciously aware of him as the object of religious worship.

But this not the submission of blind fatalism. If the God and Father of our Lord Jesus Christ is the sovereign and creator of the universe, it will be a place in which man can grow to his full stature as a child of God. And though it may not give him what he "wants," it is in fact satisfy his deepest needs as moral and spiritual personality. Each step in obedience leads to further growth. Knowledge rightly gained yields more knowledge. Loyalty to the moral law as recognized at any stage leads to a fuller insight. Faith and prayer bring accumulating evidence.

In every moment of loyalty to the good as they conceive it men are responding to the Living Goodness, self-revealed to man and with him, Christ, as Christians claim, does in the true light that lighteth every man, coming into the world. It is out of the intimacy of the knowledge of God that the collect of the Sixth Sunday after Trinity prays for such love towards him "that we loving Him above all things, may obtain his promises, which exceed all that we can desire."

ELLEN'S DIARY

By An Island Farmer's Wife

Fortunately for all, not in last night's frosty weather, but now as the last hour of this day runs its steady course towards the witching hour, when by rights folks should be in bed, the litter of piglets is being welcomed. Not too eagerly we may assume, but then with that deep interest which since a small lad, Rob has given to livestock. Not frosty now but without quite chilly, and in a spell of falling weather. More pleasant it would be for him to remain in slippers in an easy chair by the fire than as fully garbed, even to a sheepskin-lined coat he put on with the smiling remark: "This looks like good weather for young stock!" he went out to keep a lone watch in the piggery.

We believe if we were to acquaint James with present conditions here, he would be willing to join Rob in his care even though the night is dark and dreary with the falling snow, which is more like hail in its consistency as it pelts against the windows. But after a reminder that was really the result of a habit of younger years—"Tell Rob to keep an eye out to the piggery" and "guess, Ellen you'll be home shortly" and a parting word or two on our rural line he was off to his rest in the wide old bed in the room above the kitchen.

And now the wind is rising, and the blown pellets persistently hammer against the panes. All day small drifts played along the slopes, and at evening with the children, we looked in vain to the glimmer of one faint wishing star. "We'll have to get a 'Wishing Well!'" Jamie laughed, "and then we wouldn't have to depend on the stars!" "Would it be all right," he wondered on a recent evening when faces close to the panes in a sun-porch window we watched the daylight fade in a line of amber along the hillslopes, and the twilight steal in quietly, pinned southward by a star, "if a person had two particular wishes, to wish for the both of them?" "Perhaps you could put off one until tomorrow evening" we suggested. But Jamie shook his head. "No," he said, "neither of them can wait." And the younger lad, who is always his willing assistant in any enterprise commented "well, isn't this tomorrow right now?"

"And, oh yes, Ellen, I almost forgot to tell you," James added an after-thought to tonight's message, "Tabby is dead. No, she wasn't sick — not that we knew. I missed her when I went to milk — you know how she was always about? and we found her later in the barn, dead." It was with some regret that we came from the 'phone, since Tabby had become almost a member of the family at Alderley, she had been with us so long. Esteemed, scolded, admired, watched, because she was one in whom the elements of cat-hood were indeed mixed. Industrious, patient, long-suffering, lovable, she was nevertheless inclined to deceit and more than once her modest expression masked.

(Continued on Page 3)

DOROTHY DIX SAYS -

Victimized Mother

Daughter And Idle Husband Demand She Support Them

DEAR MISS DIX: I am a widow with a very limited income. My daughter with her children and an idle husband are living with me and while she helps a little financially the greater part of the expense of her family falls on me and I can ill afford it. If there were the slightest sign of appreciation I could meet the situation more cheerfully, but there is none. I hardly see her except at meals, or when she wants me to take care of the children while she and her husband go off for some pleasure. The husband does not even look for a job. I am troubled not only for myself, but for my daughter. Should I force them to get out and support themselves, or keep on using my limited funds to help them until my money is gone? Would the responsibility of being a man help her to realize the uncertain future? I do not know what to do. A WORRIED MOTHER.

ANSWER: Your daughter's salvation and that of her family depends upon your forcing her out of the home nest. As long as you feed and shelter her and her brood they will be grafters upon you, for it is a lot easier and pleasanter to let mother do it than it is to do it yourself.

THEY ARE CAPABLE

But when they have to shift for themselves or starve, you will be surprised to find how capable they are, and how many talents they possess that you never suspected them of having. If anything will galvanize your lazy son-in-law into action and make him hustle out and try to find work, it will be having the responsibility for his family thrown on his shoulders, instead of being borne by mother-in-law. There are not many men such poor creatures that they would rather see their wives and children starve than work for them.

What mothers need more than anything else in the world is enough enlightened selfishness to enable them to protect themselves against their children. They need it for their own sakes because the children to whom mother has always sacrificed herself never appreciate what she does for them. They don't even respect her, because she has made herself nothing but a servant for them. They take all that she can give and when that is gone they have no further use for her. And the mother does her children an incalculable wrong who does not teach them to be self-respecting and independent, and that it is a shameful thing for the young and strong to be leeches who suck their own mothers' life blood.

DEAR DOROTHY DIX: Your article about domesticating boys at a young and tender age so that they will make good husbands hands me a laugh. You see I married a man whose mother literally wore herself out and put herself in an early grave trying to teach her boys so they would not be the kind of husbands their father was. She was the soul of meekness and goodness and honor, so I thought her boy would make a model husband, and I married him. He wasn't. Her efforts had gone in vain, and I began to take more stock in heredity than in environment and training. Now I am straining my own patience and health trying to teach my children how to be good husbands and wives. Some of them may. Some most surely will not. So why blame mother?

A FRIEND

ANSWER: Well, at any rate, if you have made the conscientious effort, you have the reward of a clean conscience. Your children may not make ideal husbands and wives, but they will certainly make better ones than they would if they had been permitted to grow up with their natural impulses toward selfishness and lack of consideration and grumpiness and grumpiness and temper uncurbed. Of course, there is always heredity to deal with, and there is no way we can arrange to have our children "take after" their agreeable ancestors and not the surly ones. But early influences do count. Mother's hands do mold character. And many a discouraged mother

(Continued on page 11)



For full rich goodness

KING COLE COFFEE

VACUUM-PACKED

That Body Of Yours

By James W. Barton, M.D.

TEETH AND BODY NUTRITION

In the examination of recruits for overseas service in World War I, our instructions as medical officers were to reject anyone in whom no lower tooth met the tooth above it (which would render him incapable of chewing properly). Notwithstanding this low requirement, about seven in every 20 were found to be without even this slight biting surface.

Before the war was half over, instructions were issued allowing medical officers to accept recruits who had plates or dentures to supply the necessary requirement. Although infected teeth are the greatest single cause of infection, the need of a chewing surface is most important to our general health.

In "The Journal of the American Dental Association," Henry I. Green, D. D. S., Samuel Drexler, D. D. S., and Tom D. Spies, M. D., Birmingham, Alabama, states that it has been observed repeatedly at the Nutrition Clinic of the Hillman Hospital, Birmingham, that many adult patients seeking treatment for nutritional disorders have poor or missing teeth. From these observations they point out the close relationship between a poor condition of the teeth and the nutrition of the individual.

Four hundred and forty-six patients were selected consecutively as they came for observation and treatment to the Nutrition Clinic of the Hillman Hospital. Each patient was given a thorough mouth examination and was classified as without teeth (edentulous) or with teeth (dentulous). The patients without natural teeth were divided into (a) patients who had ill-fitting dentures, (b) those with dentures, or were unable to use their dentures efficiently because of mouth disturbances, and (c) patients with well-balanced, useful dentures. Patients with teeth were divided into (a) those with one or more natural teeth, (b) those with three opposing teeth, and (c) those with less than three opposing teeth. Of the 446 patients studied, 268 were without natural teeth and 178 had teeth. Of the 268 without natural teeth, only 49 had well-balanced, useful dentures and the other 219 did not have satisfactory chewing surfaces. Of the 178 with natural teeth 82 had less than three opposing teeth grinding teeth.

Don't hesitate to visit your dentist several times if necessary if your artificial teeth do not fit properly.

How Can I!!!

By Anne Ashley

Q. How can I remove kitchen odors?
A. The odor of fried onions, and also the odor of fish, can be removed by pouring a little vinegar into the frying pan while it is still hot. Another method is to sprinkle oatmeal in the pan and shake it over the flame until the meal begins to scorch.

Q. How can I dry rugs after laundering?
A. Rugs should not be wrung after washing. Hang them on the line and play the hose on them to rinse. Then let them drip and dry.

Q. How can I preserve the color of green vegetables when putting them into the vessel to boil?
A. By adding a lump of sugar.

Better English

By B. C. Williams

1. What is wrong with this sentence? "The church will have their annual meeting next week."
2. What is the correct pronunciation of "reparable"?
3. Which one of these words is misspelled? Concentric, concensus, concentrate, consistency.
4. What does the word "discern" mean?
5. What is a word beginning with imp that means "ungodliness"?

ANSWERS
1. Say, "will hold its annual meeting." 2. Pronounce with accent on first syllable, not the second. 3. Concensus. 4. To understand; to detect. The first point of wisdom is to discern that which is false; the second to know that which is false. — Lactantius. 5. Impiety.



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Jack Cameron

"The Store for Men"

CHARLOTTETOWN, P.E.I.

Cook's Corner

TEA-TIME CAKE

1/2 cup milk
1 tablespoon butter
1 cup sifted cake flour
1/2 teaspoon salt
1 1/2 teaspoon baking powder
2 eggs
1 cup sugar
1 teaspoon vanilla

Soak milk, add butter and cool to lukewarm. Sift flour, baking powder and salt twice. Beat eggs well, gradually add sugar and beat until thick and lemon-colored. Add vanilla to milk and butter mixture. Add dry ingredients to cream mixture alternately with milk, a little at a time, mixing lightly but thoroughly after each addition.

Four into well-greased 8 x 8-inch pan and bake at 350° for 30-35 minutes. Remove from the oven, cool for 5 minutes and then frost with the following topping.

Topping: Cream 3 tablespoons butter with 1-3 cup brown sugar. Add 2 tablespoons cream, 1/2 teaspoon vanilla and 1/2 cup coconut. Spread evenly on cake. Place under broiler of top element of oven until coconut is delicately browned.

To make this a spiced cake, add 1/2 teaspoon each of cinnamon and cloves to the flour mixture.

Modern Etiquette

By Roberta Lee

Q. Is it all right to take a new cookbook to a hostess for a week-end present, or would she be likely to consider this an insult to her cookery?
A. If it is a brand new book, containing some interesting new recipes, there is no reason in the world why she should feel hurt. Most "finished" cooks are keenly interested in the latest recipes.

Q. Is it permissible to acknowledge a formal invitation in the first person?
A. No; as formal invitations are always written in the third person, the acknowledgement should be the same.

Q. Is it proper ever to hold a forkful or spoonful of food poised in the air while talking at the dinner table?
A. No; this is extremely ill-bred.

Household Scrapbook

By Roberta Lee

To Sweeten Kettle
If an enamel or metal kettle has not been used for some time and is musty, sweeten it by filling with water into which a red hot sinder has been dropped. Close the lid and let stand for a little while. Then rinse with clear water.

Washable Neckties
If the neckties are washable haste the linings in place so they do not curl and become lumpy, before washing. Then remove the basting before ironing.

Lime-soiled Oil
Linoleum can be kept in good condition by rubbing lime-soiled well into it once or twice a year, during spring and fall housecleaning.



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LYONNESSE TULIP

A dusky tulip blows
And in my garden grows,
A rhapsody of flame
Beside the thicket dark and still.

At night it folds so tight
Each petal from my sight
And holds its secret deep
Till morning light returns.

All day it flaunts its head,
It deep flamboyant red,
It looks at me of love
Throughout the long still hours
Of noon.

A flaming torch among my
flowers,
It whistles away the sunny hours,
Remote and still it blows
Through cuckoo-calling days of
May.
— Mona A. Jackson in the
New York Times.

WHITE CAPS SPARKLE ON SEA OF FASHION

Wonderful, exciting things are happening to playclothes destined for the southern resorts now and northern climes this spring and summer. There is a new feeling for wrapped clothes, for short skirts instead of short pants, and straight unwaisted little boys shirts. A favorite alliance with all color is blazing white pique, whether it is in a jacket, cape or skirt — if it's white pique, it's very important.

Crisp, perky pique runs happily throughout the best collections, as leading designers find its stiff, pebbly texture dramatically effective, either in a one-piece play-suit tied and knotted at the leg and neck, or in a demure lovely patio frock with its own moon drenched aura.

Carolyn Schurer uses a diagonal pique in her full circle skirts. Chaik white, the skirts are cut to have a stiff, sculptured look, and are ideal for this era of being your own mistress. Clifford of Del Mar has designed a separate white pique jacket, short full, rounded at the bottom, and smoked like a baby jacket.

Pique is not at all limited to playclothes, for the master chef of the trend-setting recipe for fashion, Christian Dior, is using it with his customary verve and imagination in a special vibrant shade of navy blue.

CLERGYMAN DECRIES LACK OF FEMININITY

DURHAM, England — Women with "hard," unlovely faces, aping men's dress and habits" distressed Rev. A. M. Stephens, vicar of nearby Birtley. The vicar says in his parish magazine that doing men's jobs makes women too masculine. Women did "unnatural tasks" gladly in wartime, he says, but it is wrong to continue in them once conditions have returned to normal. "There is a perilous and foolish tendency today for women to deny their natures and to become masculine. They pass us in the streets with their hard, unlovely faces, aping men's dress and habits. The result is as disastrous to themselves, to society and to the Kingdom of God, as it would be if men tried to lose their particular characteristics and become feminine."

YAWNING AID TO RELAXATION

Yawning, when you're quite alone, is good for you. It won't do at parties but it is a reflex action which nature intends to help in the equal distribution of blood throughout your body. It's also a boon in getting you to rest.

lax and go to sleep without going through the sheep-counting routine.

You feel better after yawning because you have relieved tension and taken the cramped feeling from your muscles. Whenever a restless night comes on, try yawning yourself to sleep. Yawn widely. You may have to force the first yawn but the successive yawns will come easily.

Whole Body Stretch
Alternate your yawns with stretching. Try tensing your shoulders, then relaxing them. Stretch your whole body in an effort to make your toes touch the foot of the bed, your head the top. Then yawn. Unless you have indigestion or are seriously worried about something, you should drift off in no time.

There are other antidotes to sleeplessness and it is wise to use them whenever they're needed, since sleeplessness can become a habit. Among the simplest are a glass of warm milk and a warm, not hot, bath before you go to bed. Both are relaxing and help to get rid of any tension. Make sure that your room is cool and well-ventilated and that your covers keep you warm but do not weigh you down.

The Stars Say -

By Genevieve Kemble

For Friday, March 8

THE augury is for a turn in most affairs by overconfidence, erroneous judgment. A desire to splurge or gamble when a dramatically inflationary state of affairs obtains many result in loss of funds, assets, or perhaps prestige, influence, or popularity. It might be easy to be carried beyond bounds by enthusiasm, smug assurance, false values, even dubious associations.

It might be well to play safe under this critical turn of a stand-pat policy or non-committal activities. Postpone action.

For the Birthday

Those whose birthday it is are likely to feel in a prodigal, extravagant or inflationary mood, following certain preceding seasonal adventures. There may be an inclination to carry on in a high-handed manner, risking all gains, profits, other resources or securities, under an urge, excitement, miscalculation or possibly the instigation of irresponsible associates. Where large stakes are in the balance, it might be as well to refrain from any action until judgment is more dependable or not swayed by extravagant notions or designing friends.

A child born on this day under sway of its extravagant tendencies, its overzealous nature and expansive ideas, may defeat itself by its prodigality or faulty judgment.

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, irritating cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters needs to be pleasant to take — not a gritty and extremely unpalatable substance. It's the only laxative that's gentle and effective. Make laxative-taking time easy on the child and yourself. Mother Get Children's Own Tablets today at your druggist. 29¢.

-Needlecraft-

— FOR THE HOME —

NOTE THE NECKLINE
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