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will be bound for one year—the shipper in turn being bound to confine his traffic to the railway under the conditions stipulated in the application.

Another significant aspect of the recommendations has to do with the trucking industry. The commissioners have little sympathy with those provincial governments which seek, through exclusive franchises, to limit entry into the trucking field. They believe that provincial boards should concentrate on safe operational and proper performance standards, leaving the operator free to take his own business risks.

Similarly efficiency should not be penalized by barring the railways from the trucking field. The commission suggests, however, that when real economic advantages are to be obtained by combining road and rail facilities, the railways must be required to offer the trucker the same prices and conditions as rail-owned trucks. For the trucker is then a shipper and should have all the rights of a shipper including that of appeal to the Board of Transport Commissioners.

There remains an important area in which the railways still possess "significant" monopoly. In this diminishing area they cannot be relieved of regulation; indeed, where significant monopoly remains, the commissioners note that the tendency towards rate inequities has lately increased. The reason is that the railways, forced elsewhere to meet competition, with operational losses, have had to recoup at the expense of a constantly narrowing range of captive traffic.

For the protection of this traffic, the report recommends a new and much simplified method of regulation—namely, a system of maximum rate control, based on the variable costs of the particular commodity movement plus an addition such as will constitute an equitable share of railway fixed costs. Here again the lawyers would be out of luck, for it is not expected that this simplified procedure would involve public hearings.

Rise Of The 'Slurbs'

A new word has been coined in California for what results when fast population growth is not accompanied by intelligent area planning. It is "slurbs". It means, "sloppy, sleazy, slovenly, slipshod semicities," according to California Tomorrow, the non-profit foundation that made it up.

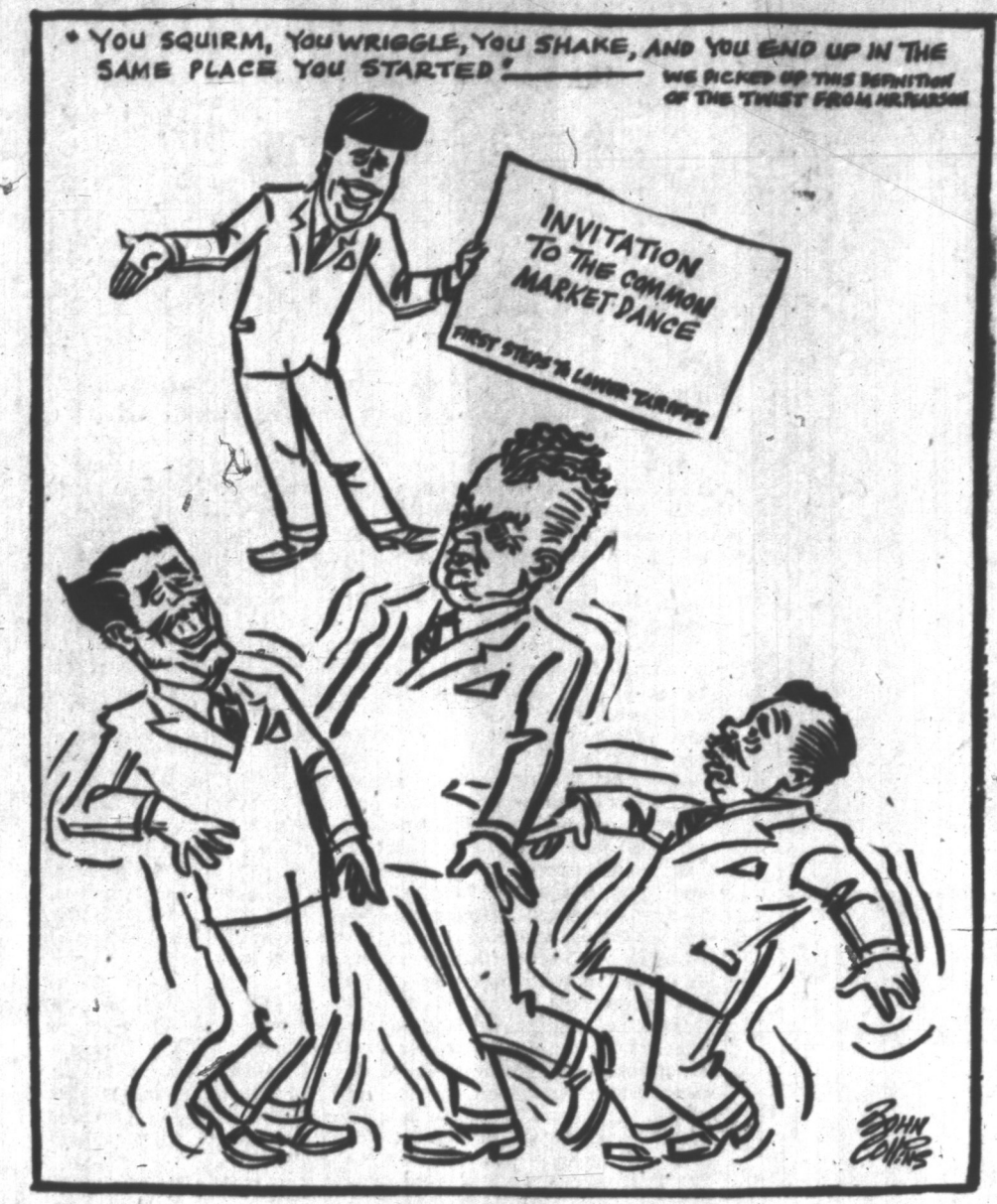
California faces a doubling of its present population of 16 million by 1980. Says the foundation: "A real threat to the economy of California lies in the fact that within the next 20 years the slurbs could take away between one-fourth and one-half of the state's best land from agricultural use. The wildlife, checkerboard pattern of suburban growth causes small, un-self-sufficient subdivisions to be scattered through our finest agricultural land. Speculative pressures and increased taxes force the premature subdivision of farm lands which should not be subdivided for decades."

This problem, unfortunately, is not by any means confined to California. The lack of unified, co-ordinated planning is evident in many areas across the continent. Perhaps our slower rate of growth in this part of Canada is a blessing in disguise; at least it gives us less excuse for allowing slurbs to propagate themselves.

EDITORIAL NOTES

The Ottawa Journal hails with approval the assurance that the CBC entertains no grand plans of bringing the wonders of color television to Canada. "If there is one expense this country can be saved for many a day," it says, "it is the \$35,000,000 it would cost to show that grass is green or to reveal Mr. Perry Como in color."

With full allowance made for population differences, Canada's Department of Health and Welfare and Medical Research Council spent only \$1 on research for every \$10 spent by the National Institutes of Health in the United States. This was revealed at the recent annual meeting of the Canadian Society for Clinical Investigation. In addition, it was disclosed, the U.S. National Institutes supply Canadian researchers with funds equivalent to more than half the amount they receive from the Medical Research Council. Thus, not only is our program lagging far behind that of the United States—it is keeping its place only through our southern neighbor's benevolence.



THE OTTAWA TWIST

THE BERLIN WALL by Patrick Nicholson

A Spotlight Symbol For All Mankind

BERLIN, Germany: "The Wall" snakes for fifty miles through the heart of this proud Capital. Since its erection last August, it has separated 60,000 East Berliners from their well-paid jobs in West Berlin; it has separated many a Hans from his brother Otto; it has separated 3,250,000 Berliners from their loyally preserved hope that the halves of their city and of their country might be reunited. Above all, it has separated 17 million East Germans from their exit to Freedom.

The Wall is fifty miles of concrete and barbed wire and floodlights and sub-machine guns — erected across roads, skirting railroads, jogged around plants, bordering parks, and especially incorporating the bricked-window outer walls of apartment buildings.

The Wall is not the world's foulest testimony to man's inhumanity to man; the gas chambers of the Nazis were that world's largest witness to brother's inhumanity to brother; the Battlefield of Gettysburg holds that palm now oddly honored. But the Wall is the world's most vivid tribute to the imperishability of man's greatest concept for mankind: Freedom.

PUBLIC FORUM

MR. PICKERSGILL'S INACTION
Sir.—The present campaign of Mr. Pickersgill to gain political regard by his collection of so-called unfulfilled promises of Mr. Diefenbaker is hardly consistent with his past performance as a Cabinet Minister, and reminds us of the Pharisee who claimed to be much more righteous than the rest of his fellow men.

MUST DISBAND
Sir.—It is with great disappointment and sincere regret that I am forced by circumstances to announce the disbandment of the Lovat Scots Pipe Band—the Island's newest and only provincial pipe band composed entirely of young school and college students.

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Less Litigation?
One feature of the second report of the MacPherson royal commission on transportation, notes a writer in the Winnipeg Free Press, is that it envisages a bleak future for freight rate lawyers. If the report is adopted, there will be no more horizontal percentage increases to wrangle about. As a general rule the railways will be free to set their own rates according to normal business considerations. But any shipper who is dissatisfied may seek "captive status", in which case his first step will be to seek an adjustment with the railway company.

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Some People Ulcer Prone

By Dr. Theodore R. Van Dellen
PEPTIC ulcers are not inherited but the propensity is. Persons with group O blood are more prone than are those with A, B, or AB. The same applies to people who fall to secrete a chemical containing ABH substances in the saliva. We are not sure what this means except that ulcer victims have many things in common and come in to the world with a genetically determined vulnerability to the disease.

On the more practical side, we know that too much hydrochloric acid in the stomach plays a major role in the development of duodenal ulcer. These individuals may inherit a certain type of stomach, glandular system, or nervous or emotional makeup that stimulates excessive acid secretion under ordinary living conditions. Tests on babies have shown that some react to ordinary stress by forming twice as much acid as do others.

We recognize a typical ulcer personality that is common to this group. Ulcers also develop in certain persons when they take drugs such as colchicine, reserpine, or aspirin. The same applies to ACTH, cortisone, or other adrenal steroids. A propensity toward ulcer is standard equipment in these people.

It is impossible to get a new grandparent but the ulcer victim can use substances that calm his nervous system and reduce acidity. In addition, he can avoid irritants in the diet, especially foods that stimulate the acid content. Alcohol and caffeine (coffee, tea, chocolate) are prohibited.

The antacids neutralize hydrochloric acid and the old Sippy diet and powders are of value along this line. The newer anti-secretory drugs work through the nervous system by divorcing the stomach from the brain. They suppress the acid secretory glands and reduce the churning movements of the stomach. These products must be used continuously for maximum benefit, especially to prevent recurrences. Surgery is reserved for those who fail to respond to these plans or who develop complications.

MORE FALLOUT FEARS
E. N. G. writes: Would it be wise to stock up on canned milk for use next spring when the rains bring the Russian fallout?

MENARCHE ONSET
M. A. M. writes: Do females in warmer climates mature faster than those in colder climates?

REPLY
Climate plays less of a role than once was thought. In this respect, there is little difference between Eskimo and Italian girls. The average age for the onset of the menses is 13.9, with a range of 9 to 17 years of age.

REMINENT ACTIVE
Mrs. N. writes: Is it better to be active or to rest a lot when you are uncomfortable during the change of life?

REPLY
This is an individual problem but the women who carry on their normal activities are much more comfortable. Send a stamped, self-addressed envelope for leaflet on the menopause.

FACIAL SURGERY
G. S. writes: My lower jaw is 1/4 inch further out than the upper. If there is an operation to correct this defect, how much will it cost, how long would I be in hospital, will there remain a noticeable scar?

REPLY
All your questions can be answered fully by a plastic surgeon.

A Four-Minute Egg

Richard Jackson in The Ottawa Journal

The Cabinet's bare-knuckles tough-guy, Finance Minister Fleming, had himself a slambang 30 minutes yesterday in the Commons, smashing those same bare knuckles on his desk top.

He was never a man to give an inch when he could stand and slug it out toe-to-toe—even with Mr. Speaker, if that was the way he was matched, as happened in the uproarious Battle-of-the-Pipeline.

He had had a bad time with former Bank of Canada Governor James Coyne.

NOTES BY THE WAY

It's a phase of wisdom to know when to be ignorant.—Niagara Falls Review.
The difference between a poor man and a rich man is that one worries about his next meal while the other worries about his last one.—Calgary Herald

One of the really encouraging signs for 1967 is the large number of persons buying cards at half-price for next Christmas. Obviously they take it for granted that there will be a next Christmas.—Edmonton Journal.

OUR YESTERDAYS

TWENTY-FIVE YEARS AGO (January 30, 1942)
The regular weekly debate of Section A society was held January 28. The subject being "Resolved that P.W.C. students should not enlist in any future war". Mr. Lawrence Toombs presided. Those on the Pro side were Frank MacKinnon, Olive Buchanan and Harold Stewart. Con. side Ivan Wilson, Elsie MacGregor and Lincoln Dumont. The vote defeated the resolution 21-10.

TEN YEARS AGO (January 30, 1957)
Ability of the tenant to pay a reasonable rent for an adequate property has been the main guide of the Rental Control Board, in its dealings with owners and tenants, during the past year, according to the Board president at the annual meeting of the City Council last night by Mr. J.M. Murley.

THE AGE-OLD STORY
Let us not be weary in well doing; for in due season we shall reap, if we faint not.

The Poets Corner

I held a shell to my ear to hear an ocean roar And heard a world, A waste of sea, Whispering with a restless noise Under far howling clouds of stars.

And the gaping mouths of sky Spoke with other tongues Whose utterance was fire, Twisting through the corridors To the echoes of escape From a timeless space And a pointless space The whirling circles bend In a widening cone of silence On the closed mind's blind end.

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Mr. D. M. Ryder, Hearing Consultant for Dahlberg/Motorola will be at the Islander Motel-Charlottetown, WEDNESDAY, January 31st.
Phone 892-1217 Hours 9 a.m. - 7 p.m.

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