

Women

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Tips For Your Tootsies These Will Be Of Help

The Glass Slipper Test was designed to help you find out if your feet are receiving royal care. Can your feet pass the Glass Slipper Test?

1. Do you let your feet soak in warm water once a day, during bath or shower, not only to remove dirt and odour, but to soak out the tiredness and freshen them?
2. Do you use pumice when you wash your feet to remove dead skin and callous?
3. Are you careful to dry thoroughly between the toes?
4. Do you use Odorono Deodorant on the soles of the feet and between the toes to check any perspiration?
5. Do you keep the nails clipped straight across, long enough to show pretty polish but short enough not to snag sheer nylons?
6. Are you careful not to cut

into the corners of the toenails? Such cutting encourages ingrown toenails.

7. Do you immediately take care of any infection or possible infection with a thorough cleansing and an application of a disinfectant? Sores feet can influence your whole day?
8. Do you splash your feet with cologne every morning after your shower or before slipping into fresh nylons and shoes?
9. In the summer, do you sprinkle sweet smelling foot powder in your shoes to make you float, light as air, through your busy day?
10. Do you know the rules for a pedicure and observe them? If you pass this test, your feet will be ready for the glass slipper when Prince Charming comes along.

ROSEMARY WAGNER GARLAND HARRIS ENGAGEMENT ANNOUNCED

Mr. and Mrs. R.G. Wagner, Montreal, P.Q., announce the engagement of their daughter Rosemary to Mr. Reagh Garland Harris, son of Mr. and Mrs. Allison August 22nd.

IDA BAILEY ALLEN

Hearty Menu Designed For Man-Sized Picnic

A sun-drenched day. A drive of a few miles, a short walk through the woods and the glory of the Lower Taquamenon Falls burst upon us.

We crossed the river in row-boats to a perfect setting for a picnic. Beyond towered the woods. Near the river's edge a rocky ledge with several shelves served as "pantry."

It had rained during the night, but host Phil De Graff soon managed a fine fire, and set up the grill. A De Graff picnic is a man-sized meal but it calls for little advance preparation.

"Be sure to have home-baked Boston beans," says Phil, who hails from New England; "plenty of everything and an enormous potful of coffee."

PICNIC AT TAQUAMENON FALLS

Cucumbers and Whole Tomatoes to Slice
Beefturgers and 'Franks' Ready-to-Broil
Plain and Garlic Buns Ready-to-Toast
Mustard
Sweet and Sour Pickles
Pepper Relish
Boston Baked Beans
To Reheat
Brown Bread to Reheat
Corn on the Cob
To Boil or Roast
Doughnuts to Heat
Fresh Fruits in Season
Big Pot Hot Coffee
Milk Measurements are level; recipes for 6.

Boston Baked Beans: Cover 1 lb. navy or pea beans with boiling water. Let stand 50 min. Bring to boil; boil 1 1/2 hrs. Scrape rind of 2 oz. fat salt pork; score (cut) it through skin into squares. Place in bottom of 2 qt. bean pot or casserole. To beans and their liquid add 1 sliced peeled small onion, 1/4 c. molasses, 1/4 tsp. dry mustard, 1 1/2 tsp. salt and 1/4 tsp. pepper. Cover. Slow-bake 5 hrs. at 325-350 degrees F. If necessary, add 1/2 c. water at end of 2 1/2 hours. An hour before beans will be done, bring pork to surface to brown. Finish baking uncovered. Variations on Beefturger Buns: Silt not-sweet hamburger buns. Pull out soft interior so burger can fit in and top of bun will fit over it. Spread liberally with creamed butter, mustard or flavored butter such as Tabasco-horseradish butter. Broil burgers. Snuggle one into deeper half of bun. Top with thin layer of butter-fried onion or chopped fresh scallions, or spread sparingly with homemade or commercial cheese spread. If necessary, fasten down bun top with wooden pic; decorate with stuffed olive or small pickle on the end if you like it fancy.

SUGGESTION OF THE CHEF

Mesdames: If your family and guests like garlic bread, they will also like garlic buns. Just spread not-sweet hamburger buns with garlic butter after pulling out the soft interior. Press together and toast or heat in oven or on grill. To prepare garlic butter use 1/4 tsp. bottled garlic juice to each 3 tbsp. butter.

NEW LONDON W.I.

Mrs. Oscar MacKay entertained the New London W. I. on Tuesday evening, the 14th. Mrs. George Cole presided and roll call was answered with a house-keeping hint.

The different committees gave their reports and all bills were moved to be paid.

The president said quite a successful Police Clinic had been held, but urged that more should avail themselves of the next clinic to be held later on.

The matter of celebrating the twenty-fifth anniversary in November was discussed, but nothing definite was decided on.

The president and secretary delegates to the provincial convention, gave a very satisfactory report, and a vote of thanks was extended to them.

It is hoped to have the flag replaced on the school for the Queen's visit.

The members will meet at Mrs. Murray MacKay's for their August meeting on the fourth, in place of picnic which will be held later on.

The program was a paper on Citizenship and contest by Mrs. Wilbur MacKay and a contest by Mrs. J.R. Burgoyne.

Meeting was closed and lunch served by hostess and committee.

AUGUSTINE COVE W. I.

The July meeting of the Augustine Cove W. I. met Thursday evening at the home of Mrs. George Ceretti with the president in the chair.

Meeting opened by singing the Island Hymn followed by re-peating the creed in unison. Roll call was responded to by 15 members. Minutes of the last meeting were read and approved. Bills amounting to \$3.87 were paid.

It was decided to have an ice-cream social at the school, Thursday evening, July 9th.

Committees for next month are as follows: Sick and program, Mrs. Eldon Dawson, and Mrs. Roy Boulter (re-elected); lunch, Mrs. Joseph Murphy, Mrs. Bryce Clarke, Mrs. Priscilla MacFadyen and Mrs. George Ceretti.

Mrs. Joseph Murphy kindly invited members to her home for the August meeting.

Meeting then closed by singing God Save the Queen. Lunch was served by the hostess assisted by committee in charge. Collection of 95 cents was received. Proceeds from sale, \$5.08.

HAMPTON W.M.S.

Hampton W.M.S. met at the home of Mrs. Gordon Villet on Friday evening, July 10. Mrs. Elmer Inman had charge of the worship service. Mrs. John Rogerson assisted Mrs. Inman with the Bible readings. Prayers were read by Mrs. Gordon Villet, Mrs. Clayton Morrison and Windsor Bell.

After the singing of hymn 277, a short play entitled "Talking It Over" was put on with Mrs. John Dixon, Mrs. Elmer Inman, Mrs. Albert Bert, and Mrs. George Dunsford taking the different parts.

The president, Miss Myrtle Inman then called for the minutes of last meeting which were read, approved and signed. Roll call was answered by 12 members and one visitor.

Community friendship secretary reported two hospital calls, 14 home calls, 11 cards, 11 treats and six flowers. A letter from Miss Elma Inman, Trinidad missionary was read and it is hoped to have her speak for this W.M.S. in September. The treasurer's report was encouraging. Envelopes were distributed for monthly contributions.

Next meeting will be at Mrs. Windsor Bell's with Mrs. George Dunsford in charge of worship service, lunch committee, Mrs. John Dixon, Mrs. Mack Dixon, and Mrs. Will MacFarlane.

The Misses' benediction closed the meeting and lunch was then served.

Tasty toons



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I PROGRAMS OF STUDY:
1. Bachelor's Degree in Arts.
2. Bachelor's Degree in General Science.
3. Bachelor's Degree in Commerce.
4. Diploma in Engineering.
5. Pre-Medical, Pre-Dental, and Pre-Law Courses.
6. Diploma in Secretarial Studies. A two-year course leading to a Diploma in Secretarial Studies is offered to students who wish to combine some of the basic elements of a classical education with a reasonable skill in secretarial work. Students who, after the completion of the program of study for a Diploma in Secretarial Studies, wish to obtain the Bachelor of Arts or Bachelor of Science Degree can do so by completing fifteen additional academic courses chosen in such a way as to include the courses required for either degree.

7. Teacher Training, enabling students with satisfactory standing in Grade XII to complete Freshman Year and qualify for a First "A" Prince Edward Island Teacher's License in one regular school year. To qualify for a Superior I License two additional summer sessions of the equivalent are required.

II ADMISSION REQUIREMENTS:
1. General Requirements: Seven subjects passed on the Prince Edward Island Grade XII level or equivalent—English, another language, algebra, geometry, history, a science, and an elective.
2. Special Requirements:
(a) Arts: Latin and French
(b) Engineering: Physics and Chemistry
In special cases remedial work is provided for students who do not have complete admission qualifications.

III FEES (per year):
Tuition \$120.00
Board, etc. \$345.00
Room 60.00

IV SCHOLARSHIPS:
Students in the university years who are in need of financial assistance are eligible to receive interest-free loans up to \$300.00 per year under the Dominion-Provincial Youth Training Program. Application for this assistance is made to the Department of Education, Charlottetown, P.E.I.

V APPLY:
The Registrar,
St. Dunstan's University,
Charlottetown, P.E.I.

ST. DUNSTAN'S HIGH SCHOOL

I PROGRAMS OF STUDY:
1. Grade XI
2. Grade XII

II ADMISSION REQUIREMENTS:
Completion of Grade X

III FEES (per year):
Tuition \$ 65.00
Board 245.00

IV APPLY:
The Principal,
St. Dunstan's High School,
Charlottetown, P.E.I.

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Dime Banks Register bank, metal construction. Holds about \$10.00.	2 P.M. Special, each 29¢	Boys' Reversible Windbreaker Corduroy reverses to poplin, self collar, cuff, and waistband, elastic insert at waist. Colours, brown, blue, grey and red. Sizes 8, 10 and 12.	2 P.M. Special, pair 2.69
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Ball Point Pen Assorted coloured barrels, with blue ink.	2 P.M. Special, each 9¢	Men's Polo Shirts Clearance from a leading maker. Plain and stripes, self collar, 2 button bib. Sizes small, medium, large. Reg. 5.95.	2 P.M. Special, each 2.77
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Bermoth Storage Bags Offers full protection against moths and larvae. Clear plastic with coloured binding. 57" size.	2 P.M. Special, each 3.99	Pillow Cases Plain hemmed bleached cotton pillow case. (Seconds). Size 42 x 33".	2 P.M. Special, pair 98¢
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Trays Assorted floral patterns. Size approximately 10 x 14".	2 P.M. Special, each 37¢	Snorkel and Mask Sets Made of plastic and rubber. Regular 2.25.	2 P.M. Special, set 1.79
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Lined Scribblers Suitable for two or three ring binders. 8 Scribblers per package.	2 P.M. Special, pkg. 69¢	Roller Skates Double ball bearings. Rugged metal construction. Regular 3.95.	2 P.M. Special, pair 2.98
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Pen and Pencil Sets Fountain pen and matching pencil with gold coloured top and assorted coloured barrels. In plastic case.	2 P.M. Special, set 69¢	Women's Handkerchiefs Pure linen handkerchiefs. White only. Size 10 1/4 x 10 1/4.	2 P.M. Special, 6 for 59¢
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Leather School Binders With two zippered pockets. Contains comb, ruler, pencil, and memo pad holder.	2 P.M. Special, each 3.79	Men's Handkerchiefs Pure linen handkerchiefs. White only. Size about 16 x 16".	2 P.M. Special, 4 for 89¢
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Movie Camera Brownie Movie Camera, 8 MM, 2.3 lens, simple to use, as sure in results as the snapshot cameras everyone grew up with. Load, set the lens according to the built-in Exposure Dial, aim and shoot, as easy as that.	2 P.M. Special, each 25.99	Three Arm Sprinkler Chromium plated arm assembly. Cast base. Connection for standard hose.	2 P.M. Special, each 1.10
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Chamois Good quality English made chamois approximately 18" square.	2 P.M. Special, each 69¢	Boys' and Men's White Bucks A favorite style for summer wear. Uppers are of plain leather in Suede finish. Blucher cut. White with black sponge crepe soles. Broke size range.	2 P.M. Special, pair 4.99
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Candy Favorite snack bar, a wonderful week-end treat for the whole family.	2 P.M. Special, lb. 39¢	Men's Rain Coats Snap closure, reinforced at shoulders, two pockets. Sizes small, medium and large.	2 P.M. Special, each 1.49
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Electric Razors Rolson and Schick electric razors, plastic cases, rotary electric motor. Cord and cleaning brush.	2 P.M. Special, each 14.99	36" Chintz Floral patterns on grey, blue, green, wine backgrounds.	2 P.M. Special, yard 49¢
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