

ELLEN'S DIARY

By An Island Farmer's Wife

We remember, now that the shortening days afford less time for the fieldwork than once, how good it was this morning to come to the pleasures of the harvesting. A glad season this is, though not without its attendant concerns, of which one most annoying is an unexpected break in a fine, necessitating a trip to the city for a replacement and the labor of the repair while the best of harvest-weather slips nonchalantly by.

While we washed the breakfast dishes by the pantry window which overlooks in part the fields of "the other farm," and a little ad of school went over with us his set spellings, we saw the binder drawn then from its storage, pass between fields of grain on the lane of "the other farm," on its way to this one and the first of the reaping. Presently, there was a clatter of machinery in the yard and a child saying in tones which expressed his surprise: "Did you know it? The binder is here!" Our harvest season had dawned.

Suspended in consequence is all work of building. As it is, the barn stands well and duly clad against any weather that blows. Not without some regret over a period of summer which altogether had been most satisfying to the family, and which now must change to flow in other channels of industry, we saw Mr. D. pick up the tools of his calling last evening and stow them in the truck in a gesture of parting.

Good days we have had, blessed for us and the endeavour in many a way. "I've come along this route a good many times in late years," Mr. D. remarked when Rob and sons and housewife must see him to his home. Past Alderlea, where old rooms call to us — and the millpond lit then mellowly by the mustering legion of the sunset... by the beaver lodge just above the Public Bridge which shelters...

"I wonder just how many live there?" Jamie queried. "Likely a man and his wife," Gage's opinion was expressed soberly. "Maybe it's a bachelor only — a choosy fellow," we laughed. "Or more likely a maiden-lady who couldn't find a kindred spirit," Mr. D. said drily.

We entered the highway by the corner-store which stands in its neat and pretty setting of lawn and trees; by then the Old Kirk, symbol of every goodness and homes eternal, and that home which to the older folks in this and many a community will be ever "The Doctor's" down to cross the river, the salt of which its tides send inland in daily offerings to meet "our" millstream; and soon to Mr. D's place with its garden of old-time flowers: Geraniums, Sweet William, Dahlias, Balsams, Sweet Peas... so many, and all cozily sheltered.

A daughter of "the other farm," a small lady holidaying with oved ones walked along old paths in the recent Sabbath evening, like the lads of this place, she and sisters and brothers were early seriff of a good mother and yet often lonely, we suspect, missing her fond, encouraging smiles, went on to make good lives for themselves. With her were Anne and Janet, the little daughters seeing the Island and loved ones here for the first time and the Doctor-husband, who as it happens is kin of James. School, and an interesting position with a home on a campus called... and by this, Island roads are missing these and other summer guests, gone now until "some other year," shall bring their return.

And now we are into the harvest! Until tomorrow --- Diary --- Goodnight.....

That Body Of Yours

By James W. Barton, M.D.

DELAYED ADOLESCENCE

A young physician relates his experience with a teen-age boy who was so small and undeveloped that his parents were afraid he would never grow or develop into a man. The physician took him out of school for one session, had him get outdoors, run and jump, play games when possible, increased the amount of his food intake by 25 per cent, had him rest an hour every afternoon, and get an extra hour's sleep at night.

There was no change for several months and then the boy began to increase in height, width and weight and this continued for about two years until the boy was as tall and weighed as much as other boys his age. The parents were grateful to the physician who was also pleased to see the boy develop under his supervision.

However, with a little longer experience, the physician began to wonder if his efforts to increase the boy's height, weight and muscular development by spending more time outdoors, eating more food and getting more sleep, gave his gland system a fresh start or if he would have grown and developed properly anyway—that, for some reason, his development was "delayed."

In the book "Endocrine Treatment in General Practice," edited by Drs. Max A. Goldzieher and Joseph W. Goldzieher, is stated that "delayed" adolescence may apply to those children who, for some unknown reason, mature much later than the average, but who, if given sufficient time develop normally "without" treatment. "Thus delayed adolescence is a constitutional variation in the normal pattern of growth and development."

These physicians believe that the treatment of these "delayed" causes of growth and development, when the gland system is not at fault, is by psychology. When delayed adolescence is causing an inferiority complex and the boy is an object of ridicule to his schoolmates, an explanation to him that he is likely to catch up with other boys in a short time, giving drugs to stimulate sex growth and some sex extract to supply what is missing (which can be taken by mouth), will raise his morale.

In the case of girls, bringing on puberty or adolescence by direct use of sex extract, without psychological treatment, appears to work best. The thought, then, is where the boy or girl is underdeveloped or undeveloped physically (sometimes greatly overweight), the parents should not try to treat the child, but place the child under the care of the family physician. Physicians today have an aid not possessed by physicians of previous days — that is, gland extracts such as thyroid, pituitary, adrenal and sex, which can be of real help where puberty has been "unduly delayed."

Modern Etiquette

By Roberta Lee

Q. Is it proper for a man to link his arm in a woman's while walking with her on the street? A. No. A man does not link his arm in a woman's, hold her by the elbow, or offer her his arm, unless for the purpose of guiding her through a crowded street or protecting her from traffic. Q. When a hostess wishes to use place cards at a dinner she is giving for some very good friends, is it all right if she uses only their first names? A. Yes, this is quite all right. Q. Is it necessary always to ask the permission of a man before furnishing his name as a reference? A. Yes, it is very ill-bred not to do so.

MacIsaac-VanderVoort Nuptials



Pictured following their wedding at the church of The Most Holy Redeemer on July 29, 1953, are Mr. and Mrs. J. Clifford MacIsaac with their attendants, Miss Mary MacIsaac, sister of the groom and Mr. Merrill Taylor, cousin of the groom.

On Wednesday July 29th at 9 a.m. the church of the Most Holy Redeemer was a very picturesque setting for the marriage of Marie Theodore, daughter of Mr. and Mrs. R. VanderVoort, Chesley, Ontario, to J. Clifford MacIsaac son of Mr. and Mrs. A. MacIsaac, Fairview, P. E. I. The Rev. F. J. Madigan performed the double-ring ceremony and celebrated the Nuptial Mass.

The traditional wedding music was rendered by Mr. A. McLean and Mr. Chester Donavan was soloist for the memorable "Ave Maria." Given in marriage by her brother, Frank, the bride wore a floor-length gown of Spanish lace styled with fitted bodice with long pointed sleeves and a bouffant tiered skirt over satin and crinoline. A Juliet cap held her tulle illusion veil trimmed with seed pearls. The bride carried a white prayer book decorated with white streamers and rosebuds, a gift of the groom.

Miss Mary MacIsaac, sister of the

groom, was the bride's only attendant. She wore a floor-length gown of nylon net over pink taffeta with matching headpiece and mittens and carried a cascade of pink and white carnations. Merrill Taylor, cousin of the groom, was best man. Ushers were: Nicholas VanderVoort and Keith Taylor.

The reception was held at the Queen Hotel, Charlottetown. Receiving guests the bride's mother chose a blue crepe and lace dress with white accessories and corsage of red carnations. The groom's mother assisted wearing navy crepe with white accessories and corsage of pink carnations.

The couple will take up residence at 39 Norfolk St., Guelph, Ont., where the groom is attending the Ontario Veterinary College. The groom is a graduate of the Nova Scotia Agricultural College, Truro and the bride is a graduate of the St. Michael's School of Nursing, Toronto, Ont.

Out of town guests attending the wedding were: Mrs. Peter VanderVoort and son, Frank of Chesley, Ont.; Miss Helena VanderVoort, Hamilton, Mr. and Mrs. N. VanderVoort, Galt, Ont.; Miss Helen C. Driscoll, Ottawa, Ont.; and Dr. and Mrs. A. E. Ings, Souris, P. E. I.

felicitations from friends in Chesley, Ont., Calgary, Saskatoon, Ottawa, Guelph, and Moncton were read by Dr. Fisher.

For a wedding trip to Cape Breton Island the bride donned white sheath with navy polka dots under a navy nylon redingote with white accessories and white carnation corsage.

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Leaving for Germany



Pictured above are Mrs. Melvin Pound with her two children Brian and Treena 6 who are sailing from Montreal Sept. 8, aboard R. M. S. Cynthia to join her husband, Cpl. Melvin Pound who is stationed with the R. C. A. F. at Zweibrücken, Germany. Cpl. Pound expects to have his family with him for the next three years. He is the oldest living son of Mr. and Mrs. William Pound, Fredericton, P. E. I. Mrs. Pound is a native of Middleton, N. S.

hard brush and lukewarm soapy water. To rinse, put the furniture out on the lawn and turn the hose on it.

Q. How can I clean copper or brass? A. Mix up a paste of equal parts of table salt and flour and vinegar as the combining agent. Rub the paste on the metal, let dry, and then remove it with hot soapy water. If the metal is in particularly bad shape, apply the paste generously and let it stay several hours before removing.

The first regular Canadian postal service started in 1734 between Quebec, Trois-Rivieres and Montreal.

Cook's Corner



This week the Anglo Rustico W. I. give us their favorite recipes, starting with the seasonal and ever favorite—

CHOW-CHOW

- 4 quarts green tomatoes
2 quarts onion
2 red or green peppers
Slice tomatoes with 1/2 cup salt; Drain in the morning.
1 quart malt vinegar
1 level teaspoon salt
1 heaping teaspoon celery seed
1 heaping teaspoon mustard seed
1 teaspoon allspice
1 teaspoon ground cloves
3 teaspoons cinnamon
3 cups brown sugar
2 cups white sugar
Boil 30 or 40 minutes.

—Mrs. Read Stevenson, Anglo Rustico W. I.

Household Scrapbook

By Roberta Lee

Grapejuice Stains

Grapejuice stains may be removed by pouring boiling water on the spot, then covering with borax and placing in the sun.

Shrunken Sweater

To restore a shrunken sweater to shape, wet it, drop it into a pillow case, hang the pillow case on the line by the hem, and let water drip into it. Do not wring the sweater.

Candles

To make a candle fit any candlestick, dip the candle for a moment into very hot water. This will soften the wax so that it may be easily fitted into the candlestick.

DOROTHY DIX'S COLUMN—

A Sorry Vice

"Sweet" Girl Sours Through Jealousy, Resenting Fiance's Love For Parents

DEAR MISS DIX: My grandson is engaged to a very sweet girl whose only obvious fault is jealousy. She even tries to keep him from loving his parents. When he shows any attention to his mother, the girl upbraids him in no uncertain terms. Then she apologizes and she forgives her, thinking she will change. The situation worries my grandson since he loves her very much, but he also loves his parents.

MAY BECOME A NAGGER

ANSWER: A young lady who is so uncontrollably jealous isn't likely to become anything but a nagging shrew. The prospect is admittedly pretty bad, but there is no cure for jealousy, because it is actually not one fault but several. Its worst aspect is that the jealous person is fundamentally egotistic, and actually incapable of love at all, in a true, fine sense. Self-love is the dominant emotion of the jealous person. Your grandson's fiancée is exhibiting a low form of a despicable vice in her particular form of jealousy. To be jealous of a possible love rival is bad enough, but to carry the feeling to a boy's own parents is particularly mean.

Extreme youth might be an extenuating circumstance in the girl's actions, but if she's old enough to become engaged, she should have sufficient maturity and wisdom to realize that she hasn't the right to subjugate a man's entire personality.

If the boy is amenable to reason at all, he should break the engagement before he is entwined in the tentacles of the green-eyed monster.

DEAR MISS DIX: Recently you had an appeal for friends, from a young woman who is a stranger in this country. You advised her to seek them among groups of her own countrymen. Why shouldn't she get to know us? I'm sure it would do her more good to speak our language than to continue associating with those who use only her mother tongue.

ANSWER: A person who comes to this country as a total stranger, with no welcoming friends or family, is soon a victim of the most desolate homesickness you can imagine. Some contract with folks who speak her language, or who can talk about familiar places, is a much needed remedy for the disease. Furthermore, it is through people already established here that she will get to know our own countrymen. Since you are in sympathy with the plight of these people, I do hope you will do something yourself to help assimilate them to our way of life. No one needs a helping friendly hand as much as these strangers. Do your best for them!

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

A Country Garden

By Mrs. Gordon MacMillan

"To be woven eternally on the loom of perpetual change." The cycle of the seasons, with their never-ending variety, their constant innovations, is certainly not the least of a garden's charm. The periodic rhythm gives us at once the pleasures of anticipation and the added interest of change. A repetition that is like meeting an old friend in a new mood. There is neither beginning nor ending to the gardener's year, "only recurrent patterns on a scroll," but the patterns that recur are never quite alike. The gardener's year begins in September and not in the Spring as many believe. It is possible to transplant anything now because of the abundant moisture this season. This is the month to note the changes necessary for improvement in the garden for next year. Some early blooming Phlox has been divided and planted in places where needed. The earth was renewed and manure added. Other plants from the vegetable garden have been brought to the borders and planted. It is much easier to see what is needed now rather than later when plants have disappeared for their winter rest.

If you are planning a new flower border for next year, now is the time to prepare the ground and do the planting so it will become established before the cold weather comes. Drainage is the most important part of any garden and some sun must shine on the garden part of the day. The soil must contain everything the plants need and this part of gardening is easy on the farm and in country gardens as all kinds of mulches and fertilizers can be had for the gathering. A happy morning was spent last week at the Cotton Memorial Nursery looking over the shrubs and roses and other plants. It is a good plan to see these growing so that it is possible to order intelligently. The Superintendent wishes all who are ordering bulbs for Fall planting to send in their orders as soon as possible. That reminds me that my order must be attended to right away, and how I wish for money at this time! This nursery makes it possible for everyone to plant some bulbs for Spring beauty and we all should be very grateful. Send for the bulb list today a 1 then send your order as soon as possible. Almost twenty-five acres have been added to the ground at the nursery and new seedling trees were being transplanted. Plans are made for another building to take care of nursery stock when it arrives from Europe. I saw many interesting shrubs and seedlings of Azaleas and Rhododendrons. An English Walnut tree that was cov-

How Can I!!!

By Anne Ashley

Q. What is the best way to clean wicker furniture? A. By scrubbing with a not-too-

ered with large walnuts, and grape vines loaded with grapes and several of our winters. Dwarf Apple trees were bending over with the weight of large good-looking apples. A lovely Wistaria was giving bloom the second time for this summer, and a wine colored Clematis climbed over the white dwelling.

The Clematis panicula here in the garden is covered with fragrant creamy flowers, and it will continue to be lovely for weeks. Coming at this season of the year it is more than welcome. A lady from a neighboring province this week told me about this vine in her garden and we both agreed that the fragrance is something to cherish.

I have been reading about a garden at Bar Harbour in Maine. There are many things which gardeners in all walks of life have in common and not least of these is the exchange of ideas and experiences. This pleasant practice has manifested itself for centuries by means of the written word in books, periodicals and letters.

However, ideas and experiences become all the more vivid when they are exchanged in gardens where plants from various parts of the world grow and thrive in close proximity, as if their original homes had been in the same village.

Such a place is the extraordinary Reef Point Gardens at Bar Harbor, Maine, where the owners, Beatrix Ferrand and her late husband have assembled a choice collection of plants, native and exotic, which were chosen for their year-round beauty.

Surrounding their picturesque cottage is an unusual test garden developed for the inspiration of all who love plants and enjoy growing them. Unlike most of the gardens in the area, Reef Point has been developed in a charming, informal manner. Full advantage has been taken of the native spruces which dot the landscape and stand like sentinels to subdue the strong winds from the sea.

The Farrands combined the native flora of Bar Harbor with those plants from other parts of the world which would round out the variety of form and color in flower and foliage possible throughout the growing year. However, out of all this rich experience came an idea to endow the place in such a way that it would show "what our outdoor beauty can contribute to those who have the interest and perception that can be influenced by trees and flowers and open-air composition. Such interest is never likely to diminish and a taste for gardening can add much to life. Intimate contact with growing things, observations of passing seasons and changes give interest and flavour to each day. Wise use of leisure is a problem for each individual to solve, but Reef Point Gardens hopes to be of use as a living example of at least one of the many solutions."

The sign posted at the entrance to the garden reads: "Reef Point Gardens are open to all real plant lovers who are asked to keep to the paths." Within the spacious garden, the trim paths and the great beds of plants kept the visitors mindful of where they might tread, yet many one feel that the owner was eager to share the bounty of her garden.

Alice Brooks Designs



CHILL-CHASER!

Just the perfect topping for separates and short-sleeved dresses. This cute little chill-chaser is crocheted in crazy shell-stitch—easy as pie. Small amount of cotton or 3-ply yarn needed.

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Morning Smile

Man at payroll window, to worker: "Sorry, but with the deductions for the Sunshine fund, social security, with-holding tax, hospitalization, savings bonds, union dues, life insurance, and gift fund, you owe us \$6.80."

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CAPABLE COOK CRANBERRY PORTAGE, Man CP — Arthur Prudholm, who now earns a living as a cook in bush and mining camps in northern Saskatchewan and Manitoba, once had his place in the limelight. He won the middleweight boxing title at the 1920 Olympics in Antwerp.

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