

Better English

By D. C. Williams

1. What is wrong with this sentence? "His other alternative is to locate in California." 2. Pronounce "plague" correctly. 3. Which one of these words is misspelled? Heriloom, harlequin, impromptu, idiosyncrasy. 4. What does the word "inadvertence" mean? 5. What is a word beginning with "tar" that means "a kind of venomous spider"?

ANSWERS

1. Omit "other" and say, "to settle in California." 2. Pronounce "plague" as in play. 3. Idiosyncrasy. 4. Inattention or an error resulting from it; an oversight. "The mistake was due to inadvertence." 5. Tarantula.

Modern Etiquette

By Roberta Lee

Q. Since it is always a problem to get all the guests who are invited to a wedding and reception to reply, wouldn't it be all right to enclose reply cards with the invitations?

A. Although still not universally done, reply cards are in many cases included with the wedding invitations—and this is quite all right. Q. When you have a business appointment with a man at his hotel, and he is in his room when you arrive, what should you do? A. Call him on the house telephone, and he can then either come down or ask that you come to his room. Q. What is the meaning of the abbreviation I often see in letters, "N. B."? A. This is from the Latin "nota bene," meaning "note well."

Household Scrapbook

By Roberta Lee

Varnished Floors Sprinkle coarse salt on the floor, then allow it to remain for about five minutes and sweep it off with a soft broom. This will clean the floor without taking off the polish.

Lily Bulbs Lily bulbs will not flourish in the house unless the water in which they grow is changed at least twice a week, and they are kept in a cool place.

Train Sickness Eating a lemon is said to prevent train sickness, and the chewing of gum is also a helpful remedy.

Itching Eczema - Skin Troubles

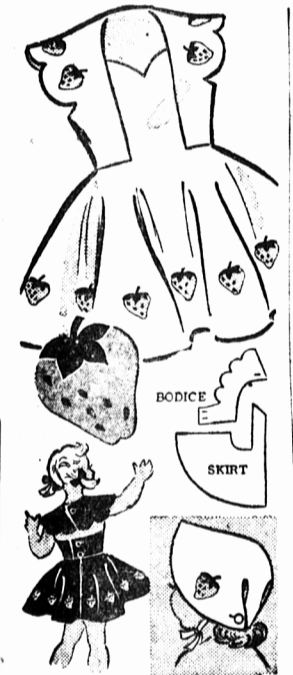
Make up your mind today that you are going to give your skin a real chance to get well. Go to any real drug store and get an original bottle of MOONE'S EMERALD OIL. It lasts many days because it is highly concentrated. The very first application will give you relief—the itching of Eczema is quickly relieved—eruptions dry up and scale off in a very few days. The same is true of Itching Toes and Feet—Eruptions—Rashes and many other skin troubles. Remember MOONE'S EMERALD OIL is a clean, powerful, penetrating Antiseptic Oil that does not stain or leave a greasy residue. Sold satisfaction or money back.

HUGHES DRUG CO., LTD. THE JENKINS PHARMACY. REDDIN BROS.

Anne Adams Patterns

SPECIAL VALUE!

SEW-EASY Sun Set! Plus 18 IRON-ON strawberries in color! All included in one pattern! Just check that diagram—two main parts to dress, one main part to bonnet. Whip up this outfit in a jiffy! IRON ON the luscious red and green motifs in two minutes flat! They're washable! Easiest, prettiest outfit. Don't miss this two-in-one value. Quick, send now! Pattern 4535: Children's Sizes 2, 4, 6, 8. Size 6 dress 2 yards 35-inch fabric; bonnet 1/2 yard. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



4535 SIZES 2-8 by Anne Adams

CLEANS AS IT POLISHES! FOR ALL WOODWORK AND FURNITURE. Cedar Polish.

That Body Of Yours

By James W. Barton, M.D.

OLD-FASHIONED HEAT TREATMENT STILL GREATLY USED IN HOSPITALS AND HOMES

In these days when our manufacturing chemists seem to be producing a new antibiotic (germ killer) and a new antihistamine (to overcome allergy) almost every week, it is interesting to find an editorial in the Journal of the American Medical Association devoted to our old-fashioned home remedy, the application of heat by ordinary hot applications or by the various types of heat lamps.

It has been well said that heat is life in that it increases the circulation of the blood, carrying an increased supply of pure blood to the affected part and carrying impure blood and harmful wastes away from the part.

The editorial, entitled Therapeutic Application of Heat states in part: "Few procedures are more commonly used in homes and hospitals than the application of heat. When heat is employed for therapeutic (healing) purposes, it is applied by radiation, conduction, or convection from its heated source and by conversion. Thus in conduction heating energy is transferred by direct contact from warmer to the cooler subject; it includes such homely methods as hot water bottles, electric pads, and blankets as well as the more elaborate whirlpool baths and therapeutic tanks and pools."

"Radiant heating is derived from luminous and nonluminous infrared generators. Luminous radiators of infra-red utilize the radiant energy produced by carbon or tungsten filament surfaces aided by suitable reflecting surfaces."

Diathermy is among the most widely practiced methods of heating by conversion in which high frequency electric current is converted into heat owing to the resistance of the tissues to the flow of the current; and of the three available forms, short wave diathermy, is the most popular. All forms, however, simply produce heat.

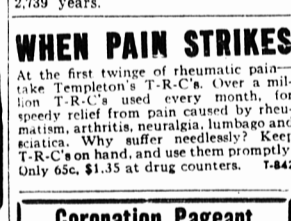
"Polymyositis patients usually receive hot packs or heat from other sources than diathermy or heat bulbs. Patients with polio should receive "special" exercises designed to stretch out tightened structures, along with hot packs. In the presence of cancer, or in cases of hemorrhaging, bleeding heat is not applied or in patients who are greatly run down from chronic disorders as diabetes, high blood pressure, chronic inflammation of kidneys (nephritis). Heat, then, is a great boon in many cases and does not upset digestion as so often occurs with drugs. Heat is especially helpful in selected cases of chronic arthritis—baking, paraffin baths, hot compresses, general hot baths."

Finally, the editorial states that, in general, patients should be advised against administering diathermy in their own homes and on their own responsibility.

LONDON. (CP)—A "fool-proof" combination lock which the inventor claims has defied six safecracking experts now is being produced in Britain. It provides a different combination daily for 2,739 years.

WHEN PAIN STRIKES At the first twinge of rheumatic pain—take Templeton's T-R-C's. Over a million T-R-C's used every month, for speedy relief from pain caused by rheumatism, arthritis, neuralgia, lumbago and sciatica. Why suffer needlessly? Keep T-R-C's on hand, and use them promptly. Only 65c. \$1.35 at drug counters. T-842

Coronation Pageant



STANDARD BEARER In the procession up the nave he carries the Standard of Union, and at the entrance of the choir hands it to one of the barons of the Cinque Ports. Colors: Cloak—scarlet, white fur-lined. Tunic—scarlet. Trousers—blue. Cap—white.

Married Fifty Years



Mr. and Mrs. John J. Gillis of North Tryon celebrated their 50th wedding anniversary on April 30th, and they are shown above at the enjoyable supper party held in the evening, which was attended by several members of their family.

The family presented their mother with a gold brooch, and their gift to their father was a gold planet ring. They received a beautiful bouquet of roses from their grandchildren in Dover, New Hampshire.

Among those attending the celebration was Mrs. Kate Tierney, who is 82 years old, a sister of Mr. Gillis. Three daughters, Mrs. Jack Barlow of Calgary, Mrs. Victor Verette of Dorset, N.H., and Mrs. Roland Dorr of Exeter, N.H., were unable to attend.

Cook's Corner

COCONUT-PECAN COOKIES

These cookies are nice and rich, with a flavor of butterscotch. They are slightly soft in character—not crisp. The amount of coconut and pecans is good—other nuts may be used for variety or convenience. 1 1/2 cups once-sifted enriched pastry flour; or 1 1/2 cups once-sifted enriched all-purpose flour; 1/2 teaspoon salt; 1/2 cup butter or margarine; 1 cup lightly packed brown sugar; 2 egg yolks; 2 tablespoons boiling water; 1/2 teaspoon baking soda; 1/2 teaspoon vanilla; 1/2 cup cut-up shredded coconut; 1/2 cup broken pecans.

Measure and sift together the flour and salt. Cream the butter or margarine until soft; gradually blend in the brown sugar and cream well. Add the egg yolks, one at a time, and beat with mixing spoon until well blended after each addition. Combine the boiling water and baking soda and stir until soda is dissolved. Stir into creamed mixture. Stir in vanilla, coconut and pecans. Add dry ingredients to creamed mixture about a third at a time, combining well after each addition; drop batter by small spoonfuls, well apart, onto greased cookie pans; bake in a moderate oven, 350 degrees, 8 to 10 minutes.

Remove hot cookies from pans onto a cake cooler; store in a covered tin when cold.

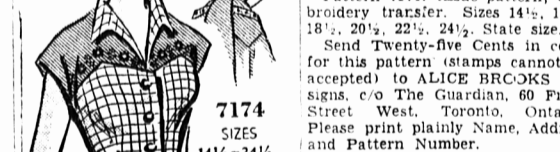
Born under the sign of Gemini, your love of variety is infinite and your inclination is to start a dozen projects at once, finishing none of them. Try to curb this instinct and concentrate on the venture at hand. In this way you can carry out all of your ideas successfully, but with less pressure and nervous tension. Your innate love of travel should be happily satisfied this year.

A child born on this day will be mercurial in temperament, talented and pleasure-loving.

Alice Brooks Designs

IF YOU'RE SHORTER

Sew this smart, young half-sizer. It's correctly proportioned to your waist, hips, shoulders—no alteration worries! Flower-embroidery or cotton lace for trimming. Pattern 7174: tissue pattern; embroidery transfer. Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 22 1/2, 24 1/2. State size. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7174 SIZES 14 1/2-24 1/2 by Alice Brooks

Morning Smile

Man of Vision

A politician has to be able to see both sides of an issue so he can get around it.

Got By

He was a good workman when he was there, but he was often away. However, he always produced a certificate signed by his doctor. When the man came again, he gave him a blank certificate. The next morning the foreman called the workman aside. "Now, look here, Bill," he said, "that certificate is no good. The doctor has simply put a stroke in the place which should show what you suffered from."

"That's O. K., boss," said Bill quickly. "That's what I had."

ELLEN'S DIARY

By An Island Farmer's Wife

From, as she put it so nicely, "an ex-Islander far from the fields of Home" came our other and recent camp missive. And while there are those of our friends and acquaintances who "would just die, Ellen, if you put me, or anything I may write you in the Diary," we fancy this lady would not mind if for the benefit of many an "Islander at home, who may become impatient at the bonds of their circumstance to sigh for a sight of greener valleys we take the liberty of quoting this lovely letter in part.

"There is no other part of Canada," she makes comment, "with the beauty of landscape, the quiet contentment, correct sense of values and self-contained dignity that abounds in rural Prince Edward Island. I never left, nor desired to leave it, but followed my husband when he left there after returning from overseas in 1945."

"There are two other wives from The Island living near me and they too get Guardians from Home. We talk about old times then when we are together to the intense amusement of our husbands who, like most others, cannot understand the (to them) strange loyalty of Islanders to each other and their Island. Lord Tweedsmuir tried to explain this loyalty in an article called 'Island Magic,' which I believe was an excerpt from a speech he once made at Charlottetown.

"I have often meant to write you... now... the right words won't come... Yet how beautifully they flow! And we, as she, appreciative of the charms of our native heath, follow them closely... "This will be the first year I won't be seeing The Island in late June, my favorite month there and I'm going to miss it sadly. You can have no idea how beautiful the first sight of the red soil and green, green grass is when one comes home! We always plan to reach Cape Tormentine for the mid-afternoon crossing of the boat so that I will have my first look in daylight and can enjoy every minute of the drive from Borden to my home... When leaving, I sit on the deck of the ferry until the land fades from sight."

How admirable are these soldier, sailor, air wives who keep faithfully a woman's covenant: "Whither thou goest, I will go" for love's sake, are content to bring a measure of those comforts and sacred attributes which constitute a home to their loved one in the Services! There is something more: "And James sounds like a really marvellous person!" James is "The little, brown-eyed, gray-haired, and by his own value, 'weather-beaten' man, so taken up, indeed engrossed, with the affairs of his Island farm. At this season wondering, should we or not give that piece over there a sprinkle of lime? And had we not better get those stumps in that corner 'shook out' both to effect neatness and bring the idle land into production? There is no one—none—we are sure more fitted to his soil and this man at heart, gracious, who attends so well and kindly to the cares and duties of his occupation.

"Hey, what you'lls a-goin' to do with this little pig a-clutterin' up ma kitchen? He's a-dyin'! clardat box out a dis!" we may propose of a weakening of the litter, brought in to the warmth, and now obviously past any reviving.

"No, Ellen," James will say sternly, "we'll let the poor little thing die indoors, where it is warm!"

Forsythia in Carolyn's garden is a golden bower of blossom; daffodils catch the sunlight—and against a daytime skyline there is new glory of birch and maple as May turns now to June.

Until tomorrow... -Diary- Good-night...

How Can I!!! By Anne Ashley

Q. How can I make cheap dish-cloths? A. The best way to make dish-cloths is to take four thicknesses of cheesecloth, turn in the edges, and quilt on the machine about two inches apart. Cotton crepe is very good for dish towels, being cheap, non-linty, and easy to launder.

Q. How can I keep apples fresh? A. If a little glycerin is rubbed over apples, they will keep longer. The glycerin can be washed off when you are ready to use the apples.

Q. How can I make umbrellas last longer? A. Umbrellas should be closed and dried upside down. When allowed to dry open, the ribs are likely to warp. Wiping down with a soft cloth also helps.

doctor has simply put a stroke in the place which should show what you suffered from."

"That's O. K., boss," said Bill quickly. "That's what I had."

DOROTHY DIX'S COLUMN-

A Busy Borrower

Woman Lender Wants To Discourage In-Law's Frequent Grocery Wants

DEAR MISS DIX: My wife's sister and her family live across the street from our home and for fifteen years they have been constantly borrowing from us. Every day it's a cup of sugar, some flour, coffee, butter, and so forth. The sister seldom pays back, and my wife gets angry with me if I complain. They have enough money, but seem to use us to out down on their grocery bills.

A POSSIBLE CURE Muriel Nissen

ANSWER: Would it bother you as much if the borrower were your own sister rather than your wife's? I doubt it. At any rate, since the situation has progressed over so long a period of time, and your wife objects to any mention of it, I think you'd better resign yourself to the situation. If your wife wanted to stop the raids on her larder, she could do so quite simply by going to her sister the next day and borrowing the food back. A few trips of this nature would end all difficulty, but if your wife doesn't want to do it, I don't think it's worth risking the harmony of your home to insist upon her taking steps.

DEAR MISS DIX: Six months ago I met a boy who is in the Air Force. A month later we became engaged; then he went away for a while. He'll be back this summer, but we can't marry until he is out of service, which will be for three years. When I met him I was engaged to another boy—now overseas—and have two rings. Should I wait for the boy in the Air Force? I'm 18, he's 19.

ANSWER: Are you becoming a collector of engagement rings? You like these boys only as friends and are most reluctant to give up dates while they are away. Why bother, then, in becoming formally engaged to any boy? Wait until at least one is home for good, then perhaps you can make up your mind.

DEAR MISS DIX: A boy of fifteen acts as my baby-sitter and I'd like to know if he should be allowed to bring his girl friend along to keep him company while he's here. Would it change matters if the parents of the boy and girl approved of it? This problem is purely theoretical at present, but has been the subject of discussion in our group, and I'd like your opinion.

ANSWER: The baby-sitter's employer is the boss of any situation like this, and his opinion should set the rule. Some people permit baby sitters to have company of the opposite sex, others do not. My personal opinion is that it should not be permitted, especially if the sitters is very young—as in this case. Company of the same sex might be permitted, within reason, and if the young people behaved properly, that is, didn't play the radio or television too loudly, didn't over-ride the refrigerator, etc. Incidentally, I can recommend a very fine pamphlet for the use of baby-sitters and their employers. A self-addressed, stamped envelope will bring you its name.

DEAR MISS DIX: My boy friend and I have been having many arguments because he goes with other girls. He gave me a friendship ring, and consequently I don't think he should date other girls.

ANSWER: Better return the ring until the young man makes up his mind whether he likes you enough to forego other dates. I judge that you are both young for steady dating, and suggest that you go out with other boys.

DEAR MISS DIX: Some people can be too trusting. A young girl

Continued on page 11



Mrs. W. R. Goodwin gives credit to Fleischmann's Yeast for her success at the Lawrencetown, N.S. fair.

Wins Two Bread-Baking Prizes at Annapolis Fair

On entering Paradise (N.S.) from the west, the first house you come to is Mrs. W. R. Goodwin's. She therefore has the first garden in Paradise, and that's where you'll likely find her. In the winter, of course, the place to find her is in her kitchen, for that's the time to sample her famous brown bread, which won first prize at Annapolis County Fair last fall. (Her white bread took second prize too.) "I always use Fleischmann's Yeast," says Mrs. Goodwin. "If I ever did try any other, I've always come back to Fleischmann's." It's quite clear that prize-winning bakers in the Maritimes, as well as all over the whole country, find the use of Fleischmann's Yeast vital to their success!

Between Two Elizabeths

Advertisement for Edward VIII, featuring a portrait of the king and text about his abdication and the coronation of George VI. Includes a small illustration of a ship and the text 'THE QUEEN MARY MADE HER MAJESTY'S VOYAGE AND A RECORD TRIP TO AMERICA'.

Advertisement for Flexee's Coolaire, featuring a woman in a swimsuit and text describing the product as a "figure beauty... air-conditioned!" girdle.

Advertisement for Holman's Magic Ice-Box Cake, featuring a woman's face and text describing the cake recipe and ingredients.