

ELLEN'S DIARY

By An Island Farmer's Wife

This morning the weather continued to be sunny and mild, almost as pleasant we fancied as that of a day in summer. Only the scent of season, the sweet of dying herbage and bracken and leaf reminded us that for a while, only in mind should we see those blossoming days that are now no more. But there was no trace of lingering frost or dew, and the farmers were off early to Alderlea to commence there another harvest, one which to James' mind is already somewhat belated. The harvesting of mangels—this was the work now at hand.

"There'll come a snap of frost one of these nights," James predicted, "and that," he nodded soberly, "will finish the mangels." These roots, not so popular with our farmers once as now grown in "fair-good" supply to provide many a succulent meal for our inmates of piggery.

"We're putting them in your cellar today," a wee lad who came to date reported.

"Yes? And did you happen to



see any sight of the Grandmother who lives out there?" we chuckled testing his quickness of thought. Eyes widened and he smiled with a touch of scorn. "How could I see her?" he queried, "when all the time she is here! But" he remembered something, a sign which "lives after," her coat and scarf are there, hanging in the kitchen—just behind the door!"

"Now mind, Ellen," James had cautioned us at leaving after dinner, "cast your eyes over the fields now and again to see that everything's all right. . . . And if you should chance to see an animal wandering about the yard don't run for one of your reference-books to see if you can identify it," he smiled teasingly. "It will be a sow. Get her back into the pen before she loses herself somewhere about or gets into a granary or bin."

Our philosopher laughed. "That's right" he approved. "I reckon she wouldn't recognize a sow. . . . not right off anyway! Nor could you expect her to. It would be like seeing a beaver. . . . or indeed a lion—she wouldn't be at all used to the sight of one!"

"You'll find a hammer, Ellen," James added in an afterthought. "Now, where did I see one? Oh well, there's sure to be one down about the new barn."

"This, bed" he offers now from the room across the hall in a fe-fi-fo-fum tone. "What!" he exclaims incredulously "you surely weren't napping this afternoon Ellen—not with all hands away!"

What a lovely day it was—of warm sunlight, and gossamer drifts, of blue skies and shadowy hillsides and autumn-quiet and peace! And of so fair a sunset as to promise the farmers continuing good weather for their field-work.

Until tomorrow Diary

Good-night

Morning Smile

Cooling over the new baby, one visitor said: "He's got his Daddy's eyes."

"And his Mummy's nose," gurgled another.

"And he's got Grandpa's gums," commented the infant's four-year-old sister, quite seriously.

How Can I . . .

By Anne Ashby

Q. How can I get cream stains out of fabrics?

A. Sponge non-washables with carbon tetrachloride, and when the solvent has evaporated, sponge carefully with cool water. Rinse washables with cool or lukewarm water, then launder.

Q. How can I remove crayon marks from wallpaper?

A. Try sponging them lightly with a soft cloth moistened with carbon tetrachloride, and it may be necessary to repeat sponging a number of times. If the carbon tetrachloride leaves a ring, apply a paste of fuller's earth or French chalk and carbon tetrachloride, smooth on, allow to dry thoroughly, then brush it off.

Q. What can I do about a mildewed rug?

A. Sponge it with thick soapsuds or rug shampoo. Remove the soap by wiping with a cloth dampened in clear water. Dry in the sun.

Better English

By D. G. Williams

1. What is wrong with this sentence? "The whereabouts of my son-in-laws are not known."

2. What is the correct pronunciation of "grovel"?

3. Which one of these words is misspelled? Charlotte russe, characteristic, chariature, charlatan.

4. What does the word "gegwaw" (adjective) mean?

5. What is a word beginning with qu that means "soft, wet land"?

ANSWERS

1. Say, "The whereabouts of my sons-in-law is not known." 2. Pronounce the o as in on, preferred. 3. Caricature. 4. Showy; pretentious. (Pronounce gi-go, u as in use, o as in go). "The gewgaw castles of medieval times." 5. Quagmire.

MORNING COUGHS

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Household Scrapbook

By Roberts Lee

Egg Stains

To remove egg stains from fabrics, soak in cold water and wash with soap and hot water. Sponge non-washables with alcohol or chloroform.

Embroidery

For cleaning embroidery on goods that will not wash, cover with a thick paste of powdered French chalk and alcohol, lay a piece of clean muslin over it, and roll up like a jelly roll. Lay in a dark place for several days or until the alcohol is entirely evaporated, unroll, and brush off the dry chalk.

Deodorized Gasoline

Gasoline, that is to be used for cleaning purposes, can be deodorized by adding five or six drops of oil of sassafras to each quart of gasoline used. REMEMBER, though, the gasoline is still inflammable!

Modern Etiquette

By Roberts Lee

Q. I've heard that, when using a match, a man should always light his own cigarette before those of his companions, because of the initial sulphur taste. Is this correct?

A. No; the well-bred man will always light his companions' cigarettes first. If he wishes to avoid the sulphur taste, he can always

Cook's Corner

By James W. Barton, M.D.

WALNUT BARS

1/2 cup butter
2 cups brown sugar
2 eggs well beaten
1 1/2 cups flour
2 teaspoons baking powder
1/2 teaspoon salt
1/2 cup walnuts
2 teaspoons vanilla

Place butter and sugar in a pan and -boil 2 minutes. Cool slightly. Add eggs and beat well. Sift flour, baking powder and salt 3 times. Add this to egg mixture and blend. Spread in 9 inch square pan and bake for 25 minutes. Cool. Cut in bars.

—Mrs. Harold Chandler, Wheatley River W. I.

pause just a second after striking the match.

Q. In what way should a divorced woman distinguish herself from the second Mrs. James Johnson?

A. By prefixing her maiden name to her former husband's surname, as, "Mrs. Helena Smith Johnson."

Q. What should a girl say when being introduced to a young man?

A. "How do you do" is sufficient.

That Body Of Yours

By James W. Barton, M.D.

REDUCING WEIGHT SHOULD BE DONE IN HOSPITAL OR UNDER MEDICAL SUPERVISION

Now that obesity is considered a disease, the physician is able to persuade the patient to enter hospital and receive treatment as for any other disease. By having the patient understand that she must obey his orders as written out for the guidance of the nurse or nurses, he knows exactly how much food she is eating daily, how much rest, and how much exercise (if any) she is taking daily. He then prescribes a daily diet that will be 300 to 400 calories less than the patient needs, which means that some of the excess fat on the body will be used to make up these 300 or 400 calories. There is thus bound to be some loss of weight because the patient is under observation day and night and will not get extra food in the way of snacks brought in by visiting friends or relatives.

If the patient becomes ravenous—

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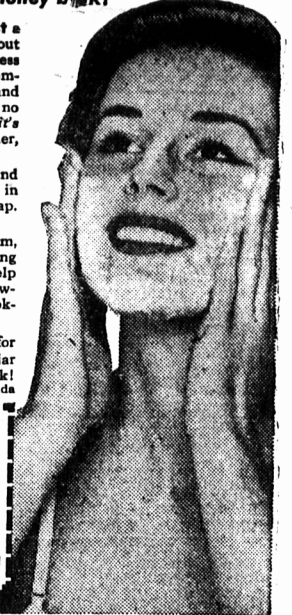
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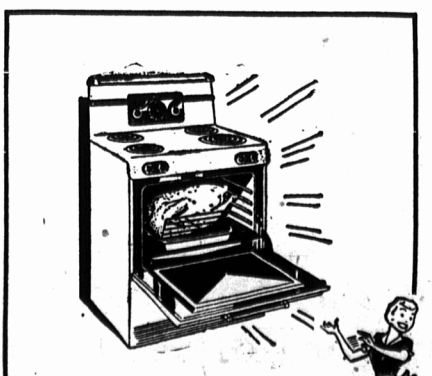
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