



BEEF ROUND-UP SALE

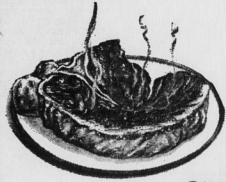
SHOP
CO-OP
IT
PAYS

CUT AND WRAPPED READY FOR YOUR FREEZER

BEEF QUARTERS

FRONTS LB. **47^c** HINDS LB. **57^c**

WAHOO and YIPEE — all you Kitchen Rangers, hurry over to CO-OP SUPER MARKET BIG BEEF ROUND-UP SALE! We've corralled some really choice — RED and BLUE BRAND BEEF! BEST for QUALITY . . . BEST for TASTE . . . and BEST for your BUDGET too! We've cut the beef just the way you like it — lean, with just enough fat and bone for finer flavor. And you'll like the cut of our prices, too. Better buy BEEF — it's your BEST MEAT BUY at CO-OP SUPER MARKET!



ALL
STEAKS 79^c LB.
CHUCK ROAST

BLADE LB. **49^c** **CROSS RIB** LB. **57^c**



PRIME RIB ROAST **69^c** LB.

SPECIAL LAYER PACK **SIDE BACON** LB. **59^c** **FRESH OR CORNED** **BEEF BRISKET** LB. **29^c**

SMOKED VAC. PACK 1/2 S **COTTAGE ROLL** LB. **69^c** **BUTTER-NUT KRUSTY STYLE** **Sliced BREAD** 5 16 OZ. LVS. **1.00**

HEINZ **TOMATO SOUP** 10 OZ. TINS **59^c** **HEINZ** **BEANS or SPAGHETTI** IN TOMATO SAUCE 15 OZ. TINS **1.00**

Quaker (QUICK COOKING) ROLLED OATS 5 LB. BAG 59^c	Ken-L-Ration DOG FOOD 4 15 OZ. TINS 57^c	Puss-'N-Boots CAT FOOD 4 15 OZ. TINS 69^c
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CHRISTIES SODA BISCUITS 1 LB. PKG. 33^c	PANTRY COOKIES PKG. 29^c	BICK'S SWEET MIXED PICKLES 32 OZ. JAR 59^c	HOT DOG, SWEET HAMBURG, CORN RELISHES 32 OZ. JAR 29^c
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COLGATE PALMOLIVE KING SIZE FAB 87c OFF PACK 99^c	TWINKLE CAKE MIXES 3 15 OZ. PKG. 65^c
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LISTEN TO NEWS . . . GROCERIES—CFCY, THURSDAY, 11 A.M.

CO-OP SUPER MARKET
AN ISLAND STORE OWNED BY ISLAND PEOPLE
BIG ENOUGH TO SERVE YOU - NOT TOO BIG TO APPRECIATE YOU
FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

ALL SPECIALS AVAILABLE ALSO AT
TRACADIE
NORTH RUSTICO
SOURIS
VERNON RIVER



OCTOBER
CHEESE
FESTIVAL
SPECIALS

KRAFT 2 LB. LOAF
SKIM MILK CHEESE 79^c
EASY SLICING OR SPREADING **KRAFT**
Velveeta Cheese 3 PKG. **1**

Farm-Fresh Produce

EXTRA LARGE FIRM **CABBAGE** EACH **15^c**
RED CRISP **RADISHES** 2 PKG. **25^c**
LOCAL GROWN **CRANBERRIES** LB. **25^c**
SUNKIST SIZE 168s **ORANGES** 2 DOZ. **98^c**



FINEST ISLAND GROWN **POTATOES**

50 LB. BAG **99^c**

Frozen Foods

GARDEN CITY 1/2 GAL. **ICE CREAM** . . . **85^c**
BIRDSEYE 2 LB. POLY BAGS **GREEN PEAS** . . . **49^c**
HIGHLINER FRIED IN BATTER **HADDOCK** 14 OZ. PKG. **47^c**

DRAGON BRAND CHINESE FOOD
Chicken Fried Rice
Shrimp Fried Rice
Chicken Chop Suey
Beef Chop Suey **53^c**

WHITE GRANULATED

SUGAR 10 LB. BAG **1.89**

ALL BRANDS OF

FLOUR PURITY ROBIN HOOD FIVE ROSES QUAKER 25 LB. BAG **2.09**

GARDEN CITY—CANADA FIRST GRADE

BUTTER 2 LB. BLOCK **1.05**

MARVEN'S ASSORTED

BISCUITS 70 BIS. BOX **89^c**

WHITE SWAN TOILET

TISSUE 4 ROLL PACK **45^c**



Better For
All Your
Baking

1 LB. PKG. **29^c**

DELMONTE

Round-Up of Values

DELMONTE **PINEAPPLE JUICE** 48 OZ. TIN **39^c**
DELMONTE **KERNEL CORN** 2 14 OZ. TINS **39^c**
DELMONTE **WAX BEANS** 2 15 OZ. TINS **39^c**
DELMONTE **GREEN BEANS** 2 15 OZ. TINS **39^c**
DELMONTE **CATSUP** 2 11 OZ. BTL. **39^c**
DELMONTE **FRUIT COCKTAIL** 3 20 OZ. TINS **1.00**
DELMONTE **DRINK** PINEAPPLE & GRAPEFRUIT 2 48 OZ. TINS **89^c**