

ELLEN'S DIARY

By An Island Farmer's Wife

Yesterday, another small one came to the care of the farmers at Alderlea — one whose coming had been expected but whose arrival had caught the family unawares. Back in the meadow which slopes from the streamside to woodlands, pasturing at present the idle horses, some cattle and the sheep, a filly-foal was born to the Nell-mare. And who was it of us all that first spied it there? Was it one of the farmers whose eyes have been trained to search those acres often, since the pasturing began? Oh no, because the birth occurred while they were at dinner. It was the mailman then completing his round. So familiar is he with the scenes along his route that he can quickly spot any change from the ordinary.

"You've a new horse in the pasture, Ellen," he reported, "and the wind is cool." What a hurrying there was then! And how grand-daughter's eyes shone — and her father's! And the family including the wee lad was off in the truck to welcome the new-comer and to fetch the two home to the stable. Winsome it is and likeable in its very smallness — and innocence. White-starred and stockinged and of a color that allows for some conjecturing at the moment, "Grand-daddy says it will be a chestnut shade like it's mother!" grand-daughter came in later to tell us "and grand-daddy knows!"

The hauling-in of the hay commenced today, from the far fields there, to a barn at the other farm. And because of the insistence of that work, this evening as the day wore away into a soft twilight and with many a desperate tug — and a useful laugh, the farmwives became better acquainted with the incidentals to the milking. Jeanie has small poundage to lead or turn aside a bounding hungry calf and we admit we have come to an age when we are well content to take only a passive interest in these brisker affairs of our farming. "I'm not too sure that this is the calf that belongs to this cow," Jeanie panted. But, "certainly, it is!" we assured her urging its steps, with an airy show of confidence we did not feel. We own to a baffling similarity in the appearance of these small fry, so much that soon we found it difficult, as the chore progressed, to distinguish between the fed and unfed.

When we stopped to weigh matters we became only deeper perplexed. "Well, does that one appear to be full?" we queried to Jeanie, "then it follows, it must be one that has nursed already." The pallid presented less difficulty. "We've only these two to do — those others have a ring of milk about their noses!" If as James declares, "I could lose Ellen in our own back-fields — she'd never find her way home!" It was more disturbing, we find, to be cast away in a pen of calves of like color. Jeanie, most conscientious always in the discharge of any duty and inclined to take life seriously

Modern Etiquette

By Roberta Lee

Q. When in a nightclub, would it be all right for a man to ask a girl he knows to dance, if she is sitting at another table with some people whom he does not know?

A. No, it is better not to do so, although he may stop at her table for a few words of greeting.

Q. How should one address a woman physician who is married to a non-professional — as "Doctor Smith" or as "Mrs. Smith"?

A. She should always be addressed as "Doctor Smith."

Q. When eating a piece of pie, isn't it all right to cut the pie into the proper sized bites before beginning to eat it?

A. No; pie, or anything else that one is eating, should be cut only one piece at a time.

Better English

By B. C. Williams

1. What is wrong with this sentence? "Because of the train being derailed, his arrival was delayed."

2. What is the correct pronunciation of "parochial"?

3. Which one of these words is misspelled? Airplane, aerial, aide-de-camp, assessment.

4. What does the word "idiomatic" mean?

5. What is a word beginning with ap that means "visible"?

Answers

1. Say, "Because of the train's being derailed." 2. P. r. o. n. o. u. n. c. e. p. a. r. o. k. i. a. l. 3. A. i. d. e. - d. e. - c. a. m. p. 4. P. e. r. t. a. i. n. i. n. g. t. o. a. n. i. d. i. o. m. o. r. e. o. r. l. a. n. g. u. a. g. e. p. e. c. u. l. a. r. t. o. p. e. o. l. e. 5. A. p. p. a. r. e. n. t.

was sure that "We'd better tell them exactly how we did this, because what a calamity it would be if one of these were to die as a result of our feeding!" But out of our experience and our desire to pursue peaceful ways we tried to impress upon her that this was obviously an occasion when "Silence is golden." . . . All the same, even as this is being written we find we are straining ears hoping against hope that we do not hear a long drawn-out wail to indicate to James either the pangs of hunger or on the other hand, a surfeit of food.

Tidings of great moment to the housewives are reaching the housewives at Alderlea these days. There are sounds of a stirring which may in time grant us the long-awaited, much-hoped-for boom of electricity here. "And what will you do, Ellen, when we finally get it?" James smiled over our breakfast this morning. And we replied. . . . But there is James now with an old plaint: "Do you think, Ellen, that a man can live without eating? I was so rushed at supper that I ate only a few bites!" . . . And a wail about the dark caves. "Until tomorrow . . . Diary — Good-night. . . ."

True Success Story

By F. H. MacArthur

Robert Raikes is entitled to the honor of inaugurating the Sunday-school era. He was born in Gloucester, England, September 14, 1786, and succeeded his father as proprietor of the Gloucester Journal.

Having had occasion to visit the poorer sections of the city he became acquainted with the terrible conditions of children. It was those visits that gave him the idea of a Sunday School where the poor children might be taught. In 1789, he hired four women to teach boys and girls between the ages of six and fourteen years, on Sunday afternoon, paying them a shilling a day. In less than three weeks the class had grown from a mere dozen to three hundred children. Strange as it may seem, the movement had little support from the press and in 1788 Raikes put an account of his work in his own paper, The Gentleman's Magazine.

This gave the upper class a first-hand picture of what was being done. The Queen of England now granted the founder of Sunday Schools an interview. Soon after this the movement spread like a prairie fire and The Raikes Centennial was celebrated September 4, 1891, the poet Montgomery writing two hymns for the occasion. The Centenary Celebration was observed in London in 1890 and delegates from every Christian land took part.

There were two features of the Raikes system which may seem strange in our generation. (1) The children were given secular instruction. (2) The teachers were paid for their services.

Before the public-school system came into being the poor children had no place to learn reading, writing and arithmetic. In America the presidents of the U. S. A., cabinet officers, governors, judges and other high dignitaries felt honored to bear the name of Sunday School teachers. The pay of teachers was about two shillings a Sunday. The Sunday School Society expended about 4,300 pounds in the following twenty-four years. But in 1811 payment for teachers ceased.

The movement continued although many clergymen opposed it. Rowland Hill organized the first school in London at Surrey Chapel in 1784. It was instructed by paid teachers for 20 years. Hannah Moore, the famous hymn writer, started a school in a local parish where she had only one Bible and it was used to prop up a flower pot. In 1785 Bishop Asbury founded a Sunday school in Virginia. Others sprang up so fast that only a few can be recorded here. New York, 1803; Bath, N. H. 1807; Beverly, Mass., 1810; Boston, 1812; Newark, N. J., for colored children in 1815.

Promotion of Sunday Schools throughout the British Dominions was started in 1788. Its chief claim was to supply Bibles, Testaments, class books and spellers; and to pay teachers a shilling or two a week. This society functioned until 1864 when it was transferred to the Sunday School Union, London, which was organized, July 13, 1863.

In America the first Sunday School Society was organized at Philadelphia. The year was 1791. It still maintains its existence and claims to be the oldest Sunday School in the world.

Birtwistle - Learoyd Wedding



Pictured passing under the guard of honour formed by officers of the Royal Canadian Navy, after their recent wedding, are Lt-Comdr. and Mrs. Kenneth C. Birtwistle. Mrs. Birtwistle is the former Judith Learoyd, daughter of Dr. and Mrs. Douglas Learoyd, Victoria, B. C., and the groom is the son of Mr. and Mrs. A. S. C. Birtwistle of Charlottetown. The wedding took place at the home of the bride's uncle and aunt, Dr. and Mrs. Vernon Snow, Hampton, N. B.

How Can I!!!

By Anne Ashley

Q. How can I keep umbrellas clean?

A. By scrubbing them once in a while with warm soap-suds, to which a little ammonia has been added. Rinse with clear water and allow to dry while open.

Q. How can I keep bread puddings from becoming heavy?

A. Add baking powder to a recipe for bread or rice pudding, and it will eliminate all danger of having a heavy, soggy pudding.

Q. How can I clean and polish silver?

A. Sprinkle a little carbonate of soda into a damp cloth and rub thoroughly. Then wipe well with a dry chamois.

Cook's Corner

3-FRUIT CONSERVE

2 cups shredded pineapple and juice  
2 cups diced fresh rhubarb.  
4 cups hulled strawberries.  
5 cups sugar.  
Pinch of salt.

Combine rhubarb, salt, sugar and pineapple, bring to boiling point. Add strawberries, continue to cook for about 30 minutes. This should not be a hard boil, but merely a quiet steady boil.

When the jam is done it should be thick and transparent. Stir frequently to avoid burning. Skim if necessary, pour into hot sterilized jars and seal airtight.

The Stars Say --

By Genevieve Kemble

For Saturday, July 29

"By the sturdy use of good sense, diligence, and perseverance backed by reason and intelligent analysis of underlying factors, it is possible to create an enduring, far-reaching, stable and productive state of affairs. The recent underground or erratic circumstances may be responsive to clear thinking and honest action. This could be profitable and pleasantly enhanced by the use of personality, even charm or subtle allure. 'The game is worth the candle.'"

For the Birthday

Those whose birthday it is may find ways and means for putting their affairs upon a solid foundation, with the endurance and stability for future tangible reaping. Shrewd insight into current problems, to possible recent intrigue or sinister complications, could put affairs on an enduring basis. Not to be overlooked as a "defense mechanism" or an instrument for long range growth and solidarity is the personal element of charm, perhaps subtle persuasion. It need not be "designing."

A child born on this day while being attractive, charming, strong in the subtle arts of personality, yet has the dependable foundation of character, perseverance, depth and responsibility.

That Body Of Yours

By James W. Barton, M.D.

SUGAR AND DECAY OF TEETH

Dentists everywhere are studying the effects of sugar and sweets on the teeth, as it has been definitely shown that sugar left on and between the teeth is perhaps the commonest cause of their decay.

The fact that the immediate rinsing and brushing of the teeth after eating sugar or starch foods will prevent decay of teeth is also known. It is for this reason, some months ago, I suggested that if parents could make sure that their youngsters rinsed out the mouth and brushed the teeth after eating sugar or candy they would not have to forbid its use.

The growing active youngster needs plenty of sugar or other starch foods, not so much to help in his growth, but because sugar gives energy to play. Playing stimulates physical and mental development. Physically there is widening of the chest, giving space for growth of lungs; the heart is strengthened because the huge masses of muscles in thighs demand a great amount of blood sent down to them. In play practically all the muscles on the outside of the body are in use and so the heart and blood vessels are strengthened.

Mentally and emotionally, boys and girls need play. It teaches them to respect the other fellow's rights and demand their own, which means neither an inferiority or superiority complex. They learn in play also how to accept both victory and defeat.

The thought, then, is that while it is true that starch foods left on the teeth cause decay because of the action of acid juices present in the mouth, nevertheless, as starch foods give energy for play, it would be wise for parents to allow or en-

Household Scrapbook

By Roberta Lee

Iron-Containing Foods

Should one require more iron in his system, it can be found in the following foods: Beef, eggs, milk, barley flour or cereal, cornmeal, oatmeal, rice, wheat flour, beans, cabbage, sweet corn, peas, spinach, turnips, apples, lettuce, dried prunes, and raisins.

Soap in Drain

If small pieces of soap have worked themselves down into the drain, pour down some kelling water to melt and wash them away. Soap will not clean waste pipes; use washing soda for that purpose, as soap will clog the pipes.

Patent Leather

A cloth dipped in the white of an egg is good for preserving patent leather shoes. Finish the job by polishing with a cloth or chamomile.

Eating Your Way to Health

Be sure you are getting the all-round daily diet for your type of build, occupation, etc. Write today for Dr. Barton's handy booklet on this subject entitled, "Eating Your Way to Health." Send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to the Bell Syndicate, Inc., in care of this newspaper, P. O. Box 99, Station G, New York 19, N. Y., and ask for your copy.

DOROTHY DIX SAYS -

Wife Takes Breather

Husband Should Not Resent Mate's Brief Vacation

DEAR MISS DIX: I am 26 years old. Married and have two children, 3 and 4. I lost my job and had to send my wife and children home to her people. Since she has gone back home her friends are taking her out. I don't go anywhere because I love her and the babies too much, but when I ask her to give up her good times and stay at home with the babies she laughed at me and told me to leave her alone; that she had been tied down for six years and that while she had the chance she was going to enjoy herself. She said that when I got a job we would go back together again. Please advise me what to do.

J. V. X.

HAS HAD HARD TIME

In a way your wife's conduct is just a reaction from the strain of the last few hard years. Think of what she has been through, bearing two children only a year apart. Pretty hard on any woman. Terribly hard when that woman is only a girl herself, with all of youth's craving for pleasure. Now she is back home and mother is taking care of the babies to give her a rest. She can get a good night's sleep. She can slip some of her responsibilities. Her old friends are rallying about her and giving her good times, and it seems so wonderful to her to laugh and dance and forget for a little while the shadow that hangs over her that it is not strange that she tells you to let her alone when you try to stop her pleasure.

This doesn't mean that she doesn't love you, or won't be glad to go back to you when you are able to support her. She will come back to you all the more eagerly and with all the more affection for you if you are big enough and generous enough to see the situation as it is and to trust her and make her feel that you are glad for any happiness that comes to her. Furthermore, she will come back to you refreshed in body and spirit, as she would not be if she spent all of her time pining for you and brooding over her misfortunes.

DEAR MISS DIX: A lot of us girls have been arguing about the world's sophistication. Will you please tell us just what it means?

JERRY

ANSWER: A dictionary definition of sophistication is "arguing cleverly but fallaciously about things." In other words, making a thing seem true or right that isn't true or right.

But the modern definition of the word, as you hear it used, is knowing all the answers. We apply it to a person who is worldly wise, who has been about and seen a lot and heard about all there is to tell. The sophisticated individual is one who is at home in any situation and who knows just what to do under any circumstances; who always says the right thing at the right time and in the right place; who always has on just the proper clothes for the occasion; who has poise and tact; who is always at ease himself or herself and makes every one else feel at ease.

Many young people have a very erroneous idea of what sophistication consists in. They think they are being sophisticated when they break all the laws of God and man. Many girls write me that they are sophisticated young women because they have no shame in getting drunk or going to live with men to whom they are not married. Many boys think they are sophisticated when they crash parties to which they are not invited, when they have illicit affairs with married women, when they drink too much and refuse to work.

Many others think that they are sophisticated because they know head waiters by their first names, go to night clubs, tell dirty stories and use language that needs to be sent to the laundry. But these are not real sophisticates. They are just plain loose women and loafers and bums.

Young people think they are sophisticated because they believe nothing, but the only really sophisticated people are old people who have lived so long and seen the impossible happen so often that they believe everything.

DEAR MISS DIX: What can I do with my leisure time? I am a young healthy married woman with a college education, no children, and living in a hotel. My husband lately has given evidence of a feeling of irritation because I do nothing all day but loaf, yet he does not want me to get a job. I used to be a teacher. What would you suggest?

MRS. J. W. P.

ANSWER: You might ally yourself with some philanthropic organization, or do club or lodge work. Nearly every church has some sort of a club or society that is glad to have volunteer workers. My real suggestion is that you go to housekeeping. That will give you plenty of work and plenty to think about, and it is a far more wholesome way for a young married couple to live than in a hotel.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Morning Smile

Too Much

A Latin-American tells how a businessman in one of the "banana republics" wrote a letter placing an order for an engine capable of a thousand revolutions a minute. The letter was intercepted by government agents, whereupon the businessman was called before El Presidente, who said:

"One revolution a day we can handle, but a thousand revolutions a minute — too much!"

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