

Cook's Corner

CHOCOLATE CHIP SPONGE CAKE

A delicious cake, moist, tender, light and of good flavor. You may cut up your own semi-sweet chocolate for it or use the little packaged chocolate pieces, selecting a kind that you know to be of fine flavor. The chocolate is held in excellent suspension throughout the cake.

1 cup once-sifted cake flour
1/2 teaspoon baking powder
1/2 teaspoon salt
4 eggs, separated
3 tablespoons cold water
2-3 cup fine granulated sugar
1-3 cup tiny pieces semi-sweet chocolate (about the size of small peas)

1 teaspoon vanilla
1/2 teaspoon almond flavoring
Measure and sift together three times the flour, baking powder and salt.

Beat the egg yolks until thick and light; gradually beat in the water and 1-3 cup of the sugar; beat constantly for 5 minutes. Fold in the chocolate, vanilla and almond flavoring.

Add flour mixture to egg-yolk mixture about a third at a time, folding lightly after each addition until flour is incorporated.

Beat the egg whites until stiff but not dry; gradually beat in the remaining 1-3 cup granulated sugar, beating after each addition until mixture will stand in peaks.

Add meringue to batter and fold lightly until combined. Turn batter into an ungreased long tube pan.

Bake in a rather slow oven, 325 degrees, about 1 1/4 hours. Immediately cake is baked, invert and allow to hang suspended until cold; loosen cake with spatula or knife and shake from pan.

Morning Smile

Different

"Did you say that any incompetent man could run an hotel?" "No, I said that any inexperienced man could."

Past Days

Harold: "Where are all those old mugs I used to see in your shop?" Barber: "They have taken to shaving themselves, sir."

Too Much

"See here, waiter," exclaimed the indignant customer, "here's a

Modern Etiquette

By Roberta Lee

Q. What should a divorced woman do with the rings given her by her first husband, after she remarries?

A. Some women dispose of their first engagement and wedding rings, while others wear the first engagement ring on the right hand. This would, of course, depend upon how her second husband felt about the matter.

Q. What does "hors d'oeuvre" mean, and how is it correctly pronounced?

A. A relish, side dish, or appetizer, served usually at the beginning of a meal. It is pronounced or-du-vr, o as in or, u as in fur, principal accent on second syllable.

Q. Is it ever permissible for the parents of a young man who is to be married to announce the engagement?

A. No, only the parents of the bride-to-be are entitled to do this. If she has no parents, then her nearest relative has the privilege.

The Stars Say --

By Genevieve Kemble

For Tomorrow

IT is probable that the energies and initiative may be keyed to high action and enterprise, judging by the Martian quality of the plan of action. Strenuous and aggressive attack may be exercised on sound and decisive objectives to push forward with might and main. It would be well to make firm plans and carefully prepared culmination, particularly in seeking favors or prestige.

If It Is Your Birthday

Those whose birthday it is, are urged to go ahead with careful preparations for pushing to advanced goals, with vigor and vim, since the objectives may be pursued with well-laid plans, aggressive and strenuous. If advanced ideas are to be put over with force and confidence. Hard work, initiative and determination should win against opposition.

A child born on this day, should possess courage, determination to succeed on major plans and ideas, the "will to win" being paramount.

piece of wood in my sausage!" "Yes, sir," replied the waiter, "but I'm sure—"

"Sure nothing! I don't mind eating the dog, but I'm blowed if I'm going to eat the kennel too!"

That Body Of Yours

By James W. Barton, M.D.

EVERY PATIENT LOOKS FOR SOME MENTAL AND EMOTIONAL CARE

Every physician knows that every patient consulting him not only has some physical ailment but also needs mental and emotional treatment. A youngster has a slight or a severe illness and all members of his family and playmates do anything and everything to please him. A short time ago I saw a boy with a plaster cast on his leg being drawn along the street by two playmates. For several days afterward, the boy, wagon and playmates were all together. Then I noticed the boy sitting on his wagon, the cast removed, and the playmates not present. The boy looked disappointed because he was no longer receiving any attention.

This looking for sympathy and attention is not confined to children. Many grownups, with a slight or severe illness, also expect it.

In Texas State Journal of Medicine, Dr. A. Hauser, Houston, states that nearly all diseases or illnesses include an emotional or psychic side which should be taken into consideration, and should be given careful thought together with the usual symptoms—temperature, pulse, pain, physical debility—than can be observed or told by the patient. It has long been estimated that 30 to 70 per cent of all illnesses observed and treated by the general physician have underlying causes and actual symptoms for which emotional and mental disturbances are responsible.

Dr. Hauser suggests that the physician should always have in mind that mental and emotional treatment of the case because factors must be considered in the treatment of the emotional and mental effects on the illness means a quicker recovery of the illness itself and a shorter convalescence.

The above is in line with the new idea of getting the patient up early after operation and also up early after other illnesses where the heart can stand it. The very fact that he is on his feet again arouses the fighting instinct in him instead of nursing his desire for emotional and mental sympathy and care.

And this conversation which was continued was our inspiration to slip into a nearby store to buy a brand new pan, in which to bake our Christmas Cake, for Christmas promised to be good on the farm; that year. It all came back to mind as we placed the same pan on the seat beside Rob to send to Karoly for her baking. "It's a pity the price of potatoes is so low this Fall," we commented. And he could not know what scenes had had come to mind then, glanced sharply towards us and laughed, "Why? have you many to sell?"

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Household Scrapbook

By Roberta Lee

Heat Stains

When the highly polished article of furniture has acquired a heat stain, it may be removed by applying the following in order, using a separate cloth for each: Kerosene, alcohol and sweet or linseed oil. Rub the last in well until the spot no longer is visible.

A Salad

A fresh salad can be made by putting a couple of raw carrots and apples with a few stalks of celery through a coarse blade of the meat chopper. Mix with mayonnaise top with nuts and serve on lettuce. A ripe olive may be used in place of the nuts.

Smooth Irons

Irons that have become rusty, sticky or rough can be smoothed to a glass-like finish by rubbing with salt and a piece of crinkled-up paper.

And a door opens gently, and a small maid, who likes to come along the path between the house across the lane and this, at night, because only a friendly distance lies between, enters. "I want to show you a new book my daddy bought me today," she announces. "The Adventures of Jerry Muskrat," she says glibly. "And do you know what?" she queries "when my grandfather was coming home from Uncle Rob's this evening one jumped from the bridge. 'Pop!' just like that into the water there. Let's see what this says!" she begs. "I know there's lovely things in it! . . . 'It's all in a day's work' Jeanie smiles ruefully sometimes, when she must sit down to read to her when other duties are calling. Not work, but a pleasure it is to read to so sympathetic an audience as we find in these young listeners of ours!"

—Diary— Good-night. . .

ELLEN'S DIARY

By An Island Farmer's Wife

"And how are you, my dear?"

our friend greeted us on that morning of the long ago, adding a perennial joke of his: "And no girl yet? What a shame! You mustn't allow him to have all of the help for the farm. You need at least one daughter. . . to help with the dishes. You know I'm well," he chuckled kindly, "we have to be saying something— us old ones! Mrs. . . was saying to me" (How respectful of address were those men—and women, of that dead and gone generation of their help-meets! It was Mrs. . . or "My wife," or "the children's mother." We suppose in Judy's words we should "drop dead" of surprise, were James to come in-doors to breakfast, fresh and ruddy, from the frosted air to inquire. "And how do you find your state of health this morning, Mrs. . . ?" Or when we had parted temporarily, he to go outward on some mission or another of his own choosing to Rob's, if he were to call back to us: "Now don't forget Mrs. . . to keep an eye on the place! Don't let the stock break out to wander over the hill and you at the window watching and wondering whose they are! Well, Good-bye, Mrs. . . and mind what I've said!"

"Mrs. . . was saying, only this morning what a great help to her ours were when they were all at home!" And then James turned the conversation casually to talk of the markets. Through the bare boughs of the trees on "the Square" the clock continued to tick away the minutes and we wondered if James had forgotten his former apprehension over the state of the thawing roads. "Potatoes," they're going up in price—haven't you heard? Yes, they advanced five cents this morning. I shouldn't be at all surprised if they reach a pretty stiff price before too long. Have you some ready?" "A few!" James replied "yes, we've been grading a few. I'd like to get clear of them before the frost spoils the roads!"

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DOROTHY DIX SAYS—

Thrift And Stinginess

Reader Complains That Girls Don't Know The Difference

DEAR MISS DIX: Do girls differentiate between thriftiness and parsimony? Having for three years denied myself the simplest pleasures to gather together a small stake to set myself up in business, it is no small annoyance to me to have a girl express disappointed wonderment that I have not flattered her with a \$5 corsage. If you think girls of this caliber are an exception, you are mistaken. There is stinginess, there is sensible economy and there is wasting. A girl might do better to marry a man who refuses to fling away what little he has than to unite herself with a wastrel. PRUDENT

ANSWER: Right you are, son. I consider thrift not only one of the most shining of all the virtues but also that it is the foundation stone on which character and achievement are built. There is a great difference between stinginess and thrift. Thrift is spending just what you can afford to spend. Stinginess is doing without everything you can possibly do without in order to save every penny. It is going without all the beauty and pleasures and graciousness of life to put a few dollars in the bank. It is loving money better than anything else on earth.

The thrifty husband gives to his wife freely, but he does not let her run him into debt. He makes her feel that his prudence is a protection to her so that she shall never come to want. The stingy husband rows with his wife over the bills. He makes her feel that he begrudges her the very clothes on her back and what she eats. He embitters her if she has to corkscrew every nickel she gets out of him, or if he denies her all the little luxuries that go so far to make life pleasant because he would rather see an entry in a bank book than to see her happy.

A woman, whether she be sweetheart or wife, likes to feel that what the man gives her he gives her generously and wishes it were more. Every woman wants a thrifty husband, but not a miserly one.

DEAR MISS DIX: I am engaged to a young man to whom I am soon to be married. He is the most gentle, considerate and unselfish man I have ever known, is attractive in appearance, has no vices and holds an excellent position in a bank, but he is three inches shorter than I am and I cannot reconcile myself to the fact that he lacks height and I am so very tall. I am completely disheartened about this matter and am ashamed to be seen out with him. I fear if I marry him it will wreck our happiness. If only you can jolt me out of this rut into which I have got by saying something to make me put it out of my mind, I shall be so grateful.

ANSWER: Have you no intelligence whatever? Have you no sense of humor that you let so small a matter as your fiance's height make you blind to all of his good qualities? Believe me, if there is nothing else about him to worry about except his size, you are playing in big luck.

Suppose he was short in brains instead of in the legs? Suppose he didn't reach up to your ideals instead of to the top of your head? Suppose he was little and mean in disposition instead of being small in stature? Suppose he wasn't as well bred, as well educated, as well mannered as you are? Wouldn't that be a million times worse than not being as tall as you are?

Some of the biggest men in the world have been little men. Some of the giants in intellect are pigmies in size. I have known many a little man who supported his wife in luxury, and many a wife who had to go out to work to support, a big, lazy loafer of a husband. However else you pick out a husband, don't do it by size. If you are going to be silly enough to be morbid over your husband being little and be ashamed to be seen out with him, for goodness' sake don't marry him. He deserves a wife with more sense.

DEAR MISS DIX: What do you think of a mother whose sense of humor causes her to relate jokes of such a revolting nature as to

Continued on page 11

LOW COST ENERGY-RICH AND TASTY TOO Eastern Bakeries BUTTERNUT BREAD

How Can I!!! By Anne Ashley

Q. How can I prevent the threads in rag rugs from loosening when shaking them?

A. Hold the rugs by the sides instead of the ends when shaking them. All the pull is on the threads joining the rags when holding them by the ends and the rug will wear out quickly, as it loosens the threads.

Q. How can I destroy chimney soot?

A. Two or three ounces of fine flower of sulphur, placed on a hot fire in the range or furnace, is effective in destroying chimney soot. Keep the damper open.

Q. How can I improve the flavor of dried fruit?

A. Dried fruit can be improved by adding a pinch of salt to the warm water in which the fruit is soaked.

Better English

By B. C. Williams

1. What is wrong with this sentence? "We intend to visit with our relatives inside of a few weeks."

2. What is the correct pronunciation of "accompanist"?

3. Which one of these words is misspelled? Pertinent, permanent, perpendicular, perseverance.

4. What does the word "nostalgic" mean?

5. What is a word beginning with int that means "fearlessness"?

ANSWERS 1. Say, "We intend to visit (omit with) our relatives within a few weeks." 2. Pronounce a-kum-

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