

WOMEN

Page 8 The Guardian Monday, August 16, 1954

Let's Eat

Food-Art Tour Through The Metropolitan Museum

By IDA BAILEY ALLEN

"DURING the New York Summer Festival," said the Chef, "the Metropolitan Museum of Art extends a special welcome to all visitors, both children and adults. Will you accompany me, Madame, on a day's visit? We can admire the art treasures, and perhaps even learn something new about foods."

We did both, and so much enjoyed it that, in this week's columns, we'll take you on a personally guided food-art tour of one of the greatest museums.

We started with 20th Century paintings. First a gorgeous Gauguin canvas of two Tahitian women. "One is holding a dish of mangoes, Madame, the other displays melons, bananas and plantains."

"Homemakers handle fruits every day, Chef, yet it occurs to few that each and everyone is a food picture. We search for beauty, do we not, when it touches our daily lives?"

"See that lovely painting by Andre Devans. It's called 'The Table'—a simple setting showing gray hand-made pottery and a blue pitcher with a background of terra cotta grapes. What a lovely color scheme for a dining room! And look at that beautiful flower and fruit arrangement—tangerines, with marigolds in a brown earth-colored pitcher."

"M. Valoton, the artist, calls the flowers marigolds, Madame. However, as a gardener, it is my considered opinion they are calendulas," announced the Chef.

"At that moment, up came our host, Floyd D. Rogers, Jr., of the Museum's Public Relations Department staff."

"Did I hear you say something about 'considered opinion,' Chef? My opinion is that it's time for Mrs.

Allen and you to have lunch with me in the new Museum restaurant. Yes, it's available to the general public. I believe you'll agree we've kept the prices very reasonable."

TOMORROW'S DINNER

(Make each dish a food picture)
Hot or Jellied Consomme
Curried Veal Casserole
Whipped Potatoes
Chopped Spinach
Plum Cream Tart
Hot or Iced Coffee or Tea

Milk
Curried Veal Casserole: Cut 1 1/2 lbs. boned shank or veal into bite-sized pieces. Toss with a mixture of 1/4 tsp. salt, 1 tsp. monosodium glutamate, 1/2 tsp. curry powder and 2 tsp. flour.

Melt 1/2 c. butter in a frying pan. Add 1/2 tsp. chopped onion and saute until browned. Add 2 more tsp. flour; stir in 2 c. soupstock, or use 2 c. water and 2 bouillon cubes. Simmer 35-40 min.

Line a low 2-qt. baking dish with 3 c. whipped potato. Spoon in the veal. Edge with 2 c. additional potato. Brush with 1 egg yolk beaten with 1 tsp. water. Brown under the broiler.

Plum Cream Tart: Bake a 9-in. pie crust shell. Fill 2-3 with half-cooled cream filling made with 1 pkg. dessert mix, flavored with grated orange rind. Chill.

Top with cold, thick, well-sweetened, stewed red plums, halved and pitted, and their juice (which should be boiled down separately until thick). Cool, chill and serve.

TRICK OF THE CHEF
Stir grated firm cucumber into jellied consomme.

Clam Spread

1 small can minced clams
2 packages cream cheese (3 oz. each)
1 small onion
Salt and pepper
Worcestershire sauce
DRAIN clams. Set liquid aside. MASH cheese and soften with enough of clam juice so it spreads easily.

MIX in drained clams. SEASON with a little grated onion, salt and pepper to taste, and a drop of Worcestershire sauce.

PILE into a bowl and serve with crackers or potato chips.

NOTE: If you wish to serve clams raw, have the fish dealer or someone who knows how, open the clams. Serve on the half shell on a bed of ice with lemon, salt, pepper or any desired cocktail sauce.

Household Hint

Clean a thermos bottle by filling with water and adding one teaspoon of baking soda. Allow to stand overnight; rinse the next morning.

DOROTHY DIX

His Strange Request

DEAR MISS DIX: My husband has been in the army for eight years, and now, although he has a chance to come home after 18 months overseas, he is turning it down. He has asked, instead, for another 18 months abroad. I can't understand his action. Our baby was born since he's been away and I should think he'd want to see her. Should I consult a lawyer, or just wait for the 18 months to pass?
Cecile W.

ANSWER: The important thing for you to know is why he has decided not to come home. This is a very unusual choice for a serviceman and the reason may have a vital bearing on your future. He may be staying for the extra money, or for an imminent promotion. Then again, he may be against coming home to face new responsibilities. If his letters don't give a satisfactory answer on this point, perhaps a request to his chaplain will enlighten you.

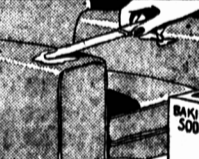
DEAR MISS DIX: I would like a career in journalism; could you tell me something of the possibilities in this line?
Joan A.

ANSWER: Your chosen field is overcrowded, very difficult for the inexperienced to enter. However, nothing is impossible to one with determination and talent. I suggest that you discuss the problem with one of your teachers, preferably in the English department. Do as much outside reading as possible, concentrating on books on journalism, history, biography, standard authors and outstanding new publications. Your librarian will guide your reading program. In school, take as many English courses as your schedule will permit; read your newspaper intelligently, and thus equipped, you may not find it impossible to break down the barriers.

DEAR MISS DIX: I have never had occasion to ask for advice before, but this problem baffles me. I'm 24 and have been going steady with a young man for three years. Because of our long friendship, he feels entitled to certain privileges that I consider should be reserved for marriage. Since I gave him my answer, which is four weeks ago, I haven't heard from him. Was I wrong in my decision?
Jennie.

ANSWER: The young man's silence can certainly be interpreted as proof that he had no real regard for you, and that he considers going with you a waste of time since you won't acquiesce to his very fallacious theory. You are absolutely right in your decision; stick to it.

Wife Preservers



A quick home remedy for removing grease spots from upholstery and rugs is to mix baking soda with water to make a thick paste. Apply the paste to the stains and let dry. Remove with a brush or vacuum cleaner. If the stain hasn't disappeared, repeat the process.

COMFORTABLE HEALTHY NEOLITE SOLES

OUTWEAR LEATHER OVER 2 TO 1
LOOK FOR THE NAME
NEOLITE-TM GOODYEAR TIRE (CAN.)

To Wear at the Office



This tartan dress of lightweight wool in dark colors is suitable for office or casual requirements. The dress has a moderately full skirt, with monsignor-notched collar outlined with a white strip. The smooth bodice has sleeves ending at midarm. A self-fabric sporan belt bands the natural waistline.—(CP Photo).

ELLEN'S DIARY

by an Island Farmer's Wife

"This Monday — I'm not going to enjoy it... not one little bit," a young mother commented with a twisted smile, when we talked with her recently. "Didn't you know?" she queried. "That's the day Johnnie starts to school! And I'm not going to like it," she offered. "Oh, I know I shouldn't feel like that but then he's only a baby... How will he like it? I wonder—the poor little fellow? And will the teacher understand that he's a shy and sensitive lad but bright and good if he trusts one?"

Gae listened an amused smile about his lips. "He may do as I do," he chuckled. "The first morning," he nodded, "I didn't like the look of the place at all, so I didn't stay—I came home with Daddy... he had taken me there. No girl! I didn't stay there long enough to look over the picture book the Teacher brought to me. "But you went the next day," we remembered.

"Yes, I talked it over with Jamie and he thought I had better go to see just what was in that book," he laughed. "So I did. And stayed a little longer each day until pretty soon I was there until noon... You come to like it better," he explained "when you get to know the other fellows. But I couldn't go up

The Stars Say

By Estrellita
For Tomorrow
THE accent today is on routine work, quiet pursuits in leisure hours and taking care of such tasks as tending to unanswered correspondence, checking the budget, putting accounts in order and so forth. During the late afternoon and evening hours, the planetary aspects are adverse where congeniality is concerned, so avoid large social functions, group activities of any sort. Above all, don't spend time or money in planning entertainment for others, since you will probably be disappointed in the results of your efforts.

For the Birthday
If tomorrow is your birthday, your horoscope indicates that for the next four months you will have to adopt a realistic attitude in practically every phase of your life. Things will not come easy from either a business or financial standpoint, and personal relationships will prove difficult at times. Do not become discouraged however. Such periods are inevitable and often prove a fine testing ground for future labors. Keep plugging, do your best to promote harmony with associates, and you can accomplish a great deal. There are no really adverse influences in your chart. It's just that you may have to work a little harder for the things you want during the current cycle. Much brighter days are ahead and you will receive more co-operation from the stars with the beginning of the new year.

CHILD TRAINING

(This article is another in a series on child training designed to offer guidance to parents. All publications are prepared by the Department of National Health and Welfare).

Lying and Stealing

Part 2
The young child may take an article that isn't his. He says it's his own for a simple reason—he just wants to use it at that moment. And this desire for possession lasts only as long as does his interest in it. How soon he learns the lesson of private property will depend on what he sees and hears in the family life. Some families are very casual in their use of another's clothing or toys. No wonder a small child has a hard time distinguishing "mine" from "thine!"

Your child should learn this distinction as soon as possible. Don't let him get away with taking other people's things because he's "cute." Tell him it isn't done and let him feel that you disapprove. Punishment by depriving him of certain privileges should only be used as a last resort.

Give him a place to keep his things. Let other members of the family respect his possessions and not insist he give them to a visiting child. Encourage him to share his playthings but if he doesn't want to give them up, some other toy should be found for the little visitor.
The Inner Need Behind the Deed
If you discover your child in a theft, don't punish or humiliate him by drastic measures. A child of school age rarely steals just to possess an article. Occasionally he keeps on stealing because he's learned that his wants are easily satisfied without his being caught. But usually there's a

Seven Days A Week

by Anne Shannon

1. MONDAY: Vacation is over, so it's back to work. Actually it's not back to work, but a change from one sort of work to another. We attended weddings, four of them, and came away wondering which bride looked the loveliest. Mary came home from town yesterday and said excitedly as soon as she was within shouting distance, (her dad says that's the time she talks the best!) "Mom, you should see our teacher's picture in the photographer's window. She's just simply heavenly!" Teen-agers and their string of adjectives always thrill me! It's always the "mostest of the bestest!" as the old colored lady said one time. However, I went "thataway" today and I was inclined to agree with my teen-ager that "teacher DID look just heavenly!"

2. TUESDAY: The extras for a restaurant scene in LUCKY ME

Contract Bridge

By Josephine Culbertson
SECOND-ROUND BIDDING

Many players seem to have only the vaguest notion of how their own original pass should affect their subsequent response. This applies particularly when, having passed originally, they make a two-over-one response to partner's opening bid. Apparently, they assume that this belated show of strength is all partner will need for the "proper continuation," but actually, of course, any such assumption ignores the pure logic of the situation.

Let's look at a typical case:

North dealer.
Both sides vulnerable.
♠ 64
♥ Q72
♦ A J 107
♣ A 8 5 4
N E
S W
♠ 10 8 7
♥ 8 4
♦ K Q 4 2
♣ J 10 8 1
The bidding:
North East South West
Pass Pass 1♥ Pass
2♣ Pass Pass Pass

North made four-odd, but a lay-down game had been missed at hearts.
It was certainly not South who was responsible for this result. He had opened third-hand with a "dead minimum"; hence, it would have been highly misleading for him to rebid merely because North made a two-over-one response. This response did not offset North's original pass — his two-diamond bid would have been quite correct on some such holding as:

♠ xxx
♥ x
♦ AKQxx
♣ xxx
If something like this were held by North, South would not be happy if he bid two hearts. North would have to pass, of course, and instead of making a part-score at diamonds, North-South would probably suffer a loss at two hearts.

The fault lay entirely with North for not painting a better picture of his strength in connection with South's heart bid. North should have jumped in diamonds — or even in clubs — to tell South that he had passed a hand just short of opening-bid requirements, and to imply a fit for the heart suit. Even a raise to three hearts — despite the lack of four-card support — would have been infinitely more constructive than North's selection.

GET YOUR FREE DIGEST of the Culbertson Point-Count Method. Simply send for a self-addressed envelope to the J. C. Winston Co., 1010 Arch St., Philadelphia, Pa.

Godmother



Queen Elizabeth II holds her godson, Christopher Smith, at his christening ceremony at the Queen's Chapel in London's St. James Palace. The baby's mother, Mrs. Abel Smith, is a lady-in-waiting to the Queen.

Cook's Corner



A much-enjoyed tea-time snack are Rolled Oat Squares, which Augustine Cove W. L. has selected for homemakers this week. Easy-to-make, they are wholesome and tasty!

ROLLED OAT SQUARES

1/2 cup butter or (butter and shortening mixed)
1 cup brown sugar
Melt butter over kettle, add brown sugar
Add 1 cup rolled oats
1 teaspoon baking powder. Mix well.
Put in cookie pan and sprinkle with salt.
Bake 10 or 12 minutes in medium oven.
—Mrs. Bryce Clarke, Augustine Cove W. L.

Perfection ICE CREAM

1 GALLON
2 HALF GALLONS

Alice Brooks Designs

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She protects your toaster — brightens your kitchen! Everyone is sure to fall in love with her on sight. Make her of scraps — the gayer the prettier!

Bazaar money-maker! Pattern 7332; embroidery transfer, pattern pieces for gay Toaster Doll.

Send twenty-five cents in coins for this pattern! (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

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BUTLER HONORED
SAFFRON WALDEN, Eng. (CP) R. A. Butler, chancellor of the exchequer has been made a freeman of this Essex town after serving as its Member of Parliament for 25 years.

YACHTS CAPSIZED
MARBLEHEAD, Mass. (AP)—A member of the Marblehead race week committee said "75 to 80" sailboats capsized off this port in a violent thunderstorm Wednesday, but no casualties were reported.



Anne Adams Patterns



SHIRT-TAIL DRESS!
Inspired by the man's shirt — here's the smartest dress fashion of the season! Sew the Shirt-Tail-dress in a day! No waist seams, no fitting problems — just cinch with a belt! Note the novel back pleat with buttoned tab. Choose cap or long sleeves.
Pattern 4658: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 4 yards 35-inch fabric.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
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