

Covers Prince Edward Island Like the Dew... Published every week-day morning at 165 Prince Street...

Now It Can Be Told!

"This region (the Middle East) has always been the crossroads of the continents of the Eastern Hemisphere. The Suez Canal enables the nations of Asia and Europe to carry on the commerce that is essential if these countries are to maintain well-rounded and prosperous economies."

"These things stress the immense importance of the Middle East. If the nations of that area should lose their independence, if they were dominated by alien forces hostile to freedom, that would be both a tragedy for the area and for many other free nations whose economic life would be subject to near strangulation."

"Then there are other factors which transcend the material. The Middle East is the birthplace of three great religions—Moslem, Christian, and Hebrew. Mecca and Jerusalem are more than places on the map. They symbolize religions which teach that the spirit has supremacy over matter and that the individual has a dignity and rights of which no despotic government can rightfully deprive him."

The above statements are from President Eisenhower's address to Congress on January 5, announcing his stand-by policy of armed intervention in the Middle East. These are the statements Eisenhower shirked the responsibility of making when the Suez crisis broke, and Britain and France had to intervene. He stands now convicted, out of his own mouth, of playing politics on that occasion, when he hypocritically denounced his old allies and supported the U.N. vote of censure on their conduct.

History will not fail to take note of this double-dealing when it records the tragic last weeks of Sir Anthony Eden's regime as Britain's Prime Minister.

Gaitskill On Tour

Mr. Hugh Gaitskill, Britain's Labour Party leader and leader of Her Majesty's Opposition in the House of Commons, rendered Britain no service at all at the height of the Suez crisis. His speeches in Parliament at the time proved that he was, as many people had long suspected, merely a demagogic politician who was willing and eager to take advantage of his country's misfortunes to enhance his own political prospects. For a while he made a lot of noise and managed to convince a goodly number of his countrymen that he could have handled the situation much better than Sir Anthony Eden who, incidentally, was deeply involved in international diplomacy years before Mr. Gaitskill arrived on the scene. In recent weeks, however, he has changed his tune somewhat. He is still an opportunist, but he is a wiser one than he was in November. Mr. Gaitskill is now in the United States on a brief lecture tour. Any- thing he has said so far, however,

is of little consequence. Indeed, all he seems able to suggest is that the United Nations Emergency Force should patrol the Israel-Egyptian frontier as a "stabilizing influence." That has been the burden of his story at the various news conferences. Apparently, he has not heard of Egypt's announced intention of annihilating Israel at the first favorable opportunity; nor does he seem to realize that the UNEF is, for all practical purposes, under Egypt's domination.

It is hard to believe that the British people would take kindly to a Government led by a man with such naive and childish views.

Lend Helping Hand

One of the wonders of the winter season is the ability of birds to survive its storms and extreme cold. Many of them, of course, do not; they fall by the wayside, victims of forces too strong for them. But many do come through the winter unscathed, and even on the coldest days they manage to keep up their courage and their hope of better things to come. The bluejay, the starling and the chickadee, if we would only take a moment now and then to ponder their ways, can teach us lessons in many things, including faith without which life is barren.

How do they live? What food is available when blizzards rage and darkness settles over the woods? By what strange insight do they come from afar whenever a few scraps of grain are thrown out on the pathway or along the hedge? One moment there is not a bird in sight; the next, there is a flock of them, chattering to one another, and no doubt congratulating one another on their good fortune. It is all a great mystery. Neither the scientist nor the philosopher can explain it; but anyone can see it and marvel at the power that works miracles. Yes, anyone can lend a helping hand at little cost, in sure knowledge that even a crumb offered a bird which is fighting cold and hunger will in no way lose its reward.

EDITORIAL NOTES

A typewriter capable of writing Chinese has been invented. This is a technological achievement of the first magnitude, since Chinese has no alphabet and 47,000 "picture words."

Defence Minister Campney says he doesn't believe any nation "will dare start a third world war." Optimism is a good thing when it is backed up by reasonable precedents. Unfortunately, in this instance it isn't.

January 1st marked the 100th anniversary of the introduction of postage stamps in Newfoundland. The design showed the heraldic floral emblems of England, Scotland and Ireland. Each stamp bore the inscription "St John's Newfoundland." Stamps were first made in England in 1840.

A U.N. delegate has complained that representatives of small nations are seated in the Assembly in such a way as to imply that they are "lesser breeds without the law." The way some of them talk would almost convey the impression that they consider themselves superior in every way to the bigger fellows.

In turning down doctors' demands for more pay under the National Health Service, British Government officials said they haven't "rejected" the demands. It's simply a matter of not being able to afford the increases under present conditions. The task of explaining the difference between the two views is one for lawyers, not doctors.

Now in his 82nd year, Chancellor Adenauer of West Germany is reported to be determined to lead his party in next fall's election. Some of his friends say they doubt whether he has ever given a thought to retiring. Perhaps not; but one of these days the years will decide the matter for him as they did for his illustrious contemporary Sir Winston Churchill. Certainly, it was a fortunate thing for his country that a man of his calibre, physically and intellectually, was available at a very critical time.



Hong Kong Today

WASHINGTON — Rioting that roiled the Crown Colony of Hong Kong has once again demonstrated Hong Kong's position as middle-man between Orient and Occident.

Only slightly larger in area than New York City, the colony includes several islands and an adjoining mainland peninsula. The Asian land mass faces Hong Kong across a 17-mile frontier.

Ceded to the British in 1841, Hong Kong Island was a barren, rocky piece of land about the size of Manhattan, inhabited by a few farmers and pirates. Thriving on the world's trade with South China, the colony grew into a major seaport and transshipment center.

In its 391 square miles live an estimated 2,400,000 persons, all except 20,000 of them Chinese. Most are concentrated in the capital, Victoria, on Hong Kong Island, and in Kowloon across the harbor. Squatters, unable to find housing, have built communities of shacks from oil drums and packing cases. A government program to build more suitable housing is under way.

With few import duties or restrictions, Hong Kong has become a vast mart for Paris dresses, German and Japanese cameras, Swiss watches, Italian glass, and thousands of items from the United States, all available at low prices.

A SCOTSMAN'S AMERICAN LOG

Gay Fifth Avenue

New York — This morning it was like a summer day in Edinburgh. For the first time we began to believe that there might be an electric quality about the Manhattan air. The sun shone down from a clear blue sky and men were whistling gay tunes as they strolled along the streets in their shirt-sleeves. Even the sky-scrapers looked gentle and benign.

We rode down Madison Avenue in the bus full of contentment. There is a style about the Madison Avenue bases. The drivers as they sit beside their tinkling little cash registers exchange cheerful courtesies with their passengers. As for the passengers for the most part they are men and women of distinction. They wear their expensive clothes casually and the young ladies look like Miss Marilyn Monroe or Miss Elizabeth Taylor.

Everything was gay and cheerful this morning as we made our way from the bus towards a bank to cash some travellers' cheques. The bank was closed. All the banks were closed. The banks in New York don't do business on Saturday. We were in a fix, or rather to put too fine a point on it, a jam. We wanted to do some Christmas shopping, but amidst all this concentration of wealth no money dealers were doing business. We looked in at an agency we knew but the languid young lady on duty announced that there was no money in the kitty. She suggested that we consult the well-known travel agents, Thomas Cook and Son. But, as good cooks go, all the Cooks and their sons had gone on Saturday except one son who divinely explained that nothing was cooking in the money line.

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After lunch we went to a mid-town store to do some Christmas shopping. Big stores are not our favourites during the week or two before Christmas. The

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

HOSPITALS AND HEALTH PRECAUTIONS

Sir, — In recent months many hospitals across Canada have been restricted to close their doors to visitors and in some instances, to close their doors to visitors and patients alike.

The reason for this action has been the emergence of a pus-producing organism which is resistant to the action of antibiotics such as penicillin, etc. This organism produces visible skin lesions in the form of boils and pimples, it also causes such conditions as pneumonia, tonsillitis, and meningitis.

Many cases suffering from infections caused by this organism are, of necessity, admitted to our hospitals and precautions have to be taken to prevent the infection spreading to other patients, or to staff attending the patients. More and more hospitals are setting up restricted areas where infected patients may be isolated and given the special care necessary in their treatment.

However, it is not sufficient for the hospital alone to attempt to combat this condition. There is a very definite responsibility to be undertaken by the general public in the use of their hospitals in relation to visiting patients. More particularly is this so when it is realized that normal healthy individuals may carry the infecting organism in the nose.

The nasal carriers usually have the same organism in the hair, on the skin, and on their clothes. Therefore, although hospitals maintain vigilance in the care of infected persons they cannot prevent the organism being brought in by the visiting public. Observation of the following points would greatly minimize this risk with a minimum of inconvenience to all concerned.

- (1) Visitors should not enter hospitals with dirty or muddy shoes. (2) A strict limitation should be placed on the number of visitors permitted for any one patient. (3) Persons suffering from coughs, colds, skin infections, or other illnesses should not pay visits to patients in hospitals. (4) Visitors should not travel from room to room in hospitals.

These are simple observations but their observance would be of tangible assistance to hospitals in their efforts to maintain control of a situation which could easily become very serious in its nature. An awareness of these facts may influence us in our use of the privilege of visiting patients in hospitals.

I am, Sir, Etc. F. W. JELKS Ph. D., Department of Health and Welfare Charlottetown.

ly difference between this store and the ones we have unwillingly frequented at home was that it was fuller, hotter, and more confusing. We fought our way up and down escalators and eventually emerged reasonably intact to find that it was raining and that all the buses and taxis were full. You get to accept this minor kind of crisis philosophically here and, in due course, we got home all right. Later in the evening we looked at the Christmas tree in front of the R.C.A. building, in company with the Rev. Dr. George McLeod, the Moderator designate, who, with Lady McLeod, has just arrived in New York on a round-the-world journey. The brilliantly lit tree with the knife-scraper tower above it was an enchanting spectacle and it was very jolly to stand under it and watch the graceful skaters on the sunlit ice rink in the Rockefeller Centre plaza. Over dinner, and in distinguished company, we discussed the question of whether greatness and goodness are compatible with, on the whole, cheerfully inconclusive results. Around us sat, at crowded tables, chattering young

Medically Speaking

By Herman N. Bundesen, M. D. BASIC FOODS ESSENTIAL FOR YOUR GOOD HEALTH

With so much stress on reducing diets, these days, I'm afraid too little attention is paid to the average everyday diet that all of us are not trying to lose weight should maintain. There's no complicated formula to follow for this everyday good health diet. It's simply composed of the seven basic foods—foods you probably eat anyway.

BASIC SEVEN But there's the catch. Instead of "probably" eating some of them each day, make sure that you do eat them every day. Let's see what these seven basic foods are and what they can do for you:

- 1. Leafy green and yellow vegetables. You can eat fresh, frozen or canned vegetables, either raw or cooked. They provide vitamin A to protect your skin and eyes and to guard against infection. They also add iron to help build blood as well as roughage to aid elimination. 2. Citrus fruits, tomatoes and raw cabbage. For the citrus fruits, you can have whole fruit or juice, fresh, frozen or canned. These are rich in vitamin C, which promotes strong blood vessels and keeps gums healthy. Again, they supply roughage to help elimination. 3. Potatoes, other vegetables and fruit. Eat potatoes, cooked any way you want, plus at least one additional vegetable or fruit. These foods contain several essential vitamins and minerals and also add roughage. 4. Milk and milk products. Adults need at least the equivalent of one pint of milk a day. You can drink milk in any form, or consume it as cheese, ice cream or milk desserts. In addition to supplying calcium, these foods contain vitamins and minerals also.

5. Meat, fish, poultry and eggs. You can eat these cooked any way you desire. Make sure you get at least four eggs a week. You get needed vitamins, plus iron for the blood and protein for the body tissue.

6. Bread and cereal. I advise whole grain or enriched bread and cereals. The whole grains are important for roughage. Besides, these foods give you vitamins, iron, protein and calories which help pep you up.

NECESSARY FATS 7. Butter and margarine. You can have butter or fortified margarine or substitute cooking fat and salad oils. In addition to supplying calories for energy, they give you vitamin A, which serves as a protector against danger of infection.

That's it. It's not a fancy diet. But it's healthy.

QUESTION AND ANSWER

L.O. — Is hemorrhage from the lung always due to tuberculosis? Answer: Hemorrhage from the lung need not always be due to tuberculosis. Pneumonia, a tumor of the lung, varicose veins in the tubes leading to the lungs and heart conditions may cause a person to cough up blood.



From the Elf in Artist For he painted the things that matter, The tints that we all pass by, Like the little blue wreaths of incense, That the wild thyme breathes to the sky. Or the first white bud of the Hawthorn, And the light in a blackbird's eye. —Alfred Noyes.

The Age Old Story

Be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity. New Yorkers discussing, as far as we could make out, not the possibility of goodness and greatness coinciding in one man but the prospects of a successful career in T.V.

NOTES BY THE WAY

Lots of people who don't know the name of their own Member of Parliament will be glad to analyse the political situation in Syria for you.—Orilla Packet. With a self-filling fountain pen, a self-winding watch and a clip-on bow tie, it's no wonder today's executive has to take up golf to get his exercise.—Hamilton Spectator

When the boys start weighing more than 85 pounds, the prudent father withdraws from the backyard football game with the flat announcement that his eligibility has run out.—Hamilton Spectator

Japanese scientists claim they have invented a high-speed dental drill which relieves the patient of pain, heat and vibration—in fact, of everything except the necessity of paying the dentist's bill.—St. Catharines Standard

In Saskatchewan has been found a fossil leg-bone of a camel. Experts say it lived twenty to thirty million years ago. But only a century or so ago camels were living in British Columbia—imported on the theory, which failed to prove itself, that they could solve the transport problems of the gold rush.—Ottawa Journal

One of the oldest movie actors still active who will be remembered by those who recall the days of the silent screen is Sydney Blackmer who first rose to fame in the noted serial, "Perils of Pauline" more than 40 years ago. He has been signed to appear in his 214th screen role.—St. Thomas Times-Journal

There was a time when everyone in Newfoundland knew about fish. It didn't matter what trade or occupation gave a man his livelihood, the basis of his security was salt cod. But all has changed. The fisheries no longer take pride of place in the economy even if they are a lot more important than the average citizen realizes. How important they are would be all too quickly apparent if they ceased to exist.—St. John's News

The balance of evidence now available points to the probability that more new homes will be built in the United States over the next twenty-five years than in any corresponding period in the nation's history. This is one of the more important conclusions reached by three economists who have just completed a study of the subject. The National Bureau of Economic Research and Columbia University's Institute for Urban Land Use and Housing Studies.—New York Times

OUR YESTERDAYS From The Guardian Files TWENTY-FIVE YEARS AGO January 11, 1927 An increase in the tourist traffic to the Province last year, despite the world-wide depression and the fact that all other lines of industry have been adversely affected, was reported at the annual meeting of the Tourist Association by President Justice A.E. Arsenault last evening.

The January term of the Supreme Court opens in Charlottetown this morning. The docket consists of five criminal cases; an appeal under a city by-law; an appeal from a County Court and one other case set down for first hearing.

TEN YEARS AGO Contract for a \$4,000,000 terminal at Cape Tormentine to accommodate the new Canadian National Railway Prince Edward Island Ferry Abegweit has been let to the Thompson Construction and Engineering Company of Toronto, it was learned today. No contract for the Borden pier has been let, as far as is known.

All of Charlottetown was plunged into darkness for six hours early today when two switches at the Maritime Electric Company burned out. The trouble was caused by what was described as a "most unusual situation", when moisture condensed on the switch-board and caused short circuits.

MAXIMS

While thou livest keep a good tongue in thy head.

Frank M. McMahon of Calgary, a prominent figure in Western Canada's oil and gas industry, whose election as a Director of The Royal Bank of Canada is announced. Mr. McMahon is Chairman of the Board of Pacific Petroleum Ltd., President of Westcoast Transmission Company Limited, Alberta Phoenix Tube & Pipe Limited, and Peace River Natural Gas Co. Ltd. He is also a Director of Northwest Nitrochemicals Ltd., Alberta Distillers Limited, and Canadian Collieries (Dunsmuir) Limited. Mr. McMahon has been a leading spirit in the construction of Western Pipe Lines and has been closely identified with Western oil and gas development for many years.

CUNARD TO EUROPE WINTER AND SPRING SAILINGS At Thrift-Season Rates ROUND TRIP FOR AS LITTLE AS \$310 TO BRITISH PORTS First Class from \$210 Tourist Class from \$155 TO FRENCH PORTS First Class from \$217.50 Tourist Class from \$160