



### Married At St. Dunstons Basilica

The marriage took place recent-ly at St. Dunstan's Basilica of Miss Joan Peters and Mr. Everett Beagan, Charlottetown. From left to right are Mrs. R.O. Nightingale, Abe Zakem, the groom, Harold Power, Miss Beryl Beagan, Harold Power.

### ELEANOR ROSS

#### Keeping Bathroom Tidy

There can be no shirking the job. To keep the bathroom tidy at all times requires daily attention. However, this should take only 10 or 15 minutes and can be made an automatic part of the forenoon household chores, just as picking up newspapers and washing out ashtays.

Storing all the necessary equipment nearby in a small cart or metal bucket will speed up time required for this jiffy cleanup.

#### CLEANING AIDS

Have a sponge or cloth for washing, a dry lintless cloth for polishing; soap or detergent, scouring powder; a small brush for scrubbing out small crevices, such as around the faucet bases and in tiled corners.

#### ELLEN'S DIARY

#### There Is Much Magic

What, we wondered as we caught sight of the new morning bright through the dewy leaves of the white birch beyond the window, will this new day bring? Some nice surprises, for sure, some engaging scene to remember, because now that summer is in its blossom there is much enchantment about. Never does a glance lift without some lovely reward.

Now it is the wonder of fireflies along the millpond, courses marked in erratic pin-points of light there by the alders at pond's edge, now nearer above the front meadow, and again as near as the border of the verandah-lantern.

Without this circle of brightness above which sits unattended still, the "dobe house built by swallows, the night is dim, its draperies fall like curtains of black velvet, the better to show the sparks of the fireflies' lights. Dark, without sign of that clearing which, in the different weather presented so far this week, the farmers hope for.

Meanwhile other interest come to hand: gear is put in order in barns so that come fine weather, there may be delays at the storing. Patches of potatoes, turnips, corn at Rob's, are cultivated. And in the neighborhood of the continuing carpentry, today saw a tidying of the disorder left in the wake of buildings being repaired, moved or removed, altogether.

For no good reason that our farmers, no poultry-fanciers, offer, other than that "It may come in handy to hold something-a few bales of hay, perhaps or of straw"-near building and a little quaint received its share of shingles today. In what shade? This summer in making their selections for roofs they favor the old-time shingles, those that silver prettily with the passing years.

A farmer and his wife who stress poultry-raising and their farming, and quite successfully, were among today's visitors to Alderlea. Dutch folks, had to agree heartily with maxims of James that we hear: "People are put in this world to work-to use brain or brawn or both". The country owes no lazy person a living. It is there for those who choose to work". There can be no eight-hour day on a farm. How amusing even to consider it! Or for those interested in their occupation to want it! "If folks spend foolishly, they will have little or nothing when they need it". "A good farmer must always look well to the ways of his farming. "Good maxims these, every one, and not to be passed over lightly.

Fireflies now, lights bright against the black velvet curtains of night.

Until tomorrow - - - - - Diary - Good-night . . . . .

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Send order to Anne Adams, care of Charlottetown Guardian, Pattern Dept., 60 Front Street, W., Toronto, Ontario.

MORNING SMILE  
"I've been going out with the same girl every Monday and Thursday for six years."  
"Then why don't you marry her?"  
"What! And have nowhere to go on Monday and Thursdays?"

HOUSEHOLD HINT  
The best way to fenn gill fractions is to pat lightly with a solution of equal parts of ammonia and denatured alcohol. Take up soil with a dry pad. Finish with little lemon oil to lend lustre.

#### Words Of The Wise

In Blenheim, Ont., a family of four sisters and two brothers were married at a single wedding.

### KEEP IN TRIM

## Teen-Age Daughter Prods Mother Toward Reducing

By Ida Jean Kala

"Like mother, like daughter" is a familiar saying. Many a teen-age girl who yearns to change bulges to curves points out that years back, your dietitian helped her mother to reduce 30 pounds, and now she, the daughter, wants to take off ten pounds or twenty. Another generation . . . my, how the years fly by!

Today's request, however, does not run true to form. A teenager who reduced 30 pounds is now asking help for her mother. "I am 14 years old, and at 12 I weighed 180 pounds. I was very uncomfortable and felt tired all the time. Everyone called me Fatty. So, I made up my mind to reduce, and I did. Today I weigh 122 pounds for 5' 3½", I would like to know my perfect weight. Could I weigh any less and look nice?"

"My mother is short and on the heavy side and about 40 pounds overweight. She can't seem to follow any diets, for when she does she is starved. If she loses one pound, she gains it all back the next week. Won't you please help her reduce?"

NOT EASY  
The young lady's letter sounds quite severe, and we do hope she won't be too critical of her mother's progress. It's not as easy to reduce in middle age as it is in one's growing years. However, from the report it would appear

that the family food habits lead toward the fattening side. A short term rigid diet, which apparently is what the mother attempts, is not the solution. What is needed is a change in the pattern of eating. This overweight should eat three scientifically planned low calorie meals a day, built around the protective foods; an egg; a liberal serving of lean meat, fish or fowl; a pint of skim milk or buttermilk; a citrus fruit plus one other: 2 or 3 vegetables; and 2 thin slices of bread and 2 half pats of butter. On this food pattern which totals about 1000 calories, our reducer can lose 2 pounds a week without that starved, all-gone feeling.

AIM FIRST AT 10  
Forty pounds loom large when it comes to reducing, so the best way to tackle the problem is to aim first at taking off 10 pounds. Make your near goal the next smaller dress size.

To answer the young lady's question . . . her weight of 122 is pleasing, provided the distribution adds up to a neat, sweet figure. No doubt toning exercises are in order, particularly since considerable weight has been lost. So how about a mother-daughter exercise session it can be fun and slimming. With almost 4 weeks to go, the mother can be 10 pounds lighter and the daughter can be a bathing beauty by the first day of summer.

### HAPPENINGS

Mrs. Laurie Belliveau, (nee Irene Bradley) Saint John, N.B., arrived on the Island Thursday night on a visit to her sister, Miss Florence Bradley, 25 Grafton St., and brother, Frank and Mrs. Bradley, 159 Weymouth Street.

Eveline Kilby Dunlop, Canadian contralto, was heard last evening from Toronto with the Toronto Philharmonic Orchestra. Her first number was "Cluck's Orpheus and the second number was Beethoven's "In This Dark Tomb."

Mrs. Dunlop has sung with the Mendelssohn choir, the Bach-Elgar choir, and in Europe. With her husband Dr. W.J. Dunlop, Mrs. Dunlop has visited this province when Dr. Dunlop was attending the Masonic Conference. Dr. William James Dunlop is the Minister of Education in the Ontario Government. As a matter of interest to Islanders, the man opposing him last election was Mr. David Anderson, a Toronto lawyer formerly of St. Peter's, P.E.I. Mr. Anderson in his first election polled a fine vote, although the greatly esteemed veteran Dr. Dunlop won the Eglington, Toronto, seat.

Miss Edith Smith was entertained at a miscellaneous shower on Wednesday, July 18th at the home of Harry Cook and Miss Bernadette McManus, at the home of the latter. Miss Smith opened her lovely gifts, while Miss Janet Rogers read the accompanying verses. Lunch was served by the hostesses assisted by Mrs. Jean MacKay.

Mrs. Earl F. Smith entertained at her home on Maple Avenue in Summerside, at an afternoon tea, Saturday, July 28th, in honor of Miss Edith Smith. Mrs. J.E. Dalton poured while Miss Mary MacGuigan assisted the hostesses. The bride elect was presented with an appropriate gift.

Mrs. Dora Campbell entertained last evening at a Dinner party at "Oakwood Lodge" in honor of Miss Edith Smith and Mr. Sidney Campbell who are being married Saturday afternoon at Zion Presbyterian Church.

Mrs. Samuel H. Smith entertained after the Campbell-Smith rehearsal Thursday evening.

Mr. Sidney Campbell was entertained at a Stag Party on Wednesday evening at the home of Mr. Eddie Cook, in Parkdale. The guest of honour was presented with a gift to mark the occasion.

Among those arriving to attend the Campbell-Smith wedding on Saturday, August 4, are Mr. and Mrs. Parker W. Henderson, Dartington, Maryland. Mr. and Mrs. Cecil H. Smith and two children of North Bay, Ontario. Mr. and Mrs. Roy Cormier of Chatham, N.B. Mr. Henry Smith of Dartmouth, N.S. and Mrs. Florence Boylan and Mr. Larry Butler of Brooklyn, New York.

Miss Edith Smith was presented with a piece of luggage on Tuesday evening as a farewell gift from the Office Staff employees Terminal Room of the Island Telephone Company. Miss Smith, who is being married on Saturday, will be taking up residence in Halifax, Nova Scotia.

Mr. and Mrs. Henry O'Shea and their sons Patrick and Michael left Thursday, August 2, for Calgary. Mr. O'Shea is production manager and chief geologist for the new British Dominion Oil Company in Calgary. Mr. O'Shea is also vice-president of Flank Oil Company, Billings, Montana.

Mrs. Reuben MacDonald, Toronto, is the guest of her brother Mr. L.W. Roper and Mrs. Roper, Southampton.

Mr. and Mrs. D.A. Mitchell and two children, David and Donald, Toronto, are holidaying in the province. They are at the Roper cottages, Stanhope, Mr. Mitchell is an electrical engineer with the Ontario Hydro Electric Company. Mrs. Mitchell is a daughter of Mrs. Reuben MacDonald and the late Mr. MacDonald.

Mrs. Albert B. Jamieson and

Miss Betty Jamieson, Halifax, are visiting the Misses Laura and Ethel Hodgson, North River Road.

Mr. and Mrs. J.C. Cameron, Toronto, with their children Ann and Donald, are spending a few weeks at Bayside, Stanhope.

Miss Anne Campbell was the hostess at a miscellaneous shower in honor of Miss Lorraine McNeely. The party was held at Mrs. Ray Murnaghan's, Keppoch Beach. Twelve guests were present. Miss Pauline MacDonald assisted the bride to be in opening the many lovely gifts. Bridge was played later. A delicious lunch was served by the hostess who was assisted by Mrs. Murnaghan and Miss Laurena Campbell.

Miss Lorraine McNeely was the guest of honor at a party given by Mr. Arthur McInerney, at his summer residence, Keppoch. The bride-to-be was presented with one of Craswell's scenes of Keppoch beach. Square dancing was enjoyed by many of the guests followed by a midnight swim.

Prior to her marriage, Miss McNeely was widely entertained in Halifax, where she has been employed for the last few years with the Department of Social Welfare. She was guest of honor at a linen shower given by Mrs. Samuel Walker, and at a Sherry Bissett. The staff where she worked held a kitchen shower for her, and the Misses Joan MacInnis, Marie Kelly, and Christina McGee were joint hostesses at a surprise shower in her honor. Miss Norma Belair also entertained at an evening party for Miss McNeely and Mr. Ellsworth.

Mr. and Mrs. George P. Gay and children, George and Judy, Point Claire, Montreal, are spending three weeks holidays with Mrs. Gay's sister and brother-in-law, Mr. and Mrs. Clifford Rankin, Summerside, East.

Mr. and Mrs. Frank MacWilliams and children Heather Anne and Donald, Cape Traverse, have returned home after spending a very pleasant holiday journeying around the Gaspe coast.

Mrs. Claude Simpson, Mrs. Ron Hutchinson, Miss Janet McPhee, Miss Betty Peters, Miss Lilian Hogg, Miss Jessie Bingham, Mrs. Jack Simpson and Mrs. Ralph Caseley will be hostesses today (Saturday) at the Summerside Golf and Country Club.

Mrs. T.J. Timmerman and son Peter of Burlington, Ont., are the guests of Mrs. Timmerman's parents, Mr. and Mrs. Lloyd Gorrill, Harvard Street.

Miss Miriam MacDonnald of Toronto, Ont., is visiting her parents, Miss Katharine MacDonnald, M.N. of Newton, Mass., who has been visiting their brother and sister, J.K. MacDonnald, R.N., Kilmuir, and Mr. and Mrs. Bruce and family, Valleyfield, left Sunday.

Mrs. Bert Hunter, Schurman Avenue, entertained at bridge on

# WOMEN

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## ENGAGEMENTS ARE ANNOUNCED.



Mr. and Mrs. Le-Baron E. Tait, Charlottetown, announce the engagement of their daughter, Phyllis Gertrude, R.N., to Harold James Dobson, son of Mrs. W. Gifford Dobson and the late Mr. Dobson, Belfast, P.E.I. The marriage will take place on Sept. 1st in Trinity United Church, Charlottetown.



Mr. and Mrs. A. E. Sullivan, Montague, announce the engagement of their eldest daughter, Mary Margaret, to Leo A., son of Mr. and Mrs. Patrick Clarkin, New Wiltshire. Marriage to take place at St. Mary's Church, Montague, on September 1, Thursday evening.

Mr. and Mrs. J.B. MacDonald, Moncton, N.B., have returned home after spending a very enjoyable holiday with Mrs. MacDonald's sister and brother-in-law, Mr. and Mrs. Horace Clark, Convent Street.

Mr. W.E. Crockett of Chicago, Illinois, left for his home Monday. He spent two weeks with his parents, Mr. and Mrs. Sam Crockett, Fitzroy Street.

Miss Clara Croken, Emerald, left Thursday morning for Toronto to visit her family there. Miss Croken will also visit her brother Robert at Jesuit Seminary, Guelph, Ontario.

Miss Christina MacDonnald, R.N. of New York City, and her sister, Miss Katharine MacDonnald, M.N. of Newton, Mass., who has been visiting their brother and sister, J.K. MacDonnald, R.N., Kilmuir, and Mr. and Mrs. Bruce and family, Valleyfield, left Sunday on return to U.S.

They spent part of their holiday at their cottage at Stanhope Beach, where Miss M. Lafayette R.N., was their guest on her first visit to P.E.I.

The tea hostesses for the Golf this Saturday are the following: Mrs. Harry Cudmore, Mrs. W. D. Gillis, Mrs. P.W. MacNevin, Mrs. Tom Rogers, Mrs. Victor Williams, Miss. Lorna Chandler and Mrs. E.E. Douglas.

The hostesses at the Charlottetown Tennis Club Saturday are the following: Mr. Al Landry and Miss Marina Murray.

Miss Shirley A. Lewis whose marriage to D. Bruce Moore takes place this afternoon, has been widely entertained at a number of showers.

BIG COUNTRY  
The USSR, made up of 18 states has a total land area of more than 8,600,000 square miles.

### LET'S EAT

## Burger Ball Casseroles Are So Easy To Prepare

By Ida Bailey Allen

"All-in-ones" are quick and easy for preparing, serving and clearing away a complete main course at dinner. Today, the Chef presents a smart-looking service of burger balls. These are not the usual meat balls, but plain ground beef seasoned with salt, pepper and monosodium glutamate to bring out the robust beef flavor.

All-in-One Burger Ball Casseroles: Over 1½ lbs. ground beef, 1 tsp. salt, ¼ tsp. pepper. Mix gently to distribute the seasonings. Shape into ball the size of English walnuts.

In a skillet, melt 2 tsp. fat. Put in the meat balls and lightly brown all over. Then remove. Into the skillet, turn 1 can condensed cream of mushroom soup. Add 1 c. warm water. Cook and stir until the mixture is smooth and comes to a boil.

Add the meat balls and 2½ c. cooked or canned cut green beans. Simmer 10 min. Serve in low individual casseroles. Place green beans in the center, with the meat balls surrounding them. Sunday Dinner: Cantaloupe sections; all-in-one burger ball casseroles; buttered rice; creamed green beans; tomato - cucumber

salad frozen pine-applesauce; sponge cup cakes; hot or iced coffee or tea of milk. All measurements are level unless otherwise specified. To serve 4 to 6. Frozen Pine - Applesauce: Dissolve 1 pkg. lime-flavored vitamin C gelatin in 1½ c. hot, slightly-sweetened applesauce.

Add ¼ c. crushed pineapple and juice, 1 tsp. lemon juice, 2 tsp. sugar, ¼ tsp. each ground cinnamon and clove and ¼ tsp. salt. Transfer to a freezer tray. Freeze at lowest temperature until partly frozen. Beat 1 egg white stiff.

Turn the applesauce mixture into a bowl. Beat until fluffy. Fold in the egg white. Beat again until fluffy. Return to the freezer until firm.

New Cabbage: Try simmering fine-shredded, fresh crisp green cabbage 5 min. in whole milk. Then for each cup of milk, stir in 1 tsp. flour mixed with ½ tsp. mayonnaise and 1 tsp. cold milk. Heat to simmering point; cook 2 min.

Serve in bowls with hot toast. Tomorrow's Dinner: Tomato aspic on lettuce; cold salmon loaf; sauce tartare; potato chips; creamed cabbage with hot toast; sliced peaches with blueberries; oatmeal cookies; hot or iced coffee or tea or milk.

## Will Dior's Fashion Take Experts Predict Trend

By PEGGY MASSIN  
PARIS (Reuters) — Leading United States fashion buyers couldn't agree today on how the small-town American woman is going to react to Christian Dior's 1956 hemlines.

The experts, among a contingent of 172 buyers from the United States registered to see this week's new fall and winter styles, ranged from wildly enthusiastic to plain thumbs-down on the lowered hemlines.

One of the men in the group, American designer David Kidd, said the long hemline for street-wear will not take hold because the majority of fashion-conscious women "have pretty legs and want to show them off."

Following are the varied opinions of some of the other style authorities from the United States: A SURE THING Elizabeth Fairall, retired vice-president of Julius Garfinkel's of Washington, D.C., world-known fashion expert and lecturer, and chevalier of the French Legion of Honor:

"Dior's ankle length skirts are a natural and evolutionary trend. American women will love wearing them for cocktails."

Russel D. Carpenter, vice-president of I. Magnin and Co. Inc., of San Francisco:

"Dior's long hemlines are a real shot in the arm to fashion, and may be prophetic for the future."

John Derro, youthful New York designer for David Hart, Main-street, and young couture:

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Authorities from the United States: A SURE THING Elizabeth Fairall, retired vice-president of Julius Garfinkel's of Washington, D.C., world-known fashion expert and lecturer, and chevalier of the French Legion of Honor:

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