

# Crowning Of Winter Fair Queen



The Queen of the Maritime Winter Fair, Miss Barbara Woodside of Margate, P. E. I. (centre) receives a crown upon her head during colorful coronation ceremonies at Amherst Saturday evening. Mayor F. C. Wightman of Amherst, deftly performs the honor. Another Island girl, Miss Ruth Boswell of Victoria (right), chosen princess, happily watches the ceremony. The other princess, Miss Janet Conrad, a student at Dalhousie University, stands behind the queen.—(The Smith Studio, Amherst).

# Women's realm

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## Dusky Six-Foot Queen Plans New Royal Palace For Tonga

By J. C. Graham  
Canadian Press Correspondent

AUCKLAND, N. Z. (CP)—Queen Salote of Tonga who stayed here after her visit to Britain for Queen Elizabeth's Coronation has returned to her South Pacific Island kingdom with plans for a new royal palace.

The dusky six-foot queen, whose smile made her one of the most popular Coronation visitors to Britain, lives in a two-story, wooden palace with an iron roof at Nukunono, capital of the Tongan Islands. It was also the residence of her father, King George Tupou II. The palace has an imposing entrance, courtyard and tower, but it has been neglected by age and a modern building is planned. A representative of the New Zealand works ministry, which designed the new palace at the Queen's request, has gone to Tonga to discuss the plans with the Tongan government. The architects were set some novel problems as they had no precedent to go on in planning a palace suited to South Pacific conditions and customs. Queen Salote is the only reigning monarch in this area.

### Loyal Tongan

During her stay in Auckland Queen Salote acquired perhaps the

most unusual odd job man to serve any sovereign. He was a heavy-weight boxer who cut the Queen's lawns and chopped her firewood as workouts to keep in trim for the ring. When the young Tongan became a headliner in New Zealand, the Queen immediately sent for him.

Kilone Lave, 19, had proved the hardest-hitting boxer seen in New Zealand for years. In five fights he knocked out five leading Australian and New Zealand heavyweights, three of them in the first round.

Fearing the success would go to his head, Salote lectured him on the dangers of pride and made sure the money he was getting was in safe hands.

Lave in turn responded to the Tongan custom of voluntary performing for his Queen any task which needed doing. He found there was no odd job man at the Queen's Auckland residence, where she spends several months a year, so he appointed himself to the post.

Every day until the Queen left for Tonga he worked in the garden and helped with general duties about the house. He was glad of the exercise, for one of his biggest problems has been to find suitable sparring partners.

## ELLEN'S DIARY

By An Island Farmer's Wife

We buried the summer today—or so it seemed to us who caught glimpses of the scene from a window.

This morning saw the end of the mangel-harvesting at Alderlea, a work which was to have been continued at this farm this afternoon if showers had not then descended to thwart the farmers' plans. But not to leave them with time on their hands they foregathered here then to liquidate delayed choring.

Their arrival set us at once to stoking our cooking-fire and making familiar passes above it and uttering magical phrases, we added their names to the supper-pan. We put in James' name first, he that is ring-leader of the farming and takes care of many a detail; Rob's went in next, he who is big and able and who no matter how long or tiring his day seems to suffer no weariness; then it was the turn of the one to whom James usually refers as "the young lad"; a smallish fellow with the affairs of the farm in mind and at finger-tips; and lastly, our respected helper's name, he who is not driven to work by any necessity at all but only because he prefers to be busy.

"And what are we going to eat for supper?" Mack who had come to be playmate for Gage asked with some curiosity.

"Oh, meat and potatoes, bread and apple pie and . . ."

"Oh! And will you soon be making it?" he begged.

And we saw the summer buried—saw the sad procession move down this lane and along the road in the direction of "the other farm," James leading it on the tractor. It required more than one trip before mowers, hay-loader, and rake were taken off to storage, to remain there until a day of another year . . .

One of those when the season stops at its zenith . . . a delectable time of year, of gay blossoming meadows, of fields and lanes full of bird-song and, in sunlight, the drowsy hum of piling bees.

"Do you suppose, we'll see another haying, Ellen?" James smiled stopping once beside the back door in passing. "One never knows" he nodded. And we wondered if in that other world to which mortals aspire—somewhere away from those streets of gold, there would be blossoming meadows for the like of James to which to repair; and somewhere down by "the still waters" would there not be a little bleating lamb needful of his care?

So James buried our summer and it was left for the other three to lit and spread accumulations of barnyard manure on the fields to insure bigger and better crops at this place. Three? Towards evening only two when Rob must go to play nurse to a group in the piggery.

"It's a gray day this!" our helper chuckled coming into supper. "Firstly—it's still raining 'cos we're dogs'; secondly—there are little pigs in a number, arriving; thirdly—pork took a bad fall today; and fourthly and lastly . . ."

"Fourthly and lastly," we laughed back, "was like that part of the old Ministers sermon of the long ago . . . don't you remember? It blew out at the window!" Raindrops in succession and diamonds-bright roll down this window now—"merely that and nothing more!"

Until tomorrow . . . Diary  
--- Good-night . . .

## Morning Smile

As the after-dinner speaker kept on a subject of ear-wearing drabness, one of his victims managed to sneak outside, where he found another fatigued existencer.

"Has he finished, thank goodness?" that gentleman asked.

"Oh, yes—long ago," was the reply, "but he still refuses to stop talking."

NOTABLE CHURCHMEN  
There have been 112 bishops of London, and 99 archbishops of Canterbury.

## No 'Secret Implications'



Buckingham Palace officials amusedly denied that there are any "secret implications" involved in the visit of lovely Princess Alexandra to France as guest of the Count of Paris, pretender to the French throne. Press reports criticized the visit of the Queen's 16-year-old cousin, daughter of the Duchess of Kent, saying that it might be interpreted as giving assistance to the count's reported ambitions to regain the throne. Palace spokesmen said the young princess, who will be a guest at the count's chateau, is going to France to improve her French and add "finishing" touches to her education.

## DOROTHY DIX'S COLUMN-

### Young Couple's Mistakes

Wife Still Rejects Olive Branch Offered By Her Mother-In-Law

DEAR MISS DIX: Three years ago, when I was 15 and Paul 16, we ran away to be married. Because of our ages, we couldn't be married, but decided to tell everyone we were, anyway, and lived together. When I was about to become a mother, I tried to get Paul to marry me, but he wouldn't. Finally I pressed charges against him, and we were all set for the ceremony when his mother stepped in and said she'd have the marriage annulled if we went through with it. My baby was born in April, last year and we were finally married just a year later. Now Paul wants to take the baby to see his folks, and they are always asking me to bring her down to see them. However, I'm still bitter over what his mother did. Am I wrong in my resentment?  
D. R.

### THEIR MISTAKES

ANSWER: For a couple of youngsters you two certainly have had your share of mistakes, and at this point you should be thankful that at last you are on the road to a happy life together. Why further complicate your lives by refusing the olive branch Paul's mother is extending?

Look ahead a few years, try to visualize your own children at 15 or 16. Would you like to see them involved in the sort of mess you and Paul made for yourselves. Can you then wholly blame your mother-in-law for her attitude? Trying to keep her son from marrying after he had become a father was wrong, but her error of judgement was certainly no worse than yours. Why not let bygones be bygones and see what you can do to establish and maintain a good family relationship with your people and Paul's. You'll have enough explaining to do to your daughter when she grows up; don't add the complication of a strained in-law relationship to it.

DEAR MISS DIX: All my life I've been plagued by self consciousness. I never have the fun at dances, parties, etc. that the other kids have. Can you offer any help?  
KITTY

ANSWER: The best cure for your trouble is to think of the other person rather than yourself. When you're going to an affair, brush up on a few things that you think will interest your friends. Keep tabs on their school activities, then be ready to show interest (and don't fake the interest). Ask questions, if you can't think of anything original to say. Only by forcing yourself to face people, to converse with them, and to show an interest in them, can you overcome that old bugaboo—timidity.

without losing their respect for it." The patient is shown the reason for the various procedures used in his treatment.

Finally, there is the exercise test which shows the physician whether the heart rate returns to normal within the prescribed two minutes. If so, it is safe for the patient to be on his feet for certain periods daily and he recovers in less time.

### WHEN SHOULD MILK BE SERVED?

Milk should be served preferably near the end of meals so as not to reduce the appetite for other needed foods. Between-meal milk should be taken at least 1 1/2 hours before the next meal. The nutritive value of milk is not altered by cooking; some may be used in soups, sauces, and desserts.

## Modern Etiquette

By Roberta Lee

Q. When a man is registering at a hotel for himself, his wife and their sixteen-year-old daughter, how should he sign?

A. Mr. and Mrs. Robert L. Fulton, Miss Betty Fulton.

Q. If two women friends have always remembered each other's wedding anniversary with cards, and one's husband has passed away, should the other woman continue the practice?

A. It would be much more tactful not to do so.

Q. Is it obligatory to send a gift when one is notified of the birth of a baby?

A. It is not obligatory, but it is customary to do so.

## How Can I!!!

By Anne Ashley

Q. How can I clean out a cloudy looking vinegar cruet that has a mineral deposit accumulated in its bottom?

A. Fill it with water, add a little ammonia, and let it stand for several hours, or overnight. Rinse with clear hot water.

Q. How can I most successfully cut marshmallows?

A. Cut them with scissors, and keep dipping the scissors into hot water frequently while cutting. This prevents the marshmallow from sticking.

Q. How can I clean discolored aluminumware?

A. Rub it with a cloth dipped in lemon juice, then rinse in warm water and dry thoroughly.

## That Body Of Yours

By James W. Barton, M.D.

### THE CARE OF THE PATIENT FOLLOWING CORONARY THROMBOSIS

There was a time when typhoid fever was the most serious ailment the physician had to treat and he made sure that, as far as possible his most reliable nurse or nurses were assigned to attend his typhoid patient. Later, pneumonia was considered the most serious ailment, and here again the physician endeavored to get his most efficient nurse or nurses on the case.

What is considered the most serious illness today?

In the Ontario Medical Review, Dr. C. Keith Stuart, Hamilton, Ontario, states that "the acute of nursing art today is exemplified in the care of the patient with coronary infarction (coronary thrombosis). It stands today in the place nursing care of lobar pneumonia occupied before 1936. The concern for comfort, nutrition, conservation of energy, and optimistic attitude is a close parallel if not the same."

Sometimes it is not the spectacular methods of treatment, but the attention to small everyday details which is more helpful to the patient. "On many occasions a patient removed from an oxygen tent (spectacular treatment) out into the open and then given oxygen by catheter in nose, will become less anxious and less cyanotic (less blue-looking, a better color). The patient is now in his own world and not shut up in a plastic cubicle. Nutrition is improved because feeding is easier; the patient receives more food and fluid than when in the small oxygen tent. The nurse, when inserting the catheter into the nose, passes the catheter into the nostril from the angle of the lips to the lobe of the ear which allows the oxygen to be inhaled directly into the trachea (windpipe)." Dr. Stuart also points out under what conditions the drugs that prevent blood clotting should be used, if used at all, and also for use of blood transfusions, vitamins and estimation of the sedimentation rate.

"As so much has been published about coronary thrombosis, everybody is in fear of it and it is not only advisable, but our duty to help them lose their fear of this disease

## The Stars Say --

By Genevieve Kemble

For Tomorrow

LEAVING Libra, the Moon enters Scorpio this day, which augurs well for social and domestic affairs. It is not a period, however, in which to engage in financial dealings or to start new projects. In all matters, adopt a conservative policy and avoid aggressiveness in actions.

Health, romance and family gatherings are under benefic aspect during the evening hours, with hobbies and cultural interests also favored. Plans may be made at this time for any trip you have in mind for the future.

### For the Birthday

If tomorrow is your birthday, you may anticipate a year of change, new business and romantic ventures and, quite possibly, a change in environment. It would be well to remember, however, that in any matter of major consequence changes should not be made without cautious consideration. Do nothing under compulsion or duress.

If you are engaged in artistic or theatrical pursuits, the year should be one of spectacular achievement since the imaginative and the original are especially favored. You may experience periods of anxiety but it would be well for you to realize that most worries are over things that never happen. Learn to relax more.

A child born on this day will be imaginative, creative and resourceful in all things.

## Bringing Up Baby



Hints Collected by Mrs. Dan Gerber (Mother of 5)

Gone are the so-called "good old days" when mothers overdid or made fashion plates of babies. And it's a good thing that petticoats and party frocks are a thing of the past. The needs of today's happy baby are few. We prefer our angels to be comfortable and free to move at will. A few ways to insure this:

1. Make sure baby's clothes are large enough for easy dressing, plenty of wiggle room.
2. Forget frills (except on special occasions). Shirt and diaper a wee one. Use non-ironing overalls for the creeper.
3. Keep clothes down to a reasonable minimum. Healthy babies need less covering than adults.
4. Don't hamper baby with shoes or socks too soon. Socks get wet, shoes do no good 'til he's actively creeping.

**Soup's on!** Nothing more heartening or mouth-watering on this November days than Gerber's Strained Meat Soups. So nourishing because they contain 3 important food groups: cereal, vegetables and meats. So appetizing because these delightful combinations add a variety of flavor and color to baby's meals. All are made with the extra care your most important little person deserves, of course.

Mother, send for this special offer! Something mighty handy! Three of these attractive Refrigerator Can Covers to snap on the opened can of Gerber's before popping it in the 'frig . . . send only 10 cents plus 3 labels from Gerber's Strained Meats or Junior Foods or one box-top from a package of Gerber's Cereals to Mrs. Dan Gerber, Box 17, Toronto 18, Canada.

## GIVE Cold-Sick Child this Pleasant LAXATIVE relief

To keep bowels open without needlessly upsetting child—give Children's Own Tablets. Pleasant to take. Won't cramp or grip. For children between 3 and 15. They help soothe the sour stomach that often goes with out-of-order bowels. Made by the makers of Baby's Own Tablets—your assurance of a reliable product. Get a package today at your druggist.



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Taste Chef Freitag's own recipe for BUTTER MEUNIÈRE a sauce for sautéed fish, steaks or chops. When fish or meat is ready to serve, squeeze the juice of a quartered lemon over it. Sprinkle with fresh chopped parsley or chives. In a frying pan, brown 2 ounces of butter for each person. Pour over fish or meat.

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As every housewife knows, for good eating and good living, you just can't beat butter. From the simplest hot biscuits to the most elegant layer cake, everything you make tastes so much better with butter.

For our Marie Freitag's free booklet of tasty, tested butter recipes, write:

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