

What Makes Judges Kind To Prize-winning Cooks

SASKATOON, Jan. 31—(CP)—If you want to win a cookery prize at some summer fair, take a tip from an expert who knows, what makes the judges tick.

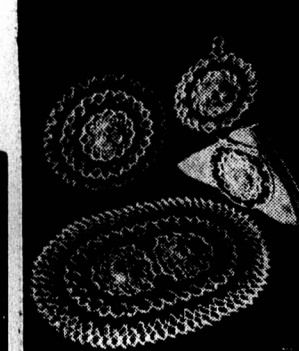
Fashion Silhouette Remains Unchanged For Spring Finery

PARIS, Jan. 30 — (AP) — Fear of a rebellion by average women will keep Paris fashions saner and simpler this spring.

With a poor season already in prospect because of the troubled world situation, the big designers are taking no risks. The spring showings that start here this week will maintain, more or less, the present silhouette.

Christian Dior has let it be known that there will be no radical change so far as he is concerned. Other leading designers say the only real changes will be in the bodice, in wider yet still-rounded shoulders, in unusual necklines and bigger sleeves.

Colorful Four Piece Set To Crochet



If you love to crochet and if you love a contest here are two items of interest to you. Pictured above is a beautiful matching crocheted set of hot plate mats, potholder and paper napkin holder worked in wonderful shades of rose and green with touches of white.

KENNEDY'S ODDS AND ENDS SALE. 1 Rack of DRESSES—going at . . . \$1.00. 1 Rack of DRESSES—going at . . . \$2.00. 1 Lot of PULLOVERS—going at . . . \$2.00. 1 Lot of SWEATERS—going at50. 1 Lot of Rayon HOSIERY—going at . . .50. 1 Lot of SNUGGIES—going at50.

ELLEN'S DIARY

By An Island Farmer's Wife

So, choice old pieces of furniture remain in that house at the foot of the hill; a whatnot in a corner, a neat shelved affair, which holds quaint glass and pewter of a bygone era.

That house has old chairs, with wing-like backs and a curious "love-seat", which, without doubt once held demure Victorian ladies — tips of slippers showing beneath the edge of voluminous skirts, fans languidly swaying as above these "eyes looked love to eyes" that at length properly "asked pa-pa" for the favor of the fair one he courted.

"Yes, I know what it means; to be on the field of battle — you see I was through all that" an oldish veteran offered with a merry smile one evening last Summer, while he waited to transact some matter of business with our farmers, who had not then returned from their work at the other farm.

Modern Etiquette By Roberta Lee. Q. I have received an invitation to the wedding of a very dear friend. However, I do not know the girl he is marrying. Would it be all right for me to send my wedding gift to him?

Household Scrapbook By Roberta Lee. Slip Covers. When laundering the slip covers, it is a good idea to starch them a little. This will make them a little more glossy and give them more body; they will keep clean longer.

Melba Toast. Melba toast is prepared by cutting white bread into slices as thin as possible. Then place the slices in a shallow pan so that they will not touch, and bake in a slow oven until well browned.

Prevent Rust. Metal door hinges can be prevented from rusting by washing occasionally with warm soapy water, wiping dry, and then rubbing with oil.

The Stars Say . . . By Genevieve Kemble. For Tomorrow. THE urge to be "up and doing" in a big way continues, with a superb determination to push to high goals, with energy, aggressive tactics and the strength to push through against all odds.

For the Birthday. Those whose birthday it is, may be assured of the tangible success of their most ardent desires, plans and projects, strenuously, technically and practically put over. Such plans and propositions properly presented for consideration from influential sources are bound to yield expansive returns in the way of financial backing, enhanced personal prestige, popularity.

NO ESCAPE — Lessons by video were the fate of Sharon Sue and Sammy Samuelson and hundreds of other Minneapolis youngsters after a janitors' strike closed the public schools. The youngsters are a.m. getting their geography lesson off the TV screen after their teachers volunteered to conduct the school-room programs.

Queen Mother's Toque Is Leader In Hat Style

LONDON, Jan. 31 — (CP) — Queen Mother Mary helps to set the fashion pace in Britain's spring hat styles.

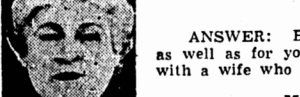
Flower-trimmed toques, which sit straight on the head — a style favoured by the Queen Mother for many years — head the list for all ages. Colours also follow the royal preference.

This year's hat-tit varies between the forward sweep, cutting the hairline, and tiny cap-shapes sitting well back on the crown with futuristic spirals and cones rising from small brims.

DOROTHY DIX SAYS— Grave Mistake

Girl Would Marry Only To Escape Her Parents

DEAR MISS DIX: I am 19 and on the verge of marrying a good dependable man, but I don't know whether or not I love him. I feel that I am too young to enter such a serious thing as marriage, but my home environment gets me so disgusted I feel like marrying anyone who I get away.



ANSWER: Break off the match for his sake as well as for your own for no man can be happy with a wife who merely tolerates him.

MARRY FOR LOVE

Don't marry any man unless you love him so well that his mere presence fills you with happiness and a sense of well-being and you count the hours between his visits.

DEAR MISS DIX: I married when I was 17. Was married three years when my husband began trifling and we separated. I got a divorce. Thought I could get over loving him, but we have been parted more than a year and I know that I still love him and am miserable away from him.

ANSWER: There are thousands of women like you who get peevish with their husbands and rush off to the divorce court and then wish they hadn't. For they find that divorce doesn't bring them the happiness and peace they thought it would.

DEAR MISS DIX: Does a girl's home have a large influence on whether boys like her or not? We are a group of girls who come from respectable homes, but they are poorly furnished and we feel ashamed to ask our boy friends to come in.

ANSWER: A girl's home does have a lot to do with her popularity, but it is not an account of the way it is furnished. It is her parents' attitude and whether or not there is "Welcome on the doormat. Not one boy in a hundred will ever notice whether there is linoleum or a Persian rug on the floor, or whether you have period furniture or something from the installment house.

DOROTHY DIX cannot personally reply to readers, but will answer letters of general interest through her column.



Queen Mother's Toque Is Leader In Hat Style

Novel forward-tilted beret styles are found in oblong-shaped models representing sole or place lying on a thick-rimmed plate. The eyes and markings of the fish are picked out in jewels and the tall waves jauntily over the collar.

Big hats this year are flat, large coolie types in bright candy stripes or small-crowned straws with wavy front brims turned up at the back. A wide-brimmed garden party hat by Ange Tharup, the royal milliner, is made from layers of black tulle and has a pleated visor brim with turned-up back.

A sudden Chinese influence to loose coats and jackets is carried to the head in pointed-crown mandarin hats of varied styles.

That Body Of Yours

By James W. Barton, M.D.

Physicians once believed that a patient who was "fair, fat and forty," was found to have gallstones and liver disturbances. This was in the days when tight corsets prevented pressure on the liver from exercise and breathing.

The individual with gallstones is not necessarily overweight. In The Scandinavian Medical Journal, Dr. E. Schrodtt (Aalborg, Denmark) reports that he found that the average weight of 18 men with gallstones corresponded exactly with the average weight of men of equal height and bodybuild.

From the above it can be seen that overweight has little relationship to gallstones or other diseases of the liver. It is lack of exercise, lack of body movements, that is the big factor in causing these ailments.

A group of 208 men and 275 women with mental diseases showed an average of about three per cent underweight four men and five per cent women, which shows us that it is natural for women to carry a little extra fat whether or not they have body or mental ailments.

It has been truly said that life depends on the liver.

Cleans GLASS COOKING WARE. COW BRAND BAKING SODA.



VINTAGE 1838 — Mrs. Mary O'Neill poses for her birthday portrait in her home in Wapwallopen, Pa. Born Jan. 26, 1838, Mrs. O'Neill is now a ripe 113 years old.

ALL GALLSTONE PATIENTS ARE NOT OVERWEIGHT

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-Needlecraft-

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Morning Smile

Teacher—"What is the masculine of heless, Tommy?" Tommy—"Barber, Mis!"

Diner (tired of waiting): "Waitress, please find out if your colleague from whom I ordered a steak some time ago is still employed here."

Cook's Corner

ONE-BOWL CHOCOLATE CAKE

A shiny top characterizes this quickly and easily made cake — and you will note that while a short-cut method is used for combining the batter, it is different from the slightly varied versions of one-bowl cakes which have had a good deal of publicizing in recent times.

- 1 1/2 cups once-sifted cake flour
1 cup fine granulated sugar
4 tablespoons cocoa
1 teaspoon baking powder
1 teaspoon baking soda
1/2 teaspoon salt
1/2 cup milk
1 teaspoon vanilla
1/2 teaspoon almond flavoring
1 tablespoon vinegar
1 unbleached egg
6 tablespoons butter or margarine, melted

Measure and sift together twice, then sift into mixing bowl, the flour, sugar, cocoa, baking powder, baking soda and salt.

Combine the milk, vanilla, almond flavoring and vinegar (the mixture will curdle).

Make a well in the flour mixture and add milk mixture all at once; add the unbleached egg. Beat with a mixing spoon until well combined—the batter will be thin.

Stir in the melted butter or margarine.

Turn batter into a greased 8-inch square cake pan that has been lined in the bottom with greased paper.

Bake in a rather slow oven, 325 degrees, about 45 minutes.

Let cake stand in its pan on a cake cooler for 10 minutes, then loosen sides, turn out cake, peel off paper and turn cake right-side up.

Frost cake when it is cold.

2846 SIZES 12-40

Better English By B. C. Williams

- 1. What is wrong with this sentence? "After having arrived at the meeting, we argued over the matter for hours."
2. What is the correct pronunciation of "predicament"?
3. Which one of these words is misspelled? Perpendicular, pernicious, persistence, perpetrate.

ANSWERS. Omit after, and say, "argued about the matter." 2. Pronounce first syllable pre, not per, often heard. 3. Perpetrate. 4. The disgrace that follows shameful conduct. "A man finds it difficult to escape the opprobrium attached to his indiscretions." 5. Despicable.

How Can I!!!

By Anne Ashley

Q. How can I clean steel knives?

A. Powdered bath brick applied with a large cork dipped in water and then in the powder is the best abrasive. Lay the knife flat on the drainboard, or some other solid surface, when scouring.

Q. How can I effect a substitute for cream?

A. When it becomes necessary to use milk instead of cream in cereals or in coffee, scald it first and then serve hot. It will give the effect of cream.

Q. How can I remove stains from linen?

A. Soak the linen in sour milk; then cover with salt. After ten minutes, wash thoroughly.

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