The Guardian

Covers Prince Edward Island Like The Dew

W. J. Hancox, Publisher

Burton Lewis, Executive Editor — Frank Walker, Editor

Published every week day morning (except Sunday and statutory holidays) at 165 Prince Street, Charlottetown, P.E.I., by Thomson Newspapers Ltd. Branch offices at Summerside, Montague, Alberton and Souris.

Represented nationally by Thomson Newspapers Advertising Services, Toronto, 425 University Ave. Empire 3-8894; Montreal, 640 Cathcart Street University 6-5945; Western Office, 1030 West Georgia Street, Vancouver (MA 7037).

Member Canadian Daily Newspaper Publishers Association and The Canadian Press. The Canadian Press is exclusively entitled to the use for republication of all news dispatches in this paper credited to it or to the Associated Press or Reuters and also to the local news published here in. All right or republication of special dispatches herein also reserved. Subscription rates:

Not over 40c per week by carrier.

$12.00 a year by mail or rural routes and areas not serviced by carrier.

$15.00 a year off Island and U.K. $20.00 per year in U.S. and elsewhere outside British Commonwealth.

Not over 7c single copy.

Member Audit Bureau of Circulation.

PAGE 4 THURSDAY, DECEMBER 24, 1964.

The Christmas Spirit

None is no hardened by the struggle for survival or success that he can fail to be astonished by the sudden welling up of good will and generosity that comes with the holy festival of Christmas. For at least a few days our energies are channeled to the provision of happiness for others, and we learn, once again, the truth of the precept that it is better to give than to receive.

This is the core of the matter. It is the spirit the whole world needs most. If it were to animate mankind in general and were to continue throughout the year, a new era of human experience would be ushered in. But perhaps the remarkable thing is not that Christmas opens the springs of good will for such a brief, bright season each year, but that it happens at all.

Christmas is a humble story, of a Mother, and a Child born in a manger, because there was no room for them in the inn. The lessons it teaches are applicable to all, of justice, mercy, brotherhood, and the dignity of any man born in God's image. Simple, and universal; yet after two thousand years we are still lacking in the faith to apply them to world problems, still seeking our own vain ways of bringing the Divine promise to fulfilment.

Only at this season, for most of us, does the message come through clear and distinct. Then we realize that peace and good will are inseparable, that the one cannot exist without the other, and that both are emanations of a higher law in which all our warring inconsistencies are reconciled.

The apex of all the symbolism of Christmantide is the Star of Bethlehem. No matter that science cannot verify an actual astral phenomenon when Christ was born. His star in the east was real enough to the wise men; they saw it, so vividly in their hearts that it came before their eyes. This was faith, and it led them true and straight.

So all who seek may find, as Christians do in the Christ Child, their own guiding stars on the path of peace on earth and love among men. May all our stars shine brighter and clearer, tomorrow and to come.

The Congo Harvest

The horrible lengths to which racial hatred has gone in the Congo were illustrated in a message the Belgian foreign minister, Paul-Henri Spaak, received from Christopher Gbenye, the Congo rebel leader. Gbenye said that his forces would burn whites to death in their homes, eat them, make fetishes out of their hearts and parade in their skins. Here is savagery almost beyond imagination, and it points up the difficulties of bringing law and order to the country in terms that all can understand.

But to get the Congo picture clearly, one must view it against a background of more than a century of ruthless exploitation. Even before King Leopold II of Belgium seized it as his personal possession in 1885, it was the stamping-ground of brutal slave traders and white adventurers. In 1908 Leopold gave up personal possession of the vast country and handed it over to the Belgian government. Some changes were made, but the basic pattern of exploitation remained.

The main efforts of the occupying power went into the development of a transportation system that would make easier the task of exporting the enormous resources of rubber, ivory, diamonds, copper and other goods. Indeed, it has been the colossal wealth that has been the real source of the Congo's continuing misery.

While Britain took steps to prepare her colonies for self-government, Belgium rated Congo independence as unthinkable. But the freedom movement was contageous. In colony after colony, the liberation fronts chose their leaders. Rioting swept the country in a wave. In 1950 the Belgians finally got around to launching a program to improve the social and economic development of the natives, but the move came too late.

When the Belgian government finally gave the Congo its independence, chaos followed. The United Nations took a hand, but its units had finally to be withdrawn. Now, following the American-Belgian rescue mission which saved about 2,000 hostages from bloodthirsty savages, another irrational wave of resentment has been built up. Some African leaders have used such language in the U.N. Assembly against the west and whites as to leave observers in shocked disbelief.

To find a solution to the Congo in this atmosphere of hate, racism, and barbarism seems all but impossible. Yet the effort must be made, and the United Nations is the only organization that can meet this challenge. It must approach it with a full understanding of the sowing that has produced such a fearful harvest of bitter fruit.

Just A Reminder

This will be a long holiday weekend for many, and it is well to remember that more accidents occur on such occasions than at any other times in the year. According to the National Safety League of Canada, a lot of these accidents result from general bustle and confusion, putting the most safety-conscious person temporarily off-guard. The Christmas season especially has a lamentable record of accidents that should not have happened.

It is a time, of course, to be convivial and friendly, a time to be intermittently host and guest. As a League bulletin reminds us, in the days when highways were laneways and Dobbin could find his own way home, Jovial Joe was comparatively safe in his junkets. But it is different today. Joe, still jovial and junketing, has command of a couple of hundred horsepower and a two-ton vehicle amid thousands of similar uninhibited celebrators. No place for them behind an unguided missile that takes human life in horrifying numbers.

"Keep that effervescent Christmas cheer between the walls of your home, or take a taxi," advises the Safety League. "There'll come another Christmas and New Year's and you might want to be around, but not as a shameful memory."

Fire hazards, too, can be reduced at this season if decorations are fireproof or fire-resistant. Paper, tree boughs, ribbons—all such inflammables should be kept from lights, candles and fireplaces.

Christmas trees require the most attention. Every year many go up in flame causing families to suffer hardships and even tragedies. These can be prevented by checking decoration wiring, dryness of trees and removing ashtrays near the tree.

Toys scattered around the floor; climbing too high to hang decorations; using a chair or some other makeshift device instead of a stepladder; ignoring ice on steps and sidewalks—these and other lapses into carelessness could be factors in painful accidents at this time.

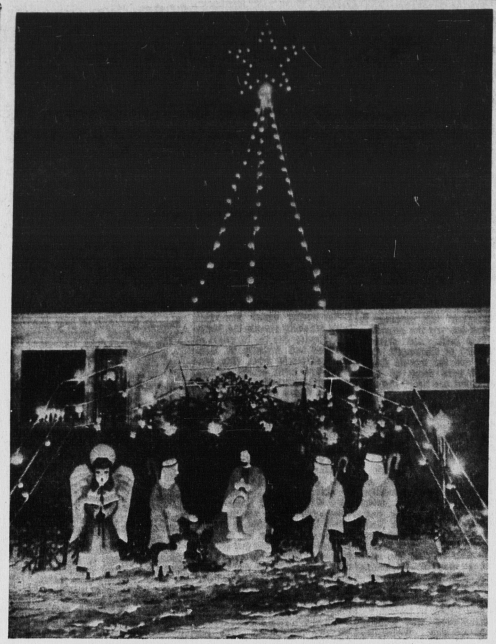
Such hazards could turn a Christmas celebration from one of joy to one of tragedy. Here's hoping we'll all have gumption enough to avoid them, and be around in as good shape—practically—when the joysome period is over as when it started!

EDITORIAL NOTES

The Ontario Safety League reports an ingenious, but ineffective plea by a pedestrian charged with ignoring a "Don't Walk" sign. His excuse was that he though it was an advertisement for a taxi company.

* * *

Canada's trade with South America is continuing the upward trend evident since the end of the Second World War. In the decade and a half since 1948, our exports to that area have almost doubled and our imports have increased 2½ times.



"ALL IS CALM . . . ALL IS BRIGHT"

OTTAWA REPORT By Patrick Nicholson

Leaders Planning Family Christmas Parties

The family Christmas party of a political leader surely seldom outnumbers his political party as represented in the House of Commons. But that will be the position when Social Credit leader Bob Thompson and the Rallieiment des Creditistes leader Real Caouette celebrate the Holy Day.

Mr. Caouette, the only French-Canadian leading a federal party today, will enjoy perhaps the most colourful celebration, with its mixture of the traditional French "Jour de l'An" or New Year's Day and the English Christmas. He will start by attending midnight mass, going with his family into his church at Rouyn as Christmas Eve draws to a close. In many ways the most beautiful and impressive ceremony of the church's year, in which three masses are celebrated, the service lasts for about two and a half hours.

Then the Caouette family, some sixty strong, will move to his big garage, gay with Christmas decorations and dominated by a large brightly-lit tree Santa Claus, who in everyday life is Real's brother, will distribute presents to everyone. As the highlight of this "Reveillon" a huge Christmas dinner will be consumed, consisting of the traditional Quebec "tortieres" or pork pies, as well as the English turkey. These will be followed by a wide selection of fruit cakes, fruit and other desserts. Then comes the singing, as all will join in the well-known Christmas songs, ranging from carols such as "Il est ne, le divin enfant" and old Quebec songs like "Mon beau sapin" (my pretty Christmas tree), to modern favourites including "White Christmas." While the older people talk, the children will play with their new toys until around 9 a.m., when English - speaking Canadian families are just starting their Christmas Day, the Caouette family will lay their sleepy heads on their pillows.

ALBERTA CHRISTMAS

Far away at Red Deer, Alberta, the family of Bob Thompson will have only 7 a.m. on their clocks. When they get up, they will all find gifts for them beneath the Christmas Tree. Then the family, Bob and his wife Hazel, their eight children, the husband of their eldest daughter Grace and her young son Kevin, will all go to church. Around 3 p.m. they will sit down to their turkey dinner.

Prime Minister Pearson will celebrate Christmas Day in Ottawa, happy to have his diplomat son Geoffrey with his wife and five children back in Ottawa after seven years serving in Paris and Mexico City.

New Democrat leader Tommy Douglas was hampered in making his Christmas plans by the uncertainty as to when Parliament was to adjourn. His hope was to travel west with Mrs. Douglas, and celebrate the holiday in his constituency at Burnaby, B.C. Both his daughters are married, and a family reunion was not practicable.

WELFARE FOR THE MINISTER

John Diefenbaker had laid plans to fly to Tobago on the Wednesday before Christmas, together with Mrs Diefenbaker and his brother Elmer. For him, the Christmas and New Year holiday would be ten days in the Tropics, far from the snow of Parliament Hill — where of course in recent days the snow is the only thing which has been pure and crisp and deep.

Health Minister Judy LaMarsh, detained in Ottawa by Parliament and Cabinet meetings, planned to entertain her brother, his wife and their three children to Christmas dinner at her home at Niagara Falls. "It generally takes me two weeks to get all set for Christmas, but this year I will have to do it in two days," she told me. Decorating the house, preparing the oyster stuffing for the turkey, wrapping presents for her guests, and getting the wrinkles of the Long Session out of her head will keep her printing up to the post. A Happy Christmas to them all!

The Poet's Corner

CHRISTMAS BELLS

Merrily, merrily,
Church bells chime.
Merrily, merrily,
Christmas time.

Cheerfully, cheerfully,
Hear them ring.
Cheerfully, cheerfully,
Ding - dong - ding.

Happily, happily,
Bless this morn.
Happily, happily,
Christ is born.

Joyously, joyously,
Praise this day.
Joyously, joyously,
Live His way.

— Bert Foster

Charlottetown.

A SEA NOWELL

White spray greeting the cold dawn;
The black ruffled plumage of the waves.
Settles and folds, smoothed
By the beak of the wind.
Like a huge bird, a mystic jinn.
The sea sits in her nest
At rest.

The cold dawn breaks;
The rose-tender fingers
Of the Infant Day
Play with the fringes
Of the Nights dark curtain.
Suddenly it is drawn aside.
And Day, now a proud father,
Surveys the crooning world.

The seabirds shrill Nowell!
The dark sea gleams,
Then gilt, a phoenix,
Once again rises,
To greet the new life:
Nowell! Nowell!

—Rev. Wm. H. Doucette, CSsR RCN,
HMCS "Stadacona"
Halifax N.S.

Drab Speeches At UN

By Carman Cumming
Canadian Press Staff Writer

The United Nations General Assembly, almost forgotten in the glow of Congo and cold war fireworks, has plodded through three weeks of its annual policy debate, generating scarcely a spark.

The debate—which is not a debate at all but a series of often tedious policy statements—seldom produces the drama of Security Council cut-and-thrust or even of a committee meeting.

But this year it is generally conceded to be even drier and more repetitious than usual.

Only on two speeches have been exciting enough to cause corridor comment.

Ireland's External Affairs Minister Frank Aiken delivered one of them, combining a cutting attack on Communist China with a plan for seating that country as a permanent member of the Security Council.

Poland's Foreign Minister Adam Rapacki, one of the few Communists listened to with respect in the West, came up with a proposal for a European security conference bringing in the Russians and Americans.

Cuba's Che Guevara, every inch the revolutionary in beard and black polished boots, added a note of color to the debate that even his detractors seemed to appreciate.

But in the main, the speeches sounded like something that could have been produced with scissors and paste from all the other statements of this and other years.

One reason is that the speeches — and in private the diplomats are the first to admit it — are designed to a great exient for home consumption. Thus every sacred cow from each government's stable has to be paraded at length.

There are 35 countries in the African group alone, and each runs through a lexicon of anti-colonial charges.

There are 77 countries classed as "lesser - developed," and almost to a man their representatives chide the great powers' "restrictive" trade policies.

Each Arab speaker lacerates Israel and discusses the problem of Palestine refugees. Each Communist speaker goes over the United States for its policies on Cuba and Viet Nam.

All 115 countries, seemingly, are in favor of disarmament and say so at length.

The UN's constitutional crisis receives a lot of attention, with most of the small non - Communist countries arguing for retention by the assembly of "residual rights" in the peace-keeping field. France and the Soviet Union are leading the other side of the fight, for exclusive Security Council control.

Eye Scanning And Dreams

By Dr. Theodore R. VanDellen

There are two kinds of sleep. Most of the time is spent in an unconscious state, unaware of our associations, memories, thoughts, and feelings. The brain waves, as registered on the electroencephalogram, are large and slow.

But every 90 minutes during sleep there are 10 to 15 minute periods of rapid eyeball movements (REMs). The brain waves quicken and become smaller; they resemble the pattern noted during the drowsy - waking interval. If the individual is awakened at this time, he almost always is found to have been dreaming. This second type of sleep is called REM, or paradoxical sleep. Dreams occur at this time but they usually are forgotten unless the person is awakened during the REM episodes.

Dreams are an essential component of sleep. Several months ago we wrote on an experiment in which a group of men were awakened at the first sign of REM and robbed of their dream. Two things occurred: The REM periods came on sooner during sleep as though the mind needed to "get something off its chest." Meanwhile, the subject became anxious, irritable, and unable to concentrate after four or five dreamless nights.

We are asked frequently whether dreams can occur in color. The answer is yes, more so when color adds meaning to a concept. This is more likely to happen during daytime naps, fever, intoxication, or when the brain is damaged by injury, tumor, or stroke.

I understand that a person must have normal color vision to recall dreaming in color. This suggests that REM's occur when the dreamer is scanning the visual scene. This is likely because blind people do not have periods of rapid eyeball movements.

Another manifestation of dreaming is grinding the teeth. Most dreamers clench the jaw muscles during the REM periods. The tooth grinder goes at the process more vigorously.

BUMPY SKIN

B. P. writes: I am 14 years old. Five years ago I had chicken pox and still have dark bumps on my skin. They seem to be shrinking. Is there any way I can bleach them or speed the shrinkage?

EPLY

Let well enough alone, so long as an improvement is noted. Are you sure these bumps are not caused by acne?

MEASLES DURING PREGNANCY

Mrs. J. M. writes: Would an attack of regular measles during the second months of pregnancy harm the baby?

REPLY

This is questionable, even though it is said viruses may cause fetal defects. The situation is different with German measles.

FEVER BLISTERS

R. M. writes: Is there an effective salve for herpes simplex?

REPLY

These small blisters heal more rapidly when they are kept dry. As a result, salves are not as effective as, alcohol, camphor, tincture of benzoin, or a 15 per cent solution of trichloroacetic acid.

CAN'T TAKE IT

F. E. B. writes: Will you please explain a nervous breakdown exactly.

REPLY

This is a lay term for a mental (psychotic) disorder such as manic depression or schizophrenia. These breakdowns develop as a result of overwhelming stress to which the individual cannot adjust.

NOTES BY THE WAY

The more bodily weight you have to carry around the shorter the time you'll probably have to carry it, so it is time to reduce now.—Hamilton Spectator.

"No permanent address" sounds bad on a man's record; and yet, in this transient world, who can claim to have anything else?—Vancouver Province.

We poison our rivers, pollute the air, and despoil our forests, says a contemporary. That may be so, but we speak very highly of all three in our patriotic songs.— Peterborough Examiner.

The bachelor went to see his married sister's new baby. He watched the infant carefully through the regular routine of the day. When asked later to describe the new arrival, he thought a moment, and then said: "Hmm. Very small features. Clean-shaven. Very red in the face, and a very hard drinker."—Montreal Star.

When asked by a new neighbor what her husband did, a wife replied, "My husband is an efficiency expert, working for a large company." "And what does an efficiency expert do?" the neighbor wanted to know. The wife thought for a moment, then explained "It's a little hard to tell you, exactly, but if we women did it they would call it nagging." — Montreal Star.

The Ottawa police have developed a new and apparently successful way of curbing juvenile delinquency. They record the names of youngsters found around trouble as well as arresting those who are in it. If a name crops up a second time the parents are advised by letter. If the youngster persists in hanging around trouble spots and there is no reply from the parents, the police take sterner steps— they may lay charges of parental neglect.— Toronto Star.

A circular, obviously prepared in Ottawa, says that pensions under the Old Age Security Act "are paid wholly by the federal government." This of course is wholly wrong. Pensions provided under act of parliament are made possible only because parliament has enacted laws which provide for the collection of the amount required to pay the old age pension.—Alvinston Free Press.

BURNS CLEANER
NO SMOKE, NO ODOUR
Tetco FUEL CHIEF
HEATING OIL
Phone 4-7311
CHARLOTTETOWN
Petroleum Products

It's Here The New "McCulloch" CHAIN SAW
"The Woodsman's Best Friend".
$129.00
Keith Carmichael
25 Brackley Pt. Rd. 4-6423
Sherwood

Greetings
We're thankful for our many friends and wish them happiness at this very special time. Merry Christmas!
Management and Staff
The Fashion Shoppe
Gt. George St. Charlottetown

We're aglow with that intangible thing called Christmas spirit — and wish all our friends
A VERY MERRY CHRISTMAS
Miller Bros. Music Store
147 Gt. George St. Dial 894-3535

Ringing out sincerest wishes that yours will be a Merry Christmas!
R. ROBINSON
12 Alexandria Drive Charlottetown

Greetings for Christmas
May the spiritual blessings of the Christmas season be with you and yours.
CHANDLER BROS.
1 Plywood Place Charlottetown