

Toward Self-Government
The British Government is moving steadily ahead in clearing up the colonial mess in Kenya. Seven years ago an anti-white society among the Kikuyu tribe, calling itself the Mau Mau, erupted in terror and violence.

Good Training School
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Price Spreads & Farm Costs
Among the highlights of the report of the Royal Commission on Price Spreads, issued yesterday, was the statement that increasing farm productivity has forced down returns to farmers. But the consumer hasn't always gained. This is clearly indicated by the fact that while the retail food price index rose 20 per cent in the ten years 1949-58, the cost of marketing food from farmers to consumer rose 84 per cent in the same period.

EDITORIAL NOTES
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U.S. Coastline Losses
National Geographic Society
The nation's beaches are only a temporary gift from nature, and engineers are hard pressed to keep tide and tempest from sweeping them back into the sea.

MISSILES AND THE LAW
Globe and Mail, Toronto
Until very recently, it was an accepted rule that nations which wanted to experiment with new weapons did so on their own territory. The United States, for example, exploded its nuclear weapons in Nevada or on U.S.-occupied islands in the Pacific; while the corresponding Russian tests apparently took place in Siberia.

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boon to farmers because of the manpower hours that are saved. But when does the cash benefit begin? After the tractor and tractor-drawn implements are paid off. As a continuing operating cost there are repairs and replacements to pay for, not to speak of oil and gasoline.

In the changed farm economy large numbers of farm households no longer bake their bread or make butter. These are just two items of cost added to farm expenditures. Most farmers now have a family automobile. Because of mechanization it may be necessary to buy commercial fertilizer. Also in order to provide balanced rations to increase productivity the farmer buys feed instead of feeding only what he grows on his farm.

Reduction of the price spread on foodstuffs will certainly help the farmer as well as the urban consumer, but the problem goes deeper than merely reducing merchandising costs. There is need for drastic tariff reduction on what the farmer and fisherman have to buy, if these basic producers are to be kept in profitable employment and enabled to compete in outside markets.

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This does not necessarily mean that there will be a complete turnover annually. No doubt those who show promise will be kept busy as Parliamentary secretaries until they are ready for more important responsibilities. Those who seem to lack talent or interest in the required degree will, presumably, be quietly sidelined.

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ALL AFTER MORE CAKE

AT THE U.N. Presidential Prospects

By Patrick Nicholson
NEW YORK—Twelve months from now, the electors of the United States will choose a new President, to succeed ex-General "Ike" Eisenhower, who is not eligible to run for a third four-year term in the White House.

The professional politicians in the Republican camp believe they have a winner in Vice-President Richard Nixon, the 46-year old Quaker from California. Sports-loving Nixon spent four student years sitting on the substitutes bench on the edge of his college football field. He has already warmed the substitutes' bench outside the White House for seven years, hoping for the elevation which would automatically follow the once-fleeted death or retirement of Ike. Next year he hopes to win in his own right, but it more likely to perpetuate his football failure.

He is not the darling of the voters; but he is the choice of the "old pros", which may well be the kiss of death. As a member of the House Un-American Activities Committee 10 years ago, his enthusiasm so far outran his prudence that many Democrats today bitterly recall how he virtually smeared their party as Communists. This would prevent him attracting many cross-over votes in the presidential election.

REPUBLICANS COULD WIN
But the distant race is very much open, both as to party and as to candidates. Even Democrats admit that a "progressive" Republican could triumph across the U.S.A. in 1960, just as a Progressive Tory swept one opposing party to disaster and two to destruction across Canada in 1957.

THE PEOPLE'S CHOICE
Recently a dark horse has come forward as a possible runner in the White House stakes. This is a very personable and obviously competent working politician, Nelson Rockefeller, who last year bucked the strong Democratic tide

beaches remain more or less the same, there is an unusual balance between nature's give and take of sand. UNSATISFACTORY
Some years ago, communities countered the sea's advance mainly by building sea walls, dredging inlets, or erecting groins, breakwaters, and jetties. In many cases, the structures not only failed to stop erosion; they interfered with the supply of littoral drift to adjacent straits.

TEN YEARS AGO
A band for Summerside is now assured, it has been learned, as the result of a decision taken at an executive meeting of the Summerside Branch of the Canadian Legion Monday evening. A sum sufficient was voted to purchase instruments and get the organization underway.

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Best Filtering System Of All

By Herman N. Bundesen, M. D.
MANY of the cigarette companies are boasting these days about the number of "tiny filters" their cigarettes contain. Yet I have never heard anyone brag about the filtering system of his kidneys. And that really is some system.

Each of your kidneys contains approximately 1,000,000 tiny filters. This filtering process is an essential one. In fact, without it you can't live, because the kidneys are the only organs that can do the job.

STRAIN WASTE PRODUCTS
These filters strain waste products out of the blood. The waste, in turn, is dissolved in water. This mixture of water and solids is removed from the body as urine. If an illness should knock out this filtering process, the waste products cannot be removed. These wastes accumulate and cause symptoms of chronic Bright's disease, or nephritis. Bright's disease and nephritis, you see, actually are different names for the same illness.

AFFECTS MEMBRANES
The disease, whatever you want to call it, affects the delicate membranes of the kidney's filtering units. If the attack is acute, it does even more damage than this. Then it also attacks the tiny blood vessels throughout the body, causing water to leak out into the tissues. This generally produces the typical symptoms of Bright's disease, puffy flesh around the eyes and swelling around the ankles and other portions of the body.

SERIOUS CONDITION
Although the condition is painless, it is serious, since both the heart and kidneys may be damaged. Usually the heart is not injured badly, but the inflammation of the kidneys can be extremely severe.

QUESTIONS AND ANSWERS
Mrs. W.S.: How can a woman who menstruates every 28 days figure when she is fertile and can become pregnant?
Answer: Ovulation (ten days to one week prior to menstruation is the most fertile period in the menstrual cycle.

OUR YESTERDAYS
(FROM THE GUARDIAN FILES)
TWENTY-FIVE YEARS AGO
(Dec. 1, 1934)
The annual St. Andrew's night dinner, under the auspices of the Caledonia Club, was held in the Canadian National Hotel last evening, when about 80 guests attended. Walter R. Shaw, president. A sprig of heather brought from Scotland by Mrs. James Paton and Mrs. Samuel MacDonald was placed at the plate of each guest.

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NOTES BY THE WAY

"Women are much better at spending money than men are," says a Chicago banker. Of course they are. Aptitude and enthusiasm always evoke greater activity and proficiency.—Sarnia Observer

Warm weather in the United Kingdom this Summer has resulted in the growth of a second crop of apples. Agonized apple exporters in the Annapolis and Okanagan Valleys might well shriek!—Ottawa Journal

Both shipping interests and government are anxious that maximum economic use be made of the St. Lawrence Seaway. But this doesn't include rescuing vessels trapped in the ice, except for a substantial fee.—Ottawa Journal

Twenty-two cent out of the Canadian sales dollar go for direct manufacturing wages and 1.6 cents go for fringe benefits, which are indirect wages. Forty-six and a half cents go for materials a company buys to make its products. Few people stop to figure out that the material's cost, in its turn, is largely wages which have been paid to other manufacturing employees, farmers, woodsmen, fishermen, miners, transportation, storage and trade workers for their contribution to the final product.—Industry

The quotation, "Cleanliness is indeed next to godliness," occurred in a sermon on dress, preached by Rev. John Wesley two centuries ago. Today it is usually shortened to "Cleanliness is next to godliness." Be that as it may, it has a somewhat different application in the oyster industry. In Norfolk, Virginia, one of the r-day an oysterman was fined \$1,000 for washing his product too long.—Gall Reporter.

Have you ever had a chance to look into the book carried by your meter men? Such was my luck the other day when I visited the water and light commission office. The notes at the bottom of each customer's page were most interesting. "The dog's name is Fido" . . . "The key to the door is in the cavestrong" . . . "Be careful not to let the cat out" . . . and others. (Oh, for the life of a meter man!)—Sun Prairie Star—Countryman

Experts have tested samples of war-surplus ammunition sold in a number of city stores and have found it to be faulty and extremely dangerous. A customer returned a box of shells to one store, claiming that they were faulty. Investigation showed that several of the cartridges were split. Experts in ballistics found that the pressure in each shell when fired had increased from the normal 45,000 pounds per square inch to nearly double that figure.—Edmonton Journal

The Age-Old Story
He which converteth the sinner from the error of his way shall save a soul from death, and shall hide a multitude of sins.

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