

Old Home Week Specials

Thursday Aug. 6th to Saturday Aug. 15th
Inclusive

PETER PAN	
PEACHES, 15 oz. 2 tins	29c
GRAPEFRUIT OR BLEND	
JUICE, 20 oz. tins, 2 for	29c
MT. STEWART	
STRAWBERRY JAM	27c
FRUIT COCKTAIL, 15 oz.	26c
LIPTON'S	
CHICKEN NOODLE SOUP, 2 tins	25c
MIRACLE WHIP	
SALAD DRESSING	29c
SANDWICH SPREAD	29c
FANCY PINK	
Salmon, 1 lb. tin 39c	DEW KIST WAX
Spork 34c	Beans, 2 tins . . . 35c
MEAT	Onions, 3 lbs . . . 12c
Spread, 2 tins . . 29c	McCREADY'S
	Pickles, 24 oz. . . 35c

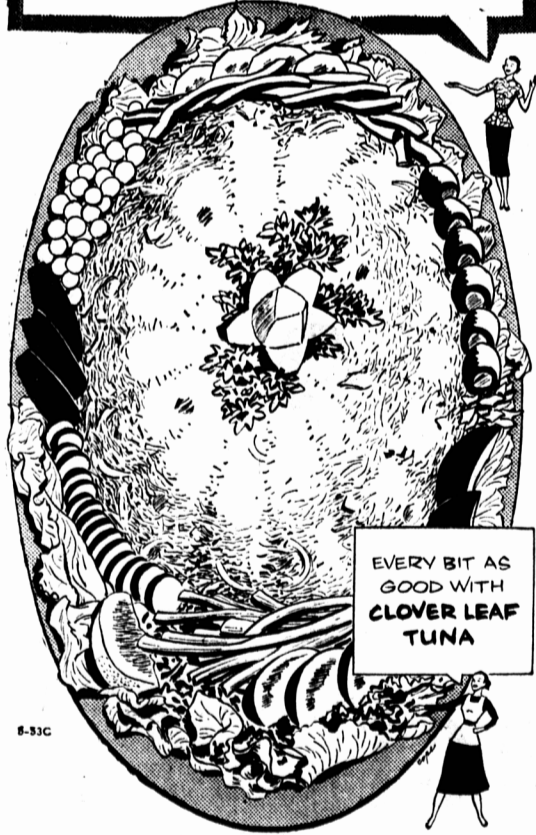
MORANS GROCERY

Corner Rochford and Kent—Free Delivery—Dial 4931



Try this delicious JELLIED SALMON

To 2 cups of flaked Clover Leaf salmon add juice of 1 lemon, 1/2 tsp. of salt, dash of red pepper, 1 or 2 sliced hard cooked eggs and 2 tbsp. of green peas. Dissolve 1 tsp. of gelatin to make 1 pint of liquid (use water—1/4 cup of cold to soak it in and the remainder hot.) Pour over first mixture in small or large moulds. Chill and serve on lettuce. Serves 6. A gelatin mixture, flavoured with lemon, plus 2 tbsp. of vinegar and salt to season, may be used instead of plain gelatin.



EVERY BIT AS GOOD WITH CLOVER LEAF TUNA

BRITISH COLUMBIA PACKERS LTD., VANCOUVER, CANADA

JUICE TASTES BETTER FRESH FROM THE ORANGE!

There's absolutely nothing to equal the rich, tangy flavour of juice squeezed fresh from a Sunkist orange. You get all the goodness, too, and all the Vitamin C that nature put there.



Fresh Oranges are an EXCELLENT SOURCE OF VITAMIN C

Sunkist

Tree-fresh VALENCIAS
FROM CALIFORNIA AND ARIZONA

The finest oranges grown carry the Sunkist Trade Mark on the skin of the orange. Available in all stores.

Table Top

by Eden Phillpotts

PRINCIPAL CHARACTERS

Tom Aylmer: At the time the story opens is living in Peru, managing silver mines belonging to his father.

Felice Pardo: A Peruvian who, although young, has been fifteen years in the service of the Aylmer mining enterprise. He is the most trusted native employee.

Mrs. Mercy Aylmer: Tom's mother; egotistical and exacting.

Jane Bradshaw: Tom Aylmer's fiancée. At the time the story opens, the expectation is that these two will marry on Tom's next leave in England.

Angus Maine: A young Scot on Aylmer's staff, and close companion of Tom.

Jacob Fernandez: A rich, elderly South American whose hobby is the study of bird life. He is a bachelor and is engaged upon a monumental literary work on the subject of bird life.

CHAPTER I

Youth On The Hills

Two young men lay upon their backs with a mighty vision of earth and sea stretched around them.

From beneath the shelter of their Panama hats they gazed upon the edge of the world, with the Pacific Ocean arranged in dim lapis lazuli beneath the foothills of the Maritime Cordillera, and the peaks of the Andes stretching mightily northward.

Immediately about him spread enough happiness for one young wanderer, who rejoiced in field botany above all other pursuits; but the mind of the other roamed far away. He was an archaeologist and yearned for the ruins of the Incas and exploration in those forests and perilous places where still stood vast fragments of a vanished civilization.

Meanwhile fate had ordered that the pair of them should be clerks in a business office at Lima, and at the capital of Peru they worked for a living. But their status in the Mount Atajo Silver Company differed, for while Tom Aylmer was the son of the owner, his friend, Angus Maine, occupied a minor position.

Aylmer's father lived in England, and Tom represented the little private company on the spot, within a few hundred miles of the mine; while his friend's home was Scotland, and he had to thank a dead parent for his present excellent appointment. As these two boys were closest friends, so had their fathers been before them, but now Macdonald Maine was dead.

The young men had visited the mine and were at present spending their summer holiday under canvas among the hills. Next year they would be due for home and were already looking forward to six weeks in England, but for the

Barbara Brent's BUYS AND WHYS



MONTREAL, August 6th—It's pickling time again . . . time to gather all those good vegetables from your garden or the market . . . and high time to stock up on HEINZ WHITE VINEGAR. Buy it in the gallon jug—it saves you up to 25c on every cup as compared with smaller containers. And of course you get more than economy when you buy this vinegar made by the folks who made pickles famous! Crystal clear, full-bodied, uniform in strength—it preserves the crisp texture and colour of your pickles to perfection. And, by the way, if the gallon jug you buy doesn't have the free recipe booklet, "Pickling Success", attached—write to me for it . . . Barbara Brent, 1411 Crescent St., Montreal, P.Q.

Holidays Are For Fun . . . so plan them for enjoyment. Often it's the details that make all the difference between fun and worry. For instance, it bothers me to carry cash when I'm travelling, so I carry B of M Travellers Cheques. If they're stolen, they're no good to the thief, because it takes the owner's signature to make them good. Yes, B of M Travellers Cheques are foolproof . . . they're a practical guarantee of a carefree vacation. So when you're making up your list of things to take on your holiday . . . you'll do well to put Travellers Cheques at the top. They come in convenient amounts of \$10, \$20, \$50 and \$100—and you can buy them at any branch of the BANK OF MONTREAL. You'll find them easy to cash wherever you go—but only you can cash them.

Talk About Hot Weather!

Then think of the coolest thing you know. For me, it's a frosty, refreshing glass of NEW INSTANT CHASE & SANBORN COFFEE. New Instant Chase & Sanborn is even cooler to make . . . it's so easy. It dissolves like magic in cold (or hot) water—and here's all you do to make cool coffee—

Place one heaping teaspoon of New Instant Chase & Sanborn in a tall glass. Half fill with tapwater and stir. Then add ice. And just wait 'til you taste that real coffee flavour! You see, New Instant Chase & Sanborn is 100% real coffee, made by a new exclusive process that keeps the flavour and aroma of freshly ground coffee.



Salads are only as good as their dressing. I'm sure you know that . . . but did you know that lemons are perfect for bringing out the subtle good flavour of your salads?—and of course they add their own fresh flavour as well. But be sure the lemons you use are the finest to be had . . . use SUNKIST LEMONS in this recipe for **Lemon French Dressing**—

1/2 cup Sunkist lemon juice
1/2 cup salad oil
1 teaspoon each of salt and paprika
2 tablespoons sugar or honey
Shake well before serving. Add 1/2 teaspoon celery seed and clove of garlic if desired. (Makes 1 cup.)

present their annual vacation near-end. "Will your governor ever come out here again?" asked the Scot.

Something Easy—something good

for lunch or supper? My favourite summer treat is a light and tasty meal of soup and salad. But definitely one of the HEINZ SOUPS—they're the pick of the lot. Hundreds of people in dozens of taste tests have tasted and agreed. Yes, the whole family of Heinz Soups rated top marks with dieticians, young folks, men, factory workers and housewives. And I'm sure a taste-test in your own home will bring a similar verdict. Simply heat a tin of say, the new Heinz Chicken Consomme or that delicious new Heinz Split Pea with Bacon and a tin of any other brand. Serve half-helpings of each and take a vote. Bet it will be Heinz, 2 to 1!

Peach Jam Is Sure A Favourite, isn't it? Of course, not to be ignored either are those tempting cherries and plums. They're all good for jam . . .

done the CERTO FRUIT PECTIN way. With Certo you need only a one-minute, full rolling boil. Results are grand! You get a perfect set every time if you follow the Certo recipes exactly. You'll find recipes for jams and jellies in the booklet under the label of each bottle of Certo. With these recipes, you'll get up to 50% more jam or jelly from the same amount of fruit. And you'll save yourself 2/3 of the time of the former long-boil method.

"I doubt it, Angus. He's getting on and hasn't been too fit lately. I wouldn't say he's awfully happy

Continued on page 16

Have a Coke for quick refreshment

Coca-Cola is world famous for quick refreshment. When hot weather slows you up, have a Coke. Be refreshed . . . be yourself again.



DRINK Coca-Cola

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75 Water Street, Charlottetown, Dial 3745.

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WANT ENERGY FOR FUN?

Start your day with
NABISCO SHREDDED WHEAT!

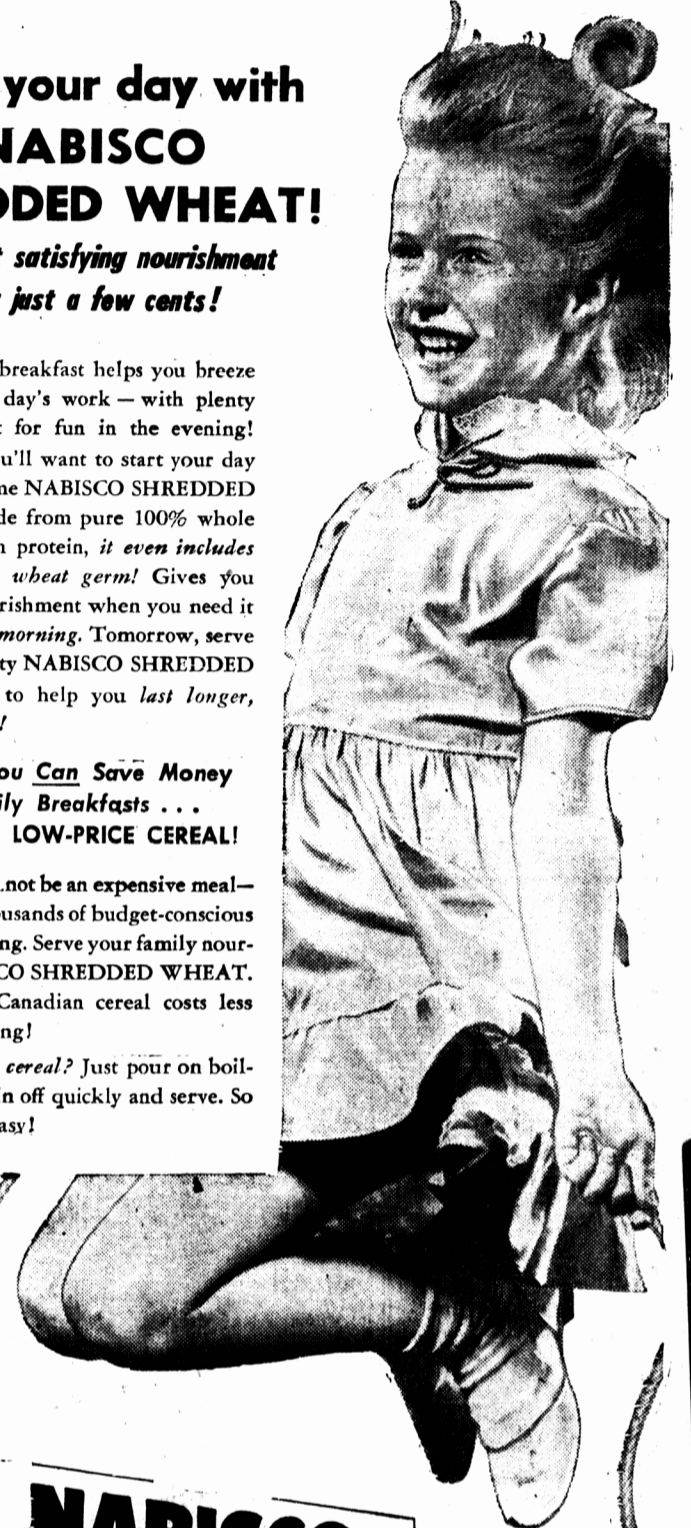
You get satisfying nourishment for just a few cents!

A nourishing breakfast helps you breeze through your day's work—with plenty of energy left for fun in the evening! That's why you'll want to start your day with wholesome NABISCO SHREDDED WHEAT. Made from pure 100% whole wheat, high in protein, it even includes the bran and wheat germ! Gives you solid food nourishment when you need it most—in the morning. Tomorrow, serve delicious, hearty NABISCO SHREDDED WHEAT . . . to help you last longer, finish stronger!

Mother, You Can Save Money at Family Breakfasts . . . WITH THIS LOW-PRICE CEREAL!

Breakfast need not be an expensive meal—if you do as thousands of budget-conscious women are doing. Serve your family nourishing NABISCO SHREDDED WHEAT. This famous Canadian cereal costs less than 2¢ a serving!

Prefer a hot cereal? Just pour on boiling water, drain off quickly and serve. So delicious, so easy!



NABISCO SHREDDED WHEAT



FOOD ESSENTIALS IN NABISCO SHREDDED WHEAT

CARBOHYDRATES — for food energy.

PROTEIN — to help develop muscles and other tissues.

FAT — essential to a well-balanced diet.

IRON — an essential element of the blood.

CALCIUM & PHOSPHORUS — for normal bones and teeth.

VITAMIN B1 — contributes to the maintenance of normal appetite.

So easy to starch! So easy to iron!

NO BLUEING NEEDED!

NO WAX NEEDED!

NO MESSY POTS!

NO STICKY IRONING!

SAVES TIME!

SAVES MIXING!

SAVES BOILING!

SAVES STRAINING!