

HAPPENINGS

Mr. and Mrs. Treston (nee Olga Rogers of Summerside) entertained at a family dinner recently at the Charlottetown Hotel. Mr. Treston was on Christmas leave from South America. The guests were Mr. and Mrs. Graham Rogers, daughter Barbara and son Charles of Ottawa who spent Christmas with his parents, and Mrs. Cecil Stewart. Mr. Treston left for Sumatra, where he has been transferred, a few days later.

Mrs. John B. Andrew, city, enjoyed the Christmas holiday with her sister, Mrs. Irving Thompson and Mr. Thompson, Dunstaffnage. She also spent a pleasant New Year's Day as guest of Mr. and Mrs. Vernon Dennis, Central Royal.

A very delightful party was held at the home of Mr. and Mrs. Fred Larkin, 85 Richmond St., on New Year's Eve. A large number of guests were present and dancing was enjoyed until midnight, music for the occasion being furnished by Cyril Richards. Several step-dancing numbers by Mrs. Leonard Peters were also a pleasing feature. Supper was served in a festive setting with flowers and twinkling lights adorning the table which provided a fitting climax to a most enjoyable evening. Mr. Ed Cullen proposed the toast to the host and hostess.

A feature of the occasion was the appearance, at midnight, of Mr. 1955, in the person of Mr. Peter Campbell in costume accompanied by little Miss Gloria Anderson as Miss 1956. Mrs. Francis Joseph and Mrs. Elsie Anderson, daughters of the hostess, assisted in serving during the supper hour.

PRINCETOWN ROAD W. M. S.

Mrs. Lester Johnston was hostess to the members of Princetown Road W. M. S., on Tuesday evening December 20, 1955, for their annual meeting.

Mrs. Charles Newport was devotional leader for the evening. The Christmas Worship Service, taken from the Missionary Monthly, which included Scripture, carols and other hymns was carried out by the leader assisted by the members.

The business period opened with the reading of minutes from November meeting. Roll call was answered by eight members and two visitors. The treasurer reported the amount of \$35.91 from Mite-Box and travelling apron collections.

Mrs. Lester Johnston and Mrs. Dale Craude were appointed to get a Christmas gift of a box of chocolates or drinks for six shut-ins in the community. The treasurer reported paying a bill of \$2.40 to Mrs. Everett Clow for Study Book. A total of 21 home calls and 68 hospital calls were reported as having been made during the month.

The retiring president, Mrs. Russell Proude, thanked members for their co-operation during the past year. The minutes of last annual meeting were read. Treasurer reported a total of \$112.26 raised during the year. Expenses amounted to \$31.20.

The Friendship Secretary reported purchasing three boxes of cards during the year. Fourteen cards were sent, and a balance of \$1.28 remains. A total of 132 hospital visits and 136 home visits were made during the year. One emergency slip was issued. The supply secretary reported 60 lbs. of clothing and bedding sent to Overseas Relief during year. Other reports were not available at time of meeting.

Officers elected were as follows: President, Mrs. Beaumont Newport; vice-president, Mrs. Charles Newport; corresponding and press secretary, Mrs. Everett Clow; treasurer, Mrs. Lester Johnston (re-elected); associate members (re-elected), Mrs. Russell Proude; chairman, Mrs. Frank Crabbie; secretary, Mrs. Ernest Dollar (re-elected); supply sec'y, Mrs. Dale Proude; Christian Citizenship Sec'y, Mrs. Ivan Sentner; Organist, Mrs. Dale Proude (re-elected); Auditor, Mrs. Charles Proude (re-elected).

Collection amounted to \$1.00. Mrs. Charles Proude and Mrs. Charles Newport thanked members for cards received by their husbands. It was decided to hold future meetings on first Wednesday evening of each month.

Mrs. Dale Proude invited members to her home for next meeting. Devotional leader will be Mrs. Lester Johnston. Mrs. Dale Proude

will be in charge of Study Book. Roll call to be answered by a verse of Scripture containing the word "Love." Lunch Committee: Mrs. Charles Proude, Mrs. Charles Newport, Mrs. Ernest Dollar and Mrs. Frank Crabbie. The Mizpah Benediction repeated in unison closed the meeting. Lunch was then served by the hostess assisted by Mrs. Russell Proude.

CLEMMONT W. I.

The December meeting of the Clemmont W. I. was at the home of Mrs. Harold Mill on the 13th, owing to a storm the meeting had been postponed from the 6th.

The president Mrs. E. J. Mill presided and the meeting opened with Jingle Bells, followed by the Mary Stewart Collect. Seven members answered the roll call by exchanging gifts.

The secretary read the minutes of last meeting; also correspondence. Institute news was passed out.

It was decided to collect through the district for Institute of the Blind and two collectors were appointed.

Mrs. Gerald Mill for school committee reported that cups, tissues and towels were supplied. Sick committee reported one sick call had been made and the secretary read a thank you note from the recipient for the treat received. Bills were ordered to be paid.

Bazaar work secretary reported some articles had been sold and more was sold during meeting. Cards were sold.

It was decided to supply oranges for a treat for the children at the school concert. Mrs. Cecil Mill and Miss Theresa Coen were appointed for new school committee. The secretary was asked to send word to Miss Smallman the teacher, in regard to prizes which will be donated in June. Collection amounted to \$1.20.

It was decided to join the Drama Association and two members were named as representatives. It was also decided to continue saving coupons.

Next meeting was invited to be at the home of Mrs. Cecil Mill and Miss Amelia Mill; lunch committee to be Mrs. Gerald Mill, Mrs. Mrs. Cecil Mill as accompanist. roll call, Fish Pond.

Christmas cards were sung with Mrs. Cecil Mill as accompanist.

Lunch was served by hostess assisted by Miss Amelia Mill and Mrs. E. G. Rayner. The meeting adjourned with the singing of the Queen.

KENSINGTON AUXILIARY

Jean Harding was elected president of the Women's Auxiliary of the Kensington branch of the Canadian Legion at the annual meeting held in the home of the secretary read a number of the executive elected were: First Vice-President, Annie Douglas; second vice-president, Mae Gill; secretary, Rose Caseley; treasurer, Hilda Duggan; auditors, Annie Douglas and Edna Harding; directors, Mamie Cotton, Ruby McInnis, Luella Brynton, Mildred Clark, Jean Clark, Rose Reid, Christine Carr, Margaret Watson; the ways and means committee, Mamie Cotton, Mae Gill, Irma Turner, Margaret Watson; buying committee, Hilda Duggan, Luella Brynton; sick and visiting committee, Mildred Clark, Evelyn Beard.

The meeting was presided over by the vice president, Mamie Cotton.

The meeting opened with one minute of silence for departed comrades. Roll call was answered by 22 members and the minutes of the preceding meeting were read and adopted.

The treasurer's report showed that funds on hand amounted to \$172.14. It was moved and seconded that the Auxiliary purchase a propane gas stove costing \$100.00. Also to ask Mrs. Burns to be on the buying committee.

Plans were made for the card party in December, and also the Christmas party which was to be held at Luella Brynton's home at which the members would exchange gifts. After the meeting adjourned the committee in charge served a supper to the members present.

MOUNT HERBERT W. I.

The December meeting of the Mount Herbert Women's Institute was held in Mt. Herbert School. Nine members and one visitor attended. The meeting was opened with the reading of minutes. Minutes of November meeting were read, adopted and signed. Roll call was answered by an exchange of Christmas gifts. The Drama Association was supported.

PARKDALE W. I.

The monthly meeting of the Parkdale Women's Institute was held on Jan 4th, with the president Mrs. H. Douglas in the chair. Twenty-three members answered roll call with a New Year's resolution. The treasurer's report was read and showed our finances in a satisfactory condition. Mrs. H. Douglas reported 14 boxes sent to the shut-ins at Christmas.

MORNING SMILE

A man walked into a restaurant and sat down at a table.

"What will you have, sir?" asked a waiter.

The customer shook his head. "Not a thing," he replied, "I'm not hungry."

The waiter stared. "Then what's the idea," he asked, "of coming here?"

"This is my lunch hour," he explained.

WOMEN

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LET'S EAT

A Well-Balanced Meal Need Not Be Elaborate

By Ida Bailey Allen

Many homemakers think that a balanced meal must be more or less elaborate. Perhaps it's because they have learned that each of the three meals a day should include protein, starch and sweet, fat, vitamins and minerals. But instead of basing the menu on a few foods that often combine all of these elements, they prepare a different food in each classification!

SIMPLE MEAL
The simplest of all balanced meals is enriched or whole grain bread and milk. Add a little butter and honey for spreading the bread and you have an almost perfect menu.

"I would also like an orange or an apple, Madame," said the Chef, "for bulk as well as flavor contrast."

GOOD LUNCHEON

"That's a good suggestion, Chef," replies away! This combination would make a good luncheon—if one took enough milk, say a pint, ate enough bread, about three slices, and some fruit. In fact, even an adult of normal weight could live indefinitely on these foods and not get fat either, for the total calories per day would be under 2,000."

TOMORROW'S DINNER

Tomato-Beef Bouillon
Chicken Grandmère
Oven-Browned Potatoes
Tossed Mixed Vegetable Salad
Taffy Pinwheels

TRICK OF THE CHEF

For a robust flavor when cooking Chicken Grandmère add ½ lb. small-diced round steak.

ELLEN'S DIARY

By An Island Farmer's Wife

New... new the days are. In heavenly wrappings of rose or quiet silver they come, by way of the gentle twilight of morning to bring an old query to mind: "Now what wonder will this one give us? What take away? And ever in hearts are renewed hope and expectancy as fresh as the dawn to companion us along our day."

What, after all would we expect from the brave young days of the year? That one morning, or when our sea is red with the reflected fires of the sunset, our particular ship will come in? No great vessel out of young years and dreams shall we look for, with saucy white sails catching the favorable breeze to drop presently golden anchors in our harbour or to moor at our wharf. Hilds held to the hatches with rich cargo, gained about the ports of "the seven seas"—choice silks and brocades, jewels and whatnot, every wish of wealth of mortal woman realized.

Oh no! A little sun-kist canoe, we should most expect, a tiny white craft nestling like a sea-bird in the waves, a kindred spirit of theirs. And catching it near, we would know instinctively it was ours. Ours too the tiny parcels it would bring. What priceless gifts! There on that bright quay-of-place we would reach down and claim them, one by one.

And we know we would find none better than that bound with a cord of gold and marked "Smiles and chuckles." How we would anticipate the joys of these the smiles and good laughter of young and older in our world about, the mer-

ported and Mrs. Kenneth Jenkins and Mrs. Ralph Rayner were appointed representatives from this Institute.

Money was voted towards buying decorations for school Christmas for children and Mrs. Kenneth Jenkins and Mrs. Russell Driscoll offered to package same. Five members paid subscriptions to the Newsletter and collection followed.

Mrs. Ralph Rayner conducted a programme on "Favourite Christmas Carols," telling of how the composer had an inspiration to write such beautiful tunes as Silent Night and O Little Town of Bethlehem to mention a few. Several were sung by those present.

The meeting on January 17th, will be at Ingsbrook Farm with Mrs. Vernon Norman hostess. Mrs. Kenneth Jenkins will be leader at this setting; roll call show something member has made herself and state approximate cost. Meeting adjourned.

EMERALD W. I.

The January meeting of the Emerald W. I. met at the home of Mrs. Alfred Sinnott. The president, Mrs. G. C. Green, presided and opened by repeating the Mary Stewart Collect in unison.

Roll call was answered by eight members. The minutes of previous meeting were read approved and signed.

Correspondence consisted of a letter from convener of Health and Welfare, also from Red Cross asking members for co-operation in sewing and knitting for same, several members volunteered to help. It was moved and seconded all bills be paid.

Sick committee had no calls to report; on motion they were re-elected. Two members paid fees. After some discussion it was decided to have a Valentine Party in the school. It was moved and seconded that Mrs. Alfred Sinnott, Mrs. Clayton Hughes, and Mrs. Leslie Trainor be on committee to arrange for same.

Mrs. Leslie Trainor invited members to her home for February meeting, roll call to be answered with an article for fishpond. Mrs. Hazen McLeellan ably acted as auctioneer for articles donated and the sum of \$4.60 was realized. The National Anthem closed the meet-



PACKS EASILY FOR TRAVEL

The knitted dress proves itself a perfect cruise companion. Easy to pack, emerging without a wrinkle, it is donned in a jiffy. It's perfect for shore excursions, ideal for wear on board after active sports togs have had their hour.

Rosanna does a knotted one-

piece dress in crush-resistant chenille that handles like fabric and is woven with metal thread to give the quiet silhouette sparkle. A curve of fine ribbing simulates pockets on bodice and skirt. The small flat collar and the cuffs are also in fine ribbing. Buttons are discs of antique metal.

KEEP IN TRIM

Grow More Beautiful

By Ida Jean Kain

Watching the ever fascinating Lynn Fontaine in her latest play "The Great Sebastians," I thought what a boon this remarkable actress is to women. She is reassuring proof that beauty is a quality that can improve with the years. An eighteenth century author once said that youth and beauty are too short-lived for the bringing of an actress to her perfection. How wrong he was! Nor are youth and beauty too short today to bring a woman to her full perfection.

Of course, it wasn't too many years ago that women thought it impossible to grow more beautiful with the years. But today we know that there is no age limit on beauty and no one standard by which a woman is called beautiful.

So many women who are not born beauties take on an aura of glamour and appropriate a vital beauty. What helps them to do this? Self-confidence. With self-assurance, they act the part of a beauty. This does not mean faking or bluffing or merely putting on airs. Rather it means setting the standards they wish to achieve -- and then living up to them.

Since we have no set standard of beauty today, all women should take advantage of this fact and

Fish Is High Protein Food As Test Kitchen Shows

By CAROLYN WILLETT Canadian Press Staff Writer

OTAWA (CP)—Canadians are a whole are poor fish eaters, a fisheries department official commented as he demolished the last crumbs.

"I'd like to have the recipe for this fish dish," said a quiet gentleman beginning his second helping. Sounds a little inconsistent, perhaps?

Well, the scene was the test kitchen in the consumer section of Home economist Mrs. Jean Cvetanovic had whipped up 32 servings of the Federal fisheries department, a tuna fish dish as an experiment in quantity feeding.

EAGER APPETITES
Department officials, overwhelmed male, had dropped in to see how the consumer section was doing. Happily, it was the monthly date for quantity cooking, and forewarned males in the department became willing gourmets.

A tuna dish was baked in quantity to provide the answer to restaurant queries. Originally developed for family use, four to six servings, it is made simply.

Tinned tuna, beaten eggs and chopped green onions are mixed and placed between trimmed bread slices. A mixture of milk and tomato sauce with a dash of salt, chili powder and pepper are poured over the top slices of bread. Then the dish is baked in an oven at 350 degrees Fahrenheit for about 40 minutes.

Margaret Myer, chief of the consumer section, says the job is "to

MARY HAWORTH'S MAIL

Teenage Girl Is Constant Worry To Devoted Parents

DEAR MARY HAWORTH: What can a mother and father do with a 16-year-old daughter when everything seems to fall? We have had outside counsel twice this year; and I can't think what else to do, I feel so helpless.

Jane is set on having her own way and doing as she pleases, no matter who gets hurt. At present she has quit school and talks of leaving home as soon as she can find work. If she were an underprivileged girl, or even dumb, it wouldn't seem so uncalled for. But she is pretty and very smart; and we give her nice clothes, spending money and all that any girl her age could desire.

I am sure that somewhere along the way we failed. But where? That is the question I ask myself, every night of every day. I have always stayed home and looked out for my children and their welfare. I have put their well-being, their needs and happiness, before mine; but that doesn't seem enough. What else can one do?

I love Jane with all my heart; and I pray that this happen, and stay worried all the time, is sure rough on me. Her dad can hardly think about it. He gets so upset I fear for his life at times when he is away during the day. Pray! I have prayed until I wake in the night and pray automatically. What do I do to find an answer? I should add that otherwise my life is very good; and for the other children and my husband I thank God every day.

LACK ASSURANCE

DEAR V.Y.: It seems probable that you "failed" this daughter by neglecting to treat yourselves as parents) worthily. For example, you say: "I have always stayed home and looked out for my children and their welfare. I have put their well-being, their needs and happiness, before mine..." What else can one do?

An indispensable ingredient of effective leadership is self-respect. And self-respect doesn't "put others before oneself." Rather, self-respect accords to associates the same brand of consideration that one deems appropriate for oneself. This is in line with our Lord's instruction: "Thou shalt love thy neighbor as thyself." Not more nor less; but equally.

Another element of successful leadership is the practised ability to get along well with all sorts and conditions of people; and to have social interests and knowledge available suited to one's walk of life. Hence, sensible socially well-rounded parents don't "give their all" to their children. Rather they take the children in stride. They care for the children devotedly, as a principal responsibility on a short-term basis, until the kids are grown, but don't know to them as the be-all and end-all of the parents' existence.

GIRL ASPIRES

Good parents maintain a good outgoing interchange with neighbors and others, instinctively, as a matter of personality health; and naturally, by expenditure of effort, so as to have and to hold friends. This exercise provides a family pattern of social experience in which the children figure incidentally in formative years; and thus learn to accept themselves as part of the whole -- and very definitely not the whole -- show.

Your daughter's revolt against school and home may be, in essence, a revolt against the narrowness and treadmill quality of your family life. You parents have each other and your children and domestic teamwork, to give your days meaning. But what does the situation offer to a adolescent girl, in the way of satisfactions? Is it a place where she can share interests with friends? -- and have some privacy for thinking, reading, visiting, etc.? Or is it simply a place to eat, sleep, do chores and present lessons in a grinding routine?

As Jane is pretty and smart -- and spirited, obviously -- perhaps she is boiling with ambition and energy, and intoxicated with day dreams of a larger life that seems possible, beyond your ken. She needs understanding, insight, sympathy and wisdom from a mature leader -- to help her know what her real drives are; and how to make best use of herself. Is there a first-rate clergyman in your community, who would take the case in hand? M.H.

Wife Preservers

visions of a charred dinner as a result of baking frozen fish in a hot oven.

And, of course, there are the fish bones that husbands perpetually growl about. But, say the custodians of the test kitchen, fish bones can be easily extracted before cooking most fish.

It all boils down to education, they say. In the test kitchen, it's delectable education!

COOK'S CORNER

POTATO SCONES
1 cup mashed potatoes
1 tsp. butter
1 tsp. milk
¼ tsp. salt
1 cup flour

Put potatoes, butter, milk, salt and half of flour into a bowl and mash until smooth. Turn on board and knead in remainder of flour. Roll out thin, cut and prick with fork. Bake on a hot grid until lightly browned. Amount of flour depends on dryness of the potatoes.

The advent of frozen fish to the consumer market has brought fish further inland and helped develop a taste for seafood, the home economists say.

They also agree that frozen fish should be cooked while frozen and at a high temperature. This retains the moisture and frozen fish isn't so apt to be tough and stringy,



HONEYMOON IN TORONTO

A wedding trip to Toronto followed the marriage at the Presbyterian Manse, Clyde River, of Miss Mary Isabel Taylor, daughter of Mr. and Mrs. Weldon Taylor, Nine Mile Creek, and Mr. Edwin Wallace DeRoche, son of the late Mr. John DeRoche and Mrs. DeRoche, formerly of Wheatley River. Rev. Donald Nicholson performed the double ring ceremony.

The bride chose a floor-length gown of white net over satin with matching bolero trimmed with sequins and pearls. A nylon headpiece held her circular net chapel veil and she carried a bouquet of red roses.

Miss Elsie Hickox, Montague, wore a floor-length gown of blue net over satin with matching bolero. Her fitted head-dress and mitts were of similar net.

Young Woman Make It Best Dressed List Now

NEW YORK (AP)—The young women this year tripped ahead of their elders in the art of elegant attire. They dominated the new list of the world's best-dressed women announced Wednesday.

Usually women of more years, more seasoned tastes and experienced eye rule as the queens of excellent apparel. But this time the accent was on youth as the New York Dress Institute announced the results of its annual poll of more than 1,000 fashion editors and designers.

Tied for first place were Mrs. William Paley of New York, wife of the president of the Columbia Broadcasting System and screen actress Grace Kelly. One of few Hollywood notables ever to make the top rank.

Others are: Tied for third—the duchess of Windsor, a perennial winner in the realm of tasteful dress, and Princess Margaret.

Tied for fifth—Mrs. Byron Foy of New York, also a regular winner, and the Countess Rodolfo Crespi of Rome (former New York debutante, Consuelo O'Connor).

Sixth—Mrs. Winston Guest of New York and Palm Beach. Seventh—Mrs. William Randolph Hearst Jr. of New York.

Eighth—Mrs. Jacques Balsan of New York and Palm Beach (now past 70, she's among the elderly of the top-fashion list.)

Ninth—Mrs. Alfred Gwynne Vanderbilt of New York.

Tenth—Mrs. Henry Ford II of Detroit.

Words Of The Wise

Not one of us knows what effect his life produces and what he leaves to others; that is hidden from us and must remain so, though we are often allowed to see some little fraction of it, so that we may not lose courage. The way in which power works is a mystery.

—(Albert Schweitzer)

HOUSEHOLD HINT

Nail heads in molding, or dents, cracks and gouges in old woodwork can be filled with plastic wood to make a smooth surface before painting. Fill in a little above the surface and, when the plastic wood has hardened, sandpaper it flush.

ANNE ADAMS PATTERNS

SWEET DREAMS!

Short and sweet is this nightgown, with matching bloomers beneath! It's such a pretty way to send your little miss to slumberland, and the diagram shows how easy it is to sew! Choose no-iron nylon, seersucker, plisse—see the graceful full-length gown for her too!

Pattern 4642: Child's Sizes 2, 4, 6, 8, 10. Size 6 shorts and bloomers take 2 1/2 yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. West, Toronto, Ont.



4642 by Anne Adams

ALICE BROOKS DESIGNS

GAY DECORATIONS

Brighten kitchen chores with these cheerful chicken motifs! Pattern 7283: Iron-on chicken motifs to decorate aprons, towels. Included are: transfers of letters to cross-stitch; and 4 washable iron-on color motifs in combination of red, yellow and green.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps not accepted) to Charlottetown Guardian Household Arts Dept., 60 Front Street, W. Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs -- knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

MORNING SMILE

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The customer shook his head. "Not a thing," he replied, "I'm not hungry."

The waiter stared. "Then what's the idea," he asked, "of coming here?"

"This is my lunch hour," he explained.

by Alice Brooks

7283 IRON-ON COLOR EASY EMBROIDERY