

Mercurys Move Step Closer To World Title

LONDON, March 19 (CP)—Edmonton Mercurys came up with a four-goal surge in the third period to shut out the United States 5-0 Saturday night and move a step closer to the world amateur hockey championship.

The victory left the Mercurys tied with Britain for first place each with four points, but the Canadians by far had the best goal-against average. The two Commonwealth countries were the only ones with undefeated clubs in the tournament.

Britain came from behind to surprise Sweden 4-4 and Switzerland and swamped Norway 12-4 in other matches Saturday in the final championship round-robin in which each of the six finalists plays each other once.

No matches were scheduled for today. Tomorrow the Mercurys meet Norway; the U. S. will play Britain and Sweden takes on Switzerland.

The tournament ends Wednesday.

St. F. X. Wins College Title

FREDERICTON, March 19 (CP)—St. Francis Xavier University of Antigonish, N. S., defeated University of New Brunswick 5-4 Friday night and won the Maritime intercollegiate hockey championship with a total score of 13-6 for two games. Acadia University captured the title last year.

St. F. X. gained an early lead and had a 5-1 advantage in the third period before U. N. B. rallied with the final three goals.

Woodford and Dixon counted for St. F. X. in the first period. The lone second period tally was scored for U. N. B. by T. Bliss, Morrison, Kehoe and Markey were the other St. F. X. scorers.

P. W. C. Teams Win Games At Georgetown

The P. W. C. boys second team defeated the Georgetown boys 6-0 and the P. W. C. Co-Eds defeated the Georgetown girls 2-1 in a doubleheader hockey game played at Georgetown Saturday night.

Due to the fact that a snowstorm was getting worse, it was decided to call off the last period in the boys' game and return to Charlottetown.

Line-ups:

P. W. C. Co-Eds: Goal, R. MacFarlane; defence, B. Rupert, J. Wood, E. Murrey, D. Fall; forwards, N. MacNevin, M. Huestis, B. MacManus, C. Simmons, U. White, C. Creelman, B. Gallant, S. Downe, C. Clark.

Georgetown Girls: Goal, N. King; defence, B. DeLory, M. David, P. Johnston, M. Stewart, P. Walker; forwards, H. Murphy, A. Prosper, A. Matheson, J. Murphy, E. DeLory.

P. W. C. Boys' Second Team: Goal, D. Simmons; defence, R. Atkinson, J. Wood, Cameron, N. MacMillan; forwards, D. Clark, B. Clark, C. MacDougall, G. Gillis, J. Pool, R. MacLeod.

Georgetown Boys: Goal, J. Myers; defence, D. Lavers, D. MacDonald, G. Lavers, P. Henry; forwards, B. Burhoe, B. Martell, S. Yorston, S. Henry, C. Martell, B. Murphy.

Abbies advanced into the finals on Saturday night when they sent the Saint Dunstan's Juvenile cage-men down to a 40-35 defeat in sudden death semi-final play.

The two teams who will meet today were the first and third place winners in the regular schedule and are expected to come up with some smart basketball and rugged action, although the schedule winning Vics are the favourites to advance into the finals.

Vics, Ramb'ers Hoop Game Tonight

The Vics and Ramb'ers hoop squads will angle in a semi-final playoff encounter at the Y.M.C.A. at six o'clock tonight for the right to meet the Abbies in the finals for the City Juvenile basketball championship, it was announced last night.

Sussex Juniors To Meet St. Mary's

SUSSEX, N. B., March 19 (CP)—Sussex Rangers will battle Halifax St. Mary's Juniors for the Maritime junior hockey crown in a two-game, Maritime semi-final series, Rangers outclassed O'Leary, P.E.I., 22-11.

Sussex took the deciding game 11-5 Saturday night after an 11-6 win Friday. Both games were played here.

St. Mary's Retain N. S. Junior Title

GLACE BAY, N.S., March 19 (CP)—Halifax St. Mary's won the Nova Scotia junior hockey championship for the fifth successive year when they edged Glace Bay Miners 5-4 here Saturday night.

Halifax won the first game of the two-game total-point series 2-1. A record junior game crowd of 2,735 was on hand.

Lenten Guideposts

Personal Messages of Inspiration and Faith

Edited by Norman Vincent Peale

DISASTER CAN LEAD TO VICTORY

By Harold Russell

When the shattering blast of TNT blew off his hands, the paratrooper had moaned, "There goes the great Russell." But how wrong! For scorning the use of artificial hands, Harold Russell mastered the art of using hooks... so well in fact that Hollywood picked him for the role of Homer Parrish in the unforgettable film "The Best Years of Our Lives." Russell's acting in this picture won him two Academy Awards and national acclaim for his courage in overcoming a serious handicap.

It sometimes takes cold, hard disaster to inspire one to achieve the heights of success.

But for my accident I would now be back at my pre-war job as butcher. Instead, I have been in motion pictures, on the radio, subject of magazine articles—but best of all, I have had a chance to show other disabled veterans like myself that it is possible to bounce back from utter despair to undreamed of success and happiness.

On that black June day in 1944, when I lay on a hospital bed, looking down at two big bandages where my hands used to be, I frankly thought it meant the end of useful living for me. What can I do now, I asked myself bitterly? Probably just live out my years on an army pension.

This self-pity and despair didn't last very long though. There is something in most people that won't let them take defeat lying down. Call it anything you like, but to me it is faith—faith in God and in myself, faith that I can always rise from every setback. A man is licked without this.

Sense of Humor

At Walter Reed Hospital there was no funeral atmosphere. Nobody plied himself or anyone else a guy with both legs gone was called "Shorty"; a man with but one leg, "Limpy"; and a soldier with only one arm, "Paperhanger." As for me, I was "Hook." This may sound grim, but we had to develop a sense of humor, and this was the best way to do it.

My first reaction to the hook's which were to serve as my hands, was one of dismay. The first day I tried them on, it was worse—it was torture. Unable to make them do anything, I was ready to give up. But the next day I tried again—and kept on trying until I made them work.

My first experiences out of the hospital were also trying ones. Those I met with a sense of humor were most helpful. Take the little old lady to whom I sold meat before the war. When she saw me, she broke out with: "Oh, you poor boy."

Then, realizing that was the wrong approach she stopped and chuckled. "No wonder you lost your hands. Goodness knows you sold them to me often enough weighing my meat. They didn't belong to you anyway. I bought them many a time with my potroasts."

A Tough Front

Before my accident I recall during my combat training that religion never showed much on the surface, but was very much there under the surface. All of us put up a tough front. We belonged to the school of realism. War was rough, so our actions and talk had to be rough—we figured. And the paratroops, I can safely say, were the toughest bunch of all.

One man in our company, Big Joe, was the most awesome physical specimen I have ever known. Huge in stature, a calloused hulk of muscle, Big Joe swore furiously, drank mightily and was ready to fight at the drop of a hat. He might have been Satan himself as far as the others were concerned, but I knew different.

On our practice jumps I sat next to Big Joe in the plane and jumped right behind him. As the tense moment arrived just before we were to go spilling out into space, I could see Big Joe's face relax. It grew gentle, serene, and his lips moved in a quiet prayer.

At this moment I think he felt very close to God. But once on the ground, he was a man of fierce action again, ferocious, grim, the Devil himself.

Not all soldiers concealed their religion with such camouflage. I knew of a soldier we'll call him Steve—who did just the opposite. He was friendly, brimming with good humor, a thorough extrovert in every sense. To appreciate this story, you must get the picture of the inside of an Army barracks. Bunks are lined up on either side, sometimes as many as thirty on one floor. Privacy simply doesn't exist.

Time For Prayer

In the evening just before lights went out, there was always a terrific hubbub—men coming in from pass, loud arguing, singing and constant traffic back and forth to the shower. Steve was always in the middle of the loudest argument or the noisiest singing—until he saw time running short. Then he would break away and hustle out of his clothes.

But just before he climbed into bed, he always knelt quietly with folded hands at the side of his bunk... and prayed.

The noise, the bright lights, the

confusion never bothered him. No one ever made fun of him or kidded him for it. In fact, underneath, these hard-bitten men admired and respected him for his open faith. To them it represented real courage in the face of possible ridicule. But I actually believe that Steve never felt that he was being conspicuous. To him it was the right and natural thing to do.

Impatient Youth

I mention these few experiences because I have heard so many people say that the youth of today are turning away from religion. Nothing can be farther from the truth. What many people consider irreverence on the part of youth is merely impatience -- impatience with churchmen who won't take more initiative in working out some of the post-war problems.

Young Americans -- especially veterans of the past war -- want to see the men of God roll up their sleeves and tackle some problems like these same ex-servicemen tackled the problem, say, of demolishing an enemy pillbox. Just talk isn't enough. They want action!

My chance to act the part of Homer Parrish in "The Best Years of Our Lives" was one of the finest things that will ever happen to me. Not because it made me a Hollywood celebrity but because it gave me a chance to show thousands of other disabled people that a handicap can give them the necessary impetus to achieve more than if their calamity had never happened.

True of Others

I know this to be true of others besides myself. A close friend of mine was a great athlete before he lost both legs. This blow changed the course of his life, and now he is a brilliant lawyer with a great future before him. He admits that but for this accident his present achievements would never have been realized.

There are hundreds, thousands of similar cases. And they were all able to rise from the depths, I feel sure, not only because they had courage, but because they also had a great source of inner power—religious faith.

TOMORROW — The story of "Singin' Sam, the Happy Bus Driver." Troubles never got him down, and an abiding religious faith makes life better for him and for the passengers on his route.

(From the magazine "Guideposts" and the book of the same name Copyright 1950 by Guideposts Associates Inc., Pawling, New York).

Excitement At Crystal Rink

There was considerable excitement at the Crystal rink on Saturday night during the match between the Crystals and the St. Dunstan's University teams which was not occasioned by the game itself.

In the final minutes of the third period, during a close play, the promenade fall at the west end of the rink gave way under the weight of the spectators who were leaning over to watch the play and about sixty-five people were thrown on the ice surface.

Fortunately no one was injured, although the accident prevented the players from finishing the period. The nine remaining minutes will be played before the opening of the first period in the second game tonight in the Forum in Charlottetown.

The damage at the Crystal rink has been repaired and the game between the Kinsman Midgets and the Victorias Midgets will take place tonight as scheduled.

Entries For Races Wednesday

The following are the entries for Wednesday afternoon's racing over the North River track which is scheduled to get underway at 2:30 sharp under the sponsorship of the Victoria Driving Club.

Class A Pace—Lily Marlene, Miss Playfair, Hardroad Bill, Margaret Jean, Bee Budlong.

Class B Trot and Pace—Direct Volo, Opitzdale, British Guy Hal, Tony Budlong, Lusty's Queen, April Bud.

Class C Trot and Pace—Sister Vera, Mason's 49, Bo Peep, Little Snapper, Johnny O'Brien, Dasher Hanover, Miss Daisy Mae, Christmas Gift, Johnny Clegg, Juanita Axworthy.

Note—All owners of the above entries are advised by officials of the Victoria Club that their horses are to start on Wednesday if they are to be included in their respective classes for this Saturday afternoon's racing.

Milton Hornets Win Trophy

The Milton Hornets captured the North River Hockey League championship and the S. R. Johnston Trophy in three straight games when they sent the Cornwall Meteors down to a 6-2 defeat in the third of their best of five series at North River Rink on Friday night.

The game was a fast, well played encounter that came up with smart passing attacks and hard-hitting action, but the Hornets proved to hold just a little too much edge on hockey ability at the critical points.

Milton outscored them 2-1 in the opening frame, but Cornwall roared back to deadlock the score by shooting the only tally in the sandwich session, only to lose out in the final frame when Hornets came through to bang in three goals without a reply from the opposition.

THIS MAN MAY CHANGE YOUR LIFE AS HE HAS THE LIVES OF THOUSANDS



I don't care how long you have suffered—Give me one week to prove I can make you better.

Rheumatic, Arthritic, Neuritic Pains, Backache, Kidney & Liver Disorders, Stomach Upsets, Dizzy Spells, Nervousness, Lack of Vitality, Enaemia, Headaches, Sleeplessness, Poor Appetite, Constipation

RELIEVED!!

B. H. Quarrel has brought sunlight into many pain weary homes by presenting Sarnak to the public. Remember, there is NO SUBSTITUTE FOR SARNAK IN PILL FORM.

PROOF! SARNAK WINS PRAISE FROM PEOPLE WHO HAD GIVEN UP ALL HOPE

SAINT JOHN
Mrs. Doris Bushan, 96 Sherriff Street, St. John, N.B. writes: "I had been suffering with arthritic pain in my shoulder for about two years. The pain was so bad that I wore a sling to support my arm. I tried several remedies without getting help and then started taking Sarnak. Within one week I discarded my sling, rested better at night and was relieved of the extreme pain."

As Many As 20 People a Day Report Relief

Regardless of how long you have been a sufferer and how many medicines you have tried before, you can now hope for relief if you try Sarnak, the new internal medicine. Feel and enjoy the results within one week after you start taking it. Sarnak comes from the earth—Nature's laboratory. Contains only Nature's botanicals and minerals. The oldest, most reliable remedy for rheumatic, arthritic and neuritic pain, backache, weak kidneys, stomach disorders, constipation. Individual ingredients in Sarnak have been used and recommended by the medical profession for years, now for the first time put together in this combination.

AMAZING RESULTS
Medical records show 85% of men and women over 35 suffer from nutritional mineral iron anaemia. When you feel nervous, dull, tired, lazy, have dizzy spells, no ambition to work or play, a poor appetite; when your eyes lack that bright sparkle and your mind brilliance; when headaches get the best of you and you feel old before your time, and life seems not worth living, with worry wearing you down; then that's when you may look with hope for relief, towards Sarnak.

DUMFRIES
Mr. Bedford Kelly, Dumfries, N. B. writes: "I am 76 years of age and, for the past four years, kidney trouble has made it necessary for me to get up frequently at night. I have also been bothered with indigestion and constipation. I started taking Sarnak and in one week I noticed relief and by the second week, I was relieved of something that had bothered me for years and I recommend Sarnak to all my friends and neighbours."

THOUSANDS of people are kept in daily misery with rheumatic, arthritic and neuritic pains and turn in bed with racking pain; knees, legs, shoulders, arms and hands often swollen and sore. The analgesic properties of Sarnak are compounded in the medicine to bring you fast pain relief. Sarnak acts fast to bring relief from this type of pain because it is in liquid form; no tablets or pills to dissolve in the stomach. Sarnak starts its effective relief from the moment you swallow the first dose.

MONCTON
Mrs. C. C. Fraser, 140 Leslie Ave., Moncton, New Brunswick, writes: "I have suffered with arthritic pain in my right foot for two years and, although I have tried many things, I was unable to get relief. Now I feel very grateful for what Sarnak has done for me. From the first bottle I started to get relief and by the time I had taken a second bottle, the pain was completely relieved."

WEST RIVER
Mr. James L. Fraser, R.R. No. 2, West River Station, Nova Scotia, writes: "I have suffered with rheumatic pain for three years, I take many remedies without relief and a short time ago started taking Sarnak. Within four days of starting to take Sarnak I began to get relief from my pain. Nothing I have taken has helped me as much as Sarnak."

DO YOU SUFFER FROM ONE OF THESE CONDITIONS?

PAIN
Rheumatic, Arthritic, Neuritic, Neuralgia, Backache, Lumbago, Gout, Headache.

STOMACH UPSETS
Indigestion, Heartburn, Belching, Gas, Bloat, After-Eating Distress, Dizzy Spells, Bad Taste in the Mouth or Bad Breath, Stomach Cramps.

KIDNEY AND LIVER UPSETS
Getting up often at night, Scalding or Burning Urine, Backache, Biliousness, Kidney Poisons.

GENERAL
Constipation, Nervousness, Jumpiness, Irritability, Unsound Sleep, General Run-Down Condition, Lack of Vitality.

Sarnak is able to bring relief to the above conditions because it works systematically on the stomach, liver, kidney and bowels.

COLDBROOK
Mr. J. F. Herington, Coldbrook P.O., New Brunswick, writes: "I suffered with stomach disorders and constipation for four or five years. I took many different remedies but never seemed to get relief. I want to tell you that Sarnak is splendid. After taking it only one week, I had excellent results. It is pleasant to take and brought me relief from my stomach condition and constipation. I recommend it to anyone with symptoms like mine."

Sarnak assists Nature in eliminating poisonous wastes by the kidneys and bowels, and contains a combination of analgesics or pain-relieving ingredients that work fast to relieve pain.

Sarnak is a new formula, a combination of medical ingredients never before offered in one medicine. Sarnak is bringing relief to thousands of other people and it should help you.

Go to the Sarnak Drug-gist Agent in your community and buy Sarnak today. Write us, tell us how you are getting along and how Sarnak effects you.



IMPORTANT NOTICE
Due to the heavy demand for Sarnak and our laboratory's inability to keep up the supply; you may occasionally find your druggist out of stock, if so try another store. DO NOT PAY ANYONE MORE than \$1.35 per bottle.

INTERNAL MEDICINE

Sarnak

\$1.35 PER BOTTLE

"MY CHRYCO Cyclebond BRAKES LAST 3 TIMES AS LONG—EVEN IN THESE HILLS" WRITES NEW WESTMINSTER, B.C. TAXI DRIVER W. E. SPEARS

Get only one-third the distance with ordinary linings. Mr. Spears' report continues. This is typical of drivers everywhere who are acclaiming Chryco Cyclebond linings as one of the greatest brake lining improvements in history.

Chryco Cyclebond Brake Linings are being proved in daily use everywhere in Canada... under toughest conditions. Chryco Cyclebond Brake Linings stand every test!

Chryco Cyclebond Brake Linings are rivaled... wear longer... give more effective braking... practically eliminate drum scoring.

See your Chryco-Plymouth-Ford or Dodge-DeSoto dealer today about CHRYCO Cyclebond brakes for your car or truck.

A trademark of the Chrysler Corporation of Canada Limited.