

Body Of Yours

DRUGS THAT PREVENT BLOOD CLOTTING TOO RAPIDLY
None of us is surprised any more when we read of someone who has suffered a heart stroke (coronary thrombosis) at middle age, or even younger. Figures show that about one-half of all deaths are due to diseases of the heart and blood vessels. It is only natural, therefore, that research workers, physicians in active practice and others working in laboratories have been searching for methods of preventing these deaths.

Cook's Corner

COCKTAIL CHEESE TARTS
1 1/2 cups canned fruit cocktail
1 (3-ounce) package cream cheese
2 tablespoons orange juice
1/4 teaspoon grated orange rind
6 baked 3-inch tart shells
Drain fruit cocktail thoroughly. Soften cream cheese and blend with orange juice and rind. Spread cheese in bottom of each tart shell and top with fruit cocktail. Serves 6.

STRAWBERRY FLUFF

20 marshmallows (six ounces)
1 cup hot milk
1/2 cup crushed, frozen strawberries
A few grains of salt
1 cup whipping cream
Add the marshmallows to the hot milk and stir until dissolved. Cool and add the well-crushed strawberries. Chill and allow to partially set. Add the salt to the whipping cream and whip until stiff.

Fold the whipped cream into the chilled strawberry mixture. Pour into a refrigerator tray, set control at coldest position and freeze until firm, about 3 to four hours. Yield: Six servings.

blood. Prothrombin is necessary for clotting. To follow the effect of the anticoagulant drug and to administer it with safety to the patient, daily tests of the activity of prothrombin must be made. These tests have been difficult in the past due to variations in the prothrombin in the patient's blood. We can readily see how this prothrombin test will be helpful to surgeons and obstetricians who will demand that the test be made regularly. They can go about their work knowing that accidents due to too rapid blood clotting are not likely to occur.

DOROTHY DIX SAYS—

Personality Boy

Life Of The Party A Bore At Home

DEAR MISS DIX: Six years ago I married a man who had a perfectly wonderful personality, and he still has it. He has a gift for entertaining, and as a consequence is invited everywhere and has loads of friends. In fact, his sole interest in life seems to be making new friends and exuding his charm and personality for their benefit. At home, he is entirely different. He seldom talks to me and when we are out I get little of his attention. He is too busy fascinating everyone else. I really don't believe I am too dull for him to bother with me. I read, keep up with current events, and am well informed on the issues of the day. I am active in church work, and am a good dancer. When I was single I had my share of dates. I try hard to be a good wife and mother, but I'm disgusted with my husband's attitude. What can I do? JUDY

ANSWER: About the best thing you can do, Judy, is to face the fact that you're married to a show-off and that any pleasure or amusement you get out of him will be in public.

SIGN OF IMMATURITY

Your husband's attitude is one of the most pathetic signs of immaturity a man can exhibit. This complete dependence on the adulation of the mob, the craving to be the center of attention, are childish traits that are more to be pitied than censured. Having exerted his powerful personality on you to the extent of winning you for his wife, your husband naturally feels that there's no further necessity for turning his charm in your direction. All you can do now is bask in reflected glory. Of course, the sad time for these Personality Petes comes when the galaxy of friends get a little tired of the same entertainment, and when middle-aged charm doesn't scintillate quite as brilliantly as the youthful variety did. Papa himself will soon slow down, finding the continual round of gaiety just a little too much after a hard day's work. Then he'll begin to find the comforts of home more alluring than a night out with the boys.

For you, the situation just sums up into the one word that is the keynote to a wife's stand in so many marital situations—patience!

DEAR MISS DIX: I was married to a good man and had a nice home and a car, but because we argued and quarreled I was fool enough to leave him. Since then I have had to earn my own living. I realize now what a man has to go through to keep up a home and I don't wonder that he was sometimes cross and irritable. Believe me, if my husband would take me back, I would be willing to overlook a lot of his shortcomings that I made such a fuss about. I have had my lesson. Would you tell him so, and ask for another trial? BELLE

ANSWER: I certainly would, Belle. Perhaps he has had his lesson, too. You both will have learned the folly of arguing over things and know how to make concessions, and you will put as much thought and work into trying to make your marriage a success as you would into trying to make a success of any other job you tackled. It can be done, you know. There would be mighty few divorces if the husband would try to sell himself to his wife as he does to his best customer, and if the wife would handle her husband as tactfully and put up with as much nerves and crankiness in him as she would from her boss in an office or store.

I often think that the old proverb, "One-half of the world doesn't know how the other half lives," is truer in matrimony than anywhere else. If husbands and wives could only change places now and then and know the trials and difficulties of each other's lot, they would have much more sympathy and patience with each other. The exchange would correct many of the abuses of matrimony.

DEAR DOROTHY DIX: I am married to a man much older than I. We live with his family, which is a large one, and everyone in it is older than I. My husband always goes to them with all his business troubles. He never discusses these matters with me. Am I being childish about this? LORNA

ANSWER: You undoubtedly do seem childish to all your relatives-in-law, who are so much older than you, and your husband seems to regard you more as a pet than a wife. By continuing to sit home and be interested in his affairs, you'll soon make him realize that you are a woman with brains and he'll seek your counsel as readily as his family's.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Our Trip To Europe

By Helen M. Jack (Continued)

Our next stop in Scotland was Dumfries, the home of Scotland's famous poet "Robbie Burns," where his old home is now a museum. The people of Scotland proved to be very friendly, after we were able to understand their dialect, and apparently it was just as hard for them to understand us, as we were asked if they taught English in Canada.

From Banockburn, where we made our headquarters with friends, we visited the lake district of Scotland, including Loch Lomond and the Trossachs. Through this section the roads were very narrow and as bicyclists seem to have the right-of-way over cars, we travelled slowly enough to fully enjoy the scenery. The Highlands blanketed with purple heather and the crystal lakes. The pride of Scotland seems to be the city of Edinburgh and was very colorful at the time we were there as the annual festival was taking place. The main street (Princes) is bordered on one side by beautiful flower beds. . . one which particularly impressed me in the shape of a clock that actually kept time. A landmark in Edinburgh is the castle—a huge stone structure containing crown jewels of Scotland; Mary, Queen of Scots' room; a beautiful war memorial chamber, etc. From Edinburgh Castle at the end of the "Royal Mile" (the old section) is Holyrood Castle which the present King and Queen partially occupy certain times of the year. Near Edinburgh is the Firth of Forth Bridge, a very high, three span bridge, which miraculously was not bombed in the last war.

On the return trip to London we were fortunate enough to get seats on a direct bus to London. On bus trips of any length in the British Isles, it is necessary to obtain reservations which people book ahead as early as six months. There are several reasons why bus travel is so popular but no doubt the main one is that the fare is slightly more than half the rail fare. Unlike Canada, there are very few "Extras" run to accommodate the summer vacationists. One also soon learns to stand in the queue (this also applies to most other things in Britain) and for certain sound plans, projects, launched with long-range and enduring purpose. While the situation may have its solid aspects in winning respect, esteem, appreciation, there is also sign of much festivity, homely functions, even romance. A child born on this day may hope for a solid and respected career, with worthy efforts for service, industry with a cheerful and happy personal life as well.

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COMPLETE VISUAL REFRACTION and ANALYSIS G. F. HUTCHESON & SON Optometrists 53 Grafton St.

Morning Smile

He Should

"Well, well, old chap — so you're to be married tomorrow, eh? Splendid! Here's wishing you a long and happy married life." "Thanks. After all, I don't see why I shouldn't. I served right through the war and never got so much as a scratch." Joy. Often unappreciative are we, who at a fancy can come briskly to another room or to the out of doors in this delightful season to admire its wonders. Forgetful too, of those less fortunate to whom it is our privilege and duty to make up in part this loss they suffer. . . And both theirs and our: is the blessing.

"You who lie awake at night, Listening to the rain. Know (say) it falls more light, Where you eased pain.

You who long awake have been, Harkening the wind, Know you that it blows has been When you were kind.

You who watch with midnight keep, . . . and tempest mild, Somewhere one has . . . er sleep Because you smiled.

You who tryst with darkness hold, Hush of night have proved— Somewhere falls the snow less cold, Because you loved." — Diary — Good-night . . .

Household Scrapbook

By Roberta Lee

Electric Bulbs The light bulbs should be dusted regularly and wiped off with a damp cloth about once a month. If you keep it clean you will get the full power of your bulb.

Cracked Eggs Cracked eggs can be very easily boiled if they are first wrapped in tissue paper. When the paper becomes wet, it sticks to the shell and effectively closes the cracks.

Glossy Sateen Washing in borax water will restore the gloss in sateens.

How Can I!!!

By Anne Ashley

Q. How can I remove the discoloration which sometimes forms in the long, slender flower vase? A. Soak a few tea leaves in vinegar and put them in the vase. Shake a while and soon all discoloration will vanish. Q. How can I clean grease-stained overalls? A. Rub them well with lard, then scrub with a stiff brush, using a little ammonia in warm soapsuds. Q. How can I remove egg tarnish from table silver? A. Rub the silver with table salt that has been moistened with water.

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Modern Etiquette

By Roberta Lee

Q. When a man brings an unexpected guest home to dinner, should the wife apologize for the scanty meal? A. Never. She should serve exactly what she has on hand, without the least apology or embarrassment.

Q. When a young woman is introducing herself socially, should she say, "I am Miss Gibson," or, "I am Edith Gibson"? A. She should say, "I am Edith Gibson."

Q. When should the bridegroom give his gifts to his best man and ushers? A. These gifts are usually put at the men's places at the bachelor dinner.

The Stars Say

By Genevieve Kemble

For Tomorrow THERE are likely to be up-and-doing urges even though the lure to relaxation and diversion may be postponed. Some bold adventures in business, politics, finances are forecast. Under singular pressure it might be dangerous to heed the impulse to extravagance, to invest recklessly, or other rash indulgence. While generous and expansive, the judgment is not to be relied upon. Keep alert to fraud, deception, irregularities.

If It Is Your Birthday Those whose birthday it is may feel in a very expansive, generous and over-confident mood, with a fine urge to be extravagant, enthusiastic, and adventurous in putting over "big business," with a flourish. While this ambitious and enterprising drive could be progressive and highly successful, the personal judgment is not too reliable. Also there are loopholes for fraud, deceit and dubious pledges or entanglements. Shun personal indiscretions. A child born on this day, while ardent, enthusiastic and generous, is disposed to rash use of funds. Its confused judgment enjoins prudence, with funds, feelings and emotions.

Day After Tomorrow The astrological forecast is for a pleasant and gratifying day with many activities, social domestic and cultural, occupying the attention. While these events may be cheerful and gay at the same time, there is a serious undertone. There is indication of promotion, enduring rewards for faithful service.

If It Is Your Birthday Those whose birthday it is may look forward to a happy year, notable for substantial and honored tokens of reward on merit.

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